

Hon. Susan Etezadi

Presiding Juvenile Court Judge, Superior Court

**Judith Holiber** 

Deputy County Counsel

Commissioners

**Antoinette Barrack** 

Co-Chair

Debora Telleria

Co-Chair

Rebecca Flores

Co-Vice Chair

Sonoo Thadaney

Co-Vice Chair

Paul Bocanegra

**Monroe Labouisse** 

Sathvik Nori

Susan Swope

Melissa Wilson

**Douglas Winter** 

#### Juvenile Justice and Delinquency Prevention Commission November 24, 2020

5:15pm – 7:15pm

Remote Access Only – Public participation instructions attached

#### **AGENDA**

Public comment will be accommodated under Item II for items not on the agenda. The Commission requests that members of the public, who wish to comment on items on the agenda, submit a request to the Chair prior to the start of the meeting so that they may be recognized at the appropriate time.

#### I. Administrative Business (5:15-5:25)

- a. Call to Order
- b. Roll Call and Establish Quorum
- c. Welcome and Introductions
- d. Agenda Review and Approval
- e. Approval of Minutes of October 27, 2020
- f. Consideration of JJDPC Application for Austin Willis
- g. Vote on slate of officers for 2021
- h. Sign-up for strategy review project in December & January

#### II. Oral Communications (5:20-5:30)

This item provides an opportunity for public comment on items not on the agenda (Time limit – two (2) minutes per person). There will be opportunity for public comment on agenda items as they are considered.

#### III. Updates (5:30-6:00)

- a. Court (Etezadi, Jakubowski)
- b. Private Defender Program (Rayes)
- c. District Attorney's Office (Baum)
- d. Behavioral Health & Recovery Services (Pena)
- e. County Office of Education (Littrell)
- f. Probation (Barrack)

#### IV. Inspection Updates (Labouisse) (6:00-6:20)

- a. Youth Services Center Inspection Review (Labouisse)
- b. Camp Kemp Inspection Review (Flores)

#### V. Year End Project Review (6:20-7:00)

- a. Develop Truancy Strategy (Swope)
- b. Parent Guidebook (Swope)
- c. Existing Mental Health/Addiction Programs (Labouisse, Telleria)
- d. Develop Marketing Strategy (Barrack, Nori)
- e. Communicate with Elected Officials (Bocanegra, Labouisse)
- f. Youth Recruitment (Wilson, Telleria)
- g. Summary of Project Status (Barrack)

#### VI. Youth Commission (Nori & Willis) (7:05-7:10)



#### **VII.** Announcements (7:10-7:15)

#### JJDPC Meeting, November 24, 2020 – Public Participation Instructions

Pursuant to the Shelter in Place Orders issued by the San Mateo County Health Officer and the Governor, and the CDC's social distancing guidelines which discourage large public gatherings, the Juvenile Justice and Delinquency Commission's meetings will be held remotely with public access available by videoconference.

Topic: JJDPC November Meeting

**Time:** November 24, 2020 5:15 PM Pacific Time (US and Canada)

Join Zoom Meeting

https://us02web.zoom.us/j/86822762757

One tap mobile +16699006833,,86822762757#

Dial by your location +1 669 900 6833 Meeting ID: 868 2276 2757

For public access, please email JJDPC Co-Chair Debora Telleria at <u>deborahyder@gmail.com</u> for password no later than 4:30 p.m. on November 24, 2020.

We highly recommend you use a computer or iPad type device and activate the camera feature vs. calling in only on audio. To call in via phone (preferably, but not necessarily with a camera), see instructions below.

Next Meeting: Tuesday, January 26, 2021, 5:15 – 7:15 p.m. Location: To Be Announced

MEETINGS ARE ACCESSIBLE TO PEOPLE WITH DISABILITIES. INDIVIDUALS WHO NEED SPECIAL ASSISTANCE OR A DISABILITY-RELATED MODIFICATION OR ACCOMMODATION (INCLUDING AUXILIARY AIDS OR SERVICES) TO PARTICIPATE IN THIS MEETING, OR WHO HAVE A DISABILITY AND WISH TO REQUEST AN ALTERNATIVE FORMAT FOR THE AGENDA, MEETING NOTICE, AGENDA PACKET OR OTHER WRITINGS THAT MAY BE DISTRIBUTED AT THE MEETING, SHOULD CONTACT SECRETARY TONY BURCHYNS (650) 312-8878 AT LEAST 72 HOURS BEFORE THE MEETING AS NOTIFICATION IN ADVANCE OF THE MEETING WILL ENABLE THE COUNTY TO MAKE REASONABLE ARRANGEMENTS TO ENSURE ACCESSIBILITY TO THIS MEETING AND THE MATERIALS RELATED TO IT. ATTENDEES TO THIS MEETING ARE REMINDED THAT OTHER ATTENDEES MAY BE SENSITIVE TO VARIOUS CHEMICAL BASED PRODUCTS.

If you wish to speak to the Committee, please fill out a speaker's slip. If you have anything that you wish distributed to the Committee and included in the official record, please hand it to the County Manager who will distribute the information to the committee members.



#### COUNTY OF SAN MATEO

Juvenile Justice and Delinquency Prevention Commission 222 Paul Scannell Drive • San Mateo, CA 94402

#### Minutes of the Juvenile Justice & Delinquency Prevention Commission

#### October 27, 2020 | 5:15-7:15 pm Remote Meeting

#### **MINUTES**

Commissioners Present: Co-Chair, Toni Barrack; Co-Chair, Debora Telleria; Paul Bocanegra;

Monroe Labouisse; Sathvik Nori; Susan Swope; Melissa Wilson; Douglas Winter

Commissioners Absent: Vice-Chair Rebecca Flores; Sathvik Nori;

#### **Additional Attendees:**

Judge Susan Etezadi – Juvenile Court

Ron Rayes – Private Defender Program

Ally Hoppis – Behavioral Health & Recovery Services

Ally Hoppis – Behavioral Health & Recovery Services

Johnna Rasmussen – Potential Commissioner Pam Isaac – Charge Nurse, YSC

Suki Reddy – Potential Commissioner Tara Ford – Stanford Youth & Education Law Project

Ken Preiser – Potential Commissioner Austin Willis – Youth Commission Liaison

Virginia Sandino – Potential Commissioner

#### I. Administrative Business

- **a.** Call to Order: Co Chair Telleria called meeting to order at 5:16 p.m.
- **b.** Roll Call and Establish Quorum: A quorum was established at 5:16 p.m.
- c. Welcome and Introductions
- **d.** Agenda Review: Approved as distributed.
- **e.** Approval of Minutes: Approved as distributed.
- **f. Application Review:** Commissioner Swope made a motion to recommend Johanna Rasmussen as a Commissioner. Commissioner Labouisse seconded the motion. The motion passed unanimously.

#### **II.** Oral Communication: None

#### III. Department Highlights

- a. Juvenile Court (Etezadi)
  - Both courts are now open.
  - Open to the idea of using Zoom in court post COVID if the presiding judge authorizes its use.

#### **b. Private Defender Program** (Rayes)

• Reviewed effects of SB203 and SB823.

#### COUNTY OF SAN MATEO



### Juvenile Justice and Delinquency Prevention Commission 222 Paul Scannell Drive • San Mateo, CA 94402

#### c. Behavioral Health & Recovery Services (Pena & Hoppis)

- Telework therapy session continues in the facility and in the community.
- GS are working hard to occupy youth with activities during COVID.

#### d. Probation (Barrack)

- Two youth were diagnosed with COVID during booking. One left the facility. The other joined the general population after two-week quarantine period and negative test. As a result, the health department has put the YSC is on a 28-day outbreak status.
- There are 14 youth in YSC (12 boys and two girls) and three girls at Camp Kemp.
- Youth will return to in-person learning in November.
- Contract with WhyTry? has been approved.
- Probation is reaching out to families to let them know about the free Ameelio app which allows them to send free cards and letters to their children.

#### e. Medical (Isaac)

• All youth have received their flu shots.

#### **IV.** Inspections Update

- **a.** The three school inspections were reviewed.
  - Commissioner Labouisse, moved to approve the YSC school inspection with the inclusion of the proofreading edits he forwarded and the edits Commissioner Wilson forwarded via email. The motion passed unanimously.
  - Commissioner Swope moved to approve the Canyon Oak school inspection. The motion passed unanimously.
  - Commissioner Wilson moved to approve the Camp Kemp school inspection. The motion passed unanimously.
- **b.** Camp Kemp and YSC final inspection reviews postponed until November.

#### V. Strategic Project Milestone Reviews

#### a. Develop Truancy Strategy (Swope)

• Have had one meeting since the last Commission meeting.

#### **b. Parent Handbook** (Swope)

- Ready for translation.
- Other California JJC commissions have shown interest in our Parent Guidebook and will be able to adapt the guidebook for their use.

#### c. Describe Existing Transition Programs (Labouisse, Telleria)

- Continuing to interview key stakeholders.
- Final report will be ready in November.

#### d. Marketing Strategy (Barrack, Nori)

• Introductory packet is complete and will be distributed to the Commission. Website improvements are complete.

# ADVITED TO SESSION WHEN THE STATE OF THE SESSION OF

#### COUNTY OF SAN MATEO

### Juvenile Justice and Delinquency Prevention Commission 222 Paul Scannell Drive • San Mateo, CA 94402

- Researching whether our JJDPC website can be independent.
- A stakeholder directory has been completed.
- Prospective Commissioner Rasmussen has volunteered to take on the marketing coordinator role if she is confirmed.

#### e. Elected Officials (Bocanegra, Labouisse)

- Had a positive meeting with Supervisor Carole Groom.
- Reach Coalition meeting led to follow up meetings being scheduled with the following people:
  - ✓ Cecilia Taylor, Menlo Park Mayor
  - ✓ Kalimah Salahuddin, President of the Board of Trustees for Jefferson High School District
  - ✓ Shara Watkins, San Mateo-Foster City School Board Trustee
  - ✓ Noelia Corzo, Board Vice President at San Mateo-Foster City School District
- Planning to meet with Supervisor Don Horsley.

#### f. Youth Recruitment (Wilson, Telleria)

- 17 people have expressed interest in joining the JJDPC, including five youth.
- An educational Power Point presentation has been created which can be used to present to groups of potential commissioners.

#### VI. Survey of Commissioner Interest in Positions for 2021 (Barrack)

- **a.** Officer Nominations for 2021 include:
  - Co-Chairs: Commissioners Barrack & Telleria
  - Vice-Chair, Administration: Commissioner Flores
  - Vice-Chair, Membership: Commissioner Wilson.
- **b.** Vote for 2021 officers will occur at the November meeting.
- **c.** Commissioners will review other role assignments so 2021 structure can be finalized in November.

#### VII. Youth Commission (Nori and Willis): No update

• The Youth Commission has met once for the 2020-2021 school year.

**VIII. Announcements:** *None* 

Meeting adjourned 7:06 p.m.



#### **COUNTY OF SAN MATEO**

#### **Juvenile Justice and Delinquency Prevention Commission**

222 Paul Scannell Drive • San Mateo, CA 94402 • (650) 312-5254

#### APPLICATION FOR COMMISSION

Special Requirements (if any): APPLICATIONS WILL NOT BE CONSIDERED UNLESS APPLICANT:

- 1.) HAS ATTENDED TWO (2) MEETINGS OF THE COMMISSION
- 2.) IS A RESIDENT OF SAN MATEO COUNTY

Information provided on this application is public information and may be made available to other applicants, members of the press or the general public.

WOULD YOU BE ABLE TO ATTEND COMMISSION MEETINGS, WHICH ARE SCHEDULED THE LAST TUESDAY OF THE MONTH FROM 5:15 P.M. – 7:15 P.M.? YES X NO NAME: Austin Willis \_\_\_\_\_PHONE: (\_ ADDRESS: \_\_\_\_\_\_\_CITY: Hillsborough \_\_\_\_\_ ZIP CODE: \_\_\_\_\_ E-MAIL ADDRESS: PRESENT EMPLOYER \_\_\_\_\_\_POSITION: Student (Junior)\_\_\_\_\_ ! ADDRESS: \_\_\_\_\_CITY: \_\_\_\_ ZIP CODE: HOW LONG HAVE YOU RESIDED IN SAN MATEO COUNTY?: 17 years EDUCATIONAL BACKGROUND: \_\_\_\_\_\_ Crystal Springs Uplands School (2015-2020) The Nueva School (2008-2015) Skyline College (4.0 credits - Summer 2020) College of San Mateo (3.0 credits - Summer 2020) Cañada College (3.0 credits - Summer 2020) Stanford Humanities Institute (Racial Identity in the American Imagination - Summer 2020)

EMPLOYEE AND/OR PROFESSIONAL EXPERIENCE: China Bee Restaurant (part-time for 2 years)
Independent Projects - designed and filed a patent for a dental aerosol suction device during COVID
Family Dental - Technology Administrator & Trainer / Scheduling Coordinator (part-time for 3 years)
CIVIC ACTIVITIES (Please include any present or past membership on County or City boards, committees, as well as participation in the activities of community groups or organizations.):
San Mateo County Youth Commission (Chair of Education & Economic Development Subcommittee)
Santa Clara County Peer Court (Head of Outreach & Certified Youth Advocate)
Marin County Peer Court (Youth Advocate)
Victim Insight Project (Intern)
San Mateo County Office of Education Student Advisory Committee
GENUp Statewide Director of Organizing for the Bay Area
WHY ARE YOU SEEKING THIS APPOINTMENT? (Please include in your response any qualifications/special interests related to this position, which may not have been covered.)
As a member of the Santa Clara County Peer Court, I work to advocate on behalf of youth to divert them from the traditional justice system. When I heard about the project of the San Mateo County
peer court to provide a restorative justice program in the county, I was intrigued by the prospect of such a project focused on youth. I came to find that the JJDPC was working on the campaign.
Therefore, I had hoped to participate futher on the commission to support the project. Furthermore, other members on the advisory council of the Santa Clara County peer court participated on the Santa Clara County JUDPC and expressed
great regard for the commission. After having communicated and worked with youth having gone through preliminary encounters with the justice system in peer court, I feel that, as a San Maleo County youth myself, I can provide a distinct
viewpoint surrounding juvenile justice systems in the county.
WHICH MEETINGS OF THIS COMMISSION HAVE YOU ATTENDED? 9/29, 10/27
HOW DID YOU BECOME AWARE OF THE OPENING? I heard about the opening during the last 2
meetings when I served as a youth liason from the San Mateo County Youth Commission.
HAVE YOU WORKED WITH OR ADVOCATED ON BEHALF OF YOUTH? IF SO PLEASE DESCRIBE.
As a special education aide for elementary school students, I have worked with youth. Additionally, I advocate for youth in the county as a member of the COVID Student Advisory Board for the San
Mateo County Office of Education. Furthermore, as the Head of Outreach for the Santa Clara County Peer Court and as an advocate for the Marin County Youth Court, I have supported diversion
programs from the traditional justice system by constructing a restorative plan for the positions of young people in the community. Lastly, as a San Mateo County Youth Commissioner, I have served as a representative of the youth perspective

10/27/20	Austin Willis
DATE	SIGNATURE

This application may remain on file for six months from the date of submission

#### PLEASE COMPLETE AND RETURN TO:

Tony Burchyns, Administrative Secretary III Juvenile Justice & Delinquency Prevention Commission c/o San Mateo County Probation Department 222 Paul Scannell Drive San Mateo, CA 94402

		-

### JJDPC Structure 2021 Officer Nominations and Roles

#### Officer Nominations for:

Chair(s): Toni Barrack and Debora Telleria Vice Chair—Membership: Melissa Wilson Vice Chair—Administration: Rebecca Flores

#### Other Roles

Liaisons: Courts: Monroe Lebouisse, Probation: Susan Swope

Inspection Coordinator: Rebecca Flores Legislative Coordinator: Paul Bocanegra

Marketing/Communication Coordinator: Johanna Rasmussen Project Lead for 2021 projects: Monroe Labouisse, Susan Swope

#### Community Ambassadors

- o Big Lift: Susan Swope
- o Diversity and Equity Council: Melissa Wilson
- o Domestic Violence Council: Monroe Labouisse
- o First 5 San Mateo: Susan Swope
- o Housing and Community Development Committee: Toni Barrack
- o Juvenile Justice Coordinating Council (JJCC): Debora Telleria
- o JJDPCs in surrounding counties: Melissa Wilson
- o Lesbian, Gay, Bisexual, Transgender, Queer Commission: Debora Telleria
- Mental Health, Substance Abuse Recovery Commission: Monroe Labouisse
- North Fair Oaks Community Council: Melissa Wilson
- o Respect 24/7 (COE): Susan Swope
- San Mateo County Child Abuse Prevention Council: Susan Swope
- o San Mateo County Health Commission: Debora Telleria

**FACILITY NAME:** San Mateo County Youth Services Center **FACILITY TYPE AND CAPACITY:** Juvenile Hall, 180 youth

FACILITY ADDRESS: 222 Paul Scannell Dr., San Mateo, CA 94402

**FACILITY PHONE NUMBER:** (650) 312-5395

FACILITY MANAGER INTERVIEWED: Jehan Clark

**STAFF INTERVIEWED:** Pam Isaac (Nurse), Chadie Galera (Compliance), Alex Mejia (Admissions), Raheem Owens (Unit), Jessica Jimenez (Unit), Johnson Van (Admissions), Neha Sharma (Unit), Aurora Pena (BHRS), Ally

Hoppis (BHRS)

**COMMISSION CHAIR:** Antoinette Barrack

**COMMISSION INSPECTORS:** Antoinette Barrack and Monroe Labouisse

PRESIDING JUDGES: Susan Etezadi and Susan Jakubowski

**INSPECTION DATES:** August 21, 2020 (in-person) and September 11-18, 2020 (interviews by videoconference)

**LAST INSPECTION DATE:** June 11, 2019

#### **EXECUTIVE SUMMARY**

COMMENDATIONS						
Comments:	With a sound process in place, the YSC team has done a good job of protecting the youth from Covid 19. Due to the pandemic, strict CDC guidelines such as social distancing are in place, some programming has had to be curtailed, and youth have had to spend more time in their rooms than desirable. However, the staff is conscious of the potential negative impacts of isolation and stress, and has done a commendable job of keeping the youth safe, as engaged as possible, and informed of the pandemic situation.  Staff are making their best effort to connect with and support youth. They have an orientation towards care and not punishment. The low population gives them more time and space to be creative to offer programs and activities to build life skills, such as spelling or financial management. Relations between staff and youth are quite good.  Processes are sound and followed by staff. For example, grievance forms are accessible and followed up on promptly. Orientation for youth is clear. The medical staff sees youth very regularly and provides good care.  Finally, the physical facility is well maintained. Furniture, carpets and paint have recently been updated.					

