

IMPORTANT!

Changes to Work Rule Disqualifications Affecting CalFresh!



UPDATED MAY 2025

Individuals will no longer lose CalFresh benefits if they do not follow work rules for CalWORKs Welfare-to-Work, unemployment benefits, or similar programs like General Assistance or Refugee Resettlement.

What does this mean for me?

If you or someone in your household lost CalFresh benefits because they did not follow the work rules for CalWORKs, unemployment, or similar programs, they might now be able to get CalFresh again.

If the person is only applying for themselves, they need to fill out a new application for CalFresh. [Apply online at www.benefitscal.com](http://www.benefitscal.com) or through your local CalFresh office.

HSA Regional Office Locations

Daly City:

271 92nd St
Daly City, CA 94015

Belmont:

400 Harbor Blvd. Bldg. B
Belmont, CA 94002

Redwood City:

2500 Middlefield Rd
Redwood City, CA 94063

East Palo Alto:

2415 University Ave 3rd Fl
East Palo Alto, CA 94303

If you have any questions about this change,
please call 800-223-8383



Funded by USDA SNAP, an equal opportunity provider.
Visit CalFreshFood.org to learn more about CalFresh.