

San Mateo County

Resource Guide for Youth and Their Families

2025



San Mateo County Probation
Department

Juvenile Justice Coordinating
Council (JJCC)



Helping People
Build Better Communities



Introduction

The Juvenile Justice Crime Prevention Act (JJCPA) and the Juvenile Probation and Camp Funding Program (JPCF) require the Juvenile Justice Coordinating Council (JJCC) to develop a local action plan (LAP) every five years to identify service gaps and needs for underserved, under-resourced, vulnerable, and system-impacted youths and their families in the county. Please see the [2025-2030 LAP](#) to see the key priority areas that emerged.







Services included in this resource guide were identified using multiple methods, including internet keyword searches, and resources mentioned during the LAP qualitative interviews (i.e., focus groups and key informant interviews). In addition, the County of San Mateo Human Services Agency released a [Community Information Handbook](#), which was also used to identify services in this resource guide.

Programs are listed alphabetically, each accompanied by a brief description that includes eligibility and other criteria. Additionally, each program includes icon(s) that correspond with eight focused service needs identified in the LAP. Of note, the information in this resource guide for youth and their families reflects publicly available information as of December 2025. Some data could not be obtained before the release of this guide. All programs and services listed are accessible to residents in San Mateo County. Please always confirm current offerings and eligibility directly with each organization.








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For each service or program, an icon denotes a category of service that each service/program on this list provides. Please contact the program to confirm availability and eligibility.

Service/ Program	Service Description	Eligibility/ Age Group Served	Cost	Service Language	Focus Area
<p>A Brighter Day Youth Work Program 2301 Carlmont Drive, APT 27, Belmont 94002 (408) 648-9242</p> 	<ul style="list-style-type: none"> Work-based training and life skills to support young people on probation or previously involved with the justice system Learn more: www.brighterdayyp.org 	<ul style="list-style-type: none"> Youth on probation or previous involvement with the justice system 	<ul style="list-style-type: none"> Free 	<ul style="list-style-type: none"> English 	<ul style="list-style-type: none"> San Mateo County
<p>AbilityPath 350 Twin Dolphin Drive, Suite 123, Redwood City 94065 (650) 259-8500</p>  	<ul style="list-style-type: none"> Vocational training, career planning, skills development, job development for group or individual placement for both youth and adults who are developmentally disabled or have special needs. Parent Mentor program connects newcomer parents to parents of children with similar needs. Learn more: https://abilitypath.org/ 	<ul style="list-style-type: none"> Children with special needs and their families All age groups served 	<ul style="list-style-type: none"> Free 	<ul style="list-style-type: none"> English 	<ul style="list-style-type: none"> San Mateo County
<p>Acknowledge Alliance 2483 Old Middlefield Way, Suite 201, Mountain View 94043 (650) 314-0180</p> 	<ul style="list-style-type: none"> Counseling services to teens on probation in San Mateo County or for youth who have dropped out of school or underserved and under-resourced in the community. Learn more: www.acknowledgealliance.org 	<ul style="list-style-type: none"> Probation-involved or youth who has dropped out of school Youth in grades 9-12 	<ul style="list-style-type: none"> Confirm with program 	<ul style="list-style-type: none"> English 	<ul style="list-style-type: none"> San Mateo County
<p>Adolescent Counseling Services 643 Bair Island Road, Suite 402, Redwood City 94063 (650) 424-0852</p>  	<ul style="list-style-type: none"> Mental health counseling services to youth and their families, substance abuse treatment services to youth suffering from drug abuse and addiction, and on-site school counseling. Learn more: www.acs-teens.org 	<ul style="list-style-type: none"> Youth Ages 11-25 and their families 	<ul style="list-style-type: none"> No insurance accepted. Sliding scale available. Confirm with program. 	<ul style="list-style-type: none"> English, Spanish 	<ul style="list-style-type: none"> San Mateo County


















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<p>Anger Management and Domestic Abuse Therapy Center 430 Peninsula Avenue, Suite 7, San Mateo 94401 (650) 375-0449</p> 	<ul style="list-style-type: none"> Counseling programs in Anger Management, Parenting, and Domestic Violence Learn more: www.angercure.org 	<ul style="list-style-type: none"> Court order and self-referral 	<ul style="list-style-type: none"> No insurance accepted. Sliding scale available. Confirm with program. 	<ul style="list-style-type: none"> English, Spanish 	<ul style="list-style-type: none"> San Mateo County
<p>Anger Management and Domestic Abuse Therapy Center 151 87th Street, Suite 11, Daly City 94015 (650) 375-0449</p> 	<ul style="list-style-type: none"> Counseling programs in Anger Management, Parenting, and Domestic Violence Learn more: www.angercure.org 	<ul style="list-style-type: none"> Court order & self-referral 	<ul style="list-style-type: none"> Sliding scale available. Confirm with program. 	<ul style="list-style-type: none"> English, Spanish 	<ul style="list-style-type: none"> San Mateo County
<p>Asian-American Recovery Services 1115 Mission Rd., South San Francisco 94080 (415) 337-0104</p> 	<ul style="list-style-type: none"> Adult outpatient services for substance use treatment. A program of HealthRIGHT 360. Learn more: https://www.healthright360.org/parent-program/asian-american-recovery-services/ 	<ul style="list-style-type: none"> Age 18 and older. Must have Health Plan of San Mateo. 	<ul style="list-style-type: none"> No costs if insured through HealthPlan of San Mateo. No cash pay accepted. Contact program to confirm costs. 	<ul style="list-style-type: none"> English, Tagalog 	<ul style="list-style-type: none"> San Mateo County
<p>Bay Area Legal Aid 1048 El Camino Real, Suite A, Redwood City 94063 (650) 358-0745</p> 	<ul style="list-style-type: none"> Domestic violence restraining order services. Declaration assistance provided through virtual Zoom clinics and legal advice line available. Learn more: www.baylegal.org 	<ul style="list-style-type: none"> Residents who have low and very-low income 	<ul style="list-style-type: none"> Free 	<ul style="list-style-type: none"> English, Spanish, Other languages (Contact organization/program to confirm) 	<ul style="list-style-type: none"> San Mateo County
<p>Behavioral Health and Recovery Services – Access Call Center 310 Harbor Blvd., Bldg E, Belmont 94002 (mailing only) 1-800-686-0101</p> 	<ul style="list-style-type: none"> Main entry point for Medi-Cal beneficiaries seeking mental health and/or substance use treatment services in San Mateo County. Learn more: www.smchealth.org/post/bhrs-access-call-center 	<ul style="list-style-type: none"> Individuals who are uninsured or have Medi-Cal10, CareAdvantage11, Medicare12, San Mateo County Access and Care for Everyone 13, or HealthWorx14 insurance plans All ages served 	<ul style="list-style-type: none"> Free 	<ul style="list-style-type: none"> English, Spanish, Chinese, Other languages (Contact organization/program to confirm) 	<ul style="list-style-type: none"> San Mateo County







