



































San Mateo County Quick Reference Resource Guide for Youth & Their Families, December 2025

For each service or program, an “X” denotes a category of service that each service/program on this list provides. Please contact the program to confirm availability and eligibility.

										
			Behavioral and Mental Health Services and Support	Family Therapy	Adult Behavioral and Mental Health Services and Support	Prevention and Early Intervention Services	Connection to Mentors/Coaches/Advocates	Academic Support and Engagement	Job Skills and Career Preparation	Assistance with System Navigation
Service/Program	Address	Phone Number								
A Brighter Day Youth Work Program	2301 Carlmont Drive, APT 27, Belmont 94002	(408) 648-9242							X	
AbilityPath	350 Twin Dolphin Drive, Suite 123, Redwood City 94065	(650) 259-8500							X	X
Acknowledge Alliance	2483 Old Middlefield Way, Suite 201, Mountain View 94043	(650) 314-0180	X							
Adolescent Counseling Services	643 Bair Island Road, Suite 402, Redwood City 94063	(650) 424-0852	X	X						
Anger Management and Domestic Abuse Therapy Center	430 Peninsula Avenue, Suite 7, San Mateo 94401	(650) 375-0449	X	X	X					
Anger Management and Domestic Abuse Therapy Center	151 87th Street, Suite 11, Daly City 94015	(650) 375-0449	X	X	X					
Asian-American Recovery Services	1115 Mission Rd., South San Francisco 94080	(415) 337-0104			X					
Bay Area Legal Aid	1048 El Camino Real, Suite A, Redwood City 94063	(650) 358-0745								X
Behavioral Health and Recovery Services – Access Call Center	310 Harbor Blvd., Bldg E, Belmont 94002 (mailing only)	(800) 686-0101	X		X					
Big Brothers - Big Sisters of the Bay Area	1230 Preservation Park Way, Oakland 94612	(415) 503-4050						X		
Boys and Girls Clubs of North San Mateo County	201 W. Orange Avenue, South San Francisco 94080	(650) 589-7090						X	X	X
Boys and Girls Club of the Coastside	600 Church Street, Cunha Campus, Half Moon Bay 94019	(650) 712-9710						X	X	X
Boys and Girls Clubs of the Peninsula	401 Pierce Road, Menlo Park 94025	(650) 646-6140	X			X	X	X	X	
Call Primrose	139 Primrose Road, Burlingame 94010	(650) 342-2255				X				
Caminar	2600 S. El Camino Real, Suite 200, San Mateo 94403	(650) 578-8691	X		X				X	
Children's Health Council	1848 Bay Road, East Palo Alto 94303	(650) 326-5530	X	X						
Christian Counseling Centers, Inc	Bridgepointe Office Park 1510 Fashion Island Blvd., Suite 110, San Mateo 94404	(650) 570-7273	X	X	X					



















San Mateo County Quick Reference Resource Guide for Youth & Their Families, December 2025

										
	Behavioral and Mental Health Services and Support	Family Therapy	Adult Behavioral and Mental Health Services and Support	Prevention and Early Intervention Services	Connection to Mentors/Coaches/Advocates	Academic Support and Engagement	Job Skills and Career Preparation	Assistance with System Navigation		
Service/Program	Address	Phone Number								
Coastside Hope	248 Main Street Suite 200, Half Moon Bay 94019	(650) 726-9071				X				X
Community Alliance to Revitalize Our Neighborhoods (CARON) Community Partnership	3121 Middlefield Road, Redwood City 94063	(650) 599-9107				X		X		X
Community Legal Services in East Palo Alto (CLSEPA)	1861 Bay Road, East Palo Alto 94303	(650) 326-6440								X
Community Overcoming Relationship Abuse (CORA)	2211 Palm Avenue, San Mateo 94403	(650) 652-0800	X	X	X	X				X
Daly City Partnership (Our Second Home, ASAP, Daly City Community Service Center)	725 Price Street, Daly City 94014	(650) 301-3300	X	X	X		X	X		X
Daly City Youth Health Center	350 90th Street, 3rd Floor, Daly City 94015	(650) 877-5700	X	X		X				
East Palo Alto Tennis & Tutoring (EPATT)	2450 Ralmar Ave., East Palo Alto 94303	(650) 835-7601					X	X		
Freedom Center (El Centro de Libertad)	500 Allerton Street, Redwood City 94063	(650) 599-9955	X							X
Ecumenical Hunger Program	2411 Pulgas Avenue, East Palo Alto 94303	(650) 323-7781				X				
Edgewood Center for Children and Families (Kinship Support Network)	170 S. Spruce Ave., Suite 200, South San Francisco 94080	(650) 832-6900	X	X	X	X				X
Edgewood Center for Children and Families (Youth Full-Service Partnership)	170 S. Spruce Ave., Suite 200, South San Francisco 94080	(650) 832-6900	X	X		X				X
Fair Oaks Community Center	2600 Middlefield Road, Redwood City 94063	(650) 780-7500				X				X
Family Resource Center - Redwood City: Sequoia High School	1201 Brewster Avenue, Redwood City 94062	(650) 367-9780	X	X						X
Foundation for A College Education	2160 Euclid Avenue, East Palo Alto 94303	(650) 322-5048					X	X	X	
Free at Last	1796 Bay Road, East Palo Alto 94303	(650) 462-6999	X							
Fresh Lifelines for Youth (FLY) – Law, Leadership, and Re-Entry Programs	330 Twin Dolphin Drive, Suite 109, Redwood City 94065	(650) 450-2361	X			X	X	X	X	X
Friends for Youth	3460 W. Bayshore Road, Suite 203, Palo Alto 94303	(650) 368-4444					X			
Heart and Soul, Inc	1633 Old Bayshore Hwy, Ste 160, Burlingame 94010	(650) 232-7426	X	X	X					


