	RECOMMENDATIONS
Comments	Regular, hands-on defense tactics practice/training are something staff are asking to
Comments:	resume. While it has been curtailed due to the social distancing requirements of the

pandemic, staff believe it is worth taking the risk of physical proximity in order to get this
practice, for their own safety.
We also recommend more communication between outside Probation Officers and YSC
unit staff. Plans for youth are developed by Probation Officers, but the unit staff we
interviewed were not very familiar with POs' plans for youth and felt they could provide
valuable input.
Finally, kids enjoy practical skills and vocational training, e.g. culinary arts, and particularly programs taught by formerly incarcerated individuals. We recommend that the YSC pursue more of this kind of programming, especially if it enhances reentry/transition planning for youth. Programs could include job skills, life skills, and other reentry needs, such as driver's ed.
eu.

#### **DOCUMENT REVIEW**

LOCAL COUNTY INSPECTIONS						
REVIEWED:	YES	NO	N/A	COMMENTS		
County Building Inspection		Х		A Building Office Safety check was completed 10/1/19. There were no violations found and no report issued. No confirmation of a full building inspection or report was provided. Per the YSC staff, the inspector, Azadeh Imandel, has not yet provided a full report.		
Fire Authority	Х			Last Inspection on 5/16/18. A compliance order was issued. All items were checked and signed off on 8/30/18. Good for 2 years.		
Public Health-Nutrition	Х			1/10/19 Menu Analysis showed nutritional compliance. Food Inspection report of 8/12/19 indicated several repairs needed, such as ware washer leak and refrigeration repair. Unknown if repairs were made.		
Public Health-Medical / Mental Health	X			8/21/19 Report showed facility compliance in all categories. Commended positive working relationship between medical and probation, appearance of the facility and programming. The only recommendation was to find a way to integrate medical (paper) and mental health (electronic) records.		
Public Health-Environmental	Х			9/9/19 Inspection Report showed compliance in all major categories. However, several items needed attention, including mold, a toilet not working, clogged ceiling vents. Repairs to address the issues were completed by the Facilities Maintenance department.		
OTHER DOCUMENTATION						
REVIEWED:	YES	NO	N/A	COMMENTS		

Grievance Forms	Х			Grievance forms are available on unit and are collected every day.  Forty grievances were filed during the year. The grievances were addressed within 3 days, youth signed off on them and no appeals were requested. Further investigations were called for in 2 cases and staff committed to follow-up steps in several cases.	
Serious Incident Reports	Х			There were 14 reports filed during 2019, 9 related to incidents of assault between youth. Processes for securing youth were described in detail. Most, but not all, were signed by a staff member and on-duty ISM.	
Youth/Parent Orientation Materials	Х			Orientation material included a Handbook with expectations and rules, a separate sheet of Facility Rules that youth were required to read and sign and a Brochure on Sexual Abuse Zero Tolerance Policies with a place for youth to sign-off once read. Language and detail seem appropriate.  A brochure on Visitation procedures and rules, as well as a written process for Zoom visits were reviewed.	
Comments:	Grievance Forms are accessible; Rules are posted, clear and appropriate.				
Recommendations:	The county did not supply building inspection reports. We believe formal written reports for all county inspections should be requested by YSC in the future. To ensure a safe and compliant facility, we would like to see a written sign-off when action items have been completed.				

#### **INTERVIEWS**

ANCILLARY SERVICES				
INTERVIEWED:	YES	NO	N/A	COMMENTS
Mental Health	Х			Aurora Pena, BHRS Unit Supervisor and Ally Hoppis, BHRS interviewed. See comments below in the Behavioral Health section.
Medical Care	Х			Pam Isaac, Head Nurse at YSC was interviewed. Staff includes a medical director (on duty Friday, 8-5), Nurse Practitioner (on duty Monday, Wednesday, Friday) plus 3 full time nurses, 3 part time. Coverage is 6am to 10pm, 7days/week. If there is an emergency at night, the ISM calls 911. Nurses see newly booked youth within 24 hours and a full evaluation is completed within 96 hours. Nurses visit the living units 4x/day. Youth can fill out forms requesting medical attention. These are picked up at 3pm each day.

Dental Care		X		There is a full dental facility, with a dentist available, on site. The dental facility is within the medical unit and includes a full set of necessary equipment. Youth do not need to be taken out of the facility to receive most dental care. The Medical staff provided us with this information.
Kitchen/Nutrition		X		A large kitchen and dining facility are on-site, but due to the low population of youth in the facility, the facility's nutrition services are in the process of transitioning to delivered meals. The County Sheriff's nutrition services are about to start delivering meals, which will be stored in and served from food storage units in each residential unit. The facility leadership team provided us with this information. For more detail, see Meals/Nutrition section below.
Comments:	Very good services are available to youth and the staff is committed to fully supporting them.  Appropriate CDC protocols, such as testing and quarantining, are in place to protect youth and staff from coronavirus when a new youth enters the hall. No youth has been sick.			
Recommendations:				

YOUTH INTERVIEWS					
What was your intake and orientation experience like?	No complaints about intake and orientation. Youth receive a written copy of the rules. They sign a form to say they understand the rules. It's clear to them. If they have been there before, it's faster and more straightforward. They might need to be in a holding room for a short amount of time. They have an opportunity to shower. They receive clothes. They are escorted to their unit.				
Describe your interactions with medical/dental.	Medical team is accessible and very responsive. A nurse comes to the unit to check on them and their written requests every day. Youth have an opportunity to fill in request forms when they think they need something. The medical staff respond quickly.				
Describe your experience with behavioral health.	Therapists are available and youth are aware of that. They are told at intake. None of the youth interviewed were currently using behavioral health services, although they had in the past. They did not seem to have any issues with behavioral health.				
Describe the interactions between staff and youth.	There are a variety of reactions by youth to staff, ranging from very positive to slightly negative / neutral. The one girl we interviewed said she has a "great" relationship with staff and talks to them all the time; she sees staff as a resource. One boy observed during the in-person visit was working on an art project with staff and clearly enjoyed hanging out with staff, who were full of praise for him. The two boys interviewed by videoconference described their relationship with staff as "mostly good" but said that in some cases they don't feel they can have productive dialogue with staff and so they just avoid those staff members.				
What programs do you find most useful? Why?	The most popular program at the moment is Beat Within, a writing program; kids have the opportunity to publish their writing in a magazine that publishes writing by incarcerated				

	youth. They view it as a good emotional outlet. Many mention Beat Within. Other programs that can relate to their life as incarcerated youth are also popular, e.g. Success Centers, in which formerly incarcerated teachers teach job skills, and FLY, which teaches practical
	knowledge, e.g. legal processes, useful for incarcerated youth.
	On the other hand, youth find yoga to be boring, and they miss Book Club. Most programs,
	however, are well received, including less formal programming like games, puzzles, and crafts they can do with staff on the unit. Other popular programs mentioned in youth interviews were exercise programs and meditation.
Summary of youth interview:	There were no significant complaints from youth, and in fact, in the case of the one girl in the facility, she seemed quite happy with her experience in the facility. While they are spending more time than they would like in their rooms due to the pandemic, and while the boys did say their least favorite thing at the facility is their rooms which they would like to be bigger, overall the youth gave positive reviews for programs and staff.
Recommendations:	Although youth are overall positive about staff and programs, they do have some requests. Specifically, the boys asked for culinary arts training, and generally they enjoy job readiness programs. So, more broadly, we recommend practical skills training, especially for older youth who are nearing the end of high school. In particular, the youth seemed more engaged by programs led by or including formerly incarcerated people, so this is another area of opportunity. Lastly, the boys asked for more up to date movies and/or Netflix when they do get movie night, and they would also enjoy live TV - probably for live sports. Because streaming and live entertainment may present educational opportunities, e.g. documentaries on Netflix or discussion of current events after watching live news, perhaps this is something worth looking into

BEHAVIORAL HEALTH						
Caseload Ratio	Currently caseloads are quite low. As of 9/11/20, 14 youth in custody, and 4 full time BHRS clinicians supported by 2 program managers are available to meet the needs of youth.					
Youth Experience	At booking, clinicians introduce mental health services to youth. Although some decline, most accept. There have been no suicide attempts, but some ideations. In such cases there is a protocol for observation with appropriate procedures put in place. Self harm is rare with less than 1 incident per month. About 6 youth were on psychotropic medication at the time of our interview with Behavioral Health; typically at least 50% of the population is on medication.  Probation and BHRS report there are no unusual or additional mental health issues related to the stress of Covid and limits to in person visits with providers and family.					
Programming Offered	Clinicians provide therapy, skill building, and sometimes just talk with the youth. Almost all BHRS is one on one therapy. Star Vista or Rape Trauma Services provide group grograms. Due to Covid, services are now provided remotely, but in an emergency BHRS can meet with					

	-	youth face to face. There is one phone line at the hall designated for mental health. The line is always staffed so that clinicians can respond immediately to calls.						
Comments:	See pro	ogramm	ing secti	ion for additional details.				
Recommendations:								
				STAFF				
	YES	NO	N/A	COMMENTS				
Does the facility maintain				Don't a the complete constant and a second s				

STAFF						
	YES	NO	N/A	COMMENTS		
Does the facility maintain mandated awake ratios? (1:10)	Х			Due to the very low youth population, maintaining staff ratios is not an issue at all currently.		
Does the facility maintain mandated sleeping ratios? (1:30)	X			Due to the very low youth population, maintaining staff ratios is not an issue at all currently.		
Are staff/youth interactions respectful?	X			Staff exhibit genuine care for the youth in their facility, and from what little opportunity we had to observe, youth generally return the respect for staff.		
Are there enough supervisors to supervise staff?	X			Due to the very low youth population, maintaining staff ratios is not an issue at all currently.		
Are there staff who speak other languages?	X			The main language needed other than English is Spanish, and yes, there are several Spanish speakers on staff. Other language translation is available through a County service by phone if needed.		
Is there a diverse staff workforce?	Х			The staff are diverse in both gender and ethnicity.		
Does the facility have enough staff to ensure that all programs, activities are provided as required?	Х			In fact, the staff have free time to work on creating additional programs on the units.		
Comments:	Youth population is low enough that it presents staff with an opportunity to provide youth with a high level of care and interaction, and generally they seem to be taking advantage of that opportunity. They describe their roles as a balance between being a teacher and big brother or sister, and with policing / enforcing the rules. On the other hand, low population also means relatively less staffing which means that staff need to 'wear many hats' which can be challenging.					
Recommendations:	upgrace they m physica	While staff say that they do have access to regular training, and that training has been upgraded, the one training almost all noted they would like more of is defense tactics. By this they mean that they want more opportunities to practice defense tactics because it is a physical activity which, like a sport, requires regular practice to keep skills sharp. They have been less able to do that during the pandemic due to social distancing requirements, but				

	they are asking to take the risk because they think the risk of not practicing the tactics regularly is also dangerous to them.						
INTAKE/ADMISSION							
	YES	NO	N/A	COMMENTS			
Are youth searched during intake?	Х			Youth charged with misdemeanors are pat searched. Those charged with felonies are given full visual searches.			
Can youth make phone calls during intake?	X			Parents or appropriate guardians are also notified by admissions staff.			
Comments:	medical is the find quarant symptom of the conjugate of t	Youth are assessed thoroughly at intake, for safety, as well as potential self-harm and medical concerns. Intake usually takes about 30 minutes. Because of Covid, a medical check is the first step of intake. Also worth noting, because of Covid, all youth enter a separate quarantine unit in their first few days at the facility, for the sake of observation for Covid symptoms.  In conjunction with a Probation Officer, a plan and more comprehensive assessment (educational, developmental, etc.) is written for each youth in the first 48 hours of their stay at the facility. If the youth stays long-term, then the plan is updated at 90 days.					
Recommendations:	None	None					
ORIENTATION OF YOUTH							
	YES	NO	N/A	COMMENTS			
Are all youth orientated?	X			Admissions staff go over rules with youth, quiz them at the end to make sure they understand, and have them sign a form. Unit staff are also available to answer questions. Youth receive a rules book which they take to their room.			
Do youth understand rules and expectations?	X			Youth made clear in interviews that the rules are very transparent and they have an opportunity to discuss rules with staff.			
Are rules and grievance procedures posted?	X			All youth and staff we interviewed were clear about how to check on rules and file grievances. Everything is posted and in other ways also made transparent.			
Comments:	None						
Recommendations:	None - This is working well in the facility.						