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Big Brothers - Big Sisters of the Bay Area 1230 Preservation Park Way, Oakland 94612 (415) 503-4050 	<ul style="list-style-type: none"> Mentoring services pair adult mentors with youth who live in single-parent households, are in low-income families, live with a non-parent caregiver, or are affected by trauma. Learn more: www.bbbsba.org 	<ul style="list-style-type: none"> Ages 6-16 with parent/guardian consent 	<ul style="list-style-type: none"> Free for participating children and their families 	<ul style="list-style-type: none"> English, Spanish 	<ul style="list-style-type: none"> San Mateo County
Boys and Girls Clubs of North San Mateo County 201 W. Orange Avenue, South San Francisco 94080 (650) 589-7090   	<ul style="list-style-type: none"> Educational support including tutoring, mentoring, vocational training and character development Learn more: www.theclubs.org 	<ul style="list-style-type: none"> Youth in grades 1-8 	<ul style="list-style-type: none"> \$50 annual membership, \$25 for Summer Camp membership. Full and partial scholarships available. Contact program to verify. 	<ul style="list-style-type: none"> English 	<ul style="list-style-type: none"> San Mateo North County
Boys and Girls Club of the Coastside 600 Church Street, Cunha Campus, Half Moon Bay 94019 (650) 712-9710   	<ul style="list-style-type: none"> Educational, mentoring, social, recreational activities, afterschool tutoring, job training/placement, and developmental activities Learn more: www.bgccoastside.org/ 	<ul style="list-style-type: none"> Youth in grades 6-8 (middle school site), high school students (Teen Center). 	<ul style="list-style-type: none"> \$45 per school year. Additional fees for certain programs Financial aid available. Contact program to verify. 	<ul style="list-style-type: none"> English 	<ul style="list-style-type: none"> San Mateo Coast/Coastside
Boys and Girls Clubs of the Peninsula 401 Pierce Road, Menlo Park 94025 (650) 646-6140    	<ul style="list-style-type: none"> Educational support, tutoring, mentoring, career coaching, college readiness workshops, internships, and afterschool programs/activities. Mental health support through 1:1 therapy and group counseling to students Learn more: www.bgcp.org 	<ul style="list-style-type: none"> Youth K-8, high school students 	<ul style="list-style-type: none"> Free 	<ul style="list-style-type: none"> English 	<ul style="list-style-type: none"> San Mateo South County
Call Primrose 139 Primrose Road, Burlingame 94010 (650) 342-2255 	<ul style="list-style-type: none"> Weekly grocery support (free) Learn more: www.callprimrose.org 	<ul style="list-style-type: none"> All ages served 	<ul style="list-style-type: none"> Free 	<ul style="list-style-type: none"> English 	<ul style="list-style-type: none"> San Mateo North County
Caminar 2600 S. El Camino Real, Suite 200, San Mateo 94403 (650) 578-8691   	<ul style="list-style-type: none"> Mental health and substance use treatment services Learn more: www.caminar.org 	<ul style="list-style-type: none"> Varies by program (outpatient mental health, substance use treatment, housing support, case management). Most require San Mateo County residency age 18+. 	<ul style="list-style-type: none"> Contact program to confirm costs. Most are low-cost or sliding scale. 	<ul style="list-style-type: none"> English 	<ul style="list-style-type: none"> San Mateo County







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<p>Children's Health Council 1848 Bay Road, East Palo Alto 94303 (650) 326-5530</p> 	<ul style="list-style-type: none"> Evaluation, therapy, and support for children and teens with learning differences, ADHD, anxiety, depression, and autism spectrum disorders Learn more: www.chconline.org 	<ul style="list-style-type: none"> No referral needed, but insurance verification occurs at intake. Priority for children with complex needs like co-occurring learning and emotional issues. Serves ages preschool to high school. Confirm with program. 	<ul style="list-style-type: none"> Sliding scale; financial assistance available. Contact to confirm costs. 	<ul style="list-style-type: none"> English, Spanish 	<ul style="list-style-type: none"> East Palo Alto and East Menlo Park. Services can be brought to school sites, contact to confirm.
<p>Christian Counseling Centers, Inc Bridgepointe Office Park 1510 Fashion Island Blvd., Suite 110, San Mateo 94404 (650) 570-7273</p> 	<ul style="list-style-type: none"> Provides individual, couples, and family therapy for children, adolescents, and adults, integrating licensed mental health treatment with Christian faith perspectives. Learn more: www.christiancounselingcenters.org 	<ul style="list-style-type: none"> Services are open to anyone seeking Christian-based counseling. Contact program for age eligibility. 	<ul style="list-style-type: none"> Contact program to verify cost. 	<ul style="list-style-type: none"> English 	<ul style="list-style-type: none"> San Mateo County
<p>Coastside Hope 248 Main Street Suite 200, Half Moon Bay 94019 (650) 726-9071</p> 	<ul style="list-style-type: none"> Free or low-cost services include crisis intervention, case management, emergency/supplemental food pantry, rental/utility assistance, shelter referrals, tax preparation, citizenship classes, immigration legal consultations, digital navigator support, and partnerships for benefits screening/housing aid. Also provides other special programs Learn more: www.coastsidehope.org 	<ul style="list-style-type: none"> Open to all Coastside residents in need facing economic hardship, and those unhoused, seniors below poverty level, disabled individuals, families in crisis, farmworkers, and immigrants 	<ul style="list-style-type: none"> Free or low-cost services 	<ul style="list-style-type: none"> English, Spanish 	<ul style="list-style-type: none"> Coastside
<p>Community Alliance to Revitalize Our Neighborhoods (CARON) Community Partnership 3121 Middlefield Road, Redwood City 94063 (650) 599-9107</p> 	<ul style="list-style-type: none"> Designed to provide information to immigrant community including parenting classes, educational workshops on mental health, gangs, drugs, immigration rights, domestic violence, and safety. Provides Youth mentorship, neighborhood watch setup, and community events like "Donuts with Deputies" or arts/crafts nights. Home visits, resource referrals, and dialogues for civic engagement. Learn more: www.caronprogram.com/ 	<ul style="list-style-type: none"> Contact program to confirm eligibility and age groups served. 	<ul style="list-style-type: none"> Contact program to confirm cost. 	<ul style="list-style-type: none"> English, Spanish 	<ul style="list-style-type: none"> North Fair Oaks and Coastside areas



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<p>Community Legal Services in East Palo Alto (CLSEPA) 1861 Bay Road, East Palo Alto 94303 (650) 326-6440</p> 	<ul style="list-style-type: none"> Legal services for immigration, housing, record expungement, and workers' rights Learn more: www.clsepa.org 	<ul style="list-style-type: none"> Families or individuals who are low income 	<ul style="list-style-type: none"> Free or low cost. Contact program to verify. 	<ul style="list-style-type: none"> English, Spanish 	<ul style="list-style-type: none"> San Mateo County
<p>Community Overcoming Relationship Abuse (CORA) 2211 Palm Avenue, San Mateo 94403 (650) 652-0800</p> 	<ul style="list-style-type: none"> Provides healthy relationship education to help break cycles of domestic violence and abuse. Includes crisis intervention, safe housing, mental health, LGBTQ+ support, legal services, prevention and education. Satellite offices in East Palo Alto and Half Moon Bay. Learn more: www.corasupport.org 	<ul style="list-style-type: none"> Open to all San Mateo County residents affected by domestic/dating violence 	<ul style="list-style-type: none"> No income restrictions, fees, or insurance required. Contact program to confirm. 	<ul style="list-style-type: none"> English 	<ul style="list-style-type: none"> San Mateo County
<p>Daly City Partnership (Our Second Home, ASAP, Daly City Community Service Center) 725 Price Street, Daly City 94014 (650) 301-3300</p> 	<ul style="list-style-type: none"> Afterschool programs, parenting classes and workshops, bilingual developmental playgroups, individual and family counseling services for parents and caregivers and their youth. Offers referrals to healthcare, CalFresh, and legal services. Small group literacy tutoring. Learn more: www.dcpartnership.org 	<ul style="list-style-type: none"> Resident of San Mateo County; some services are specific to residents of Broadmoor, Colma, and Daly City. Children of all ages, families, and adults 	<ul style="list-style-type: none"> Free 	<ul style="list-style-type: none"> English, Spanish, Tagalog, Mandarin 	<ul style="list-style-type: none"> Daly City, Colma, and Broadmoor
<p>Daly City Youth Health Center 350 90th Street, 3rd Floor, Daly City 94015 (650) 877-5700</p> 	<ul style="list-style-type: none"> Primary care, reproductive health, and mental health services for teens and young adults Learn more: www.dcyouth.org 	<ul style="list-style-type: none"> Medi-Cal, ACE, Family PACT. We can help with coverage enrollment. Ages 12-25 	<ul style="list-style-type: none"> Costs vary depending on health coverage. 	<ul style="list-style-type: none"> English, Spanish, Other languages (Contact organization/program to confirm) 	<ul style="list-style-type: none"> Daly City, Broadmoor, Pacifica, Colma, Brisbane, South San Francisco, and San Bruno



