

We hope you join us for our free monthly speaker series created to **educate, inspire, and support** our communities during the time of COVID, firestorms, social unrest, and economic downturn. Our esteemed group of speakers will foster meaningful discussions that examine the impacts of our new normal. They will address a variety of topics that can help strengthen our children, families, and communities during these challenging times.

Speaker series produced by Child Parent Institute, in partnership with the Center for Innovation and Resources, and the Greater Bay Area Child Abuse Prevention Council.

Resilience, Healing, and Relational Repair:

Transforming the Impact of Interpersonal and Sociocultural Trauma on Young Children and Families

March 16, 2021 • 3:30 pm - 5:00 pm

Dr. Vilma Reyes will explore ways to apply trauma-informed, relationshipbased interventions, and tap into resilience to promote healing and relational repair in families.

Strengthening resilience affects every domain in children's development, family relationships, and health outcomes. Dr. Reyes will present real tools to help families recover from trauma, forced family separation, institutional racism, and toxic fear in support of the well-being of young children and their families.



CEUs Available

Continuing education units (CEUs) will be available and participants can sign up for credit following each session. Courses meet qualifications for 1.5 hours of Continuing Education Units for MFTs/LCSWs (Provider #128510) as required by the California Board of Behavioral Sciences. CEUs are available for a fee of \$20.

> Click <u>HERE</u> to view Elizabeth Vermilyea's recorded webinar "Helping Everyone Every Time: Risking Connection"

With the prevalence of traumatic events and the constant exposure to traumatic stories across the world, addressing the impact of trauma can feel daunting, but it can be done. In this recorded session, Elizabeth G.



Vermilyea, Ph.D., a revolutionary leader of trauma-informed program development, explains how we can help everyone every time by implementing a trauma-informed approach to all aspects of care. Dr. Vermilyea discusses how to help people recover from traumatic experiences through RICH relationships: Respect, Information, Collection, & Hope.

Click <u>HERE</u> to view Erin Runnion's recorded webinar "Protecting Children: During and Beyond COVID"

Erin Runnion is a national advocate for children and the Director of The Joyful Child Foundation, in memeory of her daughter, Samantha Runnion, who was abducted and murdered days before her sixth birthday in July 2002. Although inspired by a tragedy, Erin shares her unique perspective about the power of hope, resiliency, and joy to address the spectrum and impact of childhood trauma.

Click <u>HERE</u> to view Azim Khamisa's recorded webinar "Leadership for the Greater Good"

In this talk, Azim Khamisa calls for a new kind of leader — a satyagrahi leader — to follow in the footsteps of some of the world's most inspiring role models. Building on Mahatma Gandhi's practice of satyagraha, a method of using passive resistance to spark political and social change, satyagrahi leaders balance their ambition with their spirit and use their skills to benefit the larger community. To address society's most daunting challenges, today's leaders need competency in three areas: 1) to be brilliant in their professions 2) to work to create effective, viable, and affordable solutions to societal ills 3) have strong moral, ethical, and spiritual values.

Click <u>HERE</u> to view Donna Jackson Nakazawa's recorded Q&A Session "Ask the Expert with Donna Jackson Nakazawa"

In this recorded session, Donna Jackson Nakazawa answers questions that arose after participants watched her prerecorded sessions. The question topics included the role of microglia, resiliency and how you can overcome trauma, the link between ACEs and obesity, and other related topics.

Click <u>HERE</u> to view Anthony Trucks' recorded webinar **"Fostering a Future"**

At the age of three. Anthony Trucks was placed into the foster care system. It's a well-known fact that up to 50% of kids placed in the system will end up homeless upon emancipation, and up to 75% of prison inmates in the U.S. are former foster kids- needless to say, the odds were against him from the beginning. This looming reality was never lost on Anthony and he spent a good bulk of his childhood feeling adrift, unworthy, and listless. For years, he spent every day in survival mode, just trying to make it to the next day, week, and year in one piece. Anthony explains how he made the shift into his ideal identity and overcame his hardships.

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