ACTIVITIES AND PROGRAMS						
	YES	NO	N/A	COMMENTS		
Telephone Access (Ongoing)	Х			Youth are allowed 4 calls/week.		
Correspondence	X			Youth are allowed to write and receive an unlimited number of letters. Letters received are screened by staff. They are allowed to have five sheets of paper for writing letters at a time in their rooms, and may ask for more as needed at any time. They are also allowed to have 5 letters at a time in their room, but may swap those letters out for more when they like. Other letters are kept in their personal storage area outside of their room.		
Visiting (2-hr min per week)	X			Youth are allowed 2 visits/week, either in person or on Zoom.		
Recreation (at least 1-hr of unscheduled activities)	X			5-6 pm is unstructured time. Youth can read, write letters, keep up journals, etc. in their rooms. If there is no structured program, 6-8:30 pm youth engage with staff for group conversation, games, arts & crafts, or movies.		
Exercise (at least 1-hr+ of daily LMA)	Х			Youth do LMA for one hour after school each day. Because of Covid, sports such as basketball & football are not now possible, but no-contact sports, walks, runs, and workouts are practiced.		
Regular Programming (please describe)	Х			Although allowed into the facility, providers are offering programs only by Zoom now, of their own choice, due to Covid. Star Vista and FLY programs are always well received. Beat Within is a popular writing program. Success Centers offers a number of programs youth enjoy. Yoga is taught but not popular with the youth. The Book Club was well-received but not offered now.		
Special Programming (please describe)	Х			Staff provides activities and education programs such as life skills, etiquette training, financial skills, and spelling, based on the current needs of the youth.		
Counseling and Casework	Х			BHRS provides one on one counseling. Star Vista and others provide group counseling. See Behavioral Health Section.		
Family Reunification and Counseling	Х			Done by BHRS based on individual needs.		
Substance Abuse	Х			AA and NA programs are on hold due to Covid. Staff will reassess programs.		
Cognitive Behavioral	X			Various programs exist. See Regular and Special Programming Sections. In addition, staff is currently evaluating the costs of training staff to use "Why Try", an evidenced based program for		

				youth to learn life skills, including decision making and how to respond thoughtfully to issues.
Victim Awareness/ Restorative Justice		Х		Not done in YSC. No specific programs, although the staff are aware of and supportive of the concepts.
Vocational Training	Х			Staff is hoping to establish a culinary arts program next year. Youth learn some landscaping/gardening skills as well working in the garden. Success Centers has provided programs in work preparation skills.
Post-Secondary Education	Х			Project Change is in place with classes taught by CSM or Notre Dame de Namur.
Work Programs		X		Youth are not taken out of the facility.
Community Services	Х			Youth are not taken out of the facility, but at times have knit caps for hospital programs.
Parenting Classes		Х		Nothing formal, but can be given on a case by case basis.
Sexual Harassment Classes	Х			Expectations for behavior within the facility are set at orientation.  Issues if any in the youth's life are worked into group counseling sessions.
Religious Activities	Х			Bible study is offered once a week. Other religious books are available. Various fasting needs are accommodated for religious reasons.
Education	Х			In addition to school, several education programs exist. See programming section and post-secondary education.
Comments:				
Recommendations:	Substance Abuse programs, currently on hold, should be reconsidered as soon as possible. We encourage bringing back the Book Club and support the evaluation of WhyTry and new vocational training opportunities, e.g. culinary arts with JobTrain.  Transition and reentry programs, as envisioned for PREP, are on hold now due to the small number of youth who will be at the facility for sufficient time. In our interview, Ms. Clark described her hope of revamping plans to make skill development programs available to any youth who would benefit from them. Programs would include job skills, life skills, and other reentry needs, such as driver's ed. We strongly support the development of these transition plans.  Related, unit staff mentioned that youth assessments and plans are mostly written and driven by Probation Officers assigned to youth. They think the unit staff could contribute more to the development of the plans, thereby improving the quality.			

USE OF FORCE						
Comments:	A hands-on approach is the last resort when there is a fight or youth become violent. Before hands are placed on any youth, verbal direction is given first and it's made clear staff may physically intervene. Handcuffs are the only restraint used and only when there is concern a youth could hurt themselves or others. After the youth is restrained they may be taken to medical or placed in their room to be separated from others. They are always watched until the situation is resolved. Staff has had excellent training in the use of restraints to ensure that neither staff or youth is hurt.					
Recommendations:	We support on-going Use of Force training and encourage practice sessions to keep up staff skills. See Staff Interviews section for recommendation on defensive tactics ongoing practice and training.					

#### **ROOM CONFINEMENT**

Staff and youth at the YSC are all in agreement that youth should spend as little time as possible in their rooms, but Covid protocols do require that youth spend more time in their rooms than anyone would like, at the moment. One of the things youth identified in their interviews they least like are their rooms.

Upon entry to the facility, youth stay in a quarantine unit for three days, where they must remain in their room until they clear health checks. This is the A-level of Covid classification for youth; the facility currently classifies youth in either A, B or C levels. After clearing A-level, youth enter a B-level unit/pod which is kept separate from C-level youth, who have the greatest degree of freedom of movement, for two weeks.

Comments:

All youth, during Covid, are required to eat meals alone in their rooms. At other times in the facility, they are required to wear masks. The alternative to eating in their rooms would be to eat at separate tables inside on their unit, or in the dining hall socially distanced, but because those are indoor eating spaces and they cannot wear masks while eating, the County was not allowing it at the time of our inspection. Second, during breaks in the school day, youth are also taken back to their room. Again, congregating in indoor spaces, even when socially distanced, is not considered safe for Covid reasons. Lastly, youth have a break before evening programming, and during that time they also are taken to their room, when they can read or write.

The only other times youth are confined to their rooms, not for Covid reasons, are when they need to be separated from other youth for disciplinary reasons, or more often because they need space to decompress for a 'time out', either because they choose to on their own, or because staff require it. To minimize this 'time out' use of rooms, the YSC staff are working

	on renovating an empty unit to convert it to a 'decompression' space outside of youth residential units.
	Lastly, staff do conduct regular safety checks, which are logged, while youth are alone in their rooms.
Recommendations:	None Covid restricts opportunities, and the desire of the staff, to get youth out of their rooms. With such a low population in a large facility, staff recognize that they have an opportunity to take youth out of their rooms, but Covid protocols limit what they can do in indoor spaces.

DUE PROCESS					
REVIEWED	YES	NO	N/A	COMMENTS	
Discipline Guidelines	X			Youth are aware of the rules from Orientation and written rules are posted. Discipline issues usually arise in school. When a youth misbehaves, they are taken to the unit for time out. Discipline is a loss of points toward an incentive such as extra snacks. Discipline is matched to the incident and adjusted based on needs of the youth.  There were 10 Discipline Reports on file for 2019. The primary reason for discipline was youth not following rules & directions or disrespectful/out-of-control behavior. In each case, youth were given alternative programming. Two had loss of "Good Behavior Days" and one had restrictions on the next two visitations.	
Grievance Trends	X			There were no particular trends. It was noted, however, that more than half of the grievances were reported in the first quarter of the year and one staff member was mentioned in 4 of the cases early in the year. Several complaints were about timely medical attention. That said, when we interviewed youth in September, they were satisfied with the medical care they were receiving, and with their ability to request care.	
Comments:	During prior inspections youth also have filed grievances about timely medical attention.  Based on our interviews with staff and youth, however, we feel that requests are considered and responses made in reasonable time.				
Recommendations:					

		ME	ALS/NUTRITION
YES	NO	N/A	COMMENTS

Is the meal menu posted in the dayroom?			X	The dayroom is not used as often while meals are served on units during Covid. All units have the full week menu posted on the living units on the orientation boards at each workstation.		
Are meal servings ample, nutritious and appetizing?			Х	Because of the change to delivered food, in pre-packaged portions, some youth complain that the quality is not as good and that the portions are not always enough given the different size and appetite of different youth. There are drawbacks to direct serve vs. cafeteria style food. However, no youth had significant complaints about the food, and the meal service does provide nutritious and complete meals. In addition, fresh snacks/fruit is available on the unit for youth to supplement meals if they choose.		
Are staff present and supervising during meals?	X			Staff are on unit with youth during meals.		
Are meals cafeteria style service or direct serve?			Х	Meals are direct serve. Not only because meals are currently eaten in rooms due to Covid, but also because of cost saving measures given the very low population in the facility, meals are pre-packaged and delivered to the residential units.		
Are youth allowed to converse during meals?		X		Youth would normally be allowed to converse, but they are currently eating alone in their rooms, due to Covid.		
What is the length of time allotted to eat?			Х	Youth are given up to 30 minutes for meals. The youth usually finish before the allotted time and staff start collecting trays once they are finished.		
Comments:	Nothin	g additio	onal to c	comments above.		
Recommendations:	Given the small population of youth in the facility, staff have a tricky balance to attain between cost saving and youth happiness with meals. The only suggestion and it is just a suggestion we would have is that because youth express strong interest in a culinary arts program / skills development, that program might present opportunities to add some creativity to the meal options as compared to the current, pre-cooked, delivered food.					
TRAUMA INFORMED APPROACHES						

TRAUMA INFORMED APPROACHES						
Comments:	Trauma informed staff training is mandated. Staff learn the effects of trauma on youth and learn to better understand the population they are working with. As they become more aware of the issues that youth face, the environment has become less and less punitive. Staff is becoming skilled at asking questions to learn what is going on in each youth's life without becoming too intrusive so the youth don't talk.					
Recommendations:						

CULTURAL AND LINGUISTICALLY APPROPRIATE

Comments:	The Latinx population continues to be a significant percentage of youth at the YSC. The YSC uses Rosetta Stone to help youth improve their English. An activities committee develops themes for activities that pertain to different cultural groups. There is a Cultural Awareness Week at the YSC.											
Recommendations:												
				LGBTQI								
Comments:	The YSC is seeing more trans males and provides requested clothing such as binders and boxer shorts. Any required searches are consistent with how the youth identify. Staff have access to and take training on LGBTQI concerns and issues.											
Recommendations:												
			USE	OF TECHNOLOGY								
Comments:	At intake, youth are given Chromebooks for school work until they are integrated with the general population and participate in the regular classroom. Computers are used in school and set up in the units for Zoom calls. Youth are getting proficient and are able to teach staff on computer use now.											
Recommendations:												
PHYSICAL INSPECTION												
			AD	OMINISTRATION								
AREA REVIEWED	YES	NO	N/A	COMMENTS								

The facility is tidy.

Χ

Χ

**Facility Perimeter** 

Facility Paint, Gutters,

Windows, Roof, Drains

Cleanliness

Χ

Walked around the outside and was able to observe the security

perimeter and parking areas for the facility. No obvious issues.

Did not have time during a relatively quick walk-through due to Covid to examine these parts of the facility closely. However, quick

observation while walking through did not reveal any obvious or glaring deficiencies. The facility appears overall to be in good

condition. Per the facility leadership team, all units have received a paint touch up this year removing any visible graffiti, clearing

			covered vents, etc., as part of the capital improvement project this year.					
None								
None								
EXTERIOR OF LOCKED FACILITY								
YES	NO	N/A	COMMENTS					
Х			Well maintained.					
Х			Sound and without any cracks or structural issues. There was some weeding needed on some edges, but nothing significant.					
X			Well maintained. Large playing field and track in the middle of the facility.					
Х			No deficiencies observed.					
	Х		Not able during relatively quick walk-through, during Covid, to observe these areas from the top. No obvious issues from quick observations.					
		Х	Indoor lighting adequate. Not able to observe outdoor lighting because the visit was during the day. While we did not conduct a thorough examination of security, the YSC is a modern, very secure facility.					
The ph	The physical condition of the facility is generally good.							
None	None							
	INT	ERIOR	OF LOCKED FACILITY					
YES	NO	N/A	COMMENTS					
Х			With very few youth in the facility, upkeep is easier. Staff also make an extra effort to decorate where they can.					
Х			Clean and well maintained.					
	None  YES  X  X  X  The ph  None  YES  X	None    EXT     YES   NO     X         X         X	None    EXTERIOR					

Furnishings	Х		The YSC recently received new furniture.
Fixtures	Х		Secure and well maintained.
Upkeep	Х		In good condition.
Safe Storage of Chemicals	Χ		Well maintained, labeled and secured.
Sleeping Space	Х		Clean and spare. Standard prison metal furnishings. Toilets and sinks are in each room.
Beds	X		Quick observation of a room. Due to Covid, did not touch or sit on any furniture.  Beds are standard prison, metal frame structures. They do not look very comfortable, and in our interview with the Nurse, we were told that complaints about back pain are one of the common medical complaints of youth.
Mattresses	Х		Mattresses are standard prison, removable pads. See previous comment about comfort.
Day Rooms	Χ		Clean and spare. Not getting much use due to Covid restrictions.
Classrooms	Х		Youth are working at individual computer stations, as part of distance learning. More in the Hillcrest inspection.
Restrooms	Х		Restrooms for staff and visitors are clean and well maintained. Youth toilets and sinks are in each of their rooms.
Showers	Х		On unit, public but individual shower stalls, with openings at the top and bottom of shower doors, so youth can be observed for safety reasons.
Temperature	Χ		Comfortable
Lighting	Χ		Adequate
Visitation	Х		Well lit and adequate space, with opportunity for private room use as well. Managed by Admissions staff.
Holding Areas	Х		Observed in Admissions. Used temporarily sometimes (i.e. 1 hour) during admission. Window panes for observation while in holding room.
Admission/Release	X		Plenty of space, given the low youth population. Adequate and modern facility.

Secure Storage Areas	Х			Well maintained					
Comments:	The ph	The physical condition of the facility is generally good.							
Recommendations:	None								
PERSONAL HYGIENE/APPEARANCE OF YOUTH									
OBSERVED	YES	NO	N/A	COMMENTS					
Appearance	Х			No issues observed. See comments below.					
Showers	Х			Daily showers are part of the regular routine.					
Clothing	×			Clothing is clean and youth have an opportunity to wash clothes regularly. Storage rooms and laundry facilities are well run and well maintained. Observed the detailed process for labeling and separating each individual youth's underwear, per Title 15 requirements.					
Hair Cuts	Х			Youth appeared well groomed.					
Shaving	Х			Youth appeared well groomed.					
Comments:	Youth appear to be well taken care of.								
Recommendations:	None	None							
Signatures of Commissioner(s) preparing this report  First Name Last Name: Monroe Labouisse Date									
First Name Last Name: Antoinette Barrack Date									

FACILITY NAME: Camp Kemp

**FACILITY TYPE AND CAPACITY:** Girls Camp Facility; rated capacity of 30

FACILITY ADDRESS: 400 Paul Scannell Drive, San Mateo, CA

**FACILITY PHONE NUMBER: 650-312-8970** 

FACILITY MANAGER INTERVIEWED: Harold Mayburry and Chadie Galera

**STAFF INTERVIEWED:** Damon Lynch

COMMISSION CHAIR: Toni Barrack and Debora Telleria (sanmateojjdpc@gmail.com) COMMISSION INSPECTORS: Rebecca Flores (on-site) and Michele Gustafson (virtual)

PRESIDING JUDGE: Judge Susan Etezadi

**INSPECTION DATE:** August 12, 2020 (on-site) **LAST INSPECTION DATE:** July 10, 2019

\*See attached appendices for further description of facility and program.

#### **EXECUTIVE SUMMARY**

#### **COMMENDATIONS** The Camp Kemp program, which has a residential component and a school component (called "Girls Empowerment Program" or GEP) is an excellent program that gives youth a significant opportunity to learn and grow in a safe, supportive environment. This program can be critical to helping a youth to process and recover from trauma. The staff is caring and dedicated to the mission of the program. This is a game-changing program for the youth who are selected to participate in it and the Commission fully supports the Camp Kemp residential program and GEP. Youth report that they enjoy Camp Kemp and have found it beneficial. Camp Kemp is a very welcoming and supportive space for youth and we would like to recognize the staff for the Comments: great job they are doing in caring for the well-being of the youth at Camp Kemp. Staff have also reported that youth will ask to come back early from home passes if they are feeling unsafe or unsure that they can make good choices, which demonstrates the incredible impact that the program has on the residents. Choosing to come back to Camp before strictly required to means that it is a safe, welcoming space where youth feel supported. Additionally, the Commission would like to commend the staff for their flexibility and vigilance during COVID restrictions. Staff and administration have done a great job adjusting to COVID-19 procedures.

RECOMMENDATIONS									
Comments:	In April 2020, Camp Kemp began transferring youth to the YSC in the evenings. The Commission was not informed of this development. We understand the budgetary rationale behind the change and have since clarified that this is being done in a fashion that minimizes retraumatizing youth and any contact with girls housed on Pine 4. However, this is a major change to the implementation of the program, thus the Commission should be informed in the future of changes impacting the housing of the youth or other significant changes. Additionally, transporting the youth back to juvenile hall is not ideal and we recommend that the youth be housed at the dormitory again once the program has more residents.  We also recommend that showers should be cleaned and power washed on a more regular basis to avoid bacteria build up.								

#### **DOCUMENT REVIEW**

LOCAL COUNTY INSPECTIONS							
REVIEWED:	YES	NO	N/A	COMMENTS:			
County Building Inspection	X						
Fire Authority	X						
Public Health-Nutrition	$\boxtimes$						
Public Health-Medical / Mental Health	×						
Public Health-Environmental	$\boxtimes$						
OTHER DOCUMENTATION							
REVIEWED:	YES	NO	N/A	COMMENTS:			
Grievance Forms	$\boxtimes$						
Serious Incident Reports	×			There haven't been any serious incidents for the past two years. No staff or youth injuries.			
Medical Screening Forms (Intake)	$\boxtimes$			Updated to include screening for COVID-19. All youth are isolated on intake for 72 hours but may have video calls with family.			
Youth/Parent Orientation Materials	×			Reviewed Parent/Youth Orientation Packet. Packet is easy to understand and well-written.			

