



**SAN MATEO COUNTY
PROBATION DEPARTMENT
INSTITUTIONS SERVICES MANUAL**

**ARTICLE 10
Clothing and Personal Hygiene
§1486**

Topic Personal Hygiene

Policy Probation staff shall allow youth to shower and brush their teeth daily or as needed to maintain acceptable standards of personal hygiene.

1. All youth shall shower when they are admitted to the facility. If a youth refuses to shower upon intake or refuses to shower after being assigned to a housing unit while in custody, staff shall complete a Mental Health Memorandum requesting that a mental health staff member talk to the youth. All refusals will be logged.
2. Staff shall allow youth to shower at least once per day. If youth are involved in work assignments or exercise, staff shall allow them to shower on a more frequent basis as appropriate. Youth shall obtain permission before showering.
3. Staff shall allow youth to brush their teeth after each meal and at bedtime.