

# Keep your teeth in the picture of health.

SmartScan is a simple oral health screening you can do from home.



If you avoid dental visits – whether due to costs, inconvenience or dental anxiety – SmartScan provides a fast, free and painless way to stay on top of your oral health.

## What is SmartScan?

SmartScan is a unique, at-home dental screening tool that lets you use your smartphone to take a series of guided dental photos. In a process overseen by Cigna Healthcare® network dentists, AI will analyze the photos and provide an assessment within minutes.

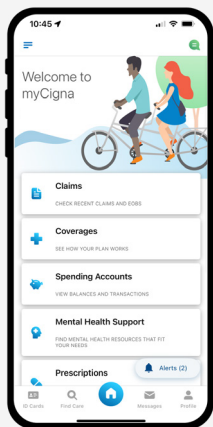
## What SmartScan is not.

SmartScan is not a replacement for a full exam and x-rays done in a dental office, which are important ways to protect your teeth, gums and overall good health and diagnose problems early.

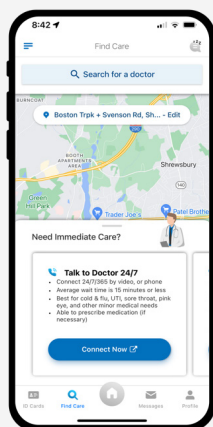
## The many benefits of SmartScan.

- SmartScreen screenings are available at no additional cost.
- The process takes approximately five to ten minutes from start to finish.
- You'll get an understanding of your oral health status plus health tips on how to improve your oral health.

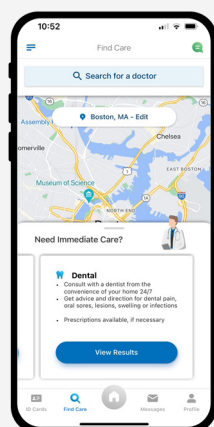
## How to get started with SmartScan.



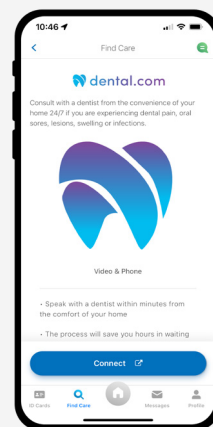
**Step 1:** Log in or register on myCigna®



**Step 2:** Select "Talk to a Doctor"



**Step 3:** Select "Dental" virtual care

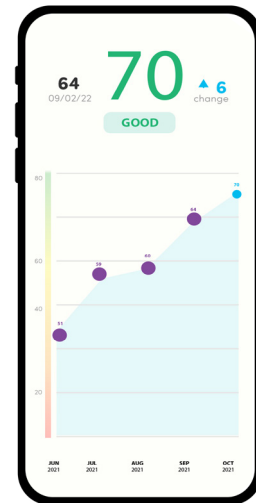


**Step 4:** Select "Connect" to be directed to SmartScan

From here, using your smartphone, you'll take a series of photos of your teeth and gums. You'll be instructed on how to hold the camera and what photos you need to take.


**Once completed:**

- Your photos will be uploaded to [Dental.com/cigna](https://Dental.com/cigna)
- Each photo is analyzed through artificial intelligence (AI) to determine potential areas of concern. Our Cigna Healthcare network dentists also review scans to improve the accuracy of the AI engine.
- You will receive a report that includes an overall rating of **green**, **yellow** or **red**, indicating your oral health status
- If your oral rating is green, you'll have peace of mind knowing your mouth is healthy. If your oral rating is yellow or red, you'll have an opportunity to book a teledentistry appointment through Cigna Healthcare Dental virtual care,\* or be referred to a Cigna Healthcare Dental in-network provider.



**10% to 35%**

**of adults put off dental visits due to fear of going to the dentist.\*\***

 For more information about how Cigna Healthcare Dental is innovating for the future, contact your Cigna Healthcare representative.



\* Cigna Healthcare provides access to virtual care through national teledental care providers via [myCigna.com](https://myCigna.com) as part of your plan. Providers are solely responsible for any treatment provided to their patients. Video chat may not be available in all areas or with all providers and is a requirement for this service. See your plan materials for the details of your specific Dental plan. This service is separate from coverage for virtual dental care obtained by your Dental plan's network and may not be available in all areas. A referral is not required for this service.

\*\* DentalInsurance.com. "Survey: Why Do People Delay Dental Care?" August 23, 2022.

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