



**SAN MATEO COUNTY
PROBATION DEPARTMENT
INSTITUTIONS SERVICES MANUAL**

**ARTICLE 5
Classification and Separation
§1358.5**

Topic **Use of restraint devices for movement or transportation within the facility.**

Policy This policy establishes guidelines for the application of, supervisory oversight of, and restrictions for the use of restraints on detained use during the movement or transportation within the facility. It is the policy of this facility that the use of restraints should be reserved only for situations where they are reasonably necessary.

1. The use of restraint devices should require an individual assessment of the need to apply restraints for movement or transportation within the juvenile facility and should include consideration of less- restrictive alternatives, the youth's medical or mental health conditions (if known), and trauma-informed approaches (15 CCR 1358.5).
2. Staff shall document all the circumstances leading up to, during, and after the application of restraints.
3. Staff shall take into consideration any known medical conditions that would contraindicate certain restraint devices and/or techniques prior to placing a youth in restraints.
4. Staff shall only place youth in department approved acceptable restraint devices.
5. Use of restraints shall be discontinued as soon as practicable when it is reasonably believed the need for them no longer exists.
6. Restraints shall never be used to inflict pain, punishment, discipline, retaliation, harassment, compliance, or intimidation, or as a substitute for treatment.
7. Plastic cuffs should be used only in unusual situations where handcuffs are not available.
8. A supervisor should be notified of any restraints that are faulty or malfunctioning.

9. Staff shall conduct constant direct visual supervision of a restrained youth.
10. Staff shall ensure that restrained youth are protected from other youth and supervised by always sworn staff.
11. Youth shall not be restrained to any fixed object, such as room furnishings or fixtures, nor shall their hands and feet be bound together behind the back.
12. Restrained youth shall have access to water, meals, and toilet facilities when they can be reasonably accommodated.

1358.5.1 PREGNANT YOUTH

Restraints will not be used on youth who are known or suspected to be pregnant unless it is determined that restraints are reasonably necessary for the legitimate safety and security of the youth or others. Should restraints be necessary, the restraints shall be the least restrictive available and the most reasonable under the circumstances.

Youth who are known or suspected to be pregnant will not be handcuffed behind their backs, or placed in waist restraints, or leg restraints (15 CCR 1417; Penal Code § 3407; Penal Code § 6030).