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<p>East Palo Alto Tennis & Tutoring (EPATT) 2450 Ralmar Ave., East Palo Alto 94303 (650) 835-7601</p> 	<ul style="list-style-type: none"> Tutoring, tennis, mentorship, coaching, college access, internships, and other academic and tennis programs for local youth historically underserved Learn more: www.epatt.org 	<ul style="list-style-type: none"> Student K-12 who lives in East Palo Alto or the Belle Haven neighborhood. Students who qualify for free or reduced-price lunch, or attend a school where 60% qualify for free/reduced lunch. Contact program to verify eligibility and information on enrollment. 	<ul style="list-style-type: none"> Free. Contact program to verify 	<ul style="list-style-type: none"> English, Spanish, Tongan 	<ul style="list-style-type: none"> East Palo Alto, Belle Haven
<p>Ecumenical Hunger Program 2411 Pulgas Avenue, East Palo Alto 94303 (650) 323-7781</p> 	<ul style="list-style-type: none"> Food assistance, child and youth nutrition, children's support (back-to-school backpacks and clothing), case management and advocacy, senior support groups, and gardening and gardening education for children. Learn more: www.ehpcares.org 	<ul style="list-style-type: none"> Working families, seniors, people with limited incomes and those who have both emergency and ongoing needs in East Palo Alto, Menlo Park, and surrounding communities 	<ul style="list-style-type: none"> Free 	<ul style="list-style-type: none"> English, Spanish, Tongan, Samoan, Hmong 	<ul style="list-style-type: none"> San Mateo County
<p>Edgewood Center for Children and Families (Kinship Support Network) 170 S. Spruce Ave., Suite 200, South San Francisco 94080 (650) 832-6900</p> 	<ul style="list-style-type: none"> Support for youth and families at risk of disruption, supporting whole-family functioning, permanency, and long-term wellness. Clinical and practical services include food and basic needs pantry, parent/caregiver support groups, parenting courses, parent-child interactive activities, case management, mental health treatment, visitation supervision, resource library, family fun nights, summer field trips, cultural celebrations, and Enhanced Case Management Learn more: www.edgewood.org 	<ul style="list-style-type: none"> Families navigating child welfare involvement, guardianship, or seeking post-permanency stabilization. Children and teens from early childhood to age 21 living with relative caregivers, including those at risk of placement disruption or with unmet behavioral health or psychosocial needs. Contact to confirm eligibility 	<ul style="list-style-type: none"> Free 	<ul style="list-style-type: none"> English, Spanish, Chinese 	<ul style="list-style-type: none"> San Mateo County
<p>Edgewood Center for Children and Families (Youth Full-Service Partnership) 170 S. Spruce Ave., Suite 200, South San Francisco 94080 (650) 832-6900</p> 	<ul style="list-style-type: none"> Recreational opportunities, vocational workshops, tutoring & mentoring, afterschool programs, on-site resources to empower youth. Access to healthy meals, clothing, and hygiene products. Also offer family-focused programs designed to assess, stabilize, and treat youth (ages 12-17) by using individual and family counseling and providing workshops for caregivers Learn more: www.edgewood.org 	<ul style="list-style-type: none"> Referrals come through county departments, child welfare, juvenile probation, school mental health, county mental health; and eligible San Mateo County residents 	<ul style="list-style-type: none"> Free. Serves youth ages 6-18 and their families, and adults 	<ul style="list-style-type: none"> English and Spanish 	<ul style="list-style-type: none"> San Mateo County








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<p>El Centro de Libertad/The Freedom Center 500 Allerton Street, Redwood City 94063 (650) 599-9955</p> 	<ul style="list-style-type: none"> One-on-one counseling, group counseling in outpatient substance use treatment services. Also provides school-based prevention education, anger management, parenting education, and community and family outreach programs. Provides a court-mandated, 12-52-week course that focuses on recognizing unhealthy parenting patterns and developing a plan to enhance parenting skills. Learn more: www.elcentrodelibertad.org 	<ul style="list-style-type: none"> San Mateo County residents (adults, youth) with substance use, related mental health, or court/probation/CPS needs. 	<ul style="list-style-type: none"> Fees vary, sliding scale. Contact program to verify. 	<ul style="list-style-type: none"> English, Spanish 	<ul style="list-style-type: none"> San Mateo County
<p>Fair Oaks Community Center 2600 Middlefield Road, Redwood City 94063 (650) 780-7500</p> 	<ul style="list-style-type: none"> Food, housing, and other emergency assistance, childcare, immigration and citizenship classes, ESL classes, legal services, crisis intervention, information and referrals. They partner with Peninsula Family Services for services for older adults. Learn more: www.redwoodcity.org/departments/parks-recreation-and-community-services/facilities/community-centers 	<ul style="list-style-type: none"> Resident of local area for core services; some programs are offered to residents outside of core area 	<ul style="list-style-type: none"> Free 	<ul style="list-style-type: none"> English, Spanish 	<ul style="list-style-type: none"> Redwood City, North Fair Oaks, Portola Valley, Woodside, and Atherton
<p>Family Resource Center - Redwood City: Sequoia High School 1201 Brewster Avenue, Redwood City 94062 (650) 367-9780</p> 	<ul style="list-style-type: none"> Parent leadership and workshops around navigating high school through post-secondary education systems. Other navigation assistance for newcomers (backpacks provided to be ready for school). Can provide referrals to outside agencies such as immigration, Medi-Cal, dentist, eye exams, sports exams, food bank applications, and meal applications for district meal program. Other resources offered onsite (warm clothing if available) Learn more: www.sequoiahs.org 	<ul style="list-style-type: none"> Participant must be a Sequoia High School student 	<ul style="list-style-type: none"> Free or reduced fees, varies by program. depending on income. Contact program to verify. 	<ul style="list-style-type: none"> English, Spanish, Other languages (Contact organization/ program to confirm) 	<ul style="list-style-type: none"> Sequoia High School
<p>Foundation for A College Education 2160 Euclid Avenue, East Palo Alto 94303 (650) 322-5048</p> 	<ul style="list-style-type: none"> Supports low-income, first-generation college-bound high school students through scholarships, mentoring, and college success programs Learn more: www.collegefoundation.org 	<ul style="list-style-type: none"> Low-income, first-gen high schoolers from East Palo Alto, Menlo Park, Redwood City 	<ul style="list-style-type: none"> Free/no-cost programs and grants 	<ul style="list-style-type: none"> English 	<ul style="list-style-type: none"> San Mateo County





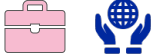


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<p>Free at Last 1796 Bay Road, East Palo Alto 94303 (650) 462-6999</p> 	<ul style="list-style-type: none"> Prevention and intervention services for substance use issues, structured treatment, transitional housing, women's and men's residential substance abuse treatment program. Provides referrals for mental health counseling, basic needs, and emergency assistance. Learn more: www.freeatlast.org 	<ul style="list-style-type: none"> Individuals with alcohol and/or drug addiction 	<ul style="list-style-type: none"> Fees vary. Contact program to verify. 	<ul style="list-style-type: none"> English, Spanish 	<ul style="list-style-type: none"> San Mateo County
<p>Fresh Lifelines for Youth (FLY) – Law, Leadership, and Re-Entry Programs 330 Twin Dolphin Drive, Suite 109, Redwood City 94065 (650) 450-2361</p> 	<ul style="list-style-type: none"> FLY Law: 14-19-year olds in San Mateo County. FLY Leadership Training Program: 14-18-year olds involved in juvenile justice or at-risk of involvement; completed Law program, on Probation, or at an expulsion school. FLY Reentry: youth and young adults serving or exiting long-term incarceration in a juvenile justice facility. Learn more: www.flyprogram.org 	<ul style="list-style-type: none"> Youth 14-19. Contact program to confirm. 	<ul style="list-style-type: none"> Free, contact program to verify. 	<ul style="list-style-type: none"> English, Spanish 	<ul style="list-style-type: none"> San Mateo County
<p>Friends for Youth 3460 W. Bayshore Road, Suite 203, Palo Alto 94303 (650) 368-4444</p> 	<ul style="list-style-type: none"> Professionally supported mentoring programs designed to help young people develop social-emotional skills, resilience, and positive connections with adults Learn more: www.friendsforyouth.org 	<ul style="list-style-type: none"> Underserved youth 8-17 	<ul style="list-style-type: none"> Free 	<ul style="list-style-type: none"> English, Spanish 	<ul style="list-style-type: none"> San Mateo County
<p>Heart and Soul, Inc 1633 Old Bayshore Hwy, Ste 160, Burlingame 94010 (650) 232-7426</p> 	<ul style="list-style-type: none"> One on one peer support, support groups and group activities for adults living with mental health diagnoses Learn more: www.heartandsoulinc.org 	<ul style="list-style-type: none"> Mental health diagnosis 	<ul style="list-style-type: none"> Free 	<ul style="list-style-type: none"> English, Spanish, Tagalog, Mandarin 	<ul style="list-style-type: none"> San Mateo County
<p>Human Services Agency - Service Connect 550 Quarry Road, San Carlos 94070 (650) 508-6745</p> 	<ul style="list-style-type: none"> Multidisciplinary re-entry support service Learn more: https://hsa.smcgov.org/service-connect 	<ul style="list-style-type: none"> Individuals who have been incarcerated in the county jail or under county supervision, enrolled in Post-Release Community Supervision who have served a sentence and Individuals living in or planning to live in San Mateo County after release. 	<ul style="list-style-type: none"> Free of charge to eligible county residents. Contact program to verify. 	<ul style="list-style-type: none"> English 	<ul style="list-style-type: none"> San Mateo County







