

Minutes: April 19, 2021

Call to Order: 10.48 a.m.

**Present:** Stephanie Loera (Family Connections), La Ray Hilt (CASA), Araceli Garcia (Star Vista), Teresa Vollert (CFS), Jazz Lamadora (CFS), Donovan Fones (CFS), Munisha Vohra (CORA), Rosa Diaz (CFS), Cindy Marroquin (RTS), Randy Torrijos (BOS), Yadira Medeiros de Cardenas (Family Connections), Michael Lim (Access CA), Chris Perry (SVC).

Item: Public Comment/Brown Act – No members of the public requested to comment.

Introductions – Members introduced themselves.

## **Presentation: Addressing Vicarious Trauma For Helpers**

Cindy Marroquin or Rape Trauma Services delivered a compelling and timely presentation on vicarious trauma and it's effect and the value of making trauma stewardship a daily practice. Drawing on the work of Laura Van Dernoot Lipsky Cindy let the group through the causes and signs and possible solutions to trauma exposure. She has shared her resources with CAPC.

Meeting adjourned at 12:01

NEXT MEETING – May 17, 2021

Jane Smithson, CAPC Coordinator

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