

IMMIGRANT RESOURCE GUIDE



COUNTY OF SAN MATEO
OFFICE OF COMMUNITY AFFAIRS
IMMIGRANT SERVICES



COUNTY OF **SAN MATEO**
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IMMIGRANT SERVICES

IMMIGRANT RESOURCE GUIDE

COUNTY OF **SAN MATEO**

March, 2025

Welcome to the fourth edition of the Immigrant Resource Guide. This handbook is created by the County of San Mateo's Office of Community Affairs (OCA). To view the online version, as well as more resources & events that serve the immigrant community, please visit www.SMCCommAffairs.org.

Finding an immigration lawyer, housing, a job and learning English are among the many challenges that immigrants face in our community. OCA is your first stop to find help. OCA is in touch with all of the services and resources available to our valued immigrant community.

COUNTY OF SAN MATEO
OFFICE OF COMMUNITY AFFAIRS
IMMIGRANT SERVICES

www.SMCCommAffairs.org
ImmigrantServices@smcgov.org
650-363-1800
📍 @smc_commaffairs

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CONTENTS

CORE SERVICE AGENCIES	1
EMERGENCY/CRISIS INTERVENTION	2
24-Hour Emergency Numbers	2
Disaster Relief and Preparedness	3
Incarcerated and Reentry Services	3
Victim Assistance	3
EMERGENCY SERVICES: FOOD, SHELTERS & SERVICES FOR PEOPLE EXPERIENCING HOMELESSNESS	4
Food Distribution Sites and Food Resources	4
Shelters, Homeless Help Centers and Transitional Housing ...	6
Shelters For Domestic Violence Survivors	7
Shelters For People Affected by Mental Illness	7
Shelters For Youth Experiencing Homelessness	7
CHILDREN, TEENS, YOUTH & FAMILIES	7
Child Care and Early Learning	7
Resources for Parents and Families	9
Youth Activities and Educational Programs	11
COMMUNITY & CULTURAL RESOURCE CENTERS	15
Mediation/Facilitation Center	17
ADULT EDUCATION & ESL PROGRAMS	17
Adult Schools	17
Community Colleges	17
ESL, High School Diploma and Citizenship Support	18
EMPLOYMENT & JOB TRAINING	19
FINANCIAL EDUCATION & ASSISTANCE	22
Financial Aid and Scholarships	22
Financial Education	24

HEALTH	25
Clinics.....	25
Dental Clinics.....	26
Health Insurance	27
Hospitals and Medical Centers.....	28
Mental Health Care & Recovery Services	29
Youth Health Services.....	32
Health Support Services	32
Disability Services	33
HOUSING RESOURCES	34
LEGAL SERVICES	35
Criminal Law Services	35
Employment Legal Services	35
Housing Legal Services.....	36
Immigration Services.....	37
Legal Service Referral Networks.....	40
Bay Area Consulates	41
Other Legal Services	42
LGBTQ+ SERVICES	42
LIBRARIES	43
PARKS & RECREATION DEPARTMENTS	46
PUBLIC BENEFITS & ASSISTANCE	47
SENIOR SERVICES	49
Senior Centers	50
TAXPAYER RESOURCES & OFFICIAL RECORDS	51
TRANSPORTATION	52
VETERAN SERVICES	53
VOTING RESOURCES	54
INDEX	55

CORE SERVICE AGENCIES

NORTH

Daly City Community Services Center **650-991-8007**

<https://www.dcpartnership.org/dccsc/>

350 90th Street, 1st Floor, Daly City CA 94015

Core Service Agency serving Broadmoor, Colma and Daly City.

YMCA Community Resource Center **650-276-4101 Ext. 4**

www.ymcasf.org/crc

1486 Huntington Avenue, Ste. 100, South San Francisco CA 94080

Core Service Agency serving SSF, San Bruno and Brisbane.

