

Food and Information Referral Resources in San Mateo County



Updated: 010/05/15

FOOD CONNECTION AT SECOND HARVEST FOOD BANK:

(800) 984-3663

Phone referral hotline for people seeking food assistance

Monday – Friday, 8:00 a.m. – 5:00 p.m.



COMMUNITY NUTRITION & MEAL PROGRAMS:

Meals on Wheels – Applicants must be age 18 or older and unable to prepare their own meals or go out to eat, and have little or no assistance to obtain adequate meals.

- Daly City to San Mateo call (800) 675-8437
- Belmont to East Palo Alto call (650) 323-2022
- Coastside call (650) 726-9056
- Pacifica call (650) 738-7350

W.I.C. (Women, Infants and Children) – Provides pregnant and breastfeeding women and parents raising infants and children under age 5 with food vouchers, nutrition counseling and referrals to health care. Call: (650) 573-2168

Senior Nutrition – High quality nutritious group meals for older adults (60+) at locations throughout the community. Call: (800) 675-8437

COMMUNITY INFORMATION:

United Way Helpline, 2-1-1 – Provides referrals for a variety of non-profit organizations. Call: 2-1-1



PREPARED MEAL PROGRAMS

NORTH COUNTY

Agency Name	Days of Week	Meal Times	Address	Phone
North Peninsula Food Pantry & Dining Center of Daly City	Monday, Tuesday, & Thursday	5:00 PM-6:00 PM	31 Bepler St. Daly City, CA 94014	(650) 994-5150
St. Vincent de Paul SSF Homeless Help Center – Café St. Vincent	Monday - Friday Saturday	10:00 AM-12:00 PM 10:00 AM-11:00 AM	344 Grand Ave. South San Francisco, CA 94080	(650) 589-9039
Catholic Worker Hospitality House	Monday – Friday	6:30 AM-9:00 AM	555 West San Bruno Ave. San Bruno, CA 94066	(650) 827-0706
Salvation Army Homeless Program	Saturday (closed 3 rd Sat)	10:30 AM-11:30 AM	409 South Spruce Ave. South San Francisco, CA 94080	(650) 266-4591

CENTRAL COUNTY / COASTSIDE

Agency Name	Days of Week	Meal Times	Address	Phone
St. Vincent de Paul San Mateo Homeless Help Center	Monday – Friday	9:45 AM-11:45 AM	50 B St. San Mateo, CA 94401	(650) 343-4403
Samaritan House	Saturday – Sunday	12:00 PM-1:00 PM	4031 Pacific Blvd. San Mateo, CA 94403	(650) 347-3648
No Strings Attached	Saturday	9:00 AM-10:00 AM	925 Main St. Half Moon Bay, CA 94019	(650) 726-9056
Half Moon Bay Library	Monday - Friday	3:15 PM - 5:15 PM	620 Correas St. Half Moon Bay, CA 94019	(650) 726-2316

SOUTH COUNTY

Agency Name	Days of Week	Meal Times	Address	Phone
Street Life Ministries	Monday & Wednesday	7:15 PM-9:15 PM	1304 Middlefield Rd. Redwood City, CA 94063	Streetlifeministries.org
Pan de Vida	Saturday	11:00 AM-3:00 PM	1662 Broadway Ave. Redwood City, CA 94063	(650) 369-8707
St. Anthony's Padua Dining Room	Monday - Saturday	11:00 AM-1:00 PM	3500 Middlefield Rd. Menlo Park, CA 94025	(650) 365-9665
Street Life Ministries	Tuesday & Thursday	7:15 PM-9:15 PM	1120 Merrill St. Menlo Park, CA 94025	Streetlifeministries.org
St. Francis of Assisi Church	Wednesday	5:00 PM-6:00 PM	1425 Bay Rd. East Palo Alto, CA 94303	(650) 322-2152
Sandwiches on Sunday	Sunday	8:00 AM-9:00 AM	2600 Middlefield Rd. Redwood City, CA 94061	(650) 364-2132
InnVision Breaking Bread/ Urban Ministries of Palo Alto	Monday	5:00 PM-6:00 PM	First United Methodist Church 625 Hamilton Ave. Palo Alto, CA 94301	(650) 685-5880
InnVision Breaking Bread/ Urban Ministries of Palo Alto	Tuesday	5:00 PM-6:00 PM	Grace Lutheran Church 3149 Waverley, Palo Alto, CA 94301	(650) 685-5880
InnVision Breaking Bread/ Urban Ministries of Palo Alto	Wednesday	5:00 PM-6:00 PM	First Presbyterian Church 1140 Cowper St. Palo Alto, CA 94301	(650) 685-5880
InnVision Breaking Bread/ Urban Ministries of Palo Alto	Thursday & Friday	11:30 AM-12:30 PM	All Saints Church 555 Hamilton Ave. Palo Alto, CA 94301	(650) 685-5880
East Palo Alto Library	Monday - Friday	3:45 PM-4:30 PM	2415 University Ave. East Palo Alto, CA 94303	(650) 321-7712