

YSC SERVICES & PROGRAMMING

A quick guide to Probation funded programs and services available to minors/nonminors in custody and in the community

LEARN	GROW	BUILD SKILLS	REENTER
AT A GLANCE			

IN CUSTODY	OUT OF CUSTODY
• Career Technical Education-Vocational Training (CTE) • 4-H Culinary & Garden Program • B.A.R.B.E.R. Program • The Beat Within • A Brighter Day • Project Change • Mind Body Awareness (MBA) • YMCA Clinical / Skill-Building Services • Community Overcoming Relationship Abuse (CORA) • Fresh Lifelines for Youth (FLY) / Rehabilitation, Education, Planning for Success (REPS) • Live In Peace	• Boys & Girls Club of the Peninsula • El Centro de Libertad • Project Change • YMCA Clinical / Skill-Building Services • Community Overcoming Relationship Abuse (CORA) • Fresh Lifelines for Youth (FLY) / REPS • Live In Peace • A Brighter Day

****** Program availability may depend on custody status, unit placement, age, eligibility, court orders, educational needs, individualized rehabilitation/reentry goals, provider capacity and current scheduling.

IN CUSTODY

Career Technical Education-Vocational Training (CTE)

CTE combines academics with hands-on career exploration to help minors/nonminors connect what they learn in school to real-world careers.

minors/nonminors participate in A-G approved masterclasses, real-world projects, industry tools, career exploration, and work-based learning. Program areas include English & Entrepreneurship, STEM Careers, Trades Careers, and Culinary Arts, Engineering, Design & Transportation.

minors/nonminors may also have opportunities to earn industry-recognized certifications, including OSHA 10, OSHA Laboratory Safety, Canva, California Food Handler, and ServSafe. Eligible minors/nonminors may participate in paid internships and supervised work-based learning experiences.

WHO CAN USE IT: IN CUSTODY

4-H Culinary & Garden Program

The 4-H Culinary & Garden Program provides hands-on cooking, nutrition, gardening, and career skill-building experiences.

Through Culinary Arts, Breakfast Club, cooking workshops, gardening, and landscaping, minors/nonminors build practical life skills, explore careers, and learn about healthy living.

WHO CAN USE IT: IN CUSTODY

B.A.R.B.E.R. Program

The B.A.R.B.E.R. Program provides hands-on barber training and mentorship while building vocational and professional skills that can support future employment and reentry.

minors/nonminors learn barbering techniques, sanitation, safety, equipment handling, customer service, professional appearance, career readiness, and marketing.

WHO CAN USE IT: IN CUSTODY

The Beat Within

The Beat Within provides minors/nonminors with a creative and supportive space to express themselves and build literacy and communication skills through writing, creative arts, mentoring, and group discussion.

minors/nonminors may also have their writing and artwork featured in The Beat Within magazine.

WHO CAN USE IT: IN CUSTODY

A Brighter Day

A Brighter Day helps minors/nonminors begin building job-readiness and reentry skills before release.

Programming includes résumé and interview preparation, workplace skills, employment planning, and the Alive and Free violence prevention curriculum focused on healthy decision-making, conflict resolution, personal responsibility, leadership, and positive choices.

WHO CAN USE IT: IN CUSTODY

Project Change

Project Change gives juvenile justice-impacted minors/nonminors access to college while they are at YSC/SYTF.

minors/nonminors can participate in online and in-person college courses through Cañada College, College of San Mateo, and Skyline College, with support for academic planning, applications, financial aid, tutoring, books, supplies, and college fees.

Eligible SYTF minors/nonminors may also participate in furloughs for approved in-person college classes.

WHO CAN USE IT: IN CUSTODY

Mind Body Awareness (MBA)

Mind Body Awareness provides trauma-informed mindfulness, coaching, physical wellness, and gender-specific programming designed to strengthen emotional regulation, communication, resilience, and positive decision-making.

Programming includes weekly mindfulness groups, individual coaching, gender-specific groups, the Mindful Steps Running Program, in-facility retreats, family engagement activities, unit-wide workshops, and certificate and leadership pathways.

WHO CAN USE IT: IN CUSTODY

YMCA Clinical / Skill-Building Services

YMCA provides clinical support, case management, and structured skill-building programming.

Services include Communication and Life Skills Management (CALM), Sexual Violence Prevention (SVP), and individualized clinical case management for long-term commitment minors/nonminors, with a focus on emotional regulation, conflict resolution, healthy relationships, coping skills, family support, future planning, and reentry.