CENTRAL

Samaritan House **650-347-3648**

www.samaritanhousesanmateo.org

4031 Pacific Boulevard, San Mateo CA 94403

Core Service Agency serving Belmont, Burlingame, Foster City, Hillsborough, Millbrae, San Carlos and San Mateo.

COAST

Coastside Hope **650-726-9071**

www.coastsidehope.org

248 Main Street Suite 200 (Second Floor), Half Moon Bay, CA. 94019

Core Service Agency serving El Granada, Half Moon Bay, Miramar, Montara and Moss Beach.

Pacifica Resource Center **650-738-7470**

www.pacresourcecenter.org

1809 Palmetto Avenue, Pacifica CA 94044

Core Service Agency serving Pacifica.

Puente **650-879-1691**

www.mypuente.org

620 N Street, Pescadero CA 94060

Core Service Agency serving La Honda, Loma Mar, Pescadero and San Gregorio.

SOUTH

Fair Oaks Community Center **650-780-7500**

2600 Middlefield Road, Redwood City CA 94063

Core Service Agency serving Atherton, North Fair Oaks, Portola Valley, Redwood City, Redwood Shores and Woodside.

Samaritan House South **650-294-4312**

www.samaritanhousesanmateo.org

2396 University Ave, East Palo Alto, CA 94303

Core Service Agency serving East Palo Alto and Menlo Park.

EMERGENCY/CRISIS INTERVENTION

24-Hour Emergency Numbers

911 **911**

Emergency services for situations requiring immediate assistance from the police, the fire department, or an ambulance.

988 Suicide and Crisis Lifeline **988**

<https://988lifeline.org/>

The 24-hour, toll-free, confidential suicide prevention hotline is available to anyone in suicidal crisis or emotional distress.

Rapid Response Hotline – Faith in Action **203-666-4472**

www.faithinactionba.org

Report ICE activity and get help for urgent immigration issues.

Rape Trauma Services 24-Hour Crisis Line **650-692-7273**

Specially trained sexual assault counselors are available 24 hours a day, every day. Crisis line is free and callers may choose to remain anonymous.

211 Bay Area **211**

www.211bayarea.org

Connects Bay Area residents with health and human service programs and disaster preparedness in their local community.

Aging & Older Adults Emergency and Advice Line **844-868-0938**

Helps older adults, people with disabilities, dependent adults, and caregivers access the services they need to keep them safe. The Hotline is staffed by social workers and public health nurses.

California Youth Crisis Line **800-843-5200**

Provides crisis intervention counseling, youth-to-parent message service, phone connections to service providers and families, and referrals to youth in crisis and their families.

Child Protective Services. **800-632-4615** or **650-595-7922**

Accepts reports about children age 17 or under who may be in danger due to abuse, abandonment, or exploitation.

Community Overcoming Relationship Abuse (CORA)

..... **800-300-1080**

www.corasupport.org

Provides crisis intervention, counseling and civil legal services for survivors of domestic violence.

StarVista Crisis Intervention and Suicide Prevention Center

..... **800-273-8255** or **650-579-0350**

<https://sanmateocrisis.org/>

Provides free crisis intervention and suicide prevention services to youth and adults of San Mateo County.

Disaster Relief and Preparedness

Listos California

www.listoscalifornia.org

Offers disaster preparedness guides in 6 languages.

Red Cross 650-259-1750

www.redcross.org

1710 Trousdale Drive, Burlingame CA 94010

Provides relief to those impacted by disasters and empowers the community to prepare for, respond to, and recover from emergencies.

San Mateo County Department of Emergency Management

..... 650-363-4790

www.smcgov.org/ceo/smc-alert

501 Winslow Street, Redwood City CA 94063

Incarcerated and Reentry Services

San Mateo County Jail Inmate Locator 650-363-4424

www.smc-inmatelocator.org/

Search information shown for arrested/in-custody persons with the San Mateo County Sheriff's Office.

