#### SAN MATEO ADULT SCHOOL

789 East Poplar Ave San Mateo, CA 94401 650-617-3806

www.smace.org

Age Group Focus: 0-19

Languages: Spanish and English

Childcare: Yes Transportation: Yes

Fee: No

#### STAR VISTA HEALTHY HOMES

Parent Support Line: 888-220-7575 or 579-0359

www.star-vista.org

The Learning Together program provides Parent Education and Parent-Child Counseling services to pregnant mothers and families with children less than 6 years of age.

For more information on Learning Together, call 650-465-0359.

# SAN MATEO COUNTY BEHAVIORAL HEALTH AND RECOVERY SERVICES — THE PARENT PROJECT (12 WEEK SERIES)

Age Focus Area: teenagers but will incorporate some skills in working with younger children.

Childcare: Yes, three years old and potty trained

Transportation: No

Fee: No

English Locations: Spanish Locations:

MIDPEN HOUSING BURLINGAME HIGH SCHOOL

1990 S. Delaware St. 1 Mangini Way San Mateo, CA Burlingame, CA

Tuesdays, 5:30pm-9:00pm
Sisilia Fifita: 650-363-7818
Thursdays, 5:30pm-9:00pm
Yolanda Ramirez: 650-346-4831

Neil Urquidez: 650-301-8490

PARKSIDE INTERMEDIATE PILARCITOS HIGH SCHOOL

SCHOOL 498 Kelly Ave 1801 Niles St. Half Moon Bay, CA San Bruno, CA Tuesdays 5:30pm-9:00pm

Wednesdays, 5:30pm-9:00pm Evelia Chairez: 650-513-0330, Ext. 310

THOMAS R. POLLICITA MIDDLE SCHOOL 550 E. Market St. Daly City, CA

Thursdays, 5:30pm-9:00pm

Nani Wilson: 650-243-4850, Ext. 866 Jennie Barela: 650-389-4723

# CHILDREN AND FAMILY SERVICES

1 Davis Drive Belmont, CA 94002

Child Abuse Hotline (650) 595-7922

Additional Resources at hsa.smcgov.org/CFS



COUNTY OF SAN MATEO HUMAN SERVICES AGENCY

# PARENTING EDUCATION IN SAN MATEO COUNTY



COUNTY OF SAN MATEO HUMAN SERVICES AGENCY

#### CHILDREN'S HEALTH COUNCIL

650 Clark Way Palo Alto, CA 94304 650-985-7000 www.chonline.org

Age Group Focus: 0-18

Languages: Spanish and English

Childcare: Yes Transportation: No

Fee: No

## CHILD CARE COORDINATING COUNCIL (4CS)

330 Twin Dolphin Dr., Ste 119 Redwood City, CA 94065 650-655-6770 www.sanmateo5cs.org

Parenting classes (5 sessions per series), strengthening families to reduce child abuse.

Age Group Focus: 0-5

Languages: English and Spanish

Childcare: No Transportation: No

Fee: No

Weeknights: 6:30pm-8:30pm Weekends: 9:00am or 10:00am-Noon

# DALY CITY PENINSULA PARTNERSHIP - OUR SECOND HOME FAMILY SUPPORT SYSTEM

725 Price Street, Daly City, CA 94014

650-301-3300

Age Group Focus: 0-19 Years Languages: Spanish and English

Childcare: Yes Transportation: No

Fee: No

# DALY CITY YOUTH HEALTH CLINIC

650-985-7000

Teen parent Parenting classes

### **EL CENTRO DE LIBERTAD**

500 Allerton St. Redwood City, CA 94063 650-599-9955

Age Group Focus: 0-18 Languages: English Childcare: No Transportation: No

Fee: Yes, \$25 enrollment, sliding scale per class Weeknights: Tuesdays, 6:00pm-7:30pm

#### FREE AT LAST

1796 Bay Road East Palo Alto, CA 94303 650-462-6999

# 12 Week Parenting Class Series

English: Thursdays, 6:00pm-8:00pm Spanish: Tuesdays, 6:00pm-8:00pm

Age Group Focus: 0-18

Languages: English and Spanish

Childcare: No Transportation: No Fee: No

100.110

# JEFFERSON UNION H.S. DISTRICT ADULT EDUCATION

699 Serramonte Blvd, Ste 111 Daly City, CA 94015 650-301-3300 www.juhsd.net

Just for high school students who are lacking credits and in need of a diploma. Offers parenting classes once a week. Has parent/child co-op.

# KAISER HOSPITAL CHILD AND ADOLESCENT MENTAL HEALTH SERVICES, DEPT. OF CHILD PSYCHIATRY

650-742-5950

Coping Skills Class for Teens and Families 8 session class for teens and their parents who have difficulty problem-solving when with painful emotions and situations.

Kaiser Member only Translation Provided Childcare: No Transportation: No

### **NEW CREATION HOME MINISTRIES**

422 Hibiscus Ct. East Palo Alto, CA 94303 329-1603 www.newcreationhome.org

Parenting classes to mothers age 13-22, pregnant or parenting, Tuesdays, 5:30pm-7:30pm (dinner included). Provides housing for pregnant teens.

Age Group Focus: 0-5 Languages: English Childcare: No Transportation: No Fee: No

#### **PARENTS PLACE**

2001 Winward Way # 200 200 Channing Ave San Mateo, CA 94404 Palo Alto, CA 94301 650-931-1840 650-688-3040 http://www.parentsplaceonline.org/

Age group Focus: 0-18 Years

Languages: English Childcare: No Transportation: Yes

Fee: Yes

#### PENINSULA FAMILY SERVICES

24 Second Ave San Mateo, CA 94401 650-403-4300 www.peninsulafamilyservice.org

www.peninsulatamilyservice.org

Kids in the Middle is an education class for separating or divorcing parents.

# PENINSULA JEWISH COMMUNITY CENTER (PJCC)

800 Foster City Blvd Foster City, CA 94404 650-212-7522 www.pjcc.org

Age Group Focus: 0-18 Languages: English Childcare: No Transportation: No Fee: Yes, registration fee

# PRE TO THREE PARENTING CLASSES

2000 Alameda De las Pulgas Suite 200, San Mateo CA 94405 650-573-2502

Age group Focus: 0-5 Years Languages: Spanish and English

Childcare: No Transportation: Yes Fee: No

## **SAMARITAN HOUSE**

College Park School 715 Indian Ave, Room 29E San Mateo, CA 94401

Age Group Focus: 0-19

Languages: Spanish and English

Childcare: Yes Transportation: Yes Fee: No

Weeknights: Tuesdays, 5:00pm-6:30pm