Comments:	None	None							
Recommendations:	None								
INTERVIEWS									
ANCILLARY SERVICES									
INTERVIEWED:	YES	NO	N/A	COMMENTS					
Mental Health	×			See behavioral health section below					
Medical Care		×							
Dental Care		$\boxtimes$		Did not interview dental care staff. Dental care is handled at the YSC facility, which is up the street in a separate facility					
Kitchen/Nutrition		$\boxtimes$		Meals are now contracted by the Sheriff's department so there are no cooking facilities on site.					
Comments:	None	None							
Recommendations:	None	None							
			***						
			YOU	UTH INTERVIEWS					
What was your intake and orientation experience like?	were p	resent d	luring or	raight forward, she understood them all. Staff are all respectful. Parents ientation and understood everything. it very clear, rules and expectations were clear. Parents were present.					
Describe your interactions with medical/dental.	Youth to get	#1) Medback to	dical stat	ff are really cool. Medical is quick to respond. Dental staff take forever, the nurse reads all request forms and talks to them about their meds					

with individual therapy and family therapy.

dental staff.

was able to open up.

Describe you experience with

Describe the interactions

between staff and youth.

behavioral health.

and will inform the psychiatrist to go over the meds with you. Has not had interaction with

Youth #1) Has been helpful. Staff have helped her a lot through the year. They helped her

Youth #2) They are helpful. Original therapist was really good, had a great connection and

Youth #1) Staff are pretty cool. If they have to tell youth to do something they will do so

Youth #2) He gets along with staff, staff treat him really well, staff do not discriminate.

nicely. Staff will always remind them of the rules. She gets along with all the staff.

What programs do you find most useful? Why?	Youth #1) The Spanish program is helping her, as well as the Brighter Day program because they help her find jobs. School is super helpful; she went through two years of high school in one year.  Youth #2) FLY is the most helpful. FLY offers a re-entry program and he has found it to be really helpful. He also enjoys the mind body spirit program.
Summary of youth interview:	Youth #1) Youth masks are washed. Youth are given three masks, enough to change it three times per week. Camp has really helped her change. She enjoys all the programs. Her favorite program is the Spanish program.  Youth #2) Regarding his preferred pronoun, staff have been respectful and correct themselves when needed. They made sure to ask him what he identifies as and did not assume. They also asked him what his preferred pronoun was. He has had a good experience at Camp Kemp overall and has a lot of fun. He mentioned that youth who say they don't like it there are probably those who did not follow rules.
Recommendations:	None

BEHAVIORAL HEALTH							
Caseload Ratio	BHRS Staff provide services across the YSC and Camp Kemp facilities. The caseload for clinicians was approximately 1:10 (1 staff: 10 youth).						
Youth Experience	BHRS provided an individualized experience for each youth. The youth really appreciate the mental health services and create a bond with their clinicians. Major change that is consistently observed in the youth is that in times of crisis, the youth will reach back to their clinicians for help.						
Programming Offered	Each youth in the Camp Kemp program receives individual, group and family therapy, this includes both youth who are in residence and those who are in the Girls Empowerment Program. Unlike the BHRS services at Juvenile Hall/YSC, therapeutic services are embedded in the Camp Kemp program. Individual therapy is tailored to each youth. Group therapy includes at least three groups a week: rape trauma services (trauma therapy); AOD counseling (by StarVista); weekly group (varying topics). Family therapy is tailored to the family dynamics. BHRS will also reach out to adjunct therapy, as needed (for example, to the PRIDE Center, for additional AOD counseling, can connect to other county services).						
Comments:	BHRS provides excellent services for the youth assigned to Camp Kemp. The small size of the Camp Kemp program (both residents and GEP) enables mental health programming to be embedded in the daily programming.						
Recommendations:	None applicable to the Camp Kemp program, but potentially consider how to add behavioral/mental health programming similar to that at Kemp to regular programming at YSC for youth at the Juvenile Hall.						

			STAFFING
YES	NO	N/A	COMMENTS

Does facility maintain mandated awake ratios? (1:10)	×						
Does facility maintain mandated sleeping ratios? (1:30)	X						
Are staff/youth interactions respectful?	$\boxtimes$						
Are there enough supervisors to supervise staff?	×						
Are there staff who speak other languages?	X			4 staff all speak Spanish			
Is there a diverse staff workforce?	$\boxtimes$			Yes - 4 black; 3 Latino/Hispanic; 1 Asian			
Does facility have enough staff to ensure that all programs, activities are provided as required?	X						
Describe the training you have received. Was it useful? Adequate for the expectations of your assignment?							
	STAFF INTERVIEW						
How long have you been on the job?	Group Supervisor 3: Has been a Group Supervisor for 20 years. He started off as extra help for four to five months, worked at the old hall as part of the policy and procedure team for the new facility and trained new staff. Worked in every unit except for the girls' camp until now. Has been at the girls' camp for four years now. In his current role he finds himself doing a lot of listening and counseling.						
Did you complete the training within one year of being hired?	Yes						
Describe the training you have received. Was it useful? Adequate for the expectations of your assignment?	Received two types of training. The first training was a month of Standard Core training, and the second training was a week of PC832 training.						
What additional training do you feel you or staff in general need?	It would be helpful to receive training regarding street gangs within San Mateo County or gangs in general. Training should include basic gang awareness, prevention and intervention.						
How are you updated about changes to policies and procedures?	Policy changes/updates are provided via email and through the Lexipol portal. Staff receive alerts of changes to policy through the portal and must read and sign it. Managers are alerted when staff have reviewed and signed the policy changes. Managers are also notified when staff have not reviewed it.						
Comments:	Staff would like to have a better scheduling system. It would be ideal if shifts/schedules were more consistent. Currently shifts are changed three to four times a year. It would be nice to have a more consistent schedule that did not change as often.						
Recommendations:	Gang awareness, prevention and intervention training should be added to the GS mandatory training.						

INTAKE/ADMISSION							
	YES	NO	N/A	COMMENTS			
Are youth searched during intake?	×			Primary intake is conducted at YSC, not at Camp Kemp, however, youth are searched upon return to Camp (i.e., court, outings, home pass)			
Can youth make phone calls during intake?		$\boxtimes$		Staff call parents at admittance to Camp Kemp.			
Comments:	Youth are searched on intake. Female staff search girls' personal belongings from the YSC facility and pat the girls down If they find contraband they confiscate it and contact the institutional services manager to inform them. The youth will probably go back to Pine 4 and may have to go to court. At the end of the search they are given an opportunity to call their parents, plus staff will call parents to inform them of the transfer.  Parents are not with youth during transfers because they are normally coming from Pine 4.  Staff does not give parents a specific date and time of the transfer because it is a security risk.						
Recommendations:	None						
			ORIEN	TATION OF YOUTH			
	YES	NO	N/A	COMMENTS			
Are all youth orientated?				There is an initial orientation of youth (review of rules, handbook) upon arrival at Camp Kemp. Later there is a formal review w/parents.			
Do youth understand rules and expectations?				Yes - they sit down with parents and probation officers to go over the rules. Youth will print and sign their names.			
Are rules and grievance procedures posted?				Procedures for grievances are posted in dorms, listed on the orientation board and are in the handbook. Grievance forms are checked daily.			
Comments:	Parents are notified of transfers within a week of the transfer depending upon the parents' schedule. Parents are notified fairly quickly. Parents are given an orientation packet/parent youth handbook. It is only available in Spanish and English. There is an interpreter, who will translate it all. Any time a parent needs a translation, it is available 24/7.  The parent youth handbook is updated every year, including this year.  Facility rules state that in the event youth do not follow the rules there are minor and major disciplines.  No Confinement = Alternative Program. Staff are not allowed to keep a youth confined to a room. Staff let them know they have a time out to think about what they did. Staff will pull the youth out of activities and check on them every 15 minutes. Once cooled down, the youth can continue activities. If the youth gets into a fight they will get transferred to YSC. If they are a security and/or safety risk, they will go to YSC and a mental health therapist is contacted. If						

	the situation can be defused at Camp Kemp, the staff will do so. If unsafe behavior occurs after hours, the youth will be assessed at YSC.  Immigration Resources: Staff will contact YSC to let them know they are in need of services and PO and assessment center for support and resources.					
Recommendations:	None					

ACTIVITIES AND PROGRAMS						
	YES	NO	N/A	COMMENTS		
Telephone Access (Ongoing)	×			Residents are allowed to call their parents/guardians four times a week for 10 min/call; youth get two Zoom calls a week in addition to the four phone calls. Calls can be extended, if needed, to 15-20 minutes in length.		
Correspondence	×			Personal correspondence is reviewed prior to being posted. Staff may copy concerning correspondence and file a report with CPS if needed. Correspondence to and from lawyers not reviewed.		
Visiting (2-hr min per week)				Parents, grandparents, legal guardians, siblings (with PO approval) are guaranteed at least two one-hour visits a week, with more time/visits allowed if the child needs it. During COVID restrictions, the facility follows County protocols. As of the time of the inspection, depending on the visit (pre approval on PIMS file), parents go through COVID questionnaire and temperature check. Visits may be more than two hours. If the youth has passed 14 days of quarantine upon arrival they can have two in-person visits and Zoom meetings per week. Home passes start on Fridays and are 24 or 48 hours based on the youth's behavior and no rule infractions.  If low income families want something they can get it from the camp store - soups/chips and Gatorade.  For visits - if parents are not available during the designated time slots, staff will accommodate the parents' schedule. Such visits can be made available whenever there are no programs (i.e., unrestricted time) and as long as the visit does not interfere with program or therapy.		
Recreation (at least 1-hr of unscheduled activities)	×			Yoga or LMA slot every day except Thursday.		
Exercise (at least 1-hr+ of daily LMA)	×			Yes - maintaining social distancing; can't use sport equipment; no major running because must wear a mask; no use of the gym. The girls do a lot of walking and hiking outdoors. Still doing yoga in the common area (provided over Zoom), spaced six feet apart. There has		

			been no LMA on Thursday because of back to back programs but the youth go on walks around the quad.
Regular Programming (please describe)			Most programs have been on Zoom. No in person volunteers. The only in-person programs are the ones run by staff. GEP girls were coming in for school during summer, but now will be all on Zoom to comply with current San Mateo County restrictions.  Rape Trauma Services - each week will cover a different topic to make better choices. Done over Zoom Tuesdays and Thursday.  Reflections group - has not been offered since COVID, but is a group taught by therapists about how to deal with feelings and emotions to help them work through their trauma.  Brighter Day run by Pastor Calvin - job preparation group, how to complete a job application and job interview. Will also help them with job search. Are really connected with Safeway and some girls were given jobs at Safeway. Stopped for a period of time but will be bringing it back next week.  Religious programming - If youth have a specific religion they follow, staff will support their needs. They can read a book, write or do something therapeutic away from the group if not participating in religious services.
Special Programming (please describe)			Home passes (see description in comments below) Art Therapy with Whale Sounds Spanish class
Counseling and Casework	×		Each staff and therapist are assigned certain youth and checks in with them regularly. If they need additional counseling staff will contact BHRS or StarVista to do a Zoom session. Therapists meet with youth two times a week, individual and family. If a youth requests more time they are accommodated.
Family Reunification and Counseling	☒		Multi-family group meets every Saturday. Camp Kemp also hosts family events and family nights. Camp Kemp has not been hosting these since COVID restrictions have been in place. No large groups are allowed. Current residents are away on weekends so there is not a need for it.  Family nights were every other month on a Wednesday - currently not happening because of COVID.

Substance Abuse	×			AOD class offered twice a week; girls are required to attend AA meetings over extended home passes or lose next home pass eligibility.		
Cognitive Behavioral	$\boxtimes$			Cognitive skills group run by staff member (done in person staff lead).		
Victim Awareness/ Restorative Justice	×			Offered by Rape and Trauma Services.		
Vocational Training	×			Brighter Day and Chef Rod's Cooking Class		
Post-Secondary Education	×			Girls may attend College of San Mateo (Project Change) if eligible.		
Work Programs	$\boxtimes$			Brighter Day and Job Train		
Community Services	×			Community services include: meal drop offs to the Samaritan house, making masks for the homeless, donating shoes to homeless, participating in Compassion Project, making survival bags for the homeless, and making masks for Native Indian tribes in South Dakota.		
Parenting Classes	×			Offered by Rape and Trauma Services.		
Sexual Harassment Classes	$\boxtimes$			Offered by Rape and Trauma Services.		
Religious Activities	×			Church offered on Sunday mornings; Bible study offered on Tuesdays. Youth can do other quiet activities if they do not want to attend.		
Education	×			Camp Kemp has a separate school run by the County Office of Education. They have a Girls Empowerment Program for day students. Please see the separate Educational Report.		
Comments:	Home passes are on hold/not allowed since the start of COVID (for about four months to mid-July). Home passes started up again in mid-July. Medical will test them before coming back from passes.  If youth are on social media during their home pass there are consequences such as a loss of a home pass or passes are cut in half. There is a verbal warning and loss of home pass if it continues, or passes are taken away all together and the youth is sent to YSC. Because it's a violation of the home pass rules they will have to go to court and the judge will review their behavior  Follow up questions from 2019 inspection:  What do you do with youth who are not in school? They have the option to go to school or do college bound work. On a staffing level, if there is a youth who is on the unit they have to be out of their room. If a youth is in their room longer than four hours, it needs to be documented. Youth can take online courses at CSM or can work on a project for staff to do something productive.					

Recommendations:	s: None						
			Ţ	USE OF FORCE			
	Force is only used in the event that all other options have failed. Youth will be restrained wi metal cuffs as a last resort. Pregnant youth would be front-cuffed. There have been no incide reports since April 2020.						
Comments:	Follow	v up fro	m 2019	inspection:			
	•	Safety	procedu	ares have not changed since the 2019 inspection			
	•	There is no quiet room yet. If a youth is having an issue they will go to the quad and do some reflection or go for a walk.					
Recommendations:			-	p staff be supported in furnishing and establishing practices for a quiet reat idea for the youth to have a quiet space, if needed.			
			ROO	M CONFINEMENT			
Comments:	danger Youth	ous or s	ignificar	not used. Alternative programming is used or if the youth is exhibiting ntly disruptive behavior, they may be sent to the YSC.  YSC if there is a physical altercation and youth are out of control or if			
				see a log of all the times that Camp Kemp youth are sent to the YSC for			
Recommendations:				may be documented in serious incident reports, but a count or a log derstanding how often this option is used.			
	1 3	от погр		actions and the option to the action			
			]	DUE PROCESS			
REVIEWED	YES	NO	N/A	COMMENTS			
Discipline Guidelines	×			Discipline guidelines are documented in Article 7 1390 on page 285 of the San Mateo County Juvenile Hall Policy Manual.			
Grievance Trends	The most common complaint has been with medical (1x not coming Wed; 1x didn't put in med request). All addressed, no youth appeals.						
	Rules	for Cam	p Kemp	are provided to youth and must be signed by each youth.			
Rules for GEP are provided in the GEP Orientation packet and differ from the facility rules. A							

weekender program.

youth can be dismissed from school or suspended and staff will file an informational report. A

consequences. Two or more incidents in a week may result in being detained at the YSC in the

parent/PO must come to pick up the youth within one hour and there may be additional

Comments:

Recommendations:	Recommend ensuring that Camp Kemp residents and GEP clearly understand the rules and procedure to appeal any disciplinary action, as the guidelines in the Policy Manual state that this must be initiated by the youth in writing within five days. Additionally, the Commission would like to review any Disciplinary Tickets issued to youth to ensure that the appeal process is clear and that any report was provided to the youth.					
MEALS/NUTRITION						
	YES	NO	N/A	COMMENTS		
Is the meal menu posted in the dayroom?	×					
Are meal servings ample, nutritious and appetizing?						
Are staff present and supervising during meals?						
Are meals cafeteria style service or direct serve?	×			Meals are direct served. No longer have a dietary department.  Contracted with the Sheriff's department to provide meals for Camp  Kemp. There is a new fridge and food warmer in the kitchen.		
Are youth allowed to converse during meals?						
What is the length of time allotted to eat?				30 minutes or longer up to 45 minutes		
Comments:	Due to COVID-19 regulations Camp Kemp girls are eating in the dorms in their own section. There is no indoor dining in the kitchen. The only time they use the kitchen is for cooking classes. During cooking class, they wear gloves and face masks and stay 6 feet apart in the kitchen.  Snacks options include: fruit, bars, water, Cheez Its, or canteen option (based on a point system). Every Friday staff hold canteen and youth can buy food depending on how many points they have earned.					
Recommendations:	None					
	_					
TRAUMA INFORMED APPROACHES						
Staff are highly sensitive to the trauma that the girls may have experienced. Staff understraining and observe the girls for signs of stress during potentially triggering activities/c Staff use a genial approach. Rape Trauma Services (RTS) is one resource. Staff are seas and trained on trauma informed approaches and use a nurturing and supportive approach Standard training credential certified for trauma informed approaches is required for state hours for line staff and 40 for management. More sensitive towards transgender youth a youth identity, staff will respect youth's preference.						