Service Connect 650-508-6745

www.smcgov.org/hsa/service-connect

550 Quarry Road 2nd Floor, San Carlos CA 94070

Services aimed at supporting former inmates as they re-enter the community.

Service League of San Mateo County 650-364-4664

www.servicleague.org

727 Middlefield Road, Redwood City CA 94063

Provides a variety of services to inmates of the county jail, persons released from jail and their families.

Victim Assistance

Community Overcoming Relationship Abuse (CORA)

..... 650-652-0800

www.corasupport.org

2211 Palm Avenue, San Mateo CA 94403

Provides crisis intervention, counseling and civil legal services for survivors of domestic violence.

La Casa de las Madres 24-hour hotline: 877-503-1850

.....or text: 415-200-3575

www.lacasa.org

1269 Howard Street, San Francisco, CA 94103

Responds to calls for help from domestic violence survivors and provides crisis intervention, counseling, support groups, and shelter.

Rape Trauma Services 650-652-0598

www.rapetraumaservices.org
1860 El Camino Real #406, Burlingame CA 94010
Provides support for victims of sexual abuse and assault.

National Human Trafficking Hotline 888-373-7888

. or text to **233733**
Connects human trafficking victims and survivors to critical support and services.

Victim Services 650-599-7479

www.smcgov.org/da/victim-services
400 County Center, 3rd Floor, Redwood City CA 94063
222 Paul Scannel Drive, 2nd Floor, San Mateo, CA 94402
1050 Mission Road, South San Francisco, CA 94080
Provides general emergency and ongoing assistance for victims of crimes.

**EMERGENCY SERVICES: FOOD, SHELTERS & SERVICES
FOR PEOPLE EXPERIENCING HOMELESSNESS**

Food Distribution Sites and Food Resources

Second Harvest of Silicon Valley 1-800-984-3663

www.shfb.org/get-food
Provides multilingual referrals to free food pantries/groceries and soup kitchens. Provides CalFresh application assistance by phone or at community locations throughout the County. Mon.-Fri., 8:00 am – 5:00pm. For a full list of distribution sites, hours and locations, please visit www.shfb.org/get-food.

Salvation Army 650-368-4644

https://redwoodcity.salvationarmy.org/
660 Veterans Blvd, Redwood City CA 94063

Peninsula Volunteers Inc., Meals on Wheels 650-323-2022

https://1pvi.org/mealsonwheels/
800 Middle Avenue, Menlo Park CA 94025
Delivers food to homebound seniors and adults with disabilities.

NORTH

Catholic Worker Hospitality House 650-827-0706

www.catholicworkerhospitalityhouse.org
555 West San Bruno Avenue, San Bruno CA 94066
Provides food and operates shelter.

Society of Saint Vincent de Paul – South San Francisco 650-589-9039

www.svdpsm.org
421 4th Lane, South San Francisco CA 94080
Provides hot meals, clothing, sleeping bags, bus tokens, laundry, and mail service to homeless and low-income individuals.

CENTRAL

Society of Saint Vincent de Paul – San Mateo 650-343-9251
www.svdpsm.org
50 N. B Street, San Mateo CA 94401
Provides hot meals, clothing, sleeping bags, bus tokens, laundry, and mail service to homeless and low-income individuals.

COAST

Coastside Lutheran Church 650-726-9293
www.coastsidelutheran.net
900 Cabrillo Highway North, Half Moon Bay CA 94019
Provides free community breakfasts on certain days of the week.

Half Moon Bay Library 1-833-937-7625
www.smcl.org/locations/1H
620 Correas Street, Half Moon Bay CA 94019
Provides free meals on certain days of the week.

Pacifica Resource Center (PRC) – Pantry 650-738-7470
www.pacificaresourcecenter.org
1809 Palmetto Ave, Pacifica CA 94044

SOUTH

East Palo Alto Library 1-833-937-7625
www.smcl.org/locations/1E/
2415 University Avenue, East Palo Alto CA 94303
Provides free meals on certain days of the week.