WHO CAN USE IT: IN CUSTODY

Community Overcoming Relationship Abuse (CORA)

CORA provides healthy relationship education and individualized support through weekly small-group workshops and one-on-one sessions.

minors/nonminors build skills in communication, emotional regulation, teen dating violence prevention, personal goals, and healthy decision-making. Programming is available in English and Spanish.

CORA also offers monthly workshops at YSC for parents and caregivers.

WHO CAN USE IT: IN CUSTODY

Fresh Lifelines for Youth (FLY) / Rehabilitation, Education, Planning for Success (REPS)

REPS helps Secure Track minors/nonminors prepare for reentry through one-on-one case management, weekly life-skills workshops, career exploration, and Credible Messenger Mentoring.

Programming focuses on reentry planning, education and employment goals, emotional intelligence, conflict resolution, healthy relationships, decision-making, personal responsibility, guidance, accountability, and positive role modeling.

WHO CAN USE IT: IN CUSTODY

Live In Peace

Live in Peace provides trauma-informed, culturally responsive programming focused on practical skills, positive relationships, education, employment, wellness, and reentry preparation.

Services include life coaching and reentry planning, alcohol and drug education, crisis intervention, restorative justice and healing circles, academic support, college and trade preparation, physical wellness, workforce development, paid work experiences, and Alive & Free programming.

LIP also provides a 16-week construction trades program and supervised transportation for SYTF minors/nonminors to approved and court-ordered community activities, including college, therapeutic appointments, court-related obligations, and other authorized outings.

WHO CAN USE IT: IN CUSTODY

OUT OF CUSTODY

Boys & Girls Club of the Peninsula

The Youth Mental Health & High School/College Success Program provides mental health support and educational guidance to promote well-being and help minors/nonminors work toward academic and future goals.

Services address behavioral health needs, emotional wellness, healthy coping skills, college readiness, and guidance with educational opportunities and next steps.

WHO CAN USE IT: OUT OF CUSTODY

El Centro de Libertad

Provides proactive outreach, early intervention, prevention, and engagement services for minors/nonminors in school, community, and justice-adjacent settings.

The program works with schools, Probation, County agencies, and community-based organizations to identify needs early, connect minors/nonminors and their families to services, reduce barriers, and strengthen positive outcomes.

WHO CAN USE IT: OUT OF CUSTODY

Project Change

After release, Project Change helps minors/nonminors continue their college pathway through Cañada College, College of San Mateo, and Skyline College.

Community-based support includes in-person and online courses, academic planning, college applications, financial aid, tutoring, transfer planning, tuition and fees, books, supplies, academic counseling, and connections to additional college resources.

WHO CAN USE IT: OUT OF CUSTODY

YMCA Clinical / Skill-Building Services

In the community, YMCA provides continued support designed to strengthen accountability, emotional wellness, and successful reentry.

Community-based services include Victim Impact Awareness (VIA) groups focused on empathy and understanding the impact of crime, connections to community resources, and reentry support. Eligible minors/nonminors may also receive access to a YMCA gym membership upon release.

WHO CAN USE IT: OUT OF CUSTODY

Community Overcoming Relationship Abuse (CORA)

In the community, CORA's School Based Prevention Program helps minors/nonminors develop healthy relationships, positive communication, accountability, and conflict-resolution skills.

minors/nonminors learn to recognize healthy and unhealthy relationship behaviors, manage disagreements, make positive decisions, and strengthen their connection to school and community.

WHO CAN USE IT: OUT OF CUSTODY

Fresh Lifelines for Youth (FLY) / REPS

After release, FLY/REPS continues the relationships and reentry support established while minors/nonminors were in custody.

Credible Messenger mentors and program staff provide ongoing guidance, accountability, skill-building, and support with education, employment, healthy relationships, decision-making, and successful community transition.

WHO CAN USE IT: OUT OF CUSTODY

Live In Peace

After release, Live in Peace provides continued mentorship, education and employment support, vocational opportunities, and connections to wraparound services through a warm-handoff approach.

Community services help minors/nonminors maintain the relationships and progress established in custody while supporting long-term reentry, education, employment, and stability.

WHO CAN USE IT: OUT OF CUSTODY

A Brighter Day

After release, A Brighter Day provides hands-on employment and reentry support to help minors/nonminors successfully transition into the workforce and community.

Services include résumés, interviews, job placement, job coaching, workplace skills, transportation, employment clothing, and continued support to help minors/nonminors get and keep a job.

WHO CAN USE IT: OUT OF CUSTODY

REFERRALS OR QUESTIONS

Contact the minors/nonminors assigned Probation Officer