Recommendations:	None						
	CUL	ΓURAL	AND L	INGUISTICALLY APPROPRIATE			
Comments:	I			e available. Camp Kemp has four Spanish-speaking staff. Non-parent ermitted to visit, if approved by probation.			
Recommendations:	dations: None						
				LGBTQI			
Comments:	Gender preference is considered and accommodated barring any safety/security issues.  Binders and boxers are provided when requested. Staff are trained on LGBTQI issues. Camp Kemp has had residents who identify as male or non-gender binary. These residents have reported feeling respected and accommodated.						
Recommendations:	None						
			USE	OF TECHNOLOGY			
Comments:	1			hrome books at school. School work is done on Chrome books. If needed tion or homework, youth can access the internet outside of school hours.			
Recommendations:	None						
PHYSICAL INSPECTION							
			AD	OMINISTRATION			
AREA REVIEWED	YES	NO	N/A	COMMENTS			

Dorms were recently painted.

Facility Perimeter

Facility Paint, Gutters, Windows, Roof, Drains

Cleanliness

Comments:

 $\times$ 

 $\times$ 

 $\times$ 

None

Recommendations:	None				
	1				
		EXT	ERIOF	R OF LOCKED FACILITY	
AREA REVIEWED	YES	NO	N/A	COMMENTS	
Grass Areas and Lawns	×				
Concrete/Asphalt Walkways	$\boxtimes$				
Exercise/Recreation Areas	X				
Facility Paint and Windows	$\boxtimes$				
Gutters, Roof, Drains	X				
Security and Lighting					
Parking	X			Still not enough parking.	
Comments:	None				
Recommendations:	Previous inspections have reported insufficient parking at Camp Kemp and have recommended restructuring the current lot (minimum), enlarging it (highly recommended) o arranging to utilize the PG&E lot. The Commission repeats its recommendation here so that there is enough parking for staff, parents/visitors, and probation/clinician/CASA/program provider staff.				
		INT	ERIOR	OF LOCKED FACILITY	
AREA REVIEWED	YES	NO	N/A	COMMENTS	
Living Areas	×				
Cleanliness	×				
Furnishings	×			New furniture (sofas, sectionals, dressers)	
Fixtures	X				

Upkeep	×					
Safe Storage of Chemicals	×					
Sleeping Space	×			There are 30 new dressers		
Beds	×					
Mattresses	X					
Day Rooms	X					
Classrooms	X					
Restrooms	×					
Showers	X			Showers need to be power washed and cleaned more often. There was white residue and pink bacterial residue in some of the showers.  However, after pointing this out to the staff they immediately scheduled for the showers to be cleaned. I received an email a few weeks after the inspection with pictures of the showers cleaned and power washed. I commend the staff for the quick turn around and serious attention to this matter.		
Temperature	$\boxtimes$					
Lighting	X					
Visitation	×					
Holding Areas	×					
Admission/Release	×					
Secure Storage Areas	×					
Comments:	There was new furniture and a new paint job in the dorms.					
Recommendations:	None	None				

PERSONAL HYGIENE/APPEARANCE OF YOUTH							
OBSERVED	YES	NO	N/A	COMMENTS			
Appearance	×			Youth appeared to be well. Given ample clothing and undergarments. Given three masks a week and wash them accordingly.			
Showers	X			Provided once a day and if requested another shower is permitted. If youth is involved in gardening or exercising activities they can take another shower. Sometimes they go running before school and can shower afterwards.			
Clothing	X			Girls are given seven pairs of undergarments/socks and initial them for laundry (washed daily). Bulky items are laundered at YSC (every two days) They get a new set every day. Shoes have to be all black, all white or gray (can be their own but must be approved by a counselor).			
Hair Cuts	×			If youth request a haircut, they need to have a haircut permission slip signed by their parents. Haircut has to be an approved hairstyle.			
Shaving	×			Girls have access to razors at shower time.			
Personal Care Items	×			Feminine hygiene items are available at all times; personal grooming items are issued at intake. The girls have laundry duties and wash clothes daily.			
Comments:	None						
Recommendations:	commendations: None						
Signatures of Commissioner(s) preparing this report							
Rebecca Flores /s/Rebecca Flores Date: 11/19/2020							

Michele Gustafson /s/Michele Gustafson Date: 11/19/2020

#### Appendix A

#### **Program Summary**

Camp Kemp has a 3-phase residential program and a Girls Empowerment Program ("GEP"), both designed to provide trauma-informed services and therapy to youth who are assigned by the court. San Mateo County contracts with Sonoma County to make Camp Kemp's residential program available to Sonoma County youth.

#### **Residential Program**

The Camp Kemp residential program for youth assigned by the Court. Youth assigned to Camp Kemp programs are female, but may identify across the gender spectrum. The full program proceeds in three phases and usually lasts for approximately one-year end through all phases.

- During the first phase, the youth resides at Camp Kemp. This phase is usually approximately six months. As the residential portion progresses, youth have the opportunity for home passes of 24 to 48 hours starting on Fridays. The resident's eligibility is assessed by Camp staff and recommendations made to the Juvenile Court, which determines whether a youth is eligible for home passes (dependent upon positive behavior at Camp and while on the home pass)
- During the second phase, the youth will live at home and will return to Camp Kemp for school and programming (similar to GEP described below)
- During the third phase, the youth returns home and returns to their home district for school. The youth will remain on supervision by Probation staff and will return to Camp Kemp for some programming and mental health services (including therapy).

The residential program was designed to have residents live in a dorm on the Camp Kemp grounds. Since April 2020, however, the residents have been transported to the Juvenile Hall at the Youth Services Center for overnight care. The Camp Kemp youth sleep on the girls' unit in Pine 4 ("bedtime transfer"). Lights out at 11 at YSC.

The bedtime transfers were implemented for budget reasons. Instead of needing to call in staff for overtime coverage at the Kemp facility, staff from Camp Kemp help out at YSC for graveyard shifts - taking the Camp Kemp youth with them to YSC helps with financial savings. Initially the Camp youth were in a separate unit, but since the number of youth decreased, they are now in Pine 4, where they have designated rooms. Staff bring the Camp youth over to YSC no later than 9pm, the Pine 4 girls are already in their room by that time. The Camp residents go back to the Kemp facility at 8am and then go to school. Staff and youth have adjusted to this change and it has now become the norm. There is only one girl now at Camp who will be going to YSC.

#### **GEP**

GEP youth are typically in the program for approximately six months. The goal of the GEP is graduation with educational support.

Youth are picked up every morning by Camp Kemp staff to attend school on-site at the Camp Kemp facility with the Camp residents (when COVID restrictions permit on-site instruction). The Camp Kemp

residents and GEP youth attend school together and the GEP youth remain after school for programming, including all mental health services. After scheduled programming, GEP youth are transported home by Camp Kemp staff.

### **Appendix B: Daily Schedule**

#### WEEKLY SCHEDULE

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
	55/4////	Selian.	School		82 7	Marth Family Group	£ 33 3
9:00 AM- 12:30PM	School	Wildlife (8:30-12) Every other neek	Yoga (11-12)	School	School	(High-12pm) Every other week	Church (9:2)(\text{\$\exititt{\$\text{\$\text{\$\text{\$\text{\$\text{\$\text{\$\text{\$\text{\$\text{\$\text{\$\text{\$\text{\$\text{\$\text{\$\text{\$\text{\$\text{\$\
12:30PM- 1:13PM	Lunck	Ըսուհ	Lunch	Lunch	Lunch	l.unch	Lunch
1:00PM- 2:00PM	School	School			School	Open Rec	Family Visit (12:45 pru – 1:45
	Yoga (2-3 km)	Cog skills (2:15-3:15)	Expressive Act or RTS Groun (Cddpm-2-15pm)	School	Yoga (2:00рга- 2:45рт)	Study Hall (2.3pm)	pm) Study Hall (1-3) Open rec
3: 00PM- 1:15PM	AOD as Reflections	LMA	LMA	AOD or MBS Group	LMA	LMA	Family Visit (3:00pm - 4:00pm) LMA
4:30PM- 5:00PM	Dinner	Dinner	Dinner	Dinner	Dioner	Dinger	Dinne/
6:00PM	Hearing Choices	Bible Study	Family Visits	Art Therapy	Unit eleaning	B 37.1	Book Club
7:00 PM	Brighter Day	NA	(6:00pm 8:00pm)	(6:30-7:30)	AA	Bemity Night	-
8:00 PM	Phone Calls		Soudy Hall	Phone Calls		(6:00-8:00)	Open rec

# San Mateo County Mental Health, Substance Abuse and Transition Programs for Youth

Report by the Juvenile Justice & Delinquency Prevention Commission
November 2020

# Introduction

The goal of the substance abuse, mental health and transition program project in 2020 was to understand what programs and facilities are easily accessible to youth in San Mateo County who have had contact with the juvenile justice system, and to understand what gaps in services and barriers to use exist and where. One of the aspirations of the Juvenile Justice & Delinquency Prevention Commission stated in its 2020 Strategic Plan is that:

Every youth who comes into contact with the San Mateo County juvenile justice system has convenient, affordable access to appropriate transitional, mental health, and substance abuse programs.

The work began by drawing up a list of criteria for evaluating programs and facilities. Then, the committee gathered information about programs and facilities online to evaluate programs according to that criteria. Finally, the committee interviewed select providers, including Acknowledge Alliance, BHRS, Caminar, Edgewood, Fred Finch, Fresh Lifelines for Youth, the Mental Health Commission, and Probation. The work was conducted from approximately June to October of 2020.

# Summary

The committee identified and reviewed 80 programs and facilities in San Mateo County, many of which have at least some substance abuse, mental health and transition services available for youth. Details on those 80 programs are included in this report. A great deal of information about those programs and facilities is available online, and resource guides available to the public from San Mateo County Behavioral Health and Recovery Services (BHRS) contain a good deal of information about the programs and facilities.

The feedback in select interviews with providers, corroborated by our survey of programs and facilities, is that because of falling numbers of youth who enter the juvenile justice system, and because of good coverage of County services provided

largely by BHRS, mental health services, and to a lesser degree substance abuse services, are made available to virtually all youth who come into contact with the juvenile justice system. However, outside of juvenile hall, those services are almost entirely optional outpatient services, which are constrained in being able to attract and retain youth.

As a result, especially for boys transitioning from juvenile hall back to the community, there is a significant gap in providing the mental health and substance abuse treatment they need, as well as in providing them support transitioning back to school. Once they clear their probation requirements, which are primarily focused on prevention from reoffending, as opposed to rehabilitation through mental health and substance abuse treatment, youth are susceptible to succumbing again to the same pressures from their community they faced before their stay at juvenile hall.

Many of the providers we interviewed believe that longer-term residential programs in a non-jail setting, especially for treating substance abuse, are needed, and pointed to Camp Kemp for girls as a model. Very few girls enter the system and Camp Kemp takes on a high percentage of them, providing them the support they need in a more therapeutic environment than juvenile hall, and not just while incarcerated but also when transitioning back to their community.

The committee's work in 2020 was predominantly focused on discovery, i.e. the investigation of the current state and current coverage of programs and facilities. While more collection of information is always helpful, the committee proposes that in 2021 the Commission focus mainly on potential solutions and work more closely with partners like the Mental Health Commission, BHRS and community based organizations. Further collection of data should be guided by hypotheses for what new solutions might be more effective, especially for boys, than the current practice of incarceration and/or probation in conjunction with optional outpatient treatment. Is a residential program in a 'camp' setting, like a Camp Kemp for boys, a better alternative? Or is a more intensive in-community solution, perhaps making greater use of community based organizations, the way to go? These are some of the questions the committee recommends the JJDPC propose to answer during its 2021 strategic planning.

# Survey of Programs and Facilities

The substance abuse, mental health and transition program project committee reviewed 80 programs and facilities in San Mateo County. The committee identified and cataloged programs and facilities that are currently in place for youth who are incarcerated, on

probation, or on diversion programs. Although this may not be a complete list of all services available, it likely covers a high percentage. Most of the programs reviewed are not specifically focused on our target audience. Many of the resources are geared towards adults 18 years or older or families. Most of the services are available on a sliding scale, free or are covered by Medicare and Medi-Cal. The resources have been broken down into the following categories:

- Core Services Agencies
- Mental Health Services
- Substance Abuse Services
- Dual Services: Mental Health & Substance Abuse
- Transition Programs

# **Core Service Agencies**

San Mateo County has eight core service agencies that work with its Human Services Agency to provide residents with basic emergency and support services to stabilize their living situations. Core service agencies provide residents with crisis intervention and referrals based on evaluation of their needs and qualifications for assistance. Safety net services include food, emergency housing assistance, emergency utility assistance, and other basic needs.

**Coastside Hope** is the primary core service agency for the mid-coast, serving Half Moon Bay, Montara, Moss Beach and El Granada. They provide basic necessities such as: food, clothing, housing assistance, free citizenship classes, and tax preparation to mid-coast residents.

**Daly City Community Services Center** provides crisis intervention services, either directly or by referral to the appropriate provider for residents in Daly City, Colma and Broadmoor. Clients' immediate needs are addressed and a long-term service plan is developed to empower residents towards self-sufficiency.

**Fair Oaks Community Center** serves residents in Redwood City, North Fair Oaks, Portola Valley, Woodside and Atherton. They provide residents food, housing, other emergency assistance, childcare, immigration and citizenship classes, ESL classes, legal services, crisis intervention, and information and referrals. They partner with Peninsula Family Services for services for older adults.

**Pacifica Resource Center** provides Pacifica residents a safety net of food, housing assistance, school supplies, coaching, advocacy, referrals to partners and information, and transportation service.

**Puente de la Costa Sur** serves residents in Pescadero, La Honda, Loma Mar, and San Gregorio. They provide residents health and wellness classes, economic support services (clothing, food, rent), academic support, job/life readiness sessions, education services, and free counseling services for children/adults/families/couples.

Samaritan House of San Mateo and Samaritan House South in Redwood City provide San Mateo County residents food services, food to after school programs, free clothing, financial empowerment, school supplies, books, a day laborer's program, a safe space from which workers can seek work, volunteering opportunities for youth, access to healthcare, and referrals.

**San Mateo County Pride Center** provides mental health and recovery services including therapy, case management, assistance with finding housing and employment, connections to resources and other service providers, peer-led social and support groups, education and training, and social and cultural events for the LGBT community in San Mateo County.

YMCA Community Resource Center serves residents in South San Francisco, Brisbane, and San Bruno. This center, more than the other seven core service agencies, works heavily with justice-involved or at-risk youth. They provide help with rent, utilities, emergency needs like food, shelter placements, enrollment in health care plans, and legal assistance. The program also provides referrals for mental health services for low- and moderate-income families at the Youth Service Bureau (YSB) and at schools via individual and family counseling, case management, and linkage to services.

# Mental Health Services

The committee reviewed 34 mental health programs and facilities in San Mateo County. Of those, only two, Canyon Oaks Youth Center and StarVista's Your House South, provide inpatient mental health services for youth in San Mateo County. (There are other providers that offer inpatient substance abuse or dual mental health/substance abuse services; they will be covered later in this report.) We also identified three San Mateo County providers that have inpatient services available for youth in neighboring

counties and will accept San Mateo County youth. Eighty-four percent of the 31 outpatient mental health programs reviewed in San Mateo County serve youth under the age of 18.

#### Inpatient Services for Youth in San Mateo County

**Canyon Oaks Youth Center** Residential Treatment Facility is a 12 bed co-ed Short Term Residential Therapeutic Program (STRTP) in Redwood City offering comprehensive services to San Mateo County youth ages 13 to 19 with serious emotional and behavioral challenges.

Placements at an STRTP are limited to six months unless an extension is granted by Child Welfare or Probation. Youth who are wards of the court and their parents are not financially responsible for STRTP placement related costs pursuant to California Senate Bill-190.

Your House South is a six bed respite/therapeutic program in Redwood City that provides extended emergency housing for up to 21 days and counseling services to San Mateo County youth, ages 10 to 17, who are having family problems or who run away from home, and offers a neutral place for families and youth to solve conflict. Your House South is funded by StarVista and there is no fee for a youth's stay.