Ecumenical Hunger Program 650-323-7781
www.ehpcares.org
2411 Pulgas Ave, East Palo Alto CA 94303
Provides food, clothing, furniture and other household essentials to individuals and families in need.

Fresh Approach 925-771-2990
www.freshapproach.org
Provides access to local, affordable produce and nutrition education.

North Fair Oaks Library 1-833-937-7625
www.smcl.org/locations/1N/
2510 Middlefield Road, Redwood City CA 94063
Provides free meals on certain days of the week.

Nuestra Casa 650-330-7472
www.nuestracasa.org
2396 University Avenue, East Palo Alto CA 94303

**Society of Saint Vincent de Paul – Redwood City
(at Fair Oaks Community Center) 650-780-7500**

www.svdpsm.org
2600 Middlefield Rd, Redwood City CA 94063
Provides hot meals, clothing, sleeping bags, bus tokens, laundry, and mail service to homeless and low-income individuals.

St. Francis Center 650-365-7829

www.stfrancisrwc.org
151 Buckingham Ave, Redwood City CA 94063
Provides food, clothing, and other essentials to low-income families.

Shelters, Homeless Help Centers and Transitional Housing

Call your local core service agency, or contact 211, to receive a referral to an emergency shelter with availability.

LifeMoves

www.lifemoves.org
Shelters operated throughout San Mateo County. Call Core Service Agency for referral.

Abundant Grace Coastside Worker 650-726-6621

www.abundantgracecw.org
515 Kelly Avenue, Half Moon Bay CA 94019
Provides workforce development and employment for people experiencing homelessness.

Catholic Worker Hospitality House 650-827-0706

www.catholicworkerhospitalityhouse.org
555 W San Bruno Avenue, San Bruno CA 94066

WeHOPE 650-330-8000

www.wehope.org
1854 Bay Road, East Palo Alto CA 94303
24-hour facility that provides emergency and transitional housing for single men and women. Also operates Dignity on Wheels (mobile hygiene service), RV Safe Parking program, and Hope Health Mobile.

Redwood City Catholic Worker 650-366-4415

www.rwdcw.wordpress.com
545 Cassia St, Redwood City CA 94063
Provides housing for day laborers and teens, as well as food assistance, language classes, and other services.

Safe Harbor Shelter 650-347-3648

www.samaritanhousesanmateo.org/service/housing-services
295 N Access Road, South San Francisco CA 94080

Society of St. Vincent de Paul **650-343-4403**
www.svdpsm.org/programs/homeless-help-centers
 Locations in San Mateo, South San Francisco and Redwood City (Fair Oaks Community Center).

Shelters For Domestic Violence Survivors

Community Overcoming Relationship Abuse (CORA)
 **800-300-1080**
www.corasupport.org
 2211 Palm Ave. San Mateo CA 94403
 Provides temporary confidential housing, supportive housing services, crisis intervention, counseling and civil legal services for survivors of domestic violence.

La Casa de las Madres 24-hour hotline: **877-503-1850**
 or text during business hours: **415-200-3575**
www.lacasa.org
 1269 Howard Street, San Francisco, CA 94103
 Responds to calls for help from domestic violence survivors and provides crisis intervention, counseling, support groups, and shelter.

Shelters For People Affected by Mental Illness

Spring Street Shelter **650-298-9846**
www.mhasmc.org
 2686 Spring Street, Redwood City CA 94063

Shelters For Youth Experiencing Homelessness

New Creation Home Ministries **650-321-3109**
www.newcreationhome.org
 422 Hibiscus Court, East Palo Alto CA 94303
 Provides parenting resources and supportive housing for at-risk mothers.

StarVista – Daybreak Shelter **650-364-4633**
www.star-vista.org/programs/daybreak
 639 Douglas Ave, Redwood City CA 94063
 Provides housing and independent living skills training program for homeless youth ages (16-21).