San Mateo County Quick Reference Resource Guide for Youth & Their Families, December 2025

										
		Behavioral and Mental Health Services and Support	Family Therapy	Adult Behavioral and Mental Health Services and Support	Prevention and Early Intervention Services	Connection to Mentors/Coaches/Advocates	Academic Support and Engagement	Job Skills and Career Preparation	Assistance with System Navigation	
Service/Program	Address	Phone Number								
Human Services Agency - Service Connect	550 Quarry Road, San Carlos 94070	(650) 508-6745							X	X
Human Services Agency - Vocational Rehabilitation Services (VRS)	550 Quarry Road, San Carlos 94070	(650) 802-6486							X	
Immigration Institute of the Bay Area	2600 Middlefield Road, Redwood City 94063	(650) 780-7530								X
Jewish Family and Children's Services - Center for Children and Youth	2001 Winward Way, Suite 200, San Mateo 94404	(650) 931-1840	X	X	X					X
Jobs for Youth	455 County Center, 5th Floor, Redwood City 94063	(650) 599-7215							X	
JobTrain	1200 O'Brien Drive, Menlo Park 94025	(650) 330-6429							X	X
Kara	457 Kingsley Avenue, Palo Alto 94301	(650) 321-5272	X	X	X					
Latino Commission on Alcohol and Drug Abuse Services	1001 Sneath Lane, Suite 307, San Bruno 94066	(650) 244-1444	X							
Live in Peace	321 Bell Street, East Palo Alto 94303	info@liveinpeace.org					X	X	X	
Mental Health Association of San Mateo County	2686 Spring Street, Redwood City 94063	(650) 368-3345	X							
Mills-Peninsula Medical Center - Mental & Behavioral Health Services	100 South San Mateo Drive, San Mateo 94401	(650) 696-4666	X		X					
Morrissey-Compton Educational Center	595 Price Avenue, Redwood City 94063	(650) 322-5910	X	X	X			X		X
Multicultural Institute	533 Warrington Avenue, Redwood City 94063	(650) 339-2794				X	X	X	X	X
NAMI Parents of Youth and Young Adults	350 Twin Dolphin Drive, Suite 115, Redwood City 94065	(650) 638-0800			X					X
NAMI Peer PALS	350 Twin Dolphin Drive, Suite 115, Redwood City 94065	(650) 638-0800	X							
New Perspectives Center for Counseling	5026 Geary Blvd., San Francisco 94118	(415) 752-5275	X	X	X					
NOVAworks Young Adult Program	456 West Olive Avenue, Sunnyvale 94086	(408) 730-7640					X		X	
Nuestra Casa de East Palo Alto	2396 University Avenue, East Palo Alto 94303	(650) 330-7472				X				X



















San Mateo County Quick Reference Resource Guide for Youth & Their Families, December 2025