### **Inpatient Services for Youth Outside San Mateo County**

Catholic Charities Boys' & Girls' Homes has two gender-designated residential STRTP homes in San Francisco that provide residential treatment, mental health, and community and school-based services to Bay Area adjudicated youth ages 12 to 18, most of whom are transitioning from a juvenile hall setting or an out-of-state placement. Catholic Charities also runs St. Vincent's School for Boys, an STRTP in Marin County that serves up to 60 boys ages 7 to 18, who are referred from in-patient psychiatric facilities and county agencies throughout Northern California. Most Catholic Charities services are provided at little or no cost and are based on the ability to pay.

**Edgewood** provides behavioral stabilization and permanency services to Bay Area youth ages 6 to 17 through its STRTP in San Francisco. The focus of treatment is to help youth and families build skills to manage challenging behaviors, restore permanent family connections and strengthen community ties. There are no costs for youth who stay at Edgewood's STRTP.

**Fred Finch** provides short-term inpatient residential treatment programs in Oakland serving Alameda County and Contra Costa County youth. Avalon is a short stay residential therapeutic program and non-public school for youth ages 12 to 18 with a dual diagnosis of serious emotional disturbance and developmental disability. The average stay is one to two years. New Yosemite is a crisis stabilization and assessment program for youth ages 8 to 18 with developmental disabilities and/or autism. The short-term program provides residential, 24-hour support for up to 90 days. Costs may vary and Fred Finch accepts Medi-Cal.

### **Outpatient Services for Youth in San Mateo County**

- 1. Acknowledge Alliance
- 2. American Indian Child Resource Center
- Anger Management and Domestic Abuse Therapy Center
- 4. BHRS Central County Youth Mental Health Center
- BHRS East Palo Alto Community Counseling Center
- 6. BHRS North County Mental Health Services
- 7. BHRS South County Mental Health Services
- 8. California Coalition for Youth
- 9. Children's Health Council
- Community Overcoming Relationship Abuse (CORA)
- 11. Edgewood
- 12. Family and Children's Services (a division of Caminar)
- 13. Family Assertive Support Team (FAST) San Mateo County Health
- Family Resource Centers San Mateo County Human Services
- 15. Fred Finch

- 16. Friends for Youth
- 17. Heart and Soul
- Jewish Family and Children's Services - Parents Place
- 19. KARA
- 20. Mental Health Association of San Mateo County
- 21. Morrissey Compton Educational Center
- 22. National Alliance on Mental Illness (NAMI)
- 23. New Perspectives Center for Counseling
- 24. One Life Counseling Center
- 25. Ravenswood Family Health Center
- 26. (Re)Mind, Felton Beam
- 27. San Mateo Health Center
- 28. StarVista-On Your Mind
- 29. YMCA Youth Services Bureau (YSB) of Pacifica
- 30. YMCA Youth Services Bureau (YSB) of San Mateo
- 31. YMCA Youth Services Bureau (YSB) of South San Francisco

### **Substance Abuse Services**

The committee reviewed 13 outpatient or inpatient substance abuse programs and facilities in San Mateo County. We did not identify any inpatient substance abuse programs for youth under the age of 18 and only one available for those who are over 18. (There are other providers that offer inpatient dual mental health/substance abuse services, which will be covered later in this report.) Over 60% of the programs reviewed only serve residents over 18 or do not have an age requirement, but mostly served adults.

### **Inpatient Services in San Mateo County**

**HealthRIGHT 360 - Serenity House** is a 10-bed short-term residential treatment facility for San Mateo County residents over 18 years old, who are experiencing a mental health crisis. Clients are expected to stay at the center for an average of 10 days. Located on the San Mateo Medical Center campus and in partnership with San Mateo County Behavioural Health, Serenity House provides a safe place to stay and support individuals in their recovery.

#### **Outpatient Services in San Mateo County for Youth**

- 1. Alcoholics Anonymous
- Bay Area Addiction Research & Treatment (BAART)
- 3. El Centro de Libertad
- 4. Latino Commission on Alcohol and Drug Abuse Services
- Peninsula Area Narcotics Anonymous
- 6. StarVista-Children's Place
- 7. StarVista-Insights

# **Dual Mental Health & Substance Abuse Services**

The committee reviewed 13 dual mental health and substance abuse programs and facilities in San Mateo County. We identified two inpatient mental health and substance abuse programs that also have outpatient services for youth in San Mateo County. We also reviewed two inpatient programs that serve residents over 18 years old. We identified nine outpatient mental health and substance abuse programs.

# **Inpatient Services for Youth in San Mateo County**

Caminar - Young Adult Independent Living (YAIL) program helps young adults ages 18 to 25 in San Mateo County as they transition into adulthood and seek recovery from mental health and/or substance use issues. It offers community-based and on-site programs. All participants have a case manager, create individual goals and action plans, and may access group sessions, social activities, and support to build independent living skills. The YAIL campus in Redwood City provides housing for six program participants in two-bedroom apartments. Residents may stay up to two years, or until their independent living skills are developed to the point that they can move on to appropriate living arrangements in the community.

Mills-Peninsula Behavioral Health Services offers inpatient and outpatient rehabilitation services and treatment programs for San Mateo County residents over the age of 13 at their San Mateo and Burlingame facilities that guide recovery from substance abuse, mental health problems or a psychiatric emergency. Mental health services include specialized services for children and adolescents, outpatient services including partial hospitalization and intensive outpatient care, inpatient psychiatric services, and electroconvulsive therapy (ECT). Substance abuse services include a full range of inpatient and outpatient programs to treat addiction, including inpatient detoxification, community meetings for addiction recovery, and dual diagnosis treatment. The adult inpatient program in Burlingame is in a 26-bed, secured hospital wing. Fees vary by service and health insurance is accepted, including Medi-Cal.

**Our Common Ground** in Redwood City provides a 32-bed residential and outpatient treatment program for residents over 18 with substance abuse and mental health problems. They offer psychological, vocational, individual, and group counseling and other recreational activities. Their short term residential program runs from 30 to 120 days. Our Common Ground serves the Bay Area in four facilities in San Mateo County, including two in Redwood City, one in Belmont and one in East Palo Alto. Fees vary by service and income. Health insurance is accepted, including Medicare.

Horizon Services - Palm Avenue Detox is a 15 bed facility in San Mateo serving men and women over 18 in San Mateo County who have co-occurring substance use and mental health disorders. Clients who wish only to detox and not be referred into a treatment program are accepted, as well as clients who wish to move on in the continuum of recovery services available within the community. The average stay is three to five days. They charge a \$30 admission fee, based on ability to pay and accept Medi-Cal.

**Outpatient Services for Youth in San Mateo County** 

- 1. Adolescent Counseling Services
- 2. Behavioral Health and Recovery Services (BHRS)
- 3. Christian Counseling Centers
- 4. Community Health Awareness Council (CHAC)
- 5. Daly City Youth Health Center

- 6. HealthRIGHT 360 Engaging Positive Actions (EPA)
- 7. HealthRIGHT 360 Pioneer Court Outpatient Program
- 8. StarVista
- 9. One East Palo Alto (OEPA)

# **Transition Services**

The committee reviewed 10 transition programs including six focused on youth and four that only serve adults. Of the youth programs, only Fresh Lifelines for Youth provides a comprehensive transition program for youth reentering society after leaving the YSC or Camp Kemp. The other youth focused programs we reviewed provide services in one area of transition, such as job search or educational assistance.

**CASA of San Mateo** pairs children over the age of 11 in the San Mateo County juvenile justice system with community volunteers who provide one-on-one support, mentoring and advocacy in the courtroom and beyond. Trained CASA volunteers help children heal from trauma and access the services they need to thrive. CASA is a volunteer operation and does not charge clients for services.

Fresh Lifelines for Youth (FLY) offers a Reentry Program to youth ages 11 to 24 facing longer term incarceration or probation in San Mateo County. The program provides 12 weeks of law classes taught by FLY staff while the youth are in custody. After youth are released, they receive intensive one-on-one support from a FLY case manager for nine months to help with their transition back into the community. FLY does not charge clients for services.

**Jobs for Youth** helps San Mateo County youth ages 14 to 21 find employment services regardless of socioeconomic status or risk-level. The program provides job seeking skills, interviewing skills, and youth receive support with writing resumes, cover letters, and thank you letters/emails. There are no charges for their services.

**JobTrain** provides job training to unemployed and economically disadvantaged youths ages 17 to 24 and adults over 18 in Silicon Valley. They offer training in clerical skills, electronics, trades, culinary skills, medical skills, resume development, interviewing

skills, etc., and educational support in basic subjects like math, science, and English. They also provide access to legal advice. They have job centers in East Palo Alto, Menlo Park and San Jose. There are no fees for their services.

**Project Change** is the first community college supported program in California to provide wrap-around student support services, direct access to postsecondary education for incarcerated youth, and in-person college instruction inside juvenile youth facilities. The project connects San Mateo County high school juniors and seniors and first year college students to resources and programs at College of San Mateo, such as a college readiness summer bridge program, and social and academic support services. These services are free.

**Success Centers** based in San Francisco provides services to youth and marginalized community members in San Francisco, San Mateo, Alameda, and Sonoma counties. Services include an education program that helps youth ages 16 to 24 attain their GED, enroll in college, and transition to the community. The youth employment program helps with job training and placement. There are no costs for these services.

Organization Type	Organization Name	Description	Address	Website
Core Service Agency	Coastside Hope	Thecessities such as 1000 clothing holising assistance tree citizenship classes, and tax preparation to mig-	99 Ave. Alnambra, El	https://coastsidehope.org/ programs/
	Center	Provides quality crisis intervention services, either directly or by referral to the appropriate provider, thus empowering individuals/families towards self-sufficiency. Immediate needs are addressed and a long-term service plan is developed.		http://www.dalycity.org/Residents/CommunityServiceCenter.htm
Core Service Agency	Fair Oaks Community Center		2600 Middlefield Rd, Redwood City	https://www.redwoodcity.o rg/departments/parks- recreation-and-community- services/do-you-need-help
Core Service Agency	Pacifica Resource Center	Provides a safety net of food, housing assistance, school supplies, coaching, advocacy, referrals to partners and information, and transportation service.	1809 Palmetto Avenue, Pacifica	https://www.pacresourcec enter.org/services/
Core Service Agency	Puente de la Costa Sur	This program serves the south coast of San Mateo county and provides a number of services including health and wellness classes, economic support services (clothing, food, rent), academic support, job/life readiness	620 North St, Pescadero	www.mypuente.org
	Samaritan House of San Mateo Samaritan House South	books, day laborer's program, a safe space from where workers can seek work, volunteering opportunities for youth, access to healthcare, and referrals. There are medical clinics for age 18+ for people with no medical	4031 Pacific Blvd, San Mateo 1852 Bay Road, East Palo Alto	https://samaritanhousesan mateo.org/service/case- management/
Core Service Agency	San Mateo County Pride Center	Provides mental health and recovery services including: therapy; case management; assistance with finding housing and employment; connections to resources and other service providers; peer-led social and support groups; education and training; as well as social and cultural events for the LGBT community.	1021 S El Camino Real, San Mateo	sanmateopride.org/
	YMCA Community Resource Center	TIDADI DEGISTANCA I NA NYANTAM DIEN NYANTAE PATAFFDIE INF MANTOL NADITH CANVICAE INF INW. DNA MANAFDIA-INCAMA	South San Francisco	https://www.ymcasf.org/co mmunity-resource-center- ymca
Mental Health	(Re)Mind, Felton Beam	Onset of Schizophrenia Spectrum Disorders and Affective Psychosis in the past two years; Bipolar with no more than 2 episodes of Mania; Individuals who experience risk states for these disorders (Bipolar II, subthreshold/prodromal psychosis).	1108 S. El Camino Real San Mateo	http://feltonearlypsychosis. org/
Mental Health	Acknowledge Alliance		483 Old Middlefield Way, Suite 201, Mountain View	-

Organization Type	Organization Name	Description	Address	Website
I IIVIANTAI HAAITN	American Indian Child Resource Center	AICRC is a state-licensed foster family agency. They provide afterschool activities & programs (Alameda County only), basic needs (food, clothing, shelter, transportation), family counseling, mental health counseling for youth & TAY, tutoring & mentoring (Alameda County only)	522 Grand Ave, Oakland	www.aicrc.org
	Anger Management & Domestic Abuse Therapy Center	Counseling programs including domestic violence counseling, anger management, and parenting and child abuse education in English and Spanish.	430 Peninsula Ave, #7, San Mateo	www.angercure.org
l liviental Health	BHRS - Central County Youth Mental Health Center	Provides a broad spectrum of services for children, youth, families, adults and older adults for the prevention, early intervention and treatment of mental illness and/or substance use conditions.	1950 Alameda de las Pulgas, San Mateo	nttps://www.smc- connect.org/locations/san- mateo-county-health-
I IIVIANTAI HAAITN	BHRS - East Palo Alto Community Counseling Center	Monto Park	2415 University Avenue, Suite 301 East Palo Alto	system/hehavioral-health- nttps://www.smc- connect.org/locations/san- mateo-county-health- system/hehavioral-health-
	BHRS - North County Mental Health Services	ladolescents linder 1x presenting with selvere emotional and/or penavioral issues and with multiple risk tactors	375 – 89th Street Daly City	https://www.smc- connect.org/locations/san- mateo-county-health- system/hehavioral-health-
	BHRS - South County Mental Health Services	Serves a population of 5-18 year olds with moderate to significant mental health needs. Serves youth and families from Redwood City, Fair Oaks, Portola Valley, and Menlo Park.	727 Shasta St. Redwood City	https://www.smc- connect.org/locations/san- mateo-county-health- system/hehavioral-health-
Mental Health	California Coalition for Youth	Provides strong statewide policy leadership around issues concerning disconnected runaway and homeless youth and provides direct support to youth and families through our program, the California Youth Crisis Line. The California Youth Crisis Line (CYCL) operates 24 hours a day, seven days a week as the statewide emergency response system for youth (ages 12-24) and families in crisis. Professionally trained staff and volunteer counselors respond to 20,000 calls annually with crisis intervention counseling and resource referrals to service providers in the caller's local community. We have access to more than 5,500 free or low-cost resources for youth and families across California.	PO Box 161448 Sacramento, CA 95816	https://calyouth.org/
Mental Health	Canyon Oaks Youth Center		400 Edmonds Road Redwood City	
Mental Health	Catholic Charities	out-of state placement.  The girls residential treatment program is a long-term program that specializes in the rehabilitation of sexually and	36-27th Ave, San Mateo (San Mateo office is for immigration services only)	https://www.catholicchariti essf.org/
Mental Health	Children's Health Council	Provides individual, family, and group therapy for teens, as well as parent support and coaching to address the unique needs of their children.	1848 Bay Road, East Palo Alto	www.chconline.org
	Community Overcoming Relationship Abuse (CORA)		2211 Palm Avenue, San Mateo	www.corasupport.org

Organization Type	Organization Name	Description	Address	Website
Mental Health	Edgewood	and residential care. Programs range from prevention and early intervention to community-based day and	1510 Fashion Island	www.edgewood.org
	(a division of Caminar)		375 Cambridge Ave, Palo Alto	www.rcservices.org
		FAST is an in-home outreach service that offers assessment, consultation, and support services to adults and their close family members experiencing a severe mental health problem.		al-information/family- assertive-support-team-
	Family Resource Centers - San Mateo County Human Services	Provides parent support and education groups, crisis intervention, mental health counseling for children and their families, and provide referrals to food, medical, housing, and cash-aid services. Services available at the following schools: Bayshore Elementary School District, John F. Kennedy Elementary, Woodrow Wilson Elementary, Belle Haven School, Brentwood Elementary, La Honda Elementary, Sunset Ridge Elementary, Pescadero Elementary, Pescadero Middle/High School, Fair Oaks Elementary, Hoover Community School, Kennedy Middle School, Sequoia High School, Taft Community School, Lead Elementary		https://hsa.smcgov.org/fa mily-resource-centers
Mental Health	Fred Finch	The Therapeutic Behavioral Services (TBS) model is an individual behavioral intervention adjunct to mental health services. TBS helps children, youth, care-givers, and other members of a young person's circle of support to eliminate, reduce, and manage challenging behaviors and increase behaviors that will help them to succeed.		https://www.fredfinch.org/
Mental Health	Heart and Soul			https://www.heartandsoulinc.org/
Mental Health	•		2001 Winward Way, Suite 200, San Mateo	https://ccy.jfcs.org/
Mental Health	KARA	Iconing with a terminal liness. Services include neer counseling and support groups, driet-related therapy	457 Kingsley Ave, Palo Alto	http://www.kara-grief.org/
Mental Health	Mental Research Institute (MRI)	lendowment because the organization has a new mission; to support advancing approaches to numan problems	555 Middlefield Rd, Palo Alto	www.mri.org
IIVIANTAI HAAITN	Nental Health Association of	IVALITA IDAVIDA TACTOR CATO AR TAO ILIVIANIO ILICTICO EVICTOM IL NOVI ATTOR INTONCIVO CACO MANAGOMENT ANA CLINNAIT	TYPER SULING ST BEGINGOOD I	http://www.mhasmc.org/
	Educational Center		595 Price Ave, Redwood City	http://www.morrissey- compton.org/
IIVIAntal Health	Mational Alliance on Mental	Affiliated with NAMI California and NAMI National. NAMI San Mateo offers a Peer PALS program that matches individuals with mental illness who are in recovery with a trained Peer PAL who has had success or is recovering from mental illness. NAMI San Mateo also offers support groups for parents of youth and young adults aged 6-26.	1650 Borel PI, #130, San Mateo	www.namisanmateo.org
TIVIANTAL HAAITN	•		5026 Geary Blvd., San Francisco	http://www.sfnewperspectives.org/

