



COUNTY OF SAN MATEO LGBTQIA+ COMMISSION

Lesbian, Gay, Bisexual, Transgender, Queer, Intersex, Asexual plus (LGBTQIA+) Commission

Tuesday, July 15, 2025

6:30 PM – 8:30 PM

MEETING MINUTES

1. Call to Order, Land Acknowledgement, Group Agreements		<u>Our Group Agreements</u> include Share the air; step up, step back; Listen for understanding; Lift as you climb; Be present & engaged; Let the facilitator guide the process; Technology on silent.
2. Roll Call		Present: Aaron Adriano, Mike Cooper, Marilyn Hollinger, Dana Johnson, Bismay Mishra (on Zoom), Fabricio Perez, Christopher Sturken, Sha Sun, Vanessa Lemus-Tapia, <u>Non-Commissioners:</u> Tanya Beat, Christina Falla, Frankie Sapp
3. Public Comment		none
4. Action to Set Agenda & approve Consent Agenda	<i>Action</i>	Marilyn Hollinger motions to approve agenda and consent agenda, seconded by Dana Johnson. Approved.
CONSENT AGENDA		
5. Approval of May 20 Meeting Minutes	<i>Action</i>	
REGULAR AGENDA		
6. Health & Wellness of the LGBTQ+ Population in SMC	<i>Present ation</i>	Karen Pfister, Epidemiologist, SMC Public Health, Policy & Planning Please see provided presentation in meeting materials. Note: the Commission will agendize a discussion on the data presentation at the August meeting.
7. Pride Center Report	<i>Update</i>	Frankie Sapp (on Zoom), SMC Pride Center Director, See Written Report <ul style="list-style-type: none"> Limited hours due to reduced staffing. Need volunteers to pack. July 26 & 27 from 12:00-6:00pm. Must vacate the property by August 1st. Moving everything into storage until a new space is found. Needed: packing supplies, inquiries into temporary office space until they can find a more permanent home, and donations (on Center website). Pride Center is currently looking for a fiscal sponsor and office space. They appreciate everything that the Commission and community have done to help support this transition.
8. Co-Chairs	<i>Action</i>	Marilyn Hollinger motions to nominate Vanessa Lemus-Tapia and Dana Johnson as Co-Chairs for this year. Seconded by Sha Sun. Approved.

9. Pride Celebration Update	<i>Update</i>	Vanessa (Parade); Aaron (Table); Dana (Overall) <ul style="list-style-type: none"> - Strong community turnout – estimated 7,000 attendees - SM Police Dept provided excellent support with officers and additional surveillance cameras to help prevent vandalism. - Parade saw a 30% increase of interactions; 54 contingents which impacts positively on small businesses. - Accessibility tremendously improved with existing sidewalks and layout of booths. - See meeting materials for survey results that Office of Diversity & Equity produced from submissions during the event.
10. Spotlight	<i>Present ation</i>	Christina Falla Due to limited time, we agree to move this to the August meeting.
11. Communications	<i>Update</i>	Fabricio Perez. See meeting materials: <ul style="list-style-type: none"> • Resources website content update • July Newsletter: please provide feedback this week so this can be sent out by July 24.
12. Reports		Inclusion Community Campaign <ul style="list-style-type: none"> • Updates from Volunteer, Educate, Mobilize Committees <ol style="list-style-type: none"> a. Next virtual training is Thursday, August 14, 6:30pm. Chris will share Zoom to Commissioners. b. Potential meet & greet this fall? Director Report – Tanya Beat – please see meeting materials for report <ul style="list-style-type: none"> • Two new people will be joining the Commission in August • Transgender Day of Remembrance will be November 20
13. Adjournment		



