



ARE YOU A COLLEGE STUDENT AND NEED MORE MONEY TO SPEND AT THE GROCERY STORE?

CalFresh can help you buy healthy foods on a student's budget!

3 ways to apply for CalFresh

1. **CLICK** – Visit www.benefitscal.com
2. **CALL** – Call us at (800) 223-8383 to turn in an application over the phone
3. **COME IN** – Visit one of our offices and apply in person or visit your school's Basic Needs Center



Office Locations

- 400 Harbor Blvd Bldg B, **Belmont**
- 271 92nd St, **Daly City**
- 2415 University Ave 3rd Fl, **East Palo Alto**
- 2500 Middlefield Rd, **Redwood City**

If you do not have all the required documents, you can still apply!

Required Documents:

- ID for all adults
- Proof of income
- Social Security numbers
- Student status



Have expenses?

Expenses can lower how much income we count:

- Rent
- Utility bills (like PG&E and water), telephone/cell phone bill

- Childcare expenses
- And more...your worker will explain other income exemptions or deductions

Special Student Rules

There are different rules for full-time and part-time students. A worker will help determine which rules apply to you.

Part Time Students – May qualify under other CalFresh regulations

Full Time Students – Must be employed an average of 20 hours per week and get paid **OR** participate in a local program that increases employability (LPIE) **OR** have another exemption.

Examples

- CalFresh Employment & Training (CFET)
- Work Study (even if not currently working)
- College Disabled Students Programs and Services (DSPS)
- In an on-the-job training (OJT) program
- Receiving CalWORKs and/or CARE benefits
- Workforce Innovation and Opportunity Act (WIOA)
- Cal Grant A recipient
- Have a child under age 6 **OR** between 6 and 12 and no childcare is available
- A single parent who attends school full-time and has a child under age 12

NOTES

- Most student financial aid is not counted as income for CalFresh
- Students age 21 and under living with your parent(s) must apply with your parent(s) as one household
- Students with meal plans that provide more than 50% of your meals are not eligible



San Mateo County Self Sufficiency Services

400 Harbor Blvd
 Belmont CA 94002 (Bldg b)
www.smcgov.org/hsa/food-assistance
 Main: 800-223-8383
 TDD: 800-735-2929