CHILDREN, TEENS, YOUTH & FAMILIES

Child Care and Early Learning

Child Care Coordinating Council of San Mateo County (4Cs)
 **650-517-1400**
www.sanmateo4cs.org
 Quality care for infants, preschoolers, and school-age children.

Izzi Early Education (formerly IHSD Inc.) 650-578-3440

www.izziearlyed.org

Offers a child and family development program for low-income families to serve children from 0-5 years of age and pregnant mothers. Locations across the county.

Peninsula Family Service 650-403-4300

www.peninsulafamilyservice.org

Services include child development and education programs (0-5 years), as well as subsidized child care in numerous day care homes.

AbilityPath 650-259-8500

www.abilitypath.org

350 Twin Dolphin Drive, Ste. 123, Redwood City CA 94065

Provides children's classes, therapy, early intervention and free developmental screenings. Also offers adult day programs and inclusion services for adults, and operates preschool in Burlingame.

Help Me Grow San Mateo County Call or text 650-762-6930

www.helpmegrowsmc.org

Offers screenings and resources for child development (ages birth to five) for families and child care providers.

SMC Family Childcare Organization 650-766-0869

www.smcfamilychildcare.org

1534 Plaza Lane #268, Burlingame CA 94010

Provides support, mentorship and resources for family child care providers.

NORTH

Brisbane Recreation Department 415-508-2140

www.brisbaneca.org/parksrec/page/preschool-age-programs

50 Park Place, Brisbane CA 94005

Offers a developmentally appropriate program to encourage, support, and develop the whole child.

South San Francisco Child Care 650-875-6900

www.ssf.net/departments/parks-recreation/recreation-division/child-care

Preschool and afterschool programs offered at several sites in South San Francisco.

CENTRAL

Palcare 650-340-1289

www.palcare.org

945 California Drive, Burlingame CA 94010

Offers infant care and flexible scheduling for families with extended hours.

COAST**Coastside Child Development Center 650-726-7416**

www.coastsidecdc.org

565 Redondo Beach Road, Half Moon Bay CA 94019

Provides child care and education for infants, toddlers, and preschoolers.

Coastside Children's Programs 650-726-7413

www.coastsidechildren.org

Administers child care and provides educational activities through before-and after-school programs, preschool, as well as activities during the summer.

SOUTH**Sequoia Children's Center 650-369-5277**

www.sequoiachildren.org

1234 Brewster Avenue, Redwood City CA 94061

Offers child care and early education for infants through preschool, age 2 months–6 years.

Resources for Parents and Families**San Mateo County Health System – Family Health Services**

. **650-573-2501**

www.smchealth.org/services-pregnancy-children-families

2000 Alameda de Las Pulgas #200, San Mateo CA 94403

Family support services for pregnant people and parents, including education and links to community resources.

CARON 650-599-9107

www.caronprogram.com

3121 Middlefield Rd, Redwood City CA 94063

Builds and maintains positive relationships with members of the community through a variety of community events and educational programs.

San Mateo County Child Support Services 866-901-3212

www.smcgov.org/dcss

555 County Center, 2nd Floor, Redwood City CA 94063

Establishes and enforces child support orders.

StarVista – Child and Parent Services (CAPS) 650-771-0788

www.star-vista.org/programs/child-and-parent-services

610 Elm Street, Ste. 212, San Carlos CA 94070

Offers therapy, family advocate-case management, parent education, parent support groups/workshops.

The Parent Project 650-573-2714

www.smchealth.org/parentproject

A free, 12-week course that is offered in English and Spanish to anyone who cares for a child or adolescent.

NORTH

Our Second Home 650-301-3300

www.dcpartnership.org/programs/our-second-home

725 Price Street, Daly City CA 94014

An early childhood family resource center. A Daly City Partnership program.