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<p>Human Services Agency - Vocational Rehabilitation Services (VRS) 550 Quarry Road, San Carlos 94070 (650) 802-6486</p> 	<ul style="list-style-type: none"> Services to county residents with disabilities and other barriers to employment to prepare job readiness and obtain competitive work Learn more: https://hsa.smcgov.org/vocational-rehabilitation-services 	<ul style="list-style-type: none"> Contact HSA/VRS to discuss interest and complete an intake. 	<ul style="list-style-type: none"> Free of charge to eligible county residents. Referral required. Contact program to verify. 	<ul style="list-style-type: none"> English 	<ul style="list-style-type: none"> San Mateo County
<p>Immigration Institute of the Bay Area 2600 Middlefield Road, Redwood City 94063 (650) 780-7530</p> 	<ul style="list-style-type: none"> Provides supported immigration services, both legal and educational Learn more: www.iibayarea.org 	<ul style="list-style-type: none"> Initial immigration legal consultations with qualified attorneys or representatives are scheduled by appointment and are free for screening eligibility and case viability 	<ul style="list-style-type: none"> Contact program to verify costs. 	<ul style="list-style-type: none"> English, Spanish 	<ul style="list-style-type: none"> San Mateo County
<p>Jewish Family and Children's Services - Center for Children and Youth 2001 Winward Way, Suite 200, San Mateo 94404 (650) 931-1840</p> 	<ul style="list-style-type: none"> Parent coaching, workshops, support groups, and individual/family/ group counseling for children, parents, and their families. Learn more: https://ccy.jfcs.org/ 	<ul style="list-style-type: none"> Contact program for eligibility. 	<ul style="list-style-type: none"> Insurance not accepted. Costs depend on service (some scholarships are available) 	<ul style="list-style-type: none"> English, Hebrew, Russian 	<ul style="list-style-type: none"> San Mateo County
<p>Jobs for Youth 455 County Center, 5th Floor, Redwood City 94063 (650) 599-7215</p> 	<ul style="list-style-type: none"> Provides youth with job seeking skills, interviewing skills, and youth receive support with writing resumes, and cover letters. Learn more: www.jobsforyouth.org 	<ul style="list-style-type: none"> Youth between the ages of 14-21 and reside or attend school in San Mateo County 	<ul style="list-style-type: none"> Free 	<ul style="list-style-type: none"> English 	<ul style="list-style-type: none"> San Mateo County
<p>JobTrain 1200 O'Brien Drive, Menlo Park 94025 (650) 330-6429</p> 	<ul style="list-style-type: none"> Job training to unemployed and economically disadvantaged youths and adults. Learn more: www.jobtrainworks.org 	<ul style="list-style-type: none"> Low-income, unemployed and underemployed people as well as high school youth 	<ul style="list-style-type: none"> Free 	<ul style="list-style-type: none"> English, Spanish, Tagalog, Tongan 	<ul style="list-style-type: none"> San Mateo County







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<p>Kara 457 Kingsley Avenue, Palo Alto 94301 (650) 321-5272</p> 	<ul style="list-style-type: none"> Provides emotional support and information to parents, teens, and children who are grieving a death or coping with a terminal illness. Services include peer counseling and support groups, grief-related therapy, outreach, education, consultations and referrals. Learn more: www.kara-grief.org 	<ul style="list-style-type: none"> Client must be related to person who has experienced a loss due to death (exclusively); also work with clients who are at their end of life who need counseling services Youth 6-17 and their families; youth who are 18 years old must still be in high school. Services also for young adults 18+ 	<ul style="list-style-type: none"> Free or varies by services. Sliding scale for therapy. 	<ul style="list-style-type: none"> English, Spanish 	<ul style="list-style-type: none"> San Mateo County
<p>Latino Commission on Alcohol and Drug Abuse Services 1001 Sneath Lane, Suite 307, San Bruno 94066 (650) 244-1444</p> 	<ul style="list-style-type: none"> Provides culturally responsive recovery and community healing services to help with substance use problems and offers residential treatment to youth and adult men and women. Youth/parent support services provided. Learn more: www.thelatinocommission.org 	<ul style="list-style-type: none"> Adults (18+) with substance use disorders (alcohol or other drugs) seeking outpatient or residential treatment. Clinical assessment required. 	<ul style="list-style-type: none"> Contact program to confirm. 	<ul style="list-style-type: none"> English, Spanish 	<ul style="list-style-type: none"> San Mateo County
<p>Live in Peace 321 Bell Street, East Palo Alto 94303</p> 	<ul style="list-style-type: none"> Services focus on education, mentorship, job readiness, and life skills to youth and young adults who are underserved in East Palo Alto and surrounding areas. Key programs include Academic support & re-engagement (high school–age youth); Mentoring & life-skills development; College preparation and support; Youth employment & apprenticeships; Community bike shop (skills training + low-cost transportation) Learn more: www.liveinpeace.org 	<ul style="list-style-type: none"> Youth and young adults in East Palo Alto and surrounding areas. Focus on relational support for young people who are at risk of educational disengagement or lack access to other services. 	<ul style="list-style-type: none"> Most programs are free. Contact program to confirm, may vary. 	<ul style="list-style-type: none"> English 	<ul style="list-style-type: none"> East Palo Alto and surrounding areas
<p>Mental Health Association of San Mateo County 2686 Spring Street, Redwood City 94063 (650) 368-3345</p> 	<ul style="list-style-type: none"> Support and Advocacy for Young Adults in Transition (SAYAT) program provides mental health counseling to youth leaving foster care or the juvenile justice system. They offer intensive case management and support services to assist with independent living. Learn more: www.mhasmc.org 	<ul style="list-style-type: none"> Youth between the ages of 18 and 25 leaving foster care or juvenile justice system; be considered homeless as defined by HUD; reside in San Mateo County; have an identified disability 	<ul style="list-style-type: none"> Free 	<ul style="list-style-type: none"> English 	<ul style="list-style-type: none"> San Mateo County







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<p>Mills-Peninsula Medical Center - Mental & Behavioral Health Services 100 South San Mateo Drive, San Mateo 94401 (650) 696-4666</p> 	<ul style="list-style-type: none"> Provides Adult Intensive Outpatient Program (IOP), Partial Hospitalization Program (PHP), Adult chemical dependency and transitional age IOP group to 50yrs+ and adolescent IOP program Learn more: www.sutterhealth.org/mills/services/behavioral-health 	<ul style="list-style-type: none"> Intake required to see if services are appropriate. 	<ul style="list-style-type: none"> Contact program to confirm costs. Does not accept Medi-Cal but does accept Medicare. 	<ul style="list-style-type: none"> English 	<ul style="list-style-type: none"> San Mateo County
<p>Morrissey-Compton Educational Center 595 Price Avenue, Redwood City 94063 (650) 322-5910</p> 	<ul style="list-style-type: none"> Diagnostic testing for learning challenges, ADHD, autism, and socioemotional concerns. Also offer tutoring (1:1 academic support w/ educational specialist or for actual intervention and mental health therapy. Learn more: www.mcinc.org/ 	<ul style="list-style-type: none"> Assessment not required to participate or outside assessment can be used to help with care plan. Ages 4+ served. 	<ul style="list-style-type: none"> Fee for service clinic, does not work with insurance. Costs are out of pocket, superbill provides Offer financial assistance for all service, family would need to complete application for financial assistance. 	<ul style="list-style-type: none"> English, Spanish 	<ul style="list-style-type: none"> San Mateo County
<p>Multicultural Institute 533 Warrington Avenue, Redwood City 94063 (650) 339-2794</p> 	<ul style="list-style-type: none"> Vocational skill-building services and courses in business planning and computer basics to adults, mentoring for academic success to youth, and parent workshops to increase engagement with their children. Naturalization courses and free legal clinics are also offered. Learn more: www.mionline.org 	<ul style="list-style-type: none"> Low-income day laborers and domestic workers. Academic success program is for students in 3th grade - high school, and adults 	<ul style="list-style-type: none"> Free 	<ul style="list-style-type: none"> English, Spanish 	<ul style="list-style-type: none"> San Mateo County
<p>NAMI Parents of Youth and Young Adults 350 Twin Dolphin Drive, Suite 115, Redwood City 94065 (650) 638-0800</p> 	<ul style="list-style-type: none"> Support for parents/caregivers of children, teens, or young adults experiencing mental health challenges including peer-led support group and Information and encouragement for navigating behavioral health systems Learn more: www.namisanmateo.org 	<ul style="list-style-type: none"> Offers support groups for parents of youth and young adults aged 6-26 who have received a mental health diagnosis. 	<ul style="list-style-type: none"> Free 	<ul style="list-style-type: none"> English, Spanish 	<ul style="list-style-type: none"> San Mateo County








