



The San Mateo County Child Abuse Prevention Council

Minutes: October 18, 2021

Call to Order: 10.50 a.m.

Present: Donovan Fones (CFS), Peter Ehrhorn (Family Connections), Stephanie Loera (Family Connections), Jazz Lamadoro (CFS), Karla Santiago-Reyes (Family Connections), Ana Gomez (Family Connections), LaRay Hilt (CASA), Louise Robaina (BHRS), Michael Lim (Mental Health Substance Abuse Recovery Commission), Christine Peterson (CORA), Dominique Jones (RTS), Randy Torrijos (BOS), Mitch Eckstein (California Children's Services), Chris Perry (SVC).

Public Comment/Brown Act – No members of the public requested to comment. The group also voted on a Resolution to meet in November virtually due to COVID 19. Peter moved to accept the resolution, Karla seconded and the motion passed. The November meeting will be held using Go to Meeting.

Introductions – Members introduced themselves.

Presentation – Suicide Prevention and the Columbia Protocol. Mitch Eckstein from California Children's Services shared materials and his thoughts on a training he participated in this summer. Suicide is the second leading cause of death among 10-24 year old people and is even seen in children as young as pre-schoolers. Some populations are affected more severely by suicide and suicidal ideation. It is considered to be a global mental health crisis. The Columbia Protocol is a World Standard for Suicide Assessment. Mitch's presentation was followed by a question and answer period and a discussion of local county resources, and individual agency procedures. Mitch and other shared links to various informative articles and county resources. Here they are:

Teen text crisis line (Star Vista): 650-747-6463

Star Vista crisis hotline: www.sanmateocrisis.org

here's an article that may aid in understanding the importance and influence of social structures and mental health

<https://www.jstor.org/stable/1519780>

<https://youtu.be/kQ4XCNZdKfI>

<https://www.sprc.org/news/child-abuse-prevention-suicide-prevention>

Meeting adjourned at 11:55 a.m.

NEXT MEETING – November 15, 2021

Jane Smithson, CAPC Coordinator, Phone (650)743-4934; Email: jane@sharedvisionconsultants.com

The San Mateo County Child Abuse Prevention Council (CAPC) is an independent collaborative mandated by the California State Welfare and Institutions Code 18967. CAPC functions as an advisory, advocacy and education board. A copy of the CAPC agenda is available for review at the Hall of Justice and Records, 400 County Center, Redwood City, CA 94063. The Hall of Justice and Records is open Monday through Friday, 8:00 am to 5:00 pm.