South San Francisco Mothers Club

www.ssfmothersclub.org

Provides support, information and friendship to parents in the community, and holds monthly meetings, play groups, and social events.

CENTRAL

First 5 San Mateo County 650-372-9500

www.first5sanmateo.org

1700 S El Camino Real #405, San Mateo CA 94402

Family Resource Center by AbilityPath 650-259-0189

www.smcfrc.org

1764 Marco Polo Way, Burlingame CA 94010

Provides support to parents of children with developmental disabilities through support groups, care coordination, and trainings.

Jewish Family and Children’s Services

– **Center for Children and Youth 888-927-0839**

<https://ccy.jfcs.org>

2001 Winward Way, Ste. 200, San Mateo CA 94404

Provides support for children, teens, and parents, offers workshops and parenting classes, and clinical therapy for families.

SOUTH

Children’s Health Council 650-326-5530

www.chconline.org

1848 Bay Road, East Palo Alto CA 94303

Services for learning differences and mental health for children, teens and young adults.

Family Connections 669-237-8911

www.familyconnections.org

414 4th Avenue, Redwood City CA 94063

2400 Ralmar Avenue, East Palo Alto, CA 94303

575 Abbot Avenue, Daly City, CA 94014

Offers parent education, pre-school and mental health services for children and families.

Prenatal Advantage Black Infant Health Program 650-363-7850
www.smchealth.org/bih
 2415 University Avenue, 2nd Floor, East Palo Alto CA 94303
 Increases early prenatal care and connects Black families to resources, parenting support, mental health and wellness services and breast feeding education.

United Through Education Familias Unidas. 650-422-0496
<https://www.unitedthrougheducation.org/>
 555 Bryant St #923, Palo Alto CA 94301
 Family engagement classes with a focus on reading, math, science, technology, arts, and health.

Youth Activities and Educational Programs

San Mateo County Office of Education – Educational Services
 **650-802-5300**
www.smcoe.org
 101 Twin Dolphin Drive, Redwood City CA 94065

Big Brothers Big Sisters of the Bay Area 415-503-4050
<https://www.bbbsba.org/>
 Connects youth with adult mentors.

Boys and Girls Clubs of the Peninsula 650-646-6132
www.bgcp.org
 Provides afterschool activities, homework help, clubs, and academic advising at locations in Menlo Park, Redwood City, East Palo Alto, South San Francisco, Daly City, Atherton, Millbrae, San Mateo and Woodside.

CASA of San Mateo County. 650-517-5840
www.casaofsanmateo.org
 330 Twin Dolphin Drive #139, Redwood City CA 94065
 Pairs children in the foster care and juvenile justice systems with community volunteers who provide one-on-one support, mentoring and advocacy in the courtroom and beyond.

Fresh Lifelines for Youth (FLY) 408-263-2630
www.flyprogram.org
 330 Twin Dolphin Drive, Suite 105, Redwood City CA 94065
 Serves youth who are currently, formerly, or at-risk of juvenile justice system involvement, including a law program, leadership training and reentry program.

Friends for Youth. 650-368-4444
www.friendsforyouth.org
 3460 W Bayshore Rd Suite 203, Palo Alto CA 94303
 One-on-one mentoring for youth ages 8-17 and group mentoring during the transition between middle school and high school.

Girl Scouts **800-447-4475**

<https://www.gsnorcal.org/>

For girls from kindergarten through twelfth grade.

Hispanic Foundation of Silicon Valley **408-216-7612**

www.hfsv.org

Provides scholarships, leadership programs and youth & parent education for Latinos in the region.

San Mateo County Sheriff's Activities League (SAL) **650-257-3400**

www.sheriffsactivitiesleague.com

3151 Edison Way, Redwood City CA 94063

Strengthens relationships between youth, deputies, and communities to aid in the intervention and prevention of juvenile delinquency.

The Big Lift

www.thebiglift.org

Programs from preschool to third grade to improve the development of San Mateo county students' reading proficiency level.

