

COVID-19 San Mateo County Community Resources



SAN MATEO COUNTY HEALTH
**BEHAVIORAL HEALTH
 & RECOVERY SERVICES**

Behavioral Health Services & Recovery Services

San Mateo County Behavioral Health & Recovery Services ACCESS Call Center (24/7)	800-686-0101 TDD: (800) 943-2833
Alcoholics Anonymous- Online meetings	https://www.aa.org/pages/en_US/options-for-meeting-online
Narcotics Anonymous- Online meetings	https://virtual-na.org/meetings/
California Peer Run Warm Line (24/7)- Free nonemergency emotional support and referrals via phone or instant messaging"	855-845-7415 https://www.mentalhealthsf.org/peer-run-warmline
CORA-Community Overcoming Relationship Abuse Support-emergency housing, and legal assistance.	https://www.corasupport.org/covid19/
StarVista Crisis Hotline (24/7)	650-579-0350
National Suicide Prevention Lifeline	800-273-8255 (TALK)

Peer Support Services Contact for online meeting information

NAMI San Mateo	(650) 639-0800 www.namisanmateo.org
Heart & Soul, Inc.	(650) 232-7426 www.heartandsoulinc.org
California Clubhouse	(650) 539-33-45 www.californiaclubhouse.org
The Barbara A. Mouton Multicultural Wellness Center	(650) 388-8433
Voices of Recovery San Mateo County	(650) 802-6552 (650) 289-7670 www.vorsmc.org
San Mateo County Health Equity Initiatives- Online meetings that offer ongoing resources and information:	https://www.smchealth.org/health-equity-initiatives