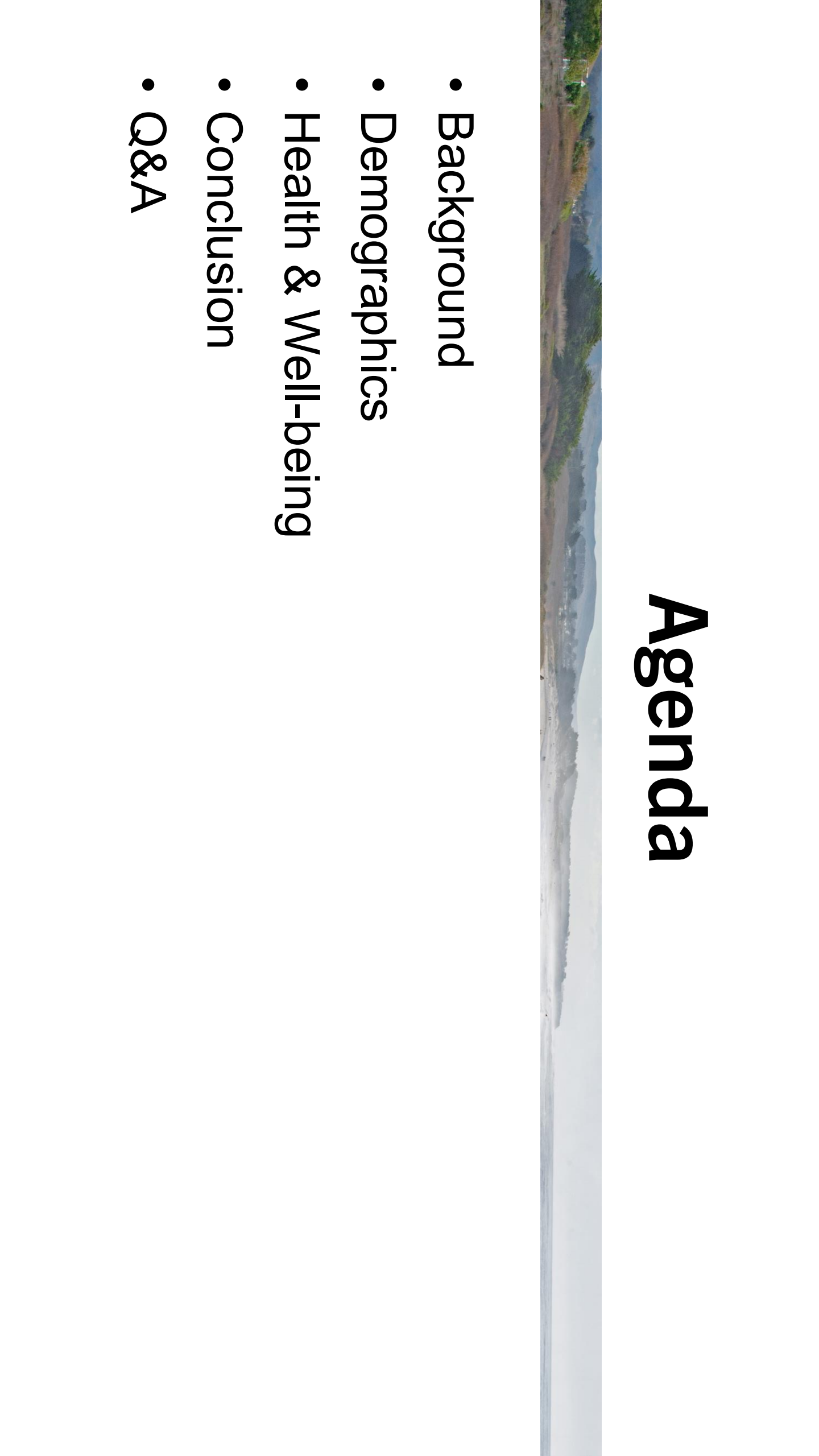
LGBTQ+ Health in San Mateo County

Karen Pfister, Epidemiology Program Manager



**SAN MATEO
COUNTY HEALTH**

Office of Epidemiology and Evaluation



Agenda

- Background
- Demographics
- Health & Well-being
- Conclusion
- Q&A



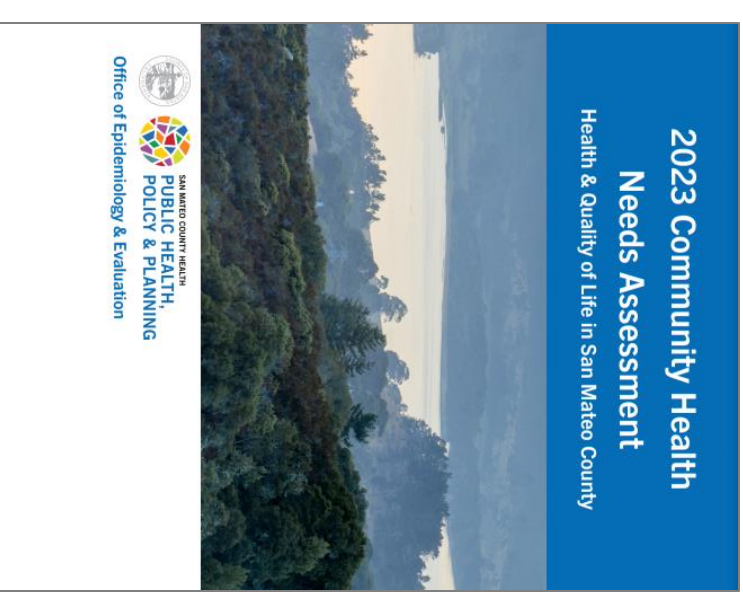
Background

Background

- History of stigma and discrimination for the LGBTQ+ community, resulting in unequal opportunities and differential treatment
 - Impacts engagement with health care systems
 - Negative influence on health
- San Mateo County Health goal: measure health inequities for the LGBTQ+ community
 - Develop measures for tracking health outcomes
 - Identify and share key findings to inform decision-making
 - Collaborate to create a data-to-action framework for addressing health inequities experienced by the LGBTQ+ community

Community Health Assessment (CHA)

- Goal: Provide San Mateo County Health, partners, and community with comprehensive information about the county's current health status, needs, and priorities
 - [2023 Community Health Need Assessment report](#)
- LGBTQ+ community identified as an Equity Priority Community





Demographics

Sexual Orientation and Gender Identity

Description	Respondents (%)
Sexual Orientation	
Heterosexual	92.0%
Gay or Lesbian	3.6%
Bisexual	4.4%
Gender Identity	
Male	46.9%
Female	51.6%
Transgender	0.7%
Male-to-Female	52.8%
Female-to-Male	47.2%
Something Else	0.8%
LGBTQ+	8.1%

Demographics

Demographic	LGBTQ+ N = 231	SMC N = 3053
18-39 years	61.4%	36.7%
40-64 years	29.8%	45.2%
65+ years	8.7%	18.1%
High school or less	15.5%	14.9%
Community college or more	84.5%	85.1%
<200% FPL	22.9%	19.4%
200-400% FPL	23.9%	22.9%
>400% FPL	53.2%	57.7%

Source: 2022 San Mateo County Health and Quality of Life Survey, Professional Research Consultants, Inc.

Note: FPL = federal poverty level (200% FPL in 2022: \$27,180 for a household of one or \$55,500 for a household of four)

Racial/Ethnic Composition

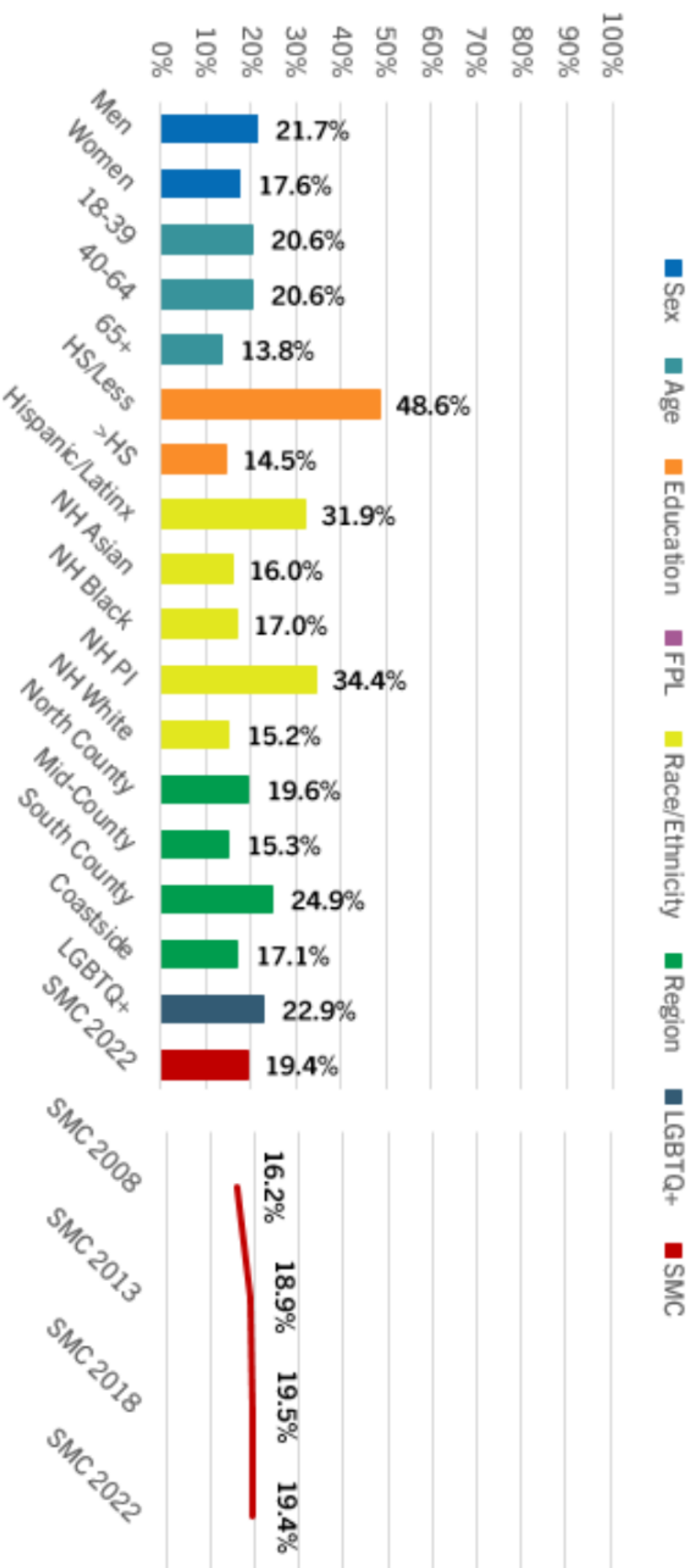
Race/Ethnicity	LGBTQ+	SMC
American Indian or Alaska Native	0.2%	0.6%
Asian	29.0%	27.0%
Black or African American	5.0%	4.6%
Hispanic or Latino	22.6%	19.6%
Native Hawaiian or Pacific Islander	2.5%	1.9%
White	36.3%	42.4%
Multiracial	0.0%	0.2%
Other	4.5%	3.8%

Source: 2022 San Mateo County Health and Quality of Life Survey, Professional Research Consultants, Inc.



Health & Well-beings

Adults Living Below 200% of the Federal Poverty Level San Mateo County, 2022



Sources:

- 2008/2013/2018/2022 San Mateo County Health and Quality of Life Survey, Professional Research Consultants, Inc.