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<p>NAMI Peer PALS 350 Twin Dolphin Drive, Suite 115, Redwood City 94065 (650) 638-0800</p> 	<ul style="list-style-type: none"> Provides individuals with mental illness who are in recovery with a trained Peer PAL who has had success or is recovering from mental illness. Learn more: www.namisanmateo.org 	<ul style="list-style-type: none"> Adults with mental illness and are in recovery 	<ul style="list-style-type: none"> Free 	<ul style="list-style-type: none"> English, Spanish 	<ul style="list-style-type: none"> San Mateo County
<p>New Perspectives Center for Counseling 5026 Geary Blvd., San Francisco 94118 (415) 752-5275</p> 	<ul style="list-style-type: none"> Provides counseling for youth, families and couples Learn more: www.sfnewperspectives.org 	<ul style="list-style-type: none"> Anyone seeking mental health counseling, complete intake/request form to determine needs and availability 	<ul style="list-style-type: none"> Fees are based on income, sliding scale, and Medi-Cal accepted. 	<ul style="list-style-type: none"> English, Spanish, German, Korean, French, Vietnamese 	<ul style="list-style-type: none"> San Mateo County
<p>NOVAworks Young Adult Program 456 West Olive Avenue, Sunnyvale 94086 (408) 730-7640</p> 	<ul style="list-style-type: none"> Career coaching, educational planning, paid work experience opportunities, financial support, career training. Learn more: https://novaworks.org/young-adults/ 	<ul style="list-style-type: none"> Right-to-work in the US, Selective Service registration for males 18 and older If out of school, youth must be aged 17-24 and meet one of the following criteria: English Language Learner, Justice involved, Homeless, Pregnant or parenting, Individual with disability, Foster youth (or aged out of foster care system), High school dropout, Basic skills deficient If in school, youth must be aged 17-21 AND is required to be low income AND must meet one of these barriers noted above. 	<ul style="list-style-type: none"> Free 	<ul style="list-style-type: none"> English, Spanish, Other languages (Contact organization/program to confirm) 	<ul style="list-style-type: none"> San Mateo County
<p>Nuestra Casa de East Palo Alto 2396 University Avenue, East Palo Alto 94303 (650) 330-7472</p> 	<ul style="list-style-type: none"> Provides support for residents around Environmental justice and water justice, Civic engagement and leadership development, Housing advocacy and resource navigation, Promotora outreach and community education. Learn more: www.nuestracasa.org 	<ul style="list-style-type: none"> Residents of East Palo Alto and neighboring communities, focus on supporting low-income and immigrant families. Contact program to verify eligibility. 	<ul style="list-style-type: none"> Most services free. Contact program to confirm. 	<ul style="list-style-type: none"> English, Spanish 	<ul style="list-style-type: none"> East Palo Alto








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<p>One East Palo Alto (OEPA) 1195 Hamilton Court, Menlo Park 94025 (650) 980-1809</p> 	<ul style="list-style-type: none"> Provides youth-focused services including substance use prevention in youth, trauma-specific interventions, crime prevention, community outreach and engagement services, mental health services for youth and parents, summer employment (SEP) opportunities with mentoring and community connectedness opportunities, behavioral health for youth and their parents Learn more: www.oneepa.org 	<ul style="list-style-type: none"> Youth ages 14-24 (SEP); substance abuse prevention is for high-school youth; mental health drop-in center is for all ages 	<ul style="list-style-type: none"> Free 	<ul style="list-style-type: none"> English, Spanish, Tongan, Samoan 	<ul style="list-style-type: none"> East Palo Alto, Belle Haven
<p>One Life Counseling Center 1033 Laurel Street, San Carlos 94070 (650) 394-5155</p> 	<ul style="list-style-type: none"> Affordable and accessible individual, group and family counseling. Financial education, life skills, art therapy, and mindfulness resources are offered. Parent education and legal support, food, and clothing also offered. Learn more: www.onelifecounselingcenter.com 	<ul style="list-style-type: none"> Contact program to verify. 	<ul style="list-style-type: none"> Sliding scale. Contact program to verify. 	<ul style="list-style-type: none"> English, Spanish, Tagalog, Cantonese, Hindi, Punjabi 	<ul style="list-style-type: none"> San Mateo County
<p>Our Common Ground 631 Woodside Road, Redwood City 94061 (650) 367-9030, ext. 26</p> 	<ul style="list-style-type: none"> Provides individualized substance abuse and co-occurring mental health disorder treatment. Other programs include outpatient, residential treatment facilities, and transitional housing. Learn more: www.ocgworks.org 	<ul style="list-style-type: none"> Contact program to verify. Services 	<ul style="list-style-type: none"> Contact program to verify costs. 	<ul style="list-style-type: none"> English, Spanish 	<ul style="list-style-type: none"> San Mateo County
<p>Pacific Center for Human Growth 2712 Telegraph Avenue, Berkeley 94705 (510) 548-8283</p> 	<ul style="list-style-type: none"> Mental Health services for the population identifying as LGBTQ+ Learn more: www.pacificcenter.org 	<ul style="list-style-type: none"> LGBTQ+ 	<ul style="list-style-type: none"> Sliding scale & Medi-Cal 1-1 therapy, free youth program 7-25 	<ul style="list-style-type: none"> English, Spanish 	<ul style="list-style-type: none"> San Mateo County (all areas served via telehealth)
<p>Pacifica Resource Center 1809 Palmetto Avenue, Pacifica 94044 (650) 738-7470</p> 	<ul style="list-style-type: none"> Services to families in Pacifica by providing food, housing assistance, school supplies, coaching, advocacy, referrals to partners and information, and transportation services. Learn more: www.pacresourcecenter.org 	<ul style="list-style-type: none"> Resident of Pacifica. All ages served. 	<ul style="list-style-type: none"> Free 	<ul style="list-style-type: none"> English, Spanish 	<ul style="list-style-type: none"> Pacifica