Organization Type	Organization Name	Description	Address	Website
Mental Health	One Life Counseling Center	Provides individual, group and family counseling that is affordable and accessible for everyone. They offer individuals with financial education, life skills, assets, art therapy, and mindfulness resources in the school classroom. They also provide parent education via seminars about parenting in the digital age, surviving the teenage years, etc., as well as referrals to legal support, food, and clothing.	1350 Walnut Street, San Carlos	www.onelifecounselingcen ter.com
liviental Health	Ravenswood Family Health Center	ιροινίρος τι ποιν αίρο οποι τοτοιταίε το οποι ερινίρος	John & Susan Sobrato Campus, 1885 Bay Rd, East Palo Alto	http://www.ravenswoodfhc .org/
Mental Health	San Mateo Health Center	IProvidae mantal naaith earvicae to taane with and without haaith incliranca	200 James Avenue, Redwood City	http://www.smchealth.org/ smmc
Mental Health	StarVista-Your House South	do assessments over the phone.	Confidential, Redwood City	http://www.star- vista.org/programs/your- house-south
Mental Health	StarVista-On Your Mind	HNTANJANTIAN ANA SHICIAA PRAVANTIAN L'ANTAR SATA ANA ANANYMAHE CHAT CANVICA TA TAIK TINA CHINNAIT ANA IAATA	610 Elm Street, Suite 212, San Carlos	http://www.onyourmind.net
Mental Health	YMCA - Youth Services Bureau (YSB) of Pacifica		435 Edgemar Ave, Pacifica, CA	ations/urban-services- ymca/affiliate-
Mental Health	YMCA - Youth Services Bureau (YSB) of San Mateo	Provides mental health counseling to youth, adults, couples, and families. Other programs also include diversion program counseling, drug/alcohol groups, group counseling, and case management. YSB runs school-based programs such as on-campus counseling in San Mateo Union High School and school districts.	1650 S Amphlett Blvd, Suite 113, San Mateo	http://www.ymcasf.org/pro grams/urban-services- youth-service-bureaus-and- mental-health#field- collection-548
Mental Health	YMCA - Youth Services Bureau (YSB) of South San Francisco	Offers individual and family counseling to divert juveniles from criminal activity. Offers short term school-based counseling (fewer than 10 sessions) and counseling to first-time offenders referred by law enforcement agencies.	1426 Fillmore St, Suite 204, San Francisco	http://www.ymcasf.org/pro grams/urban-services- youth-service-bureaus-and- mental-health#field-
Mental Health	Friends for Youth	Mentoring program that also has a "Whole Health for Youth" initiative that offers prevention programs, mental health training and early intervention services to young people (ages 11-24), parents, schools, mentors and program staff. The Whole Health for Youth Initiative is a coalition of community organizations (Friends for Youth, StarVista, Redwood City PAL, Peninsula Conflict Resolution Center, Siena Youth Center). Friends for Youth manages the coalition's joint efforts and offers mentoring services to families from each organization.	1741 Broadway, Redwood City	https://www.friendsforyout h.org/whole-health-for- youth-initiative
	Adolescent Counseling		643 Bair Island Rd, Ste 301, Redwood City	acs-teens.org
	Behavioral Health and Recovery Services (BHRS)		262 Harbor Blvd, Building A, Belmont	www.smchealth.org/bhrs

Organization Type	Organization Name	Description	Address	Website
Mental Health / Substance Abuse	Caminar	, , , , , , , , , , , , , , , , , , , ,	2600 S El Camino Real, San Mateo	www.caminar.org
Mental Health / Substance Abuse	Christian Counseling Centers	Christian Counseling Centers was established in 1983 as a non-denominational, non-profit community mental health agency. It is the largest provider of Christian counseling and psychotherapy services in Northern California. Offers individual, couple, group, and family counseling for children, adolescents, and adults. They also provide treatment for substance use issues.	1510 Fashion Island Blvd, #110, San Mateo	www.christiancounseling.n et
	Community Health Awareness Council (CHAC)	ISHINSTANCE USE DIEVENTION AND INTERVENTION. DAIENTING CIASSES WITH CHIRCAIE DIOVIDED, AND MINGTHINESS-DASED	590 W El Camino Real, Mountain View	www.chacmv.org
Mental Health / Substance Abuse	Daly City Youth Health Center	Provides health services, vocational internships, comprehensive sexual health education, and individual, family, couple and group therapy at the Youth Health Center and Jefferson Union High School District schools. Counseling topics also include drug and alcohol use.	350 90th St, Daly City	www.dalycityyouth.org
	HealthRIGHT 360 - Engaging Positive Actions (EPA)	East Palo Alto outpatient program provides underserved youth and transitional age youth with substance use disorder treatment and mental health support.	2396 University Ave, East Palo Alto	https://www.healthright360 .org/program/engaging- positive-actions
	HealthRIGHT 360 - Pioneer Court Outpatient Program	Provides youth and adults with mental health and substance use disorder services in the form of individual and psycho educational group therapy.	2015 Pioneer Ct, San Mateo	https://www.healthright360 .org/program/pioneer-court- outpatient-program
	Mills-Peninsula Behavioral Health Services	Mills-Peninsula's rehabilitation services and treatment programs can help guide your recovery from substance abuse, mental health problems or a psychiatric emergency. Mental health services include: specialized services for children and adolescent behavioral health, partial hospitalization and intensive outpatient care, behavioral health outpatient services, inpatient psychiatric services and ECT. Substance abuse services include a full range of inpatient and outpatient programs to treat addiction, including: Inpatient Detoxification, Community Meetings for Addiction Recovery, Dual Diagnosis Treatment at Mills-Peninsula, Inpatient Stabilization and Intensive Outpatient. All treatment is provided under the supervision of a multidisciplinary team that includes physicians who specialize in addiction medicine, family and chemical dependency therapists, specially trained nurses and occupational and recreation therapists.	100 S San Mateo Dr, San Mateo	http://www.sutterhealth.org /mills/services/behavioral- health
Mental Health / Substance Abuse	Our Common Ground	Provides a residential and outpatient treatment program for individuals and their family members with substance abuse and mental health problems. They offer psychological, vocational, individual, and group counseling and other recreational activities.	2560 Pulgas Avenue, East Palo Alto	http://www.ocgworks.org/

Organization Type	Organization Name	Description	Address	Website
Mental Health / Substance Abuse	StarVista	Children's Place Program: Provides alcohol / drug prevention education and therapeutic support services for children age 5-13. Crisis Intervention and Suicide Prevention Center: Provides crisis counseling, outreach and community education. Insights Mental Health/Substance Use Program: Offers a structured 22-week drug and alcohol recovery program for youth. Your House South Homeless Youth Prevention Program: Counseling for youth age 10-17 experiencing family problems or who have run away from home. Offers emergency and temporary housing. Onyourmind.net: Teens can obtain support and talk live to trained peer mentors. Other youth programs include: Child and Family Resource Centers (CFRC), Child and Parent Services, Counseling Center, Daybreak Transitional Housing Program, Foster Youth Education Enrichment Services, GIRLS/Institutions Programming, Health Ambassador Program for Youth (HAP-Y), The Mindfulness Project, San Mateo County Pride Center (also listed seperately), School-based Services Program, Strengthen Our Youth, Transitional Youth Services (THP-Plus), Youth Development Initiative	610 Elm St, #212, San Carlos	www.star-vista.org
Mental Health / Substance Abuse	One East Palo Alto (OEPA)	Provides youth-focused services including substance use prevention in youth, trauma-specific interventions, crime prevention, community outreach and engagement services, mental health services for youth and parents, summer employment (SEP) opportunities with mentoring and community connectedness opportunities, behavioral health for youth and their parents, and weekly food distributions at mental health services site every Thursday.	1195 Hamilton Court, Menlo Park	www.1epa.org
Mental Health / Substance Abuse	Horizon Services - Palm Avenue Detox	, , , , , , , , , , , , , , , , , , , ,	2251 Palm Ave, San Mateo	https://www.horizonservice s.org/palm-avenue
Substance Abuse	Alcoholics Anonymous	legilication regulirements. Membership is open to anyone who wants to go something about his or her grinking	2215 S El Camino Real, San Mateo	www.aa-san-mateo.org
Substance Abuse	Bay Area Addiction Research &	and counseling. Opioid addiction includes dependence on prescription painkillers or non-medical opioids such as heroin.	795 Willow Rd, Bldg 332, Menlo Park	www.baartprograms.com
Substance Abuse		ISLID Recovery Residence, strictilied polising and tood for men who are criticatily entolled and actively	720 S B St, San Mateo, CA 94401	https://www.caminar.org/p 90
Substance Abuse	I E I CANTRO DA LINARIAD	Provides one-on-one counseling as well as group counseling in outpatient substance use treatment services. In addition, they offer school-based prevention education, anger management, parenting education, and community	500 Allerton St, Redwood City Shoreline Station, Suite 114-B, Half Moon Bay	www.elcentrodelibertad.or
Substance Abuse	Free at Last	Provides prevention and intervention services for substance use issues, structured treatment, transitional housing, women's and men's residential substance abuse treatment program, and provides referrals for mental health counseling as well as basic needs (food, clothing, shelter, transportation) and emergency assistance.	1796 Bay Rd, East Palo Alto	www.freeatlast.org

Organization Type	Organization Name	Description	Address	Website
ISTINGTANCE ANTIGE	•	Offers short-term residential services for adults in a mental health crisis. We provide a safe place to stay and support individuals in their recovery.	San Mateo	https://www.healthright360 .org/program/san-mateo- serenitv-house
Substance Abuse		This program provides services to help with substance use problems and offers residential treatment to youth and adult men and women.		www.thelatinocommission.
ISubstance Abuse	Peninsula Area Narcotics Anonymous	consists of much more than simply attending NA meetings. People have all sorts of reasons for attending NA meetings, but the purpose of each meeting is to give NA members a place to share recovery with other addicts.	P.O. Box 5333 San Mateo	www.peninsulana.org
Substance Abuse	Sitike Counseling Center	and their families in a three- or four-hour program to promote an understanding of the continuum of drug and alcohol use, impulse management, acquisition of refusal skills as well as a balanced and informed decisionmaking process.	306 Spruce Ave, South San Francisco	www.sitike.org
Substance Abuse	IStary/ista-Archway/		609 Price Avenue, Suite 101, Redwood City	http://www.star- vista.org/programs/archwa y/?highlight=archway
Substance Abuse	ISTANNETA-L MINION & PIACA	' ''	610 Elm Street, Suite 212, San Carlos	https://star-vista.org/wp- content/uploads/2019/02/T he-Childrens-Place-Flyer-
Substance Abuse	StarVista-Insights	change for themselves and their families. Through case management and individual, group, and family counseling, participants learn about anger management, relationships, mental health, communicating with parents, and more.	609 Price Avenue, Suite 101, Redwood City 333 Gellert Blvd., Suite 206, Daly City	https://star-vista.org/wp- content/uploads/2019/02/I nsights-2.pdf
Substance Abuse	Voices of Recovery	The corporation also encourages and supports personal, family and community recovery by offering non-clinical, peer-driven assistance to foster resilience, prevent relapse and promote effective public policy. They utilize	310 Harbor Blvd, Belmont 1842 Bay Rd, East Palo Alto	www.vorsmc.org
Transition Services	Fresh Lifelines for Youth (FLY)	intensive one-on-one support from a FLY case manager to help with their transition back into the community	330 Twin Dolphin Drive, Ste 109 Redwood City	www.flyprogram.org
Transition Services	Jobs for Youth		455 County Center, 5th FI, Redwood City	www.jobsforyouth.org
Transition Services	JobTrain	JobTrain provides job training to unemployed and economically disadvantaged youths and adults. They offer training in clerical skills, electronics, trades, culinary skills, medical skills, resume development, interviewing skills, etc., and educational support in basic subjects like math, science, and English. They also provide access to legal advice.	1200 O'Brien Dr, Menlo Park	www.jobtrainworks.org

Organization Type	Organization Name	Description	Address	Website
Transition Services	Project Change	instruction inside juvenile youth facilities. The project connects students to resources and programs at CSM, such as a college readiness summer bridge program, social and academic support services, nationally recognized cohort learning communities (Puente Umoja, and Mana), and career and technical education programs. Students	College of San Mateo Project Change Office College Center Building 10, Room 453, San Mateo	https://collegeofsanmateo. edu/projectchange/
Transition Services	Success Centers	Success Centers provides services to youth and marginalized community members. Services include an education program that helps youth attain their GED, enroll in college, and transition to the community. Youth employment program helps with job training and placement.	1449 Webster Street, San Francisco	https://successcenters.org
Transition Services	CASA of San Mateo	, , , , , , , , , , , , , , , , , , , ,	330 Twin Dolphin Drive, Suite 139 Redwood City	https://www.casaofsanmat eo.org/
	David Lewis Community Reentry Center	The David Lewis Reentry Program/Service Connect is a program that assist residents returning home from prison or jail with their reintegration back into the community. Staff will do an assessment to determine the needs and skills of the person and then making referrals to other services as needed. We do some "in house" things such as classes in personal development, cognitive restructuring and healthy lifestyles. Also resume development, job search assistance, we have support groups and occasionally have social activities.	2227 University Ave, Palo Alto	https://www.smc- connect.org/locations/city- of-east-palo-alto/david- lewis-reentry-program- service-connect
	Human Service Agency (HSA) - Service Connect	· · · · · · · · · · · · · · · · · · ·	550 Quarry Road, San Carlos	hsa.smcgov.org/service- connect
(adults)	Human Service Agency (HSA) - Vocational Rehabilitation Services (VRS)	Provides job training, placement, or employment for any employable county resident collecting General Assistance or undergoing psychiatric treatment. The program improves employment outcomes for individuals with disabilities and/or barriers to employment.	550 Quarry Road, San Carlos	https://hsa.smcgov.org/vo cational-rehabilitation- services
	Service League of San Mateo County	, , , , , , , , , , , , , , , , , , , ,	727 Middlefield Rd, Redwood City	www.serviceleague.org

Organization Type	Organization Name	Phone	Service Area	Inpatient or Outpatient	Age of Clients Served	Languages Spoken
Core Service Agency	Coastside Hope	650-726-9071	Half Moon Bay, Montara, Moss Beach, El Granada	outpatient	all ages	English & Spanish
Core Service Agency	Daly City Community Services Center	650-991-8007	Daly City, Colma, Broadmoor	outpatient	all ages	English, Spanish & Tagalog
Core Service Agency	Fair Oaks Community Center	650-780-7500	Redwood City, North Fair Oaks, Portola Valley, Woodside, Atherton	outpatient	all ages	English & Spanish
Core Service Agency	Pacifica Resource Center	650-738-7470	Pacifica	outpatient	all ages	English & Spanish
Core Service Agency	Puente de la Costa Sur	650-879-1691	Pescadero, La Honda, Loma Mar, San Gregorio	outpatient	Children of all ages, families, and adults	English & Spanish
Core Service Agency	Samaritan House of San Mateo Samaritan House South	650-347-3648 650-294-4312	San Mateo County (depending on service), but can refer to other resources	outpatient	all ages	English, Spanish, Russian, Cantonese, Mandarin, Tagalog, and translation services for other languages
Core Service Agency	San Mateo County Pride Center	650-591-0133	San Mateo County	outpatient	all ages	English
Core Service Agency	YMCA Community Resource Center	650-276-4101	South San Francisco, Brisbane, San Bruno	outpatient	all ages	English & Spanish
Mental Health	(Re)Mind, Felton Beam	650-458-0026		outpatient	youth	English
Mental Health	Acknowledge Alliance	650-314-0180	San Mateo County heavily Sequoia Union, also Gateway/Hillcrest	outpatient	grades K-12	English Spanish (not seeing need for other languages)

