

Meeting Date: Thursday, September 3, 2026

Meeting Time: 1:30 pm

Location: HSA COB3

Next Meeting Date: Thursday, October 1, 2026

Present: Meron Asfaw (CFS CAPC Committee Coord), Dr. Elizabeth Grady (retired San Mateo Medical Ctr), Elizabeth Cauley (Stanford); Elisa Kuhl (RTS); Sahil Niwas (Community Member Lived Expert); Donovan Fones (CFS Supervising Mental Health Clinician); Eric Valladares (Family Connections), Melissa Guariglia (Family Connections), Dr. Melissa Egge (Medical Director Keller Ctr.), Rosa Diaz (CFS)

Agenda Items	Discussion
Welcome & Public Comment	No public comment
CFS Updates	The Statewide Child Abuse Prevention Council Conference will be held on Weds., Oct 14, 2026 and Thurs., Oct. 15, 2026. The conference is free and will be held in Sacramento, CA. This is an in-person event. Questions about the conference are to be directed to Meron.
CAPC Members Announcements	RTS Deputy Director of Crisis Intervention, Elisa Kuhl This month RTS will be launching two girl's empowerment groups, one in Menlo Atherton and in San Mateo. There are plans to begin one in Redwood City. They are looking into expanding their education and prevention program within the community. Elizabeth Cauley A gentle reminder to committee members about the conference Stanford will be hosting virtually on Fri., Nov. 6, 2026. (The registration link was shared with committee members in the chat.) Early Bird pricing and group rates are available. Interested committee members can contact Elizabeth for specific details about pricing.
Guest Speaker	N/A
Reporting & Discussion Agenda	An update on the workgroup's efforts was provided by committee and workgroup member Sahil <u>Completed projects</u>



- CAPC Outreach Workgroup Report	The new San Mateo County CAPC logo was finalized displaying more vibrant colors and communicating the message that prevention requires community. The CAPC Mission and Vision was revised and finalized, incorporating suggestions received from committee members at previous meetings. The final CAPC Mission Statement: “To strengthen families and protect children in San Mateo County by leading community prevention efforts and advancing equitable access to resources, promoting public awareness through education collaboration and early intervention.” The final CAPC Vision Statement: “A county where every child is safe, every family is supported, and every community shares in the responsibility of preventing child abuse and helping families thrive.” CAPC committee members were given an opportunity to provide feedback. No additional suggestions or comments were received. <u>Current Projects (Fall 2026)</u> 1. Structure and membership of the CAPC Committee (partners still desired to be represented at meetings) The 3 categories are: • Funded partners: family connections, differential response teams, community pathway, and RTS, who has already joined CAPC. • Health, Children and families: Education (birth to 5 and schools), Board Of Supervisors, Health (Stanford, SMMC, BHRS, public health, hospitals), law enforcement, Community/youth organizations (i.e. Boys and Girls Clubs, Pride Center), and Faith based organizations • Experts with Lived Experience: Parents and families 2. Membership Eligibility and Recruitment Process Anyone who works with, or supports, children and families, and/or brings real lived experiences as a parent or a family member. 3. Finalization of Bylaws to guide membership and recruitment process. Committee members may submit their suggestions regarding membership to the workgroup.
CAPC Strategic Plan Progress Review	At the last CAPC meeting, members were divided into 3 groups and assigned one of the 3 goals to review and provide feedback on and/or suggest new goals. This meeting resulted in many suggestions for revisions and a few new goals which Meron used to come up with a new structure for the strategic plan for the next 3 years.



	The 3 goals reviewed were: - Goal 1: Catalyst for Prevention - Goal 2: Convener of Cross Sector Partnerships - Goal 3: Coordinator of Countywide Education and Services *Each goal has its own set of subcategories. GOAL 1 1.1 Public Awareness and Community Outreach Measure of Success: • A flyer created and translated into 3 primary languages. • Materials distributed across 10 public community spaces and school sites • PTA/School presentation schedule executed 1.2 Build Council and Representation Measure Of Success: • Council membership reflecting San Mateo County demographics • Full compliance with California Welfare and Institution Code requirements 1.3 Alignment With County Prevention Frameworks Review the CCP for understanding and research other needs assessments utilized by other organizations to use the data that is already available without the need to reinvent or duplicate efforts. Measure Of Success: An annual progress review demonstrating explicit alignment between CAPC initiatives and the CPP benchmarks CAPC committee members were given an opportunity to provide feedback. No additional suggestions or comments were received. GOAL 2 2.1 Lived Experience and Parent Advisory Integration Build direct partnerships with parent advisory boards and grassroots organizations. Use lived experiences to actively inform decision making processes. Measure Of Success: • Active meeting participation from individuals with lived experience • Formal liaison connection established with at least 1 local parent advisory body 2.2 Faith Based and CBO Collaboration Measure Of Success:
--	---