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<p>Parents Helping Parents 1400 Parkmoor Avenue, Suite 100, San Jose 95126 (408) 727-5775</p> 	<ul style="list-style-type: none"> • Supports for families raising children and adults with disabilities • Learn more: www.php.com 	<ul style="list-style-type: none"> • Families of children/adults with disabilities. Contact program to verify. 	<ul style="list-style-type: none"> • Contact program to verify costs 	<ul style="list-style-type: none"> • English 	<ul style="list-style-type: none"> • San Mateo County
<p>Peninsula Bridge 177 Bovet Road, Suite 120, San Mateo 94402 (650) 473-9461</p> 	<ul style="list-style-type: none"> • Academic and personal support to students from low-income families from middle school to college. Students are also provided one-on-one academic support, college and career readiness skills, and tutoring. • Learn more: www.peninsulabridge.org 	<ul style="list-style-type: none"> • Students from families that are low-income. Serves students in Grades 5 - college 	<ul style="list-style-type: none"> • Contact program to verify costs 	<ul style="list-style-type: none"> • English 	<ul style="list-style-type: none"> • San Mateo County
<p>Peninsula Conflict Resolution Center 1670 S Amphlett Blvd #115, San Mateo 94402 (650) 513-0330</p> 	<ul style="list-style-type: none"> • Services to parents to improve family engagement and increase parent involvement in school. They also partner with San Mateo County Juvenile Probation facility, and incarcerated youth and their families to reduce reentry back into the system. • Learn more: www.pcrweb.org 	<ul style="list-style-type: none"> • Resident of San Mateo County 	<ul style="list-style-type: none"> • Contact program to verify costs 	<ul style="list-style-type: none"> • English 	<ul style="list-style-type: none"> • San Mateo County
<p>Peninsula Family Service 24 Second Avenue, San Mateo 94401 (650) 403-4300</p> 	<ul style="list-style-type: none"> • Early learning program childcare and preschool for children from low-income and poverty-level families; employment services and older adult programs for 55+; financial empowerment program serves low-income individuals. • Learn more: https://www.peninsulafamilyservice.org/ 	<ul style="list-style-type: none"> • Early learning program childcare and preschool age 0-5; employment and older adult programs for 55+. Meet low-income eligibility requirements. • Contact program for more information. 	<ul style="list-style-type: none"> • Low income. Contact program to confirm costs. 	<ul style="list-style-type: none"> • English, Spanish 	<ul style="list-style-type: none"> • San Mateo County
<p>Project READ 1044 Middlefield Road, Redwood City 94063 (650) 780-7077</p> 	<ul style="list-style-type: none"> • Free, volunteer-based literacy program serving adults, children, and families. • Learn more: www.projectreadredwoodcity.org 	<ul style="list-style-type: none"> • Children in low-income families who are learning-challenged in grades K-12. Adult literacy for those reading below 7th grade reading level. 	<ul style="list-style-type: none"> • Free 	<ul style="list-style-type: none"> • English 	<ul style="list-style-type: none"> • Redwood City and North Fair Oaks








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<p>Puente de la Costa Sur 620 North Street, Pescadero 94060 (650) 879-1691</p>	<ul style="list-style-type: none"> Health and wellness classes, economic support services (clothing, food, rent), academic support, job/life readiness sessions, education services, and free counseling services for children/adults/families/couples. Substance use prevention educational classes, financial assistance with rent, and referrals for other legal assistance. Learn more: www.mypuente.org 	<ul style="list-style-type: none"> Resident or working in south coast of San Mateo County, eligibility varies based on the program. Contact program to verify. 	<ul style="list-style-type: none"> Free 	<ul style="list-style-type: none"> English and Spanish 	<ul style="list-style-type: none"> San Mateo South County
<p>Puente de la Costa Sur 8865 La Honda Road, Suite 4, La Honda 94020 (650) 747-0248</p>	<ul style="list-style-type: none"> Health and wellness classes, economic support services (clothing, food, rent), academic support, job/life readiness sessions, education services, and free counseling services for children/adults/families/couples. Substance use prevention educational classes, financial assistance with rent, and referrals for other legal assistance. Learn more: www.mypuente.org 	<ul style="list-style-type: none"> Resident or working in south coast of San Mateo County, eligibility varies based on the program. Contact program to verify. 	<ul style="list-style-type: none"> Free 	<ul style="list-style-type: none"> English and Spanish 	<ul style="list-style-type: none"> San Mateo South County
<p>Puente Project Hearst Field Annex, Building C, Berkeley 94720 (510) 642-7677</p>	<ul style="list-style-type: none"> Mentoring, counseling, and writing instruction for middle-school, high-school and community college students who are academically disadvantaged. Puente counselor provides academic, personal, and career counseling to prepare students to transfer to a four-year college or university. Learn more: www.thepuenteproject.org 	<ul style="list-style-type: none"> Educationally disadvantaged students enrolled in middle-school, high school, or community college served by Puente Project. 	<ul style="list-style-type: none"> Contact program to verify 	<ul style="list-style-type: none"> English and Spanish 	<ul style="list-style-type: none"> San Mateo South County
<p>Ravenswood Family Health Center John & Susan Sobrato Campus 1885 Bay Road, East Palo Alto 94303 (650) 330-7441</p>	<ul style="list-style-type: none"> Individual counseling, parenting support, and referrals to other services Learn more: www.ravenswoodfhc.org 	<ul style="list-style-type: none"> Prioritizes underserved individuals and children in low-income families. Self-referral or referral from primary care provider required. 	<ul style="list-style-type: none"> Contact program to verify 	<ul style="list-style-type: none"> English and Spanish 	<ul style="list-style-type: none"> San Mateo South County
<p>Red Morton Youth Center 1120 Roosevelt Avenue, Redwood City 94061 650-780-7316</p>	<ul style="list-style-type: none"> Drop-in afterschool program, computer access, video games, arcade games, arts & crafts, cooking, snack shack (cash only), basketball gym access (only during drop-in hours) Learn more: www.redwoodcity.org/youthcenter 	<ul style="list-style-type: none"> Redwood City youth 10-17 	<ul style="list-style-type: none"> \$1 Daily drop-in / \$15 per year membership (10-15yrs old) / \$40 per year membership (16-17yrs old) Ages 10-17 	<ul style="list-style-type: none"> English, Spanish 	<ul style="list-style-type: none"> Redwood City








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<p>Redwood City Catholic Worker 545 Cassia Street, Redwood City 94063 (650) 366-4415</p> 	<ul style="list-style-type: none"> Food assistance to families, home for teens who need a safe space, tutoring and language instruction (contact program to verify). Learn more: www.nwdcw.wordpress.com 	<ul style="list-style-type: none"> Serve all in need. Contact program to verify. 	<ul style="list-style-type: none"> Free. Contact program to verify. 	<ul style="list-style-type: none"> English, Spanish 	<ul style="list-style-type: none"> Redwood City
<p>Renaissance Entrepreneurship Center 366 Grand Ave., South San Francisco 94080 (650) 829-6429</p> 	<ul style="list-style-type: none"> Entrepreneurship support including business training, coaching, help accessing capital, and support network to help start and grow a business. Learn more: http://www.rencenter.org/ 	<ul style="list-style-type: none"> Contact program for more information. 	<ul style="list-style-type: none"> Low cost or no cost services. Contact program to confirm costs. 	<ul style="list-style-type: none"> English, Spanish 	<ul style="list-style-type: none"> San Mateo County
<p>Resilient Recovery Program 117 North San Mateo Drive Suite 2, San Mateo 94401 (650) 348-6603</p> 	<ul style="list-style-type: none"> Outpatient substance use treatment services for adults and youth age 12-17. A program of HealthRIGHT 360. Learn More: https://www.healthright360.org/program/pioneer-court-outpatient-program/ 	<ul style="list-style-type: none"> 18+ program; and 12-17 program. Must have Health Plan of San Mateo Medi-Cal 	<ul style="list-style-type: none"> Health Plan of San Mateo accepted. Contact program to confirm costs. 	<ul style="list-style-type: none"> English 	<ul style="list-style-type: none"> San Mateo County
<p>Samaritan House 4031 Pacific Blvd., San Mateo 94403 (650) 347-3648</p> 	<ul style="list-style-type: none"> Case management, food, clothing, financial assistance, housing resources, financial empowerment, health care (physical, dental, and mental), and more Learn more: www.samaritanhousesanmateo.org 	<ul style="list-style-type: none"> San Mateo County resident 	<ul style="list-style-type: none"> No costs, all age groups served 	<ul style="list-style-type: none"> English, Spanish, Chinese, Tagalog 	<ul style="list-style-type: none"> San Mateo Central County
<p>Samaritan House South 2396 University Avenue, East Palo Alto 94303 (650) 294-4312</p> 	<ul style="list-style-type: none"> Case management, food, clothing, financial assistance, housing resources, financial empowerment, health care (physical, dental, and mental), and more Learn more: www.samaritanhousesanmateo.org 	<ul style="list-style-type: none"> San Mateo County resident 	<ul style="list-style-type: none"> No costs, all age groups served 	<ul style="list-style-type: none"> English, Spanish, Chinese, Tagalog 	<ul style="list-style-type: none"> East Palo Alto, Menlo Park