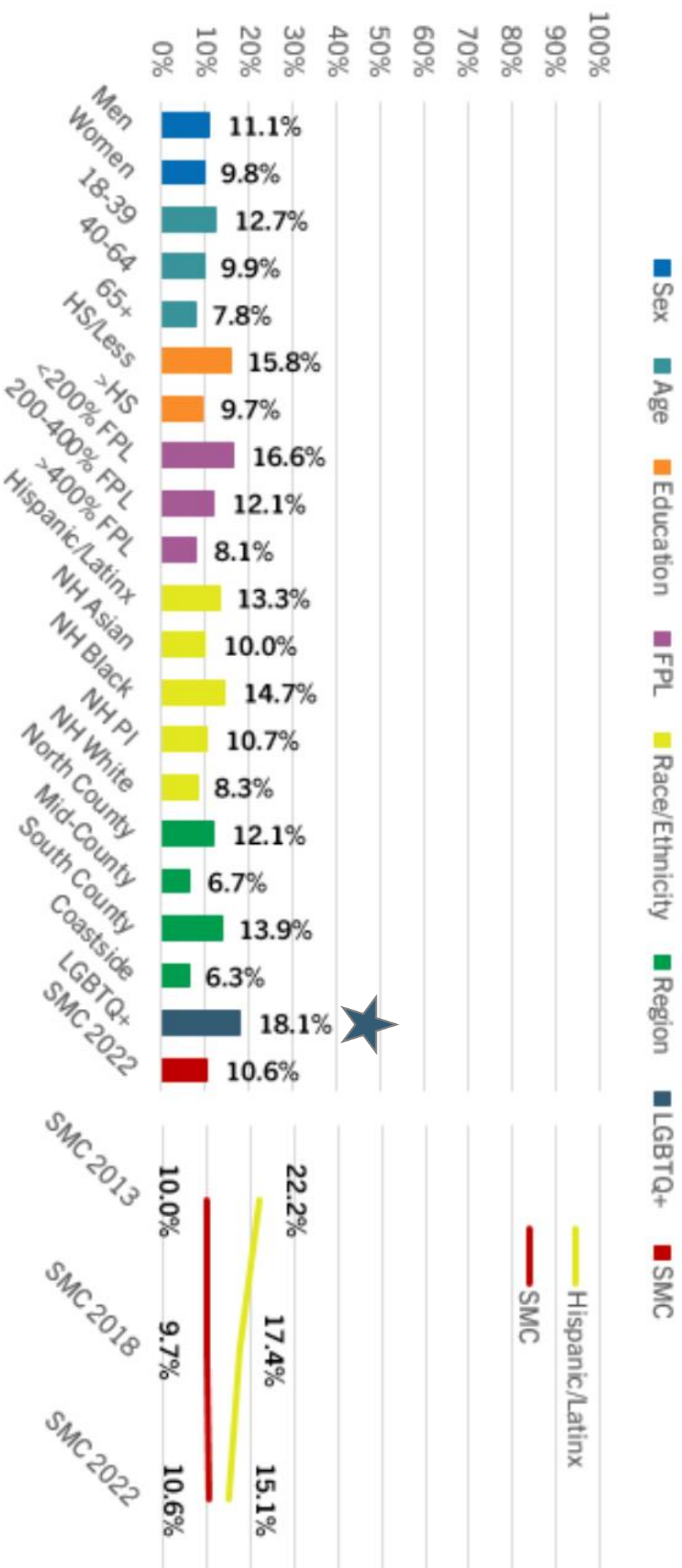
Notes:

- Asked of all respondents.

200% FPL in 2022: \$27,180 for a household of one or \$55,500 for a household of four

Community as a "Fair/Poor" Place to Live

San Mateo County, 2022



Sources:

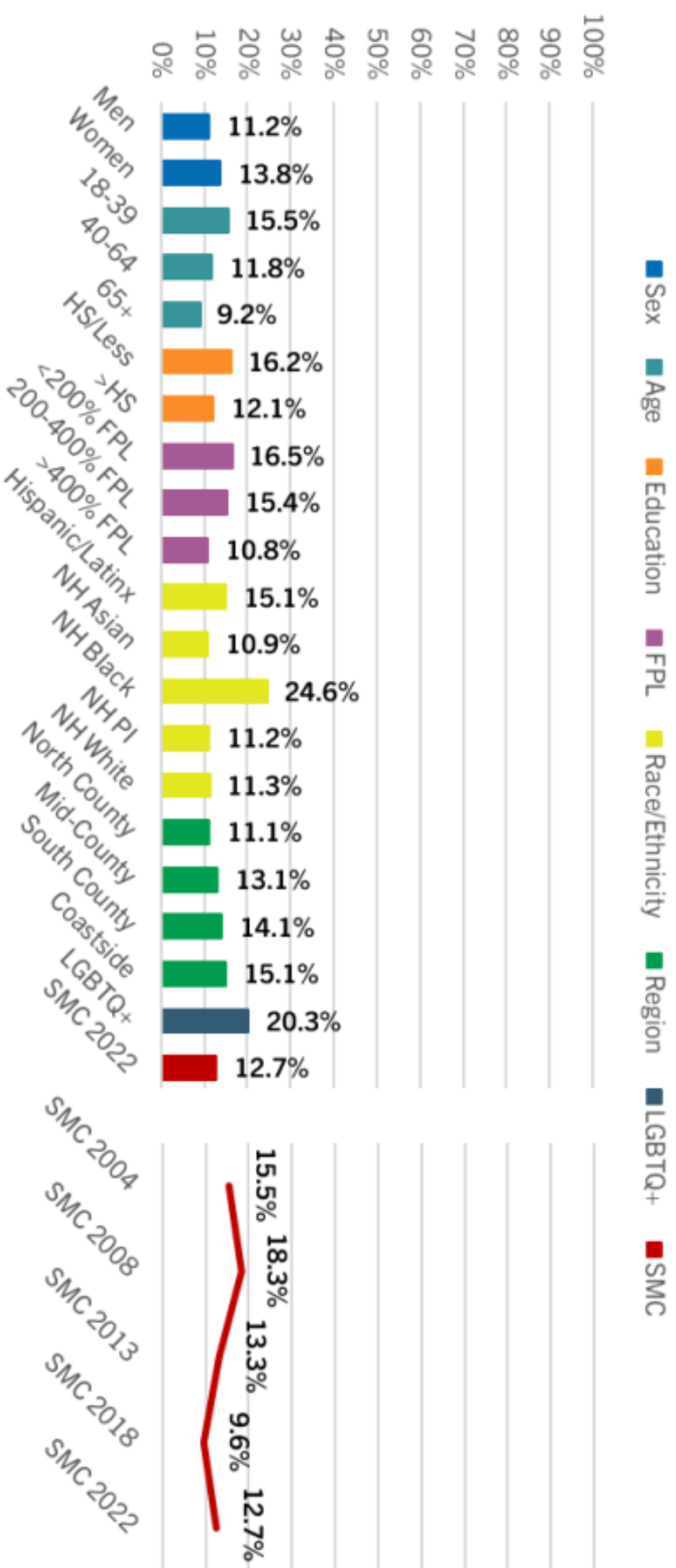
- 2013/2018/2022 San Mateo County Health and Quality of Life Survey, Professional Research Consultants, Inc.

Notes:

- Asked of all respondents.

Perceive Racial/Cultural Tolerance to be "Fair/Poor"

San Mateo County, 2022



Sources:

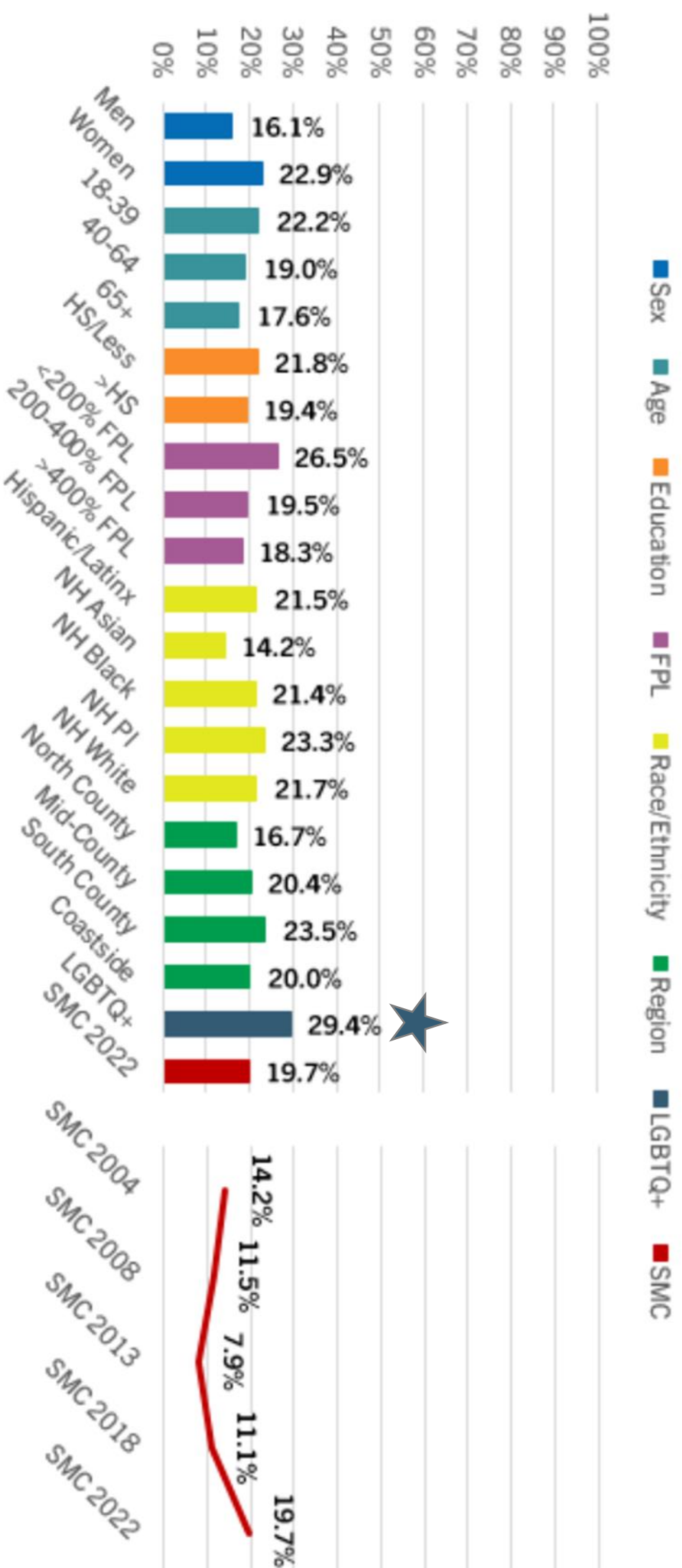
- 2004/2008/2013/2018/2022 San Mateo County Health and Quality of Life Survey, Professional Research Consultants, Inc.

Notes:

- Asked of all respondents.

Have Experienced Difficulty Getting in to See a Physician in the Past Year

San Mateo County, 2022



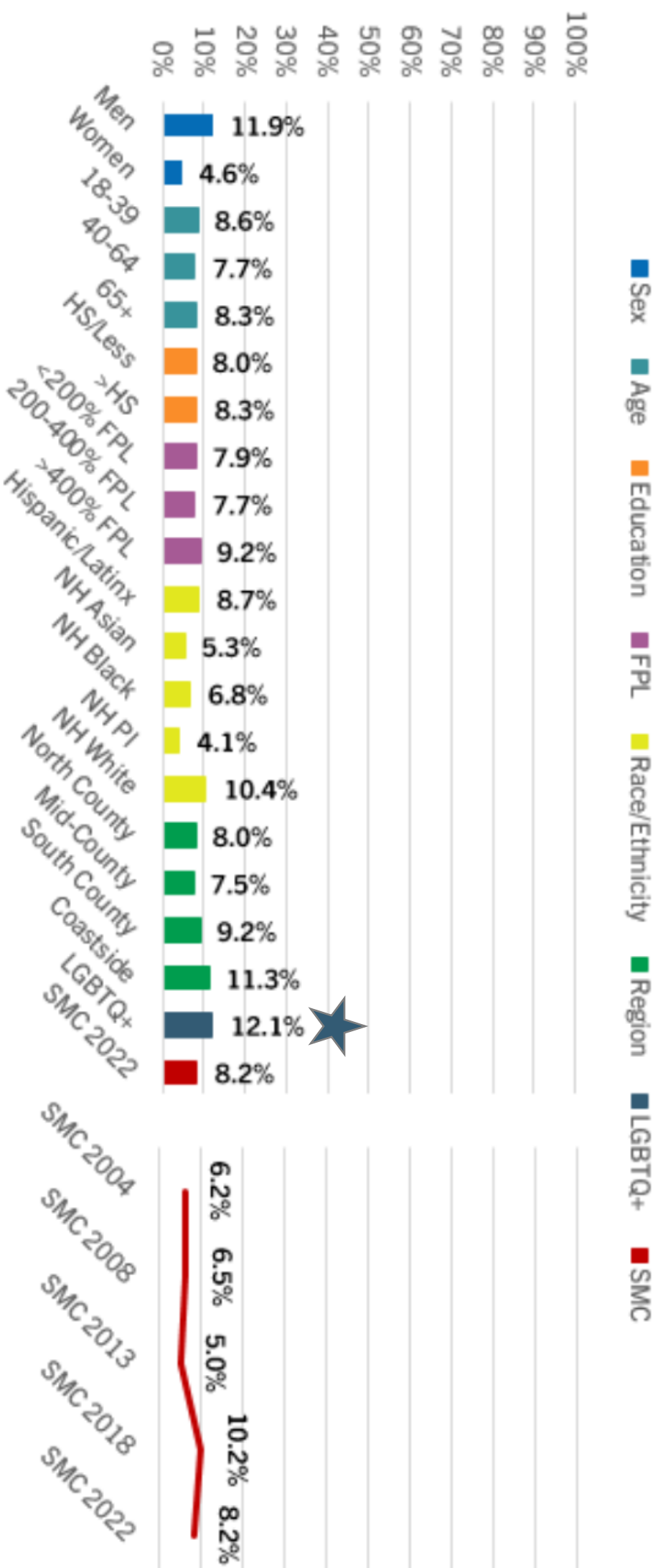
Sources:

• 2004/2008/2013/2018/2022 San Mateo County Health and Quality of Life Survey, Professional Research Consultants, Inc.

Notes:

• Asked of all respondents.

Chronic Drinking San Mateo County, 2022



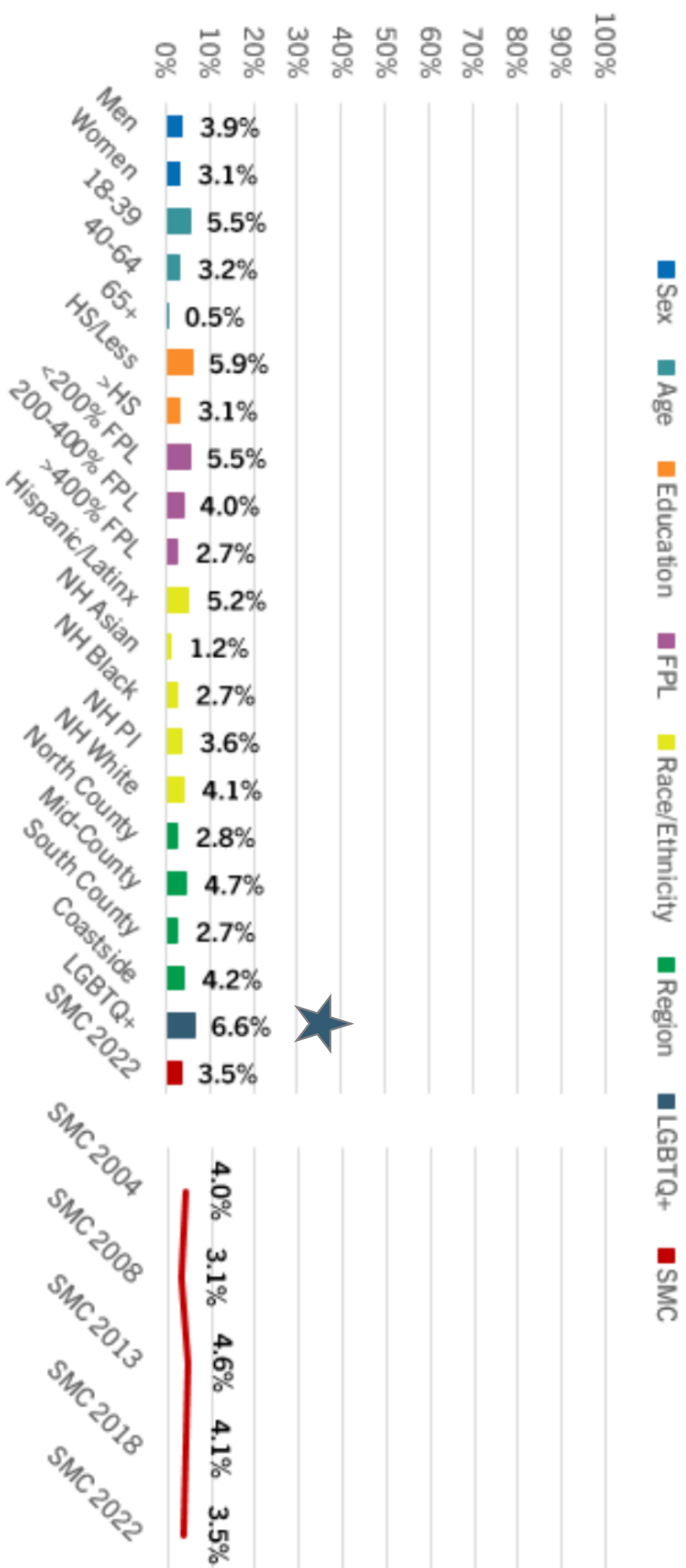
Sources:

- 2004/2008/2013/2018/2022 San Mateo County Health and Quality of Life Survey, Professional Research Consultants, Inc.

Notes:

- Asked of all respondents. Chronic drinking is defined as having 60 or more drinks/month for men and 30 or more drinks/month for women.

Self-Reported Use of an Illegal Drug in Past Year San Mateo County, 2022



Sources:

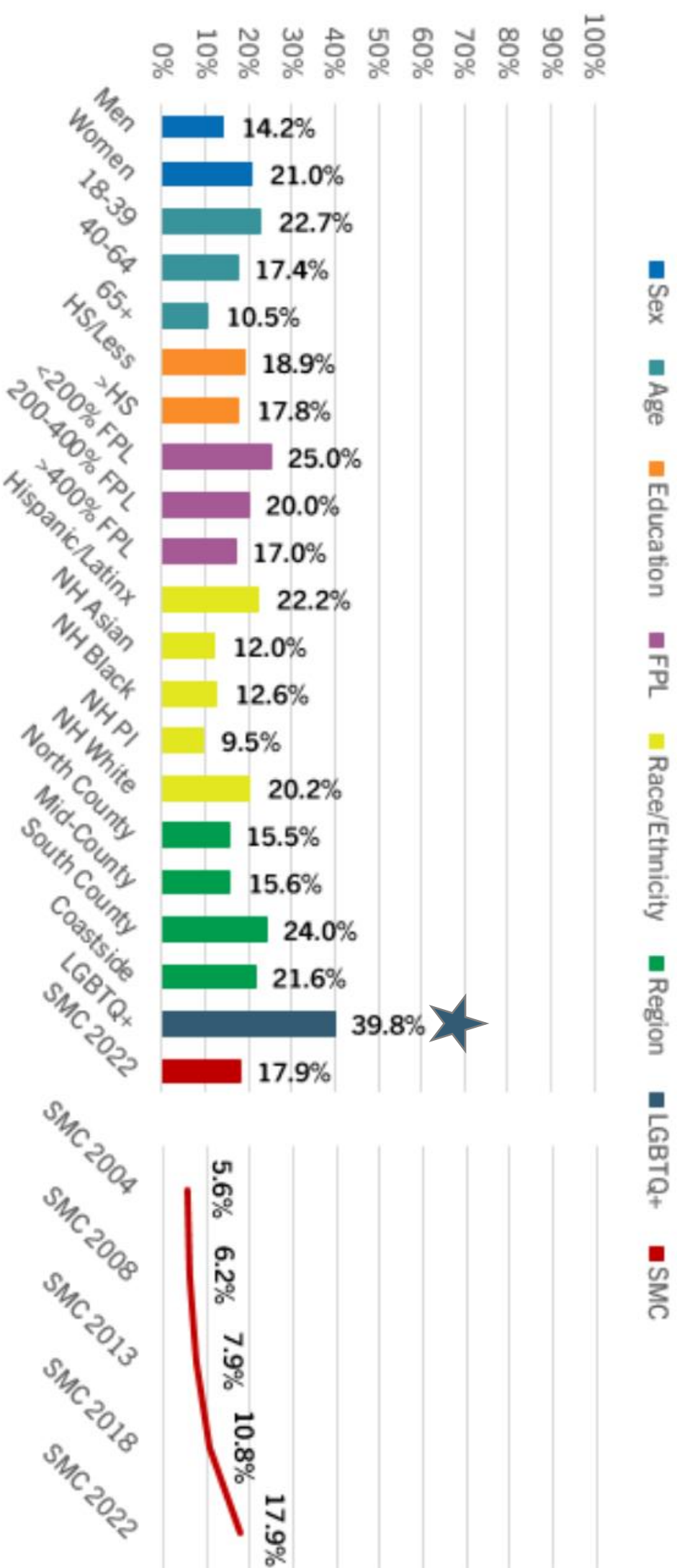
- 2004/2008/2013/2018/2022 San Mateo County Health and Quality of Life Survey, Professional Research Consultants, Inc.

Notes:

- Asked of all respondents.

Self-Reported History of Mental or Emotional Problems

San Mateo County, 2022



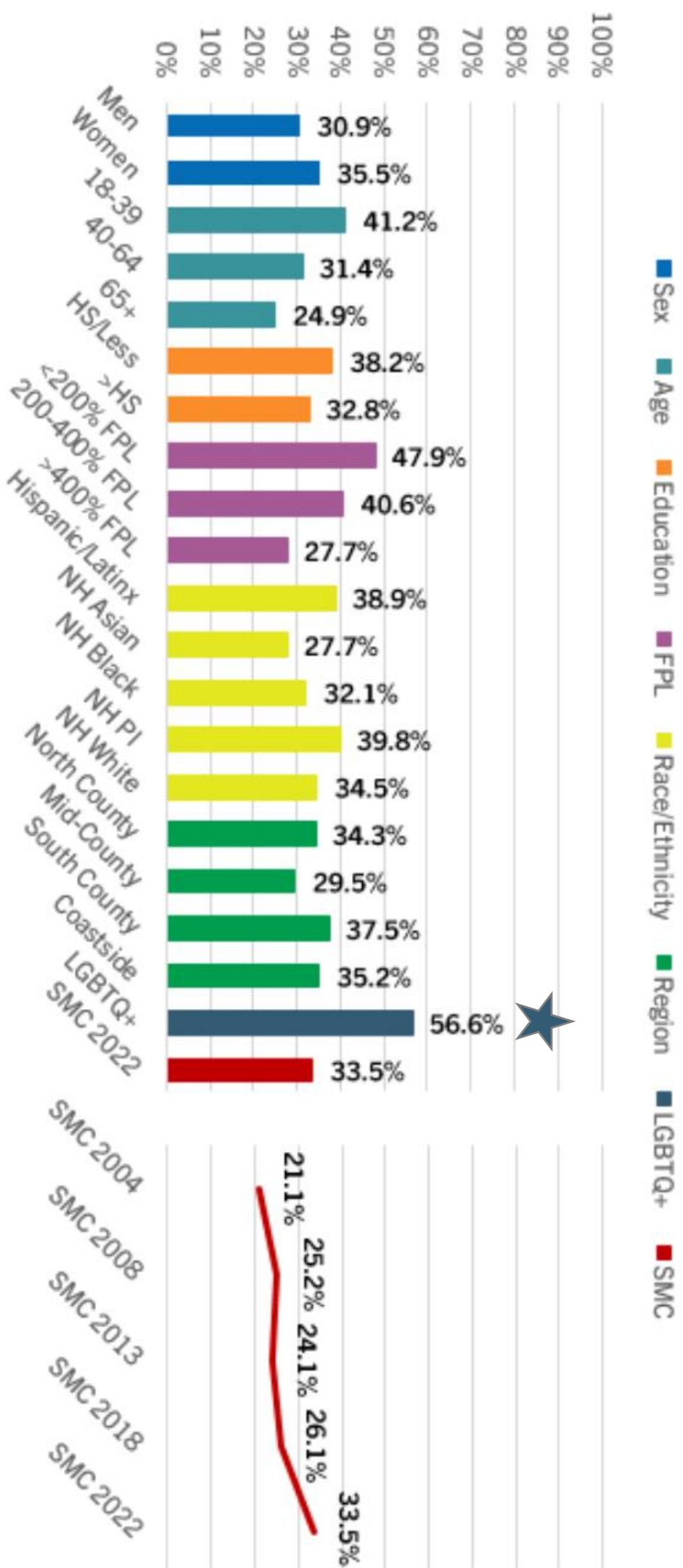
Sources:

• 2004/2008/2013/2018/2022 San Mateo County Health and Quality of Life Survey, Professional Research Consultants, Inc.

Notes:

• Asked of all respondents.

Experienced Symptoms of Depression Lasting 2+ Years San Mateo County, 2022



Sources:

• 2004/2008/2013/2018/2022 San Mateo County Health and Quality of Life Survey, Professional Research Consultants, Inc.

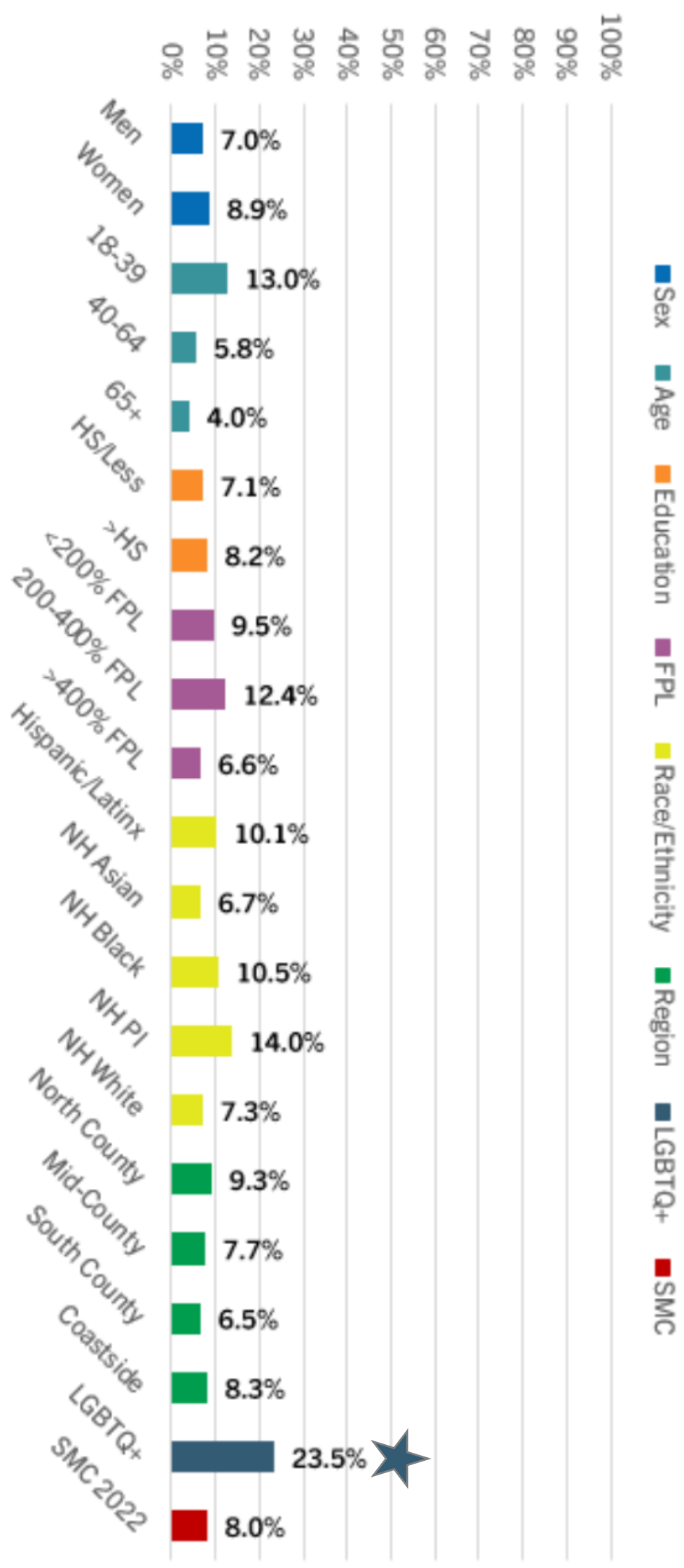
Notes:

• Asked of all respondents.

The next few slides include sensitive data related to self-harm and abuse. Please be aware that some individuals may find this content triggering.

Had Thoughts of Taking One's Own Life in Past Year

San Mateo County, 2022



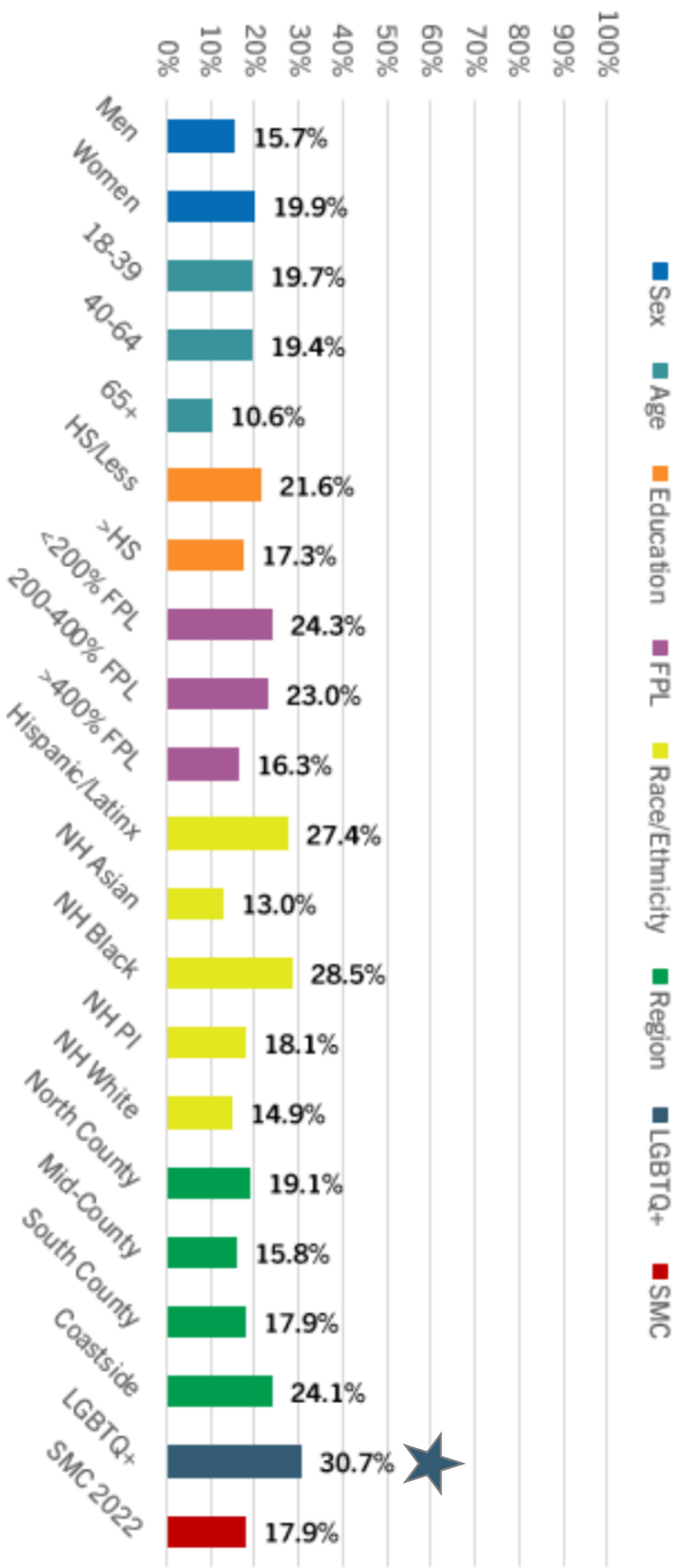
Sources:

- 2022 San Mateo County Health and Quality of Life Survey, Professional Research Consultants, Inc.