- Established presentation schedule for faith communities and local CBOs
- Expanded cross referral directory and active network

CAPC committee members were given an opportunity to provide feedback. No additional suggestions or comments were received.

GOAL 3 (Creating resources for families)

3.1 Increase Access to Parent Education and Navigations

Measure Of Success:

- Bite sized parenting modules launched
- Multilingual parent resources and guides widely utilized across county channels

3.2 Enhance Professional Training and Capacity Building

Measure of success:

- 2+ cohosted professional trainings delivered annually
- Annual symposium executed with multi-agency sponsorship and positive participant evaluations

CAPC committee members were given an opportunity to provide feedback.

Feedback from Family Connections Eric Valladares

Language Alignment: Being mindful of what language is used to engage families and the community, to not stigmatize. To achieve this, reference current countywide education and language around certain topics and include community groups in conversations about terminology. Create aligned language when talking about child abuse.

No additional feedback was received.

***New Goal**

GOAL 4: Governance and Continuous Improvement

resulted from this activity. The other goals are focused on outreach and visibility.

4.1 Track Strategic Progress and Report Outcomes

Measure of success:

- Quarterly review of agendas and updates documented in meeting minutes
- Annual CAPC outcomes reported in a newsletter published and shared with County leadership

4.2 Standardized Member Onboarding and Retention

Measure of success:

- Standardized onboarding and retention packet finalized



	• 100% of new CAPC members complete orientation CAPC committee members were given an opportunity to provide feedback. Feedback from CFS Supervision Mental Health Clinician Donovan Fones: Available is a comprehensive list of parenting programs, (i.e. Triple P). Rather than developing new parenting programs, understand what is already in existence. Action Item: develop a resource list of all parenting programs in San Mateo County The Triple P program is provided by staff with parents, but parents can sign up on their own and access the online curriculum which offers the family convenience and flexibility No additional feedback was received. Meron will finalize the Strategic Plan for 2027 – 2029 and will engage the committee members in a final review at the December meeting.
CAPC Month Campaign Topic/Focus For April 2027	The top 4 potential focus topics are: 1 Child sex abuse prevention 2 Domestic Violence 3 Harm Reduction through protective factors 4 Substance use prevention Criteria to weigh when determining the 2027 Child Abuse Prevention Month focus topic: • Community need and timeliness: Where is the greatest immediate gap or urgency in San Mateo County right now? • Cross Sector Alignment: which topic can partners (schools, healthcare, law enforcement, lived experts) most easily collaborate on? • Actionability and outreach: which topic allows us to create the most engaging public message? The feedback received from the committee: The topics favored by several committee members were no. #1 and no. #4 since there is already a lot of education and outreach on domestic violence. One suggestion was to introduce fatherhood engagement which impacts all 4 topics and would involve more than one prevention program's participation.



	Modify topic no. #4 Substance use prevention to education which aligns with harm reduction versus the abstinence model. The goal would be to provide education on the use of substances at home and the negative impact. Dr. Grady referenced intervention efforts done by Iceland to decrease the rate of substance use by teens. 40% of 14-15-year-old youth were found to have used alcohol. Some used to escape feelings of trauma or abuse but also not having an outlet to fill their time. They created a plan to encourage families to know where their children were and created opportunities for youth to be involved in something else. Committee members were reminded to keep in mind capacity and intended outcome. What are the overarching goals and are the right resources available to create an impact? A final decision will be made in the October 2027 CAPC Committee Meeting.
Adjournment	Next Meeting: Thursday, October 1, 2026 Time: 1:30 - 2:30pm Location: Hybrid