University of California 4-H

<https://ucanr.edu/sites/smsf4h/>

Youth development program.

NORTH

After School Academic Programs (ASAP) **650-992-2446**

www.dcpartnership.org/asap/

Small group literacy tutoring, homework help, and after school enrichment classes at schools in Daly City and South San Francisco. A Daly City Partnership program.

Edgewood Drop-in Center **650-832-6797**

www.edgewood.org/drop-in-centers

931 W San Bruno Avenue, Ste. 2, San Bruno CA 94066

Peer-led safe spaces providing free resources and basic needs for 18-25 year olds.

CENTRAL

Boy Scouts of America – Pacific Skyline Council **650-358-0588**

www.pacsky.org

1150 Chess Drive, Foster City CA 94404

Offers co-ed scouting programs for youth ages 5-20 years old.

Homework Central **650-343-3423**

www.smhwc.org

300 East Santa Inez Ave, San Mateo CA 94401

Serves students in 2nd, 3rd, 4th, and 5th grade in the San Mateo-Foster City School District who need additional support outside of school.

Peninsula Family YMCA 650-286-9622

www.ymcasf.org/location/peninsula-family-ymca/
 1877 S Grant Street, San Mateo CA 94402

Provides various wellness and sports programs, as well as afterschool and summer activities.

Redwood City Police Activities League (PAL) 650-556-1653

www.redwoodcitypal.org
 3399 Bay Road, Redwood City CA 94063

Provides recreational, social and educational activities for Redwood City youth and their families.

San Mateo Police Activities League (PAL) 650-522-7725

www.sanmateopal.org
 200 Franklin Parkway, 2nd Floor, San Mateo CA 94403

Provides recreational, social and educational activities for San Mateo youth and their families.

Youth Leadership Institute (YLI) 510- 409-9819

www.yli.org
 1650 South Amphlett Boulevard, #115, San Mateo CA 94402

Offers youth programs and initiatives surrounding community organizing, voter education, health education/drug prevention, social-emotional learning, and wellness

COAST

Boys and Girls Club of the Coastsides 650-712-9710

www.bgccoastside.org
 600 Church Street, Half Moon Bay CA 94019

Provides afterschool activities, homework help, clubs, and academic advising in Half Moon Bay.

Boys and Girls Clubs of North San Mateo County 650-355-1334

www.theclubs.org
 955 Yosemite Drive, Pacifica CA 94044

Provides afterschool activities, homework help, clubs, and academic advising in Pacifica.

SOUTH

CoolineKids Organization 650-308-9161

www.coolinekids.org
 Provides camps and leadership development programs for children & youth in East Palo Alto.

Edgewood Drop-in Center 650-517-8211

www.edgewood.org/drop-in-centers
 604 Price Avenue, Ste. A, Redwood City CA 94063

Peer-led safe spaces providing free resources and basic needs for 18-25 year olds.

