nield of California, an independent member of the Blue Shield Association — A38517-COMBO-County of San Mateo-(05/17)

It's easy to find a doctor online

Blue Shield believes that finding a doctor shouldn't give you a headache. That's why **blueshieldca.com** features our most up-to-date listings of Personal Physicians, specialists and hospitals.



Are you registered?

Not yet

- 1. How you start depends on the type of plan:
 - For Access + HMO plan: Go to blueshieldca.com/networkhmo.
- 2. Select the type of provider you need.
- 3. Enter your city and state or ZIP code, then click Continue.

Yes

Just log in – your current plan's network will be shown to you automatically.

Choosing an HMO Primary Care Physician

All HMO members must have a Primary Care Physician (PCP). You can choose or have one assigned to you. Tell Blue Shield if you want one of your current doctors named as your PCP. If you don't have a PCP or don't want to select one, Blue Shield will choose for you.

To find a PCP, first select Primary Care Physician as your provider type. Select any doctor's name to get the provider number and the medical group/Independent Practice Association (IPA) number. You'll be asked for those numbers when you enroll.

We're here to help

If you need assistance, call Member Services at **(855) 256-9404** from 7 a.m. to 7 p.m., Monday through Friday.