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<p>San Carlos Belmont Parents Club 1025 Alameda de las Pulgas, #114, Belmont 94002 (650) 354-8020</p> 	<ul style="list-style-type: none"> Community group for parents and caregivers in the San Carlos and Belmont area focused on building support, connection, and shared activities for families with young children. Learn more: www.scbpc.org 	<ul style="list-style-type: none"> Reside in San Carlos, Belmont or the surrounding communities; must be the legal parent or guardian of at least one child 18 years or younger or currently expecting 	<ul style="list-style-type: none"> Contact program to verify membership costs 	<ul style="list-style-type: none"> English 	<ul style="list-style-type: none"> San Carlos, Belmont
<p>San Carlos Youth Center Drop-In 1001 Chestnut Street, San Carlos 94070 (650) 802-4471</p> 	<ul style="list-style-type: none"> Free after-school drop-in youth program Learn more: www.cityofsancarlos.org/city_hall/departments_and_divisions/parks_and_recreation/youth/youth_center_drop-in.php 	<ul style="list-style-type: none"> Youth ages 10 to 17 years 	<ul style="list-style-type: none"> Free 	<ul style="list-style-type: none"> English 	<ul style="list-style-type: none"> San Carlos
<p>San Mateo Adult & Career Education 789 East Poplar Avenue, San Mateo 94401 (650) 558-2100</p> 	<ul style="list-style-type: none"> Adult Education - English Classes, GED classes, High School Diploma, Computer Classes and more Learn more: www.sanmateoadulted.org/ 	<ul style="list-style-type: none"> Eligibility criteria differs by program 	<ul style="list-style-type: none"> Costs differ by program. All English classes, GED classes and High School Diploma classes are free 	<ul style="list-style-type: none"> English, Spanish, Other languages (Contact organization/program to confirm) 	<ul style="list-style-type: none"> San Mateo Central County
<p>San Mateo County Department of Child Support Services 555 County Center, 2nd floor, Redwood City 94062 (866) 901-3212</p> 	<ul style="list-style-type: none"> Provides support to parents and legal guardians to open and manage child support cases, including locating the other parent, establishing parentage, and obtaining or enforcing child support orders. Learn more: www.smcgov.org/dcss 	<ul style="list-style-type: none"> Services are available to all San Mateo County families 	<ul style="list-style-type: none"> Free. Contact program to confirm. 	<ul style="list-style-type: none"> English, Spanish, Other languages (Contact organization/program to confirm) 	<ul style="list-style-type: none"> San Mateo County
<p>San Mateo County Health - Family Health Services 2000 Alameda de las Pulgas, Suite 200, San Mateo 94403 (888) 840-0889</p> 	<ul style="list-style-type: none"> Home Visiting Services for Infants, Children, and Adults Nutritional Support and Education Care Coordination, including Medical and Dental Support for Low-Income and Children with Special Health Care Needs Physical and Occupational Therapy for Children with Special Health Care Needs Learn more: www.smchealth.org/division-family-health-services 	<ul style="list-style-type: none"> Medi-Cal eligible, income-based eligibility, some program eligibility is based on eligible medical condition 	<ul style="list-style-type: none"> Contact program to confirm costs. All age groups served. 	<ul style="list-style-type: none"> English, Spanish, Other languages (Contact organization/program to confirm) 	<ul style="list-style-type: none"> San Mateo County



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<p>San Mateo County Sheriff's Activities League (SAL) 690 Broadway, Redwood City 94063 (650) 474-1394</p>	<ul style="list-style-type: none"> Youth leadership, community service, and mentoring programs Learn more: www.sheriffsactivitiesleague.com/programs 	<ul style="list-style-type: none"> Must complete an application and registration process. Youth 12-25. 	<ul style="list-style-type: none"> Free 	<ul style="list-style-type: none"> English, Spanish 	<ul style="list-style-type: none"> San Mateo South and Central County
<p>San Mateo County Sheriff's Activities League (SAL) - Half Moon Bay/Coast 235 Main St., Half Moon Bay 94019 (650) 257-3400</p>	<ul style="list-style-type: none"> Youth leadership, community service, and mentoring programs Learn more: www.sheriffsactivitiesleague.com/programs 	<ul style="list-style-type: none"> Must complete an application and registration process. Youth 12-25. 	<ul style="list-style-type: none"> Free 	<ul style="list-style-type: none"> English, Spanish 	<ul style="list-style-type: none"> Coastside
<p>San Mateo County Youth Resource Hub (online directory) https://youth.smcgov.org/</p>	<ul style="list-style-type: none"> https://youth.smcgov.org/ (online directory) 	<ul style="list-style-type: none"> Online directory 	<ul style="list-style-type: none"> Free 	<ul style="list-style-type: none"> English 	<ul style="list-style-type: none"> San Mateo County
<p>San Mateo Medical Center - Sequoia Teen Wellness Center 200 James Ave, Redwood City 94062 (650) 366-2927</p>	<ul style="list-style-type: none"> Primary care, reproductive health, and mental health services for teens and young adults Learn more: www.smchealth.org/location/sequoia-teen-wellness-center 	<ul style="list-style-type: none"> Medi-Cal, ACE, Family PACT. We can help with coverage enrollment. Ages 12-25 	<ul style="list-style-type: none"> Costs vary depending on health coverage. 	<ul style="list-style-type: none"> English, Spanish, Other languages (Contact organization/program to confirm) 	<ul style="list-style-type: none"> San Mateo South County
<p>San Mateo Police Activities League (PAL) 2nd Floor 200 Franklin Parkway, San Mateo 94403 (650) 522-7725</p>	<ul style="list-style-type: none"> Support youth through recreation, education, enrichment, and mentorship. Learn more: www.sanmateopal.org 	<ul style="list-style-type: none"> PAL membership is free and required to participate in PAL activities. Youth ages 5–18. 	<ul style="list-style-type: none"> Free 	<ul style="list-style-type: none"> English 	<ul style="list-style-type: none"> San Mateo County



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<p>Second Harvest of Silicon Valley http://www.shfb.org/food (search via locator) 1-800-984-3663</p> 	<ul style="list-style-type: none"> Free groceries, CalFresh application assistance, ready-to-eat meals, nutrition education and recipes Learn more: www.shfb.org 	<ul style="list-style-type: none"> No eligibility, available to anyone who needs food. All age groups served. 	<ul style="list-style-type: none"> Free 	<ul style="list-style-type: none"> English, Spanish, Vietnamese, Mandarin, Cantonese, Tagalog, Other languages (Contact organization/program to confirm) 	<ul style="list-style-type: none"> San Mateo County
<p>Sequoia Teen Resource Center 1201 Brewster Avenue, Redwood City 94062 (650) 367-9780</p> 	<ul style="list-style-type: none"> Youth support program based onsite at Sequoia High School serving the high school's students and families. Provides free, confidential counseling and youth development services. Learn more: www.sequoiahs.org/RESOURCES/Teen-Resource-Center/ 	<ul style="list-style-type: none"> Students at Sequoia High School 	<ul style="list-style-type: none"> Free 	<ul style="list-style-type: none"> English 	<ul style="list-style-type: none"> Sequoia High School
<p>Sitike Counseling Center 306 Spruce Avenue, South San Francisco 94080 (650) 589-9305</p> 	<ul style="list-style-type: none"> Community-based counseling and education, substance use treatment programs for individuals, and treatment for anger management and domestic violence. Drug education is also provided to adolescents and their families. Learn more: www.sitike.org 	<ul style="list-style-type: none"> Contact program to verify eligibility. Serves individuals 18+ 	<ul style="list-style-type: none"> Contact program to verify. 	<ul style="list-style-type: none"> English 	<ul style="list-style-type: none"> San Mateo County
<p>SMC Connect (online directory) https://smc-connect.org</p> 	<ul style="list-style-type: none"> https://smc-connect.org (online directory) 	<ul style="list-style-type: none"> Online directory 	<ul style="list-style-type: none"> Free 	<ul style="list-style-type: none"> English 	<ul style="list-style-type: none"> San Mateo County