Notes:

- Asked of all respondents.

High ACEs Risk San Mateo County, 2022



Sources:

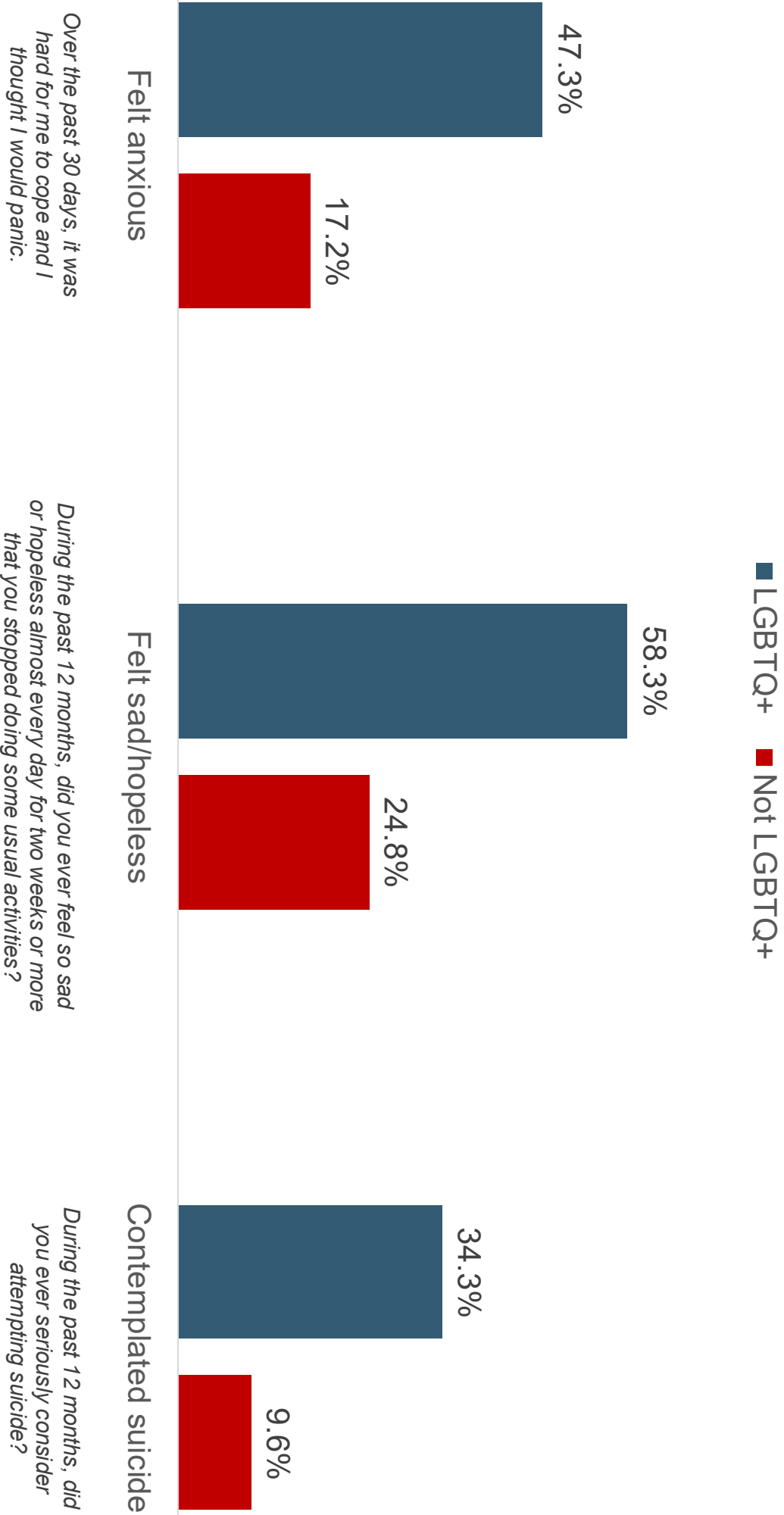
- 2022 San Mateo County Health and Quality of Life Survey, Professional Research Consultants, Inc.

Notes:

- Asked of all respondents. High ACE risk classified as having 4+ ACEs.

Youth

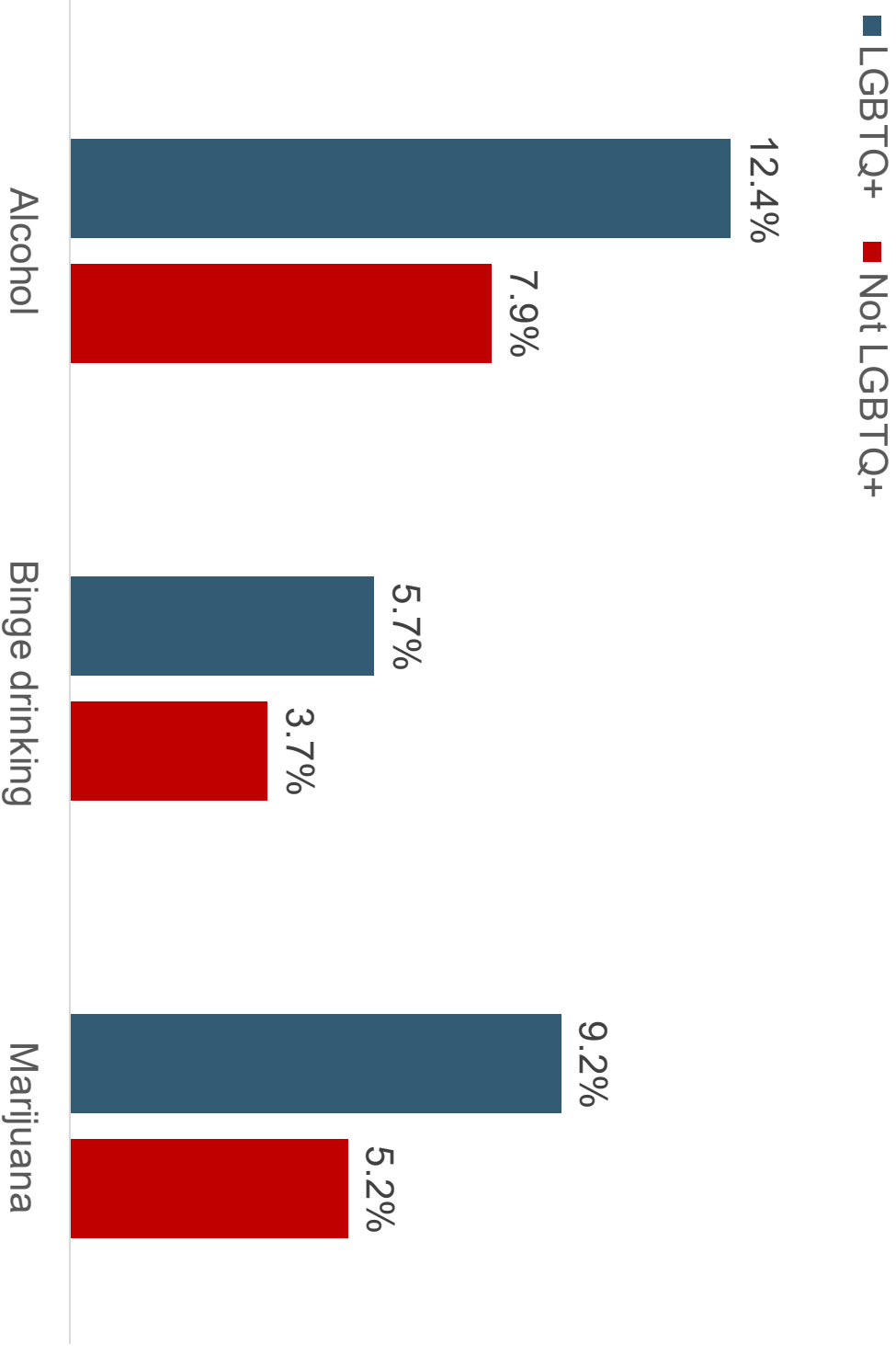
Feelings of Anxiety, Depression, and Suicidal Ideation by LGBTQ+ Youth in San Mateo County