										
		Behavioral and Mental Health Services and Support	Family Therapy	Adult Behavioral and Mental Health Services and Support	Prevention and Early Intervention Services	Connection to Mentors/Coaches/Advocates	Academic Support and Engagement	Job Skills and Career Preparation	Assistance with System Navigation	
Service/Program	Address	Phone Number								
One East Palo Alto (OEPA)	1195 Hamilton Court, Menlo Park 94025	(650) 980-1809	X		X	X	X		X	X
One Life Counseling Center	1033 Laurel Street, San Carlos 94070	(650) 394-5155	X	X	X					X
Our Common Ground	631 Woodside Road, Redwood City 94061	(650) 367-9030 ext. 26	X	X	X				X	
Pacific Center for Human Growth	2712 Telegraph Avenue, Berkeley 94705	(510) 548-8283	X	X	X					
Pacifica Resource Center	1809 Palmetto Avenue, Pacifica 94044	(650) 738-7470				X				
Parents Helping Parents	1400 Parkmoor Avenue, Suite 100, San Jose 95126	(408) 727-5775								X
Peninsula Bridge	177 Bovet Road, Suite 120, San Mateo 94402	(650) 473-9461					X	X	X	
Peninsula Conflict Resolution Center	1670 S Amphlett Blvd #115, San Mateo 94402	(650) 513-0330								X
Peninsula Family Service	24 Second Avenue, San Mateo 94401	(650) 403-4300				X				X
Project READ	1044 Middlefield Road, Redwood City 94063	(650) 780-7077					X	X		
Puente de la Costa Sur	620 North Street, Pescadero 94060	(650) 879-1691	X	X	X	X	X		X	X
Puente de la Costa Sur	8865 La Honda Road, Suite 4, La Honda 94020	(650) 747-0248	X	X	X	X	X		X	X
Puente Project	Hearst Field Annex, Building C, Berkeley 94720	(510) 642-7677					X	X		X
Ravenswood Family Health Center	John & Susan Sobrato Campus 1885 Bay Road, East Palo Alto 94303	(650) 330-7441	X		X					X
Red Morton Youth Center	1120 Roosevelt Avenue, Redwood City 94061	650-780-7316						X		
Redwood City Catholic Worker	545 Cassia Street, Redwood City 94063	(650) 366-4415				X		X		
Renaissance Entrepreneurship Center	366 Grand Ave., South San Francisco 94080	(650) 829-6429							X	
Resilient Recovery Program	117 North San Mateo Drive, Suite 2, San Mateo 94401	(650) 348-6603	X		X					



San Mateo County Quick Reference Resource Guide for Youth & Their Families, December 2025

										
		Behavioral and Mental Health Services and Support	Family Therapy	Adult Behavioral and Mental Health Services and Support	Prevention and Early Intervention Services	Connection to Mentors/Coaches/Advocates	Academic Support and Engagement	Job Skills and Career Preparation	Assistance with System Navigation	
Service/Program	Address	Phone Number								
Success Centers	1449 Webster Street, San Francisco 94115	(415) 549-7000							X	
The Legal Aid Society of San Mateo County	330 Twin Dolphin Drive, Suite 123, Redwood City 94065	(650) 558-0915								X
The Parent Project	225 37th Avenue, San Mateo 94403	(650) 573-5037								X
The Riekes Center	3455 Edison Way, Menlo Park 94025	(650) 364-2509						X		
Upward Scholars Bay Area	330 Twin Dolphin Dr., STE 101, Redwood City 94065	(650) 263-1384				X	X	X		
Women's Recovery Association (WRA)	117 North San Mateo Drive Suite 2, San Mateo 94401	(650) 348-6603			X					
YMCA Community Resource Center	1486 Huntington Avenue, Suite 100, South San Francisco 94080	(650) 276-4101				X				X
Youth Community Service	780 Arastradero Road, Room V-14, Palo Alto 94306	(650) 858-8019	X			X	X	X		
Youth Service Bureau of Pacifica	435 Edgemar Avenue, Pacifica 94044	(650) 877-8642 ext. 6561 General ext. 6526 English ext. 6586 Spanish ext. 6520 JSRP	X	X	X					
Youth Service Bureau of San Mateo	1650 So. Amphlett Blvd., Suite 113, San Mateo 94402	(650) 877-8642 ext. 6561 General ext. 6526 English ext. 6586 Spanish ext. 6520 JSRP	X	X	X					
Youth Service Bureau of South San Francisco	1486 Huntington Avenue, Suite 100, South San Francisco 94080	(650) 877-8642 ext. 6561 General ext. 6526 English ext. 6586 Spanish ext. 6520 JSRP	X	X	X					