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<p>St. Francis Center (Siena Youth Center, Holy Family School) 151 Buckingham Avenue, Redwood City 94063 (650) 365-7829</p> 	<ul style="list-style-type: none"> Provide services encompassing Education (Holy Family School & Siena Youth Center), Direct Services (Food Pantry, Clothing Closet, Showers & Laundry), Affordable Housing & Social Advocacy, Community Programs and Support Initiatives. These essential services support education, housing, and self-sufficiency Learn more: www.stfrancisrwc.org 	<ul style="list-style-type: none"> Low-income families residing in San Mateo County. Education program through 8th grade; afterschool for youth ages 9-18; Adults. 	<ul style="list-style-type: none"> Free 	<ul style="list-style-type: none"> English 	<ul style="list-style-type: none"> San Mateo County
<p>Success Centers 1449 Webster Street, San Francisco 94115 (415) 549-7000</p> 	<ul style="list-style-type: none"> Career development and job placement support, education and training programs, arts and creative programs, credible messenger and youth support. Learn more: www.successcenters.org 	<ul style="list-style-type: none"> Youth and young adults (typically ages ~16–24) facing barriers or from low-income underserved communities. Contact program to verify. 	<ul style="list-style-type: none"> Services mostly free, contact program to verify. 	<ul style="list-style-type: none"> English, Spanish 	<ul style="list-style-type: none"> San Mateo County
<p>The Legal Aid Society of San Mateo County 330 Twin Dolphin Drive, Suite 123, Redwood City 94065 (650) 558-0915</p> 	<ul style="list-style-type: none"> Legal Services for housing and tenants' rights, medical insurance denials and debt, public benefits, immigration assistance, domestic violence, senior advocates, and clients' rights. Learn more: www.legalaidsmc.org 	<ul style="list-style-type: none"> Low-income San Mateo County residents 	<ul style="list-style-type: none"> Free legal services for qualifying low-income residents. Contact program to verify 	<ul style="list-style-type: none"> English, Spanish 	<ul style="list-style-type: none"> San Mateo County
<p>The Parent Project (held for 2026 only) 225 37th Avenue, San Mateo 94403 (650) 573-5037</p> 	<ul style="list-style-type: none"> 12-week parenting course offered by San Mateo County Health's Behavioral Health & Recovery Services (BHRS). Will be held for the last time in 2026. Learn more: www.smchealth.org/general-information/parent-project-r 	<ul style="list-style-type: none"> Contact program for eligibility. 	<ul style="list-style-type: none"> Free 	<ul style="list-style-type: none"> Spanish 	<ul style="list-style-type: none"> San Mateo County
<p>The Riekes Center 3455 Edison Way, Menlo Park 94025 (650) 364-2509</p> 	<ul style="list-style-type: none"> Provide education and enrichment services including creative arts, fitness, nature, and community service. Learn more: www.riekes.org 	<ul style="list-style-type: none"> All ages served, varies by program. 	<ul style="list-style-type: none"> Contact program to verify. 	<ul style="list-style-type: none"> English 	<ul style="list-style-type: none"> San Mateo County



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<p>Upward Scholars Bay Area 330 Twin Dolphin Dr., STE 101, Redwood City 94065 (650) 263-1384</p> 	<ul style="list-style-type: none"> Upward Scholars has four main support pillars: financial, academic, career development, and holistic support. Financial support covers textbooks, transportation, computers, and food. Academic support includes tutoring, mentoring, an English Conversation Club, peer learning, transfer and scholarship help, and a Graduation Celebration. Career development guides students toward well-paying, benefits-rich careers through programs like ¡Habla Más!, BusinessUp, and TeacherUp. Holistic support addresses economic, physical, mental, emotional, social, and spiritual needs with an Emergency Fund, counseling, resource navigation, references, and a WhatsApp group, keeping students safe, healthy, and goal-focused Learn more: www.upwardscholars.org 	<ul style="list-style-type: none"> Adult Immigrants, must register for community college classes (Cañada College, College of San Mateo, or Skyline College); Verify if you are receiving financial aid or a fee waiver; Complete the appropriate Upward Scholars Application; Email the required documents as indicated in the application; AND Complete the Upward Scholars Survey. 	<ul style="list-style-type: none"> Most students pay little or nothing out of pocket beyond any costs not covered by aid or Upward Scholars 	<ul style="list-style-type: none"> English, Spanish, Portuguese 	<ul style="list-style-type: none"> San Mateo County
<p>Women's Recovery Association (WRA) 117 North San Mateo Drive Suite 2, San Mateo 94401 (650) 348-6603</p> 	<ul style="list-style-type: none"> 90-day residential in-treatment program for women. A program of HealthRIGHT 360. Contact program to learn additional information about their men's program offerings. Learn more: http://www.healthright360.org/agency/womens-recovery-association 	<ul style="list-style-type: none"> Age 18 and older and woman identified. All genders served. Must have Health Plan of San Mateo Medi-Cal or Medicare. County referral required (call RTX (650) 802-6400) 	<ul style="list-style-type: none"> No costs if insured. Contact program to confirm costs. 	<ul style="list-style-type: none"> English 	<ul style="list-style-type: none"> San Mateo County
<p>YMCA Community Resource Center 1486 Huntington Avenue, Suite 100, South San Francisco 94080 (650) 276-4101</p> 	<ul style="list-style-type: none"> Rent, utilities, emergency needs like food, shelter placements, enrollment in health care plans. Referrals for mental health services for low- and moderate-income families are provided at schools via individual and family counseling, case management, and linkage to services. This center works heavily with justice-involved or at-risk youth. Learn more: www.ymcasf.org/community-resource-center-ymca 	<ul style="list-style-type: none"> Individuals in low-income families residing in the area served 	<ul style="list-style-type: none"> Most services free or no cost. Contact program to verify. 	<ul style="list-style-type: none"> English 	<ul style="list-style-type: none"> San Mateo North County
<p>Youth Community Service 780 Arastradero Road, Room V-14, Palo Alto 94306 (650) 858-8019</p> 	<ul style="list-style-type: none"> Provides youth with public service projects in Mid-Peninsula region. Enables youth to learn and exercise peer leadership, social-emotional learning and wellness, and service-based learning. Learn more: www.youthcommunityservice.org 	<ul style="list-style-type: none"> Registration required, contact program to verify. 	<ul style="list-style-type: none"> Contact program to verify 	<ul style="list-style-type: none"> English 	<ul style="list-style-type: none"> San Mateo County



Service/Program	Service Description	Eligibility/ Age Group Served	Cost	Service Language	Focus Area
<p>Youth Service Bureau of Pacifica 435 Edgemar Avenue, Pacifica 94044 (650) 877-8642 ext. 6561 General, ext. 6526 English, ext. 6586 Spanish, ext. 6520 JSRP</p> 	<ul style="list-style-type: none"> Counseling programs for youth, families, and couples. Includes diversion program for youth referred from probation, police departments, sheriff's offices, and other agencies. Counseling is also offered on school sites. Learn more: www.ymcasf.org/program/youth-service-bureaus/ 	<ul style="list-style-type: none"> Contact program for eligibility. 	<ul style="list-style-type: none"> Contact program to confirm costs. 	<ul style="list-style-type: none"> English, Spanish 	<ul style="list-style-type: none"> Coastside
<p>Youth Service Bureau of San Mateo 1650 So. Amphlett Blvd., Suite 113, San Mateo 94402 (650) 877-8642, ext. 6561 General, ext. 6526 English, ext. 6586 Spanish, ext. 6520 JSRP</p> 	<ul style="list-style-type: none"> Mental health counseling to youth, adults, couples, and families. Other programs include diversion program, counseling, drug/alcohol groups, group counseling, and case management. School-based programs also offered. Learn more: www.ymcasf.org/program/youth-service-bureaus/ 	<ul style="list-style-type: none"> Contact program for eligibility. 	<ul style="list-style-type: none"> Contact program to confirm costs. 	<ul style="list-style-type: none"> English, Spanish 	<ul style="list-style-type: none"> San Mateo County
<p>Youth Service Bureau of South San Francisco 1486 Huntington Avenue, Suite 100, South San Francisco 94080 (650) 877-8642 ext. 6561 General, ext. 6526 English, ext. 6586 Spanish, ext. 6520 JSRP</p> 	<ul style="list-style-type: none"> Individual and family counseling to divert juveniles from criminal activity. Offers short-term school-based counseling and counseling to first-time offenders referred by law enforcement agencies. Learn more: www.ymcasf.org/program/youth-service-bureaus/ 	<ul style="list-style-type: none"> Contact program for eligibility. 	<ul style="list-style-type: none"> Contact program to confirm costs. 	<ul style="list-style-type: none"> English, Spanish 	<ul style="list-style-type: none"> San Mateo North County