Source: California Healthy Kids Survey, 2021-2022

Note: Survey respondents include grades 7, 9, and 11

Substance Use by LGBTQ+ Youth in San Mateo County



Source: California Healthy Kids Survey, 2021-2022

Notes:

- Survey respondents include grades 7, 9, and 11
- Survey respondents asked about substance use during the past 30 days
- Alcohol refers to 1+ drinks and binge drinking refers to 5+ drinks

Conclusions

- LGBTQ+ adults report higher economic and housing instability, lower community perception and acceptance, worse access to care, riskier behaviors, poorer mental health, and a higher number of ACEs compared to the county overall.
- LGBTQ+ youth reported worse mental health, more bullying, and more substance use.
- Historically, LGBTQ+ individuals have experienced high levels of discrimination, stigma, and barriers to competent health care, which are still impacting the health of this community today.

Future work

- SMC All Together Better data portal
 - New data: California Healthy Kids Survey
 - New dashboards: health disparities
 - Trainings for staff and community partners
- LGBTQ+ health data brief

Please reach out if you'd like to learn more!

Thank you!

Contact the Office of Epidemiology and Evaluation:

Karen Pfister, kpfister@smcgov.org

For more data:

[LGBTQ+ HQoL data](#)

[SMC All Together Better data portal](#)





[San Mateo County Pride Center](#) (click for website)

August 2025 Updates

- August 2025 Pride Center newsletter - <https://tinyurl.com/smcpnewslettermay2024>

If you would like to receive the monthly Pride Center newsletters that include events and special programming, please sign up [here](#)!

Pride Center Important Updates

As of August 1, 2025, our physical location of 1021 S El Camino Real, San Mateo, has been closed. Our services are now available virtually from 10am-7pm Monday-Friday.

Upcoming Programming In August

Queeraoke

Can you think of a better way to say goodbye to summer than getting together with your besties and singing along to your favorite songs? Join Outlet and the San Mateo County Pride Center for this fun and fabulous space! This is a sober, all ages event. Snacks will be provided.

See you on Wednesday, August 20th from 5-8 PM at the **Adolescent Counseling Services** (1779 Woodside Rd Suite 200, Redwood City, CA 94061)

Register at: <https://tinyurl.com/SMCPAugQueeraoke2025>

BioBlitz and Picnic at Huddart Park

Come and celebrate the summer along one of the beautiful trails of Huddart Park on Saturday, August 23rd from 11am-1pm in Woodside! After we hike and BioBlitz to learn about the park, we will have a picnic lunch. Join the San Mateo County Parks, San Mateo County Parks Foundation, CORA, and San Mateo County Pride Center as we learn about the

beauty of the nature around us. A sandwich picnic lunch will be provided. We encourage all attendees to wear sunscreen, a hat, a water bottle, closed-toed shoes that can get muddy, and extra clothing layers for the breeze. For more information about the trail we will take, visit: <https://www.smcgov.org/parks/trail/chickadee-nature-trail>

What's a BioBlitz?

A bioblitz is an event that focuses on finding and identifying as many species as possible in a specific area over a short period of time.

Spaces are LIMITED, RSVP ASAP at <https://tinyurl.com/SMCPCPicnicInThePark2025>

Please let us know if transportation support is needed. For any questions or concerns regarding the event, please contact Cristina P. Vila Ruiz at cristina@supportparks.org and Elana Ron at elana.ron@sanmateopride.org. For more information about San Mateo County's various parks, visit: <https://supportparks.org>.

Accessibility Information: The 0.5-mile Chickadee Nature Trail (out and back) is mostly level and features all the ecosystems of the park. The trail passes through redwood trees and chaparral areas within its short distance. It has been used in the past for field trips with wheelchair access.

Park Description: Huddart Park

Huddart's 974 acres of redwood and fir forests are attractive to hikers, equestrians, and picnickers. Many miles of trails give visitors the chance to pass through cool riparian corridors, traverse steep hillsides, and enjoy views of the Bay. Just past the Town of Woodside on King's Mountain Road, this stunning forest park and its group picnic areas and shelters provide a wonderful rural setting for group events.

The forested slopes and steep, cool canyons of Huddart Park are located within easy reach of the population centers of the San Francisco Peninsula. The park is only 3.5 miles west of Highway 84. With barbecue pits, a playground, grassy meadows, and hiking and riding trails, Huddart Park makes a great place to have a picnic or explore a redwood forest.

Meeting Spot Address: 1100 Kings Mountain Road Woodside, CA 94062

For more information about Huddart Park and its history, visit:

[Huddart Park | County of San Mateo, CA](#)

Spaces are LIMITED, RSVP ASAP at <https://tinyurl.com/SMCPCPicnicInThePark2025>

Peer Support Groups:

All Peer Support Groups are currently only meeting over Zoom

Peer Support Groups- Upcoming meeting dates

- LGBTQ Parent Group- Monthly on the 3rd Wednesday from 7:30-8:30 PM PST
 - Registration link: <https://tinyurl.com/smpcparentgroup>
 - Upcoming dates: August 20, September 17, October 15
- LGBTQ Book Club (18+) - Monthly on the 1st Wednesday from 4:30- 6pm PST
 - This group is now only meeting over Zoom!
 - Registration link: <https://tinyurl.com/smpcbookclub>
 - To access a list of books we're reading click [this link](#).
 - Upcoming books:
 - September 3- *Parable of the Talents* by Octavia E. Butler
 - October 1 – *A Safe Girl to Love* by Casey Plett
 - November 6 - *Refusing Compulsory Sexuality: A Black Asexual Lens on Our Sex-Obsessed Culture* by Sherronda J. Brown , Grace B Freedom, et al.
- Polyamory Peer Power (18+)- Monthly on the 1st Wednesday from 7- 8:30pm PST
 - Registration link: <https://tinyurl.com/smpcpolypeerpower>
 - Upcoming dates: September 3, October 1, November 5
- Trans* Group (18+)- Monthly on the 1st Thursday from 6-7:30pm PST
 - This group is now only meeting over Zoom!
 - Registration is required: <https://tinyurl.com/smpctransgroup>
 - Upcoming meeting dates: September 4, October 2, November 6
- Gay Men's Group (18+)- Monthly on the 4th Tuesday from 6-7:30pm PST
 - Registration is required: <https://tinyurl.com/smpcgaymengroup>
 - Upcoming dates: August 26, September 23, October 28
- Queer Women's Social Group (18+)- Monthly on the 4th Friday from 6-7:30pm PST
 - Registration is required: <https://tinyurl.com/smpcqueerwomengroup>
 - Upcoming dates: August 22, September 26, October 24

General Pride Center information -

Resources: <https://sanmateopride.org/resources/>

Events: <https://sanmateopride.org/events/>

Peer Support groups: <https://sanmateopride.org/programs/peer-groups/>

Youth Resources: <https://www.acs-teens.org/what-we-do/outlet/>