# Staying Safe During COVID-19 and Beyond

RESOURCES FOR SENIORS AND THEIR LOVED ONES







Vaccines & Cure

Air Filters

**Test Kits** 

House Cleaning Services COVID-19 Scams

Fake Charities



The scams may have changed, but protecting yourself hasn't.



DON'T answer the phone if you don't recognize the caller.



DON'T answer your door to someone you don't know.



DON'T open email from an address you don't recognize.



NEVER give out your social security number, date of birth, or bank account number over the phone or via email.



NEVER click on links in emails.



REMEMBER, if it seems too good to be true, it probably is!





Ignore phone calls and emails asking for information or offering to help.



No one should ask for your bank account number, social security number, or other personally identifying information.



Never agree to sign your stimulus check over to someone you don't know.



Don't trust scammers who offer to get your check or direct deposit processed more quickly.

For questions about Stimulus Checks, the only trusted resource is the IRS: www.irs.gov

## Stimulus Check Scams



## Adult Protective Services

1-800-675-8437 or www.smchealth. org/elderabuse



### https://www.smchealth.org/coronavirus



OVID-19 HEALTH CARE SERVICES

LIVE HEALTHY

FORMS & PERMITS FOR PROVIDERS

#### LIVE HEALTHY

Health Alerts V

#### Coronavirus

Disease & Prevention >

Emergency Preparedness >

Healthy Environment >

Report a Problem >

Safe Waste Disposal >

Health Insurance

#### **COVID-19 CALL CENTER**

Call 2-1-1 with all non-emergency and non-medical inquiries

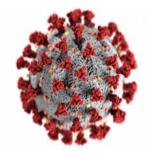
Available 24/7

Questions about sheltering in place or other county services impacted by COVID-19?

See the County website >>

### **NOVEL CORONAVIRUS (COVID-19)**

San Mateo County Health is working closely with the California Department of Public Health (CDPH) and the Centers for Disease Control and Prevention (CDC) to respond to novel coronavirus and its potential impacts on the Bay Area.



#### SAN MATEO COUNTY COVID-19 AND OTHER HEALTH DATA

Read more »

#### HEALTH OFFICER STATEMENTS AND ORDERS

Read more »

#### LOCAL NEWS YOU NEED

Read more »

24-hour call center: 2-1-1

#### RESOURCES

Centers for Disease Control and Prevention (CDC)



## The AARP

1-877-908-3360 or www.aarp.org



# The Consumer Financial Protection Bureau

www.consumerfinance. gov



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