Organization Type	Organization Name	Phone	Service Area	Inpatient or Outpatient	Age of Clients Served	Languages Spoken
Mental Health	American Indian Child Resource Center	510-208-1870	Greater Oakland/San Francisco Bay area and surrounding counties	outpatient	Ages 11-21 and their families; therapy for youth up to age 18	English
Mental Health	Anger Management & Domestic Abuse Therapy Center	650-375-0449	counseling services run out of San Mateo and Daly City offices	outpatient	Age 18+ and their families	English & Spanish
Mental Health	BHRS - Central County Youth Mental Health Center	650-573-3571	Belmont, San Carlos, San Mateo, Burlingame, Foster City, Millbrae, Hillsborough	outpatient	All ages	American Sign, Arabic, Spanish, Russian, Ukrainian, Mandarin
Mental Health	BHRS - East Palo Alto Community Counseling Center	650 363-4030	East Palo Alto, East Menlo Park, Palo Alto	outpatient	All ages	Spanish Tongan
Mental Health	BHRS - North County Mental Health Services	650-301-8650	Brisbane, Broadmoor, Burlingame, Colma, Daly City, Pacifica, San Bruno, South San	outpatient	All ages Youth Team	Spanish Tagalog
Mental Health	BHRS - South County Mental Health Services	650-599-1033	Atherton, La Honda, Redwood City, Fair Oaks, Portola Valley, Woodside, and Menlo Park.	outpatient	All ages (5-18?)	Spanish Mandarin
Mental Health	California Coalition for Youth	800-843-5200	California	outpatient	12-24	English
Mental Health	Canyon Oaks Youth Center	650-839-1810	San Mateo County	inpatient	13-19	English
Mental Health	Catholic Charities	650-295-2160 x185	San Francisco	inpatient	12-18	English
Mental Health	Children's Health Council	650-326-5530	East Palo Alto, Palo Alto and San Jose; San Mateo County residents can access services	outpatient	Children of all ages, families, and adults	English & Spanish
Mental Health	Community Overcoming Relationship Abuse (CORA)	800-300-1080	San Mateo County	outpatient	Children of all ages, families, and adults; youth advocate program for ages 12-19	English & Spanish

Organization Type	Organization Name	Phone	Service Area	Inpatient or Outpatient	Age of Clients Served	Languages Spoken
Mental Health	Edgewood	650-832-6900	San Francisco and San Mateo counties	inpatient (SF only) and outpatient	5-17	English & Spanish
Mental Health	Family and Children's Services (a division of Caminar)	650-326-6576	Santa Clara County and San Mateo County	outpatient	children, teens, and adults	English
Mental Health	Family Assertive Support Team (FAST) - San Mateo County Health	650-368-3178	San Mateo County	outpatient	Age 18+ and their families	English, Spanish, Mandarin, and other languages available
Mental Health	Family Resource Centers - San Mateo County Human Services		San Mateo County	outpatient	Children of all ages, families, and adults	English and Spanish (in Redwood City schools)
Mental Health	Fred Finch	650-286-2090	Alameda, San Diego, San Mateo and Contra Costa counties	inpatient (Alameda / San Diego) and outpatient (all)	under 21	English
Mental Health	Heart and Soul	650-232-7426	San Carlos, San Mateo, Daly City, Half Moon Bay	outpatient	18+ and their families	English, Spanish, Mandarin, and Tagalog
Mental Health	Jewish Family and Children's Services - Parents Place	650-931-1840	San Mateo County, Marin, San Francisco, and Santa Clara Counties	outpatient	Children of all ages, families, and adults	English, Hebrew, and Russian
Mental Health	KARA	650-321-5272	San Mateo County plus Santa Clara County, and East Bay	outpatient	Age 5+ and their families	English, Spanish, Chinese, and Mandarin
Mental Health	Mental Research Institute (MRI)	650-321-3055				
Mental Health	Mental Health Association of San Mateo County	650-368-3345	San Mateo County	outpatient	18-25	English & Spanish
Mental Health	Morrissey - Compton Educational Center	650-322-5910	San Mateo County	outpatient	Children, adolescents, adults, and their families	English
Mental Health	National Alliance on Mental Illness (NAMI)	650-638-0800	San Mateo County	outpatient	18+	Peer programs available in English. Spanish is available
Mental Health	New Perspectives Center for Counseling	415-752-5275	San Francisco County and San Mateo County	outpatient	4+	English

Organization Type	Organization Name	Phone	Service Area	Inpatient or Outpatient	Age of Clients Served	Languages Spoken
Mental Health	One Life Counseling Center	650-394-5155	San Mateo County & San Francisco County	outpatient	Children of all ages, families, and adults	English, Spanish, Tagalog, Cantonese, Hindi, and Punjabi
Mental Health	Ravenswood Family Health Center	650-330-7441	San Mateo County & Santa Clara County	outpatient	all ages	English & Spanish
Mental Health	San Mateo Health Center	650-366-2927	San Mateo County	outpatient	12-25	services available for all
Mental Health	StarVista-Your House South	650-367-9687	San Mateo County	inpatient	10-17 and their families; cannot take 18-year-olds	English & Spanish
Mental Health	StarVista-On Your Mind	650-591-9623	Nationwide	outpatient	Teens and youth	English
Mental Health	YMCA - Youth Services Bureau (YSB) of Pacifica	650-877-8642	Daly City, El Granada, Half Moon Bay, Miramar, Montara, Moss Beach, Pacifica, and San Bruno	outpatient	Ages 3-18 and their families	English & Spanish
Mental Health	YMCA - Youth Services Bureau (YSB) of San Mateo	650-877-8642	San Mateo County	outpatient	Youth, adults, and families	English & Spanish
Mental Health	YMCA - Youth Services Bureau (YSB) of South San Francisco	415-561-0631	Brisbane, Millbrae, San Bruno, and South San Francisco	outpatient	Age 18 or under and their families	English & Spanish
Mental Health	Friends for Youth	650-368-4444	San Mateo & North Santa Clara counties	outpatient	11-24	English
Mental Health / Substance Abuse	Adolescent Counseling Services	650-424-0852	San Mateo and Santa Clara Counties; substance abuse & mental health programs run out of Redwood City and Palo Alto offices	outpatient	10-25	English, Spanish and other languages, based on counselor availability.
Mental Health / Substance Abuse	Behavioral Health and Recovery Services (BHRS)	800-686-0101	North, Central, Shasta, Coastside, and South Counties including: outpatient clinics in Daly City, San Mateo. Redwood City. East Palo	outpatient	11+ and their families	English, Spanish, Chinese, and can assist with other languages

Organization Type	Organization Name	Phone	Service Area	Inpatient or Outpatient	Age of Clients Served	Languages Spoken
Mental Health / Substance Abuse	Caminar	650-578-8691	ISAN MATAN COUNTY	inpatient & outpatient	most programs are for adult men; YAIL is for 18-25 year olds	English & Spanish
Mental Health / Substance Abuse	Christian Counseling Centers	650-570-7273	County-wide plus Alameda, Monterey, San Francisco, Santa Clara, and Santa Cruz Counties	outpatient	all ages	English, Cantonese, German, Korean, Mandarin, Portuguese, Spanish, Taiwanese, Vietnamese
	Community Health Awareness Council (CHAC)	650-965-2020	San Mateo County and Santa Clara County	outpatient	Children of all ages, families, and adults; families with children under age 5 are served by First 5 programs	English & Spanish
Mental Health / Substance Abuse	Daly City Youth Health Center	650-877-5700	Daly City, Broadmoor, Pacifica, Colma, Brisbane, South San Francisco and San Bruno	outpatient	12-24	English, Spanish, and Tagalog
	HealthRIGHT 360 - Engaging Positive Actions (EPA)	650-331-1611	San Mateo County	outpatient	youth and transitional age youth	English
	HealthRIGHT 360 - Pioneer Court Outpatient Program	650-348-6603	San Mateo County	outpatient	youth (12 to 17 years old) and adults	English
	Mills-Peninsula Behavioral Health Services	650-696-4666	San Mateo County, San Francisco County and Santa Clara County	inpatient and outpatient	13+	English and interpreter services are available
Mental Health / Substance Abuse	Our Common Ground	650-325-6466	=	inpatient & outpatient	Age 18+ and their families	English & Spanish

Organization Type	Organization Name	Phone	Service Area	Inpatient or Outpatient	Age of Clients Served	Languages Spoken
Mental Health / Substance Abuse	StarVista	650-591-9623	San Mateo County	outpatient	Children of all ages, families, and adults	English, Spanish, Mandarin, and Tagalog
Mental Health / Substance Abuse	One East Palo Alto (OEPA)	650-980-1809	San Mateo County	outpatient	Youth ages 14-24 (SEP); substance abuse prevention is for high-school youth; mental health drop-in center is for all ages	English, Spanish, Tongan, and Samoan
Mental Health / Substance Abuse	Horizon Services - Palm Avenue Detox	650-513-6500	San Mateo County	inpatient	18+	English
Substance Abuse	Alcoholics Anonymous	650-577-1310	San Mateo County	outpatient	No age requirement, but mostly serves adults	English
Substance Abuse	Bay Area Addiction Research & Treatment (BAART)	650-324-1470	San Mateo County	outpatient	all ages	English
Substance Abuse	Caminar - Project Ninety	650-579-7881	San Mateo County	inpatient & outpatient	18+	English & Spanish
Substance Abuse	El Centro de Libertad	650-599-9955 650-560-9995	San Mateo County	outpatient	Ages 13-19 and adults	English & Spanish
Substance Abuse	Free at Last	650-462-6999	San Mateo County	inpatient & outpatient	18+	English & Spanish

Organization Type	Organization Name	Phone	Service Area	Inpatient or Outpatient	Age of Clients Served	Languages Spoken
Substance Abuse	HealthRIGHT 360 - Serenity House	650-204-9695	San Mateo County	inpatient	18+	English
Substance Abuse	Latino Commission on Alcohol and Drug Abuse Services	650-244-1444	San Mateo County, San Francisco County and Tulare County	inpatient & outpatient	Residential program is for age 18+; prevention program is for ages 12-16	English & Spanish
Substance Abuse	Peninsula Area Narcotics Anonymous	650-802-5950	San Mateo County and a portion of Santa Clara County: from Daly City to the north, Mountain View to the south, and all of the coastal towns to the west	outpatient	No age requirement, but mostly serves adults	English & Spanish
Substance Abuse	Sitike Counseling Center	650-589-9305	San Mateo County	outpatient	18+	English & Spanish
Substance Abuse	StarVista-Archway	650-366-8433	San Mateo County	outpatient	18+	English & Spanish
Substance Abuse	StarVista-Children's Place	650-591-9623	San Mateo County	outpatient	5-13	English & Spanish
Substance Abuse	StarVista-Insights	650-366-8436	San Mateo County	outpatient	Ages 13-18 and their families, and adults	English & Spanish
Substance Abuse	Voices of Recovery	650-802-6552 650-289-7670	San Mateo County	outpatient	18+	English
Transition Services	Fresh Lifelines for Youth (FLY)	408-263-2630	San Mateo County, Santa Clara County and Alameda County	outpatient	11-24	English & Spanish
Transition Services	Jobs for Youth	650-599-7215	San Mateo County	outpatient	14-21	English
Transition Services	JobTrain	650-330-6429	San Mateo County plus Alameda, San Francisco, and Santa Clara Counties	outpatient	all ages	English, Spanish, Tagalog, and Tongan

Organization Type	Organization Name	Phone	Service Area	Inpatient or Outpatient	Age of Clients Served	Languages Spoken
Transition Services	Project Change	https://collegeof sanmateo.edu/p rojectchange/	San Mateo County	outpatient	Juniors/Seniors in high school and first year college students	English & Spanish
Transition Services	Success Centers	415-549-7000	San Mateo County plus San Francisco, Sonoma, and Alameda Counties	outpatient	16-24	English
Transition Services	CASA of San Mateo	650-517-5840	San Mateo County	outpatient	juvenile delinquents 11+	English
	David Lewis Community Reentry Center	650-853-3120	residents of East Palo Alto or the Belle Haven area	inpatient	18+	English & Spanish
	Human Service Agency (HSA) - Service Connect	650-508-6745	San Mateo County	outpatient	18+	English
(adults)	Human Service Agency (HSA) - Vocational Rehabilitation Services (VRS)	650-802-6482	San Mateo County	outpatient	18+	English. Translators available if needed.
	Service League of San Mateo County	650-364-4664	I San Mateo Lounty	inpatient & outpatient	18+	English

# 2020 Year End Report on Strategic Projects Approved in May 2020

### **Communicate Directly with Elected Officials**

5. Create a pipeline & strategy to identify candidates in the future

Deliverables: Status:

- 1. "Listening & introduction tours" with elected officials Ongoing
- 2. Use public/private meetings to advocate In 2021, as appropriate

**Comments on Status:** Have met with four of the five Board Supervisors (Canepa, Pine, Groom, Slocum) and the Mayor of Redwood City (Howard). Will also pursue contacts from Reach Coalition for activists of color in the county, including the Mayor of Menlo Park, and several school board members.

#### **Recruit Youth Commissioners**

Deliverables:	Status:
1. Change Op. Policy to allow 2 year term for youth by end of 2020	Will evaluate, 2021
2. Arrange funds to cover costs of transportation for youth commissioners	Will pursue, 2021
3. Identify 2+ youth candidates by end of 2020, one with justice system experience	Identified 1, working on 2nd
4. Have 1+ candidate vetted and voted on by end of Q1, 2021	1 youth & 1 adult approved, 2020

**Comments on Status:** Expanded scope to include adults. 24 people, including 5 youth have expressed interest in joining the JJDPC. We interviewed and voted to approve one adult commissioner in October and one youth in November. The team reached out to 25 individuals and/or organizations to recruit new commissioners. In addition, we created a flyer to post on websites or onsite; an educational presentation to present to groups of potential commissioners; and a press release, which was not posted because of County constraints.

Complete

# **Describe Existing Transition Programs**

Deliverables: Status:

1. List of resources Complete

2. Information, gaps, and barriers Identified through interviews

3. Final Report Complete

**Comments on Status:** A resource list of substance abuse, mental health, and transitions program resources is complete, including contact information and descriptions. Interviews have been conducted with 10 organizations including Acknowledge Alliance, BHRS Caminar, Edgewood, Fred Finch, FLY, the Mental Health Commission, and Probation. Final Report issued in November.

#### Strengthen SARB's in SMC

Deliverables: Status:

Recommendation on making SARB's more effective
 Ongoing discovery, reexamining deliverable around addressing truancy

Comment on Status: Comment on Status: Jenee Littrell (COE), Katie Bliss (YLC), Carry DuBois (Sequoia School District trustee), Tara Ford (Stanford YELP), Karen Li (Sequoia Healthcare District), Kate Hiester (FLY), Mary McGrath (CoE), and Alexandra Papa (Acknowledge Alliance) are part of a task force formed to review reinstituting School Attendance Review Boards and address truancy issues. The task force has met with the Community Collaboration for Children's Success leaders, and the program director of the Jefferson Elementary School District.

#### **Develop Marketing/Communication Strategy**

Deliverables: Status:

Research Summary
 Public Messaging
 Complete

3. Marketing Strategy, execution, & maintenance plan Complete

**Comments on Status:** Final Report issued 10/27/20. Implementation Steps completed: Developed an Introductory Packet (Elevator Pitch, Commissioner Bios, and Strategic Plan Executive Summary); Upgraded website; Developed Directory of

Stakeholders for future contacts; Recruited prospective commissioner Rasmussen as Marketing/Communication Coordinator. The Coordinator, working with chairs, will complete implementation steps in 2021.

#### Strategic Projects Proposed but Delayed until a later date:

- 1. Hold Commission Meetings in community locations
- 2. Identify additional substance abuse, mental health, and transition services needed
- 3. Serve on Board of Supervisors task force to investigate alternatives to youth incarceration
- 4. Describe Existing After School Programs
- 5. Identify additional after school programs or capacity needed.

#### Strategic Projects Proposed but not approved in 2020:

Develop strategy for reducing the digital divide. Project was determined to be too broad for JJDPC's capacity to pursue. Instead, the commission will fold the topic into other initiatives and inspections by considering distance learning capabilities of youth and the technology available at the facilities we inspect.

November, 2020