- EPACENTER** **650-313-2626**
<https://epacenter.org/>
1950 Bay Rd. East Palo Alto, 94303
Provides programming for youth in arts education classes, job training programs in creative fields, and ongoing socio-emotional support.
- Generations United** **650-352-3792**
www.generations-united.com
Provides afterschool and other programming for youth in Redwood City and North Fair Oaks.
- Girls to Women** **650-326-6431**
www.girlstowomen.org
Partners with families, youth development agencies, and schools to provide year-round programming for local girls in East Palo Alto.
- Lauren's House 4 Positive Change** **650-630-0222**
<https://laurens-house.org/>
Afterschool, summer, and family programs for students in East Palo Alto and East Menlo Park.
- Lewis & Joan Platt East Palo Alto Family YMCA** **650-328-9622**
www.ymcasv.org/locations/lewis-joan-platt-east-palo-alto-family-ymca
550 Bell Street, East Palo Alto CA 94303
Offers recreational, health and wellness programs. As well as youth and family activities.
- Sequoia YMCA** **650-368-4168**
www.ymcasv.org/locations/sequoia-ymca
1445 Hudson Street, Redwood City CA 94061
Offers recreational, health and wellness programs. As well as youth and family activities.
- Siena Youth Center**
www.stfranciswc.org/services-programs/siena-youth-center/
2625 Marlborough Ave, Redwood City, CA 94063
Provides afterschool programming for ages 10-17 and some weekend field trips.
- Streetcode Academy** **650-485-1413**
www.streetcode.org
Teaches relevant, marketable skills in design, coding, and entrepreneurship for youth of color seeking entry to the tech world. Located in East Palo Alto.
- Youth Community Service** **650-858-8019**
www.youthcommunityservice.org
780 Arastradero Road, Room V-14, Palo Alto CA 94306
Builds life skills and leadership through meaningful service learning experiences. A collaboration between the cities of Palo Alto and East Palo Alto, and the Palo Alto Unified and Ravenswood School Districts.

Youth United for Community Action (YUCA) 650-322-9165

www.youthunited.net

2135 Clarke Ave, East Palo Alto CA 94303

Helps young people of color work on environmental and social justice issues through community organizing.

COMMUNITY & CULTURAL RESOURCE CENTERS

Pacific Islands Together

www.pitgether.com

1618 Sullivan Avenue #512, Daly City CA 94015

Provides and serves Pacific Islanders and the broader Bay Area Community with arts, cultural preservation, and raising awareness in health and wellness.

Taulama for Tongans 650-286-1500

<https://taulamafortongans.wixsite.com/tongans/home>

1650 S. Amphlett Blvd, Ste 105, San Mateo CA 94402

Increases awareness among Tongans and other Pacific Islanders of local health programs, resources, materials and services.

Unitedly 650-339-9051

www.unitedly.org

Supports Asian communities in accessing resources and services.

NORTH

Central American Resource Center (CARECEN) 415-642-4400

www.carecensf.org

3101 Mission Street, Ste. 101, San Francisco CA 94110

Programs for youth and families, including immigration legal services, tattoo removal services, and wellness services.

Pilipino Bayanihan Resource Center (PBRC) 650-992-9110

www.pilipinobayanihanresourcecenter.com

200 Northgate Ave, Daly City CA 94015

Collaborates, builds, and empowers the Filipino community by providing opportunities for Filipinos to reach their fullest potential, including martial arts classes and monthly legal clinics.

CENTRAL

Peninsula Jewish Community Center 650-212-7522

www.pjcc.org

800 Foster City Boulevard, Foster City CA 94404

Provides wellness classes, fitness center, programming for families, and Jewish community events

San Mateo Japanese American Community Center 650-343-2793

415 S Claremont Street, San Mateo CA 94401

Serves as an information referral and drop-in center for the Japanese-speaking community.

Martin Luther King, Jr. Community Center & Pool 650-522-7470
www.cityofsanmateo.org/716/Martin-Luther-King-Community-Center-Pool
725 Monte Diablo Avenue, San Mateo CA 94401

COAST

ALAS – Ayudando Latinos a Soñar 650-560-8947
www.alashmb.org
636 Purissima Street, Half Moon Bay CA 94019
Offers a variety of cultural & art programs as well as mental health services, wrap-around case management, immigration, education, and social justice advocacy.

SOUTH

Anamantangi Polynesian Voices 650-518-0745
www.anamatangi.org
Supports the mental, physical, communal, and spiritual wellbeing of East Palo Alto Pacific Islander families.

Casa Circulo Cultural 650-304-2618
www.casacirculocultural.org
3090 Middlefield Road, Redwood City CA 94063
Offers a variety of fun, enriching, and engaging classes for kids and adults, including music, art, theater, dance, martial arts, chess, and more.

El Concilio of San Mateo County 650-373-1080
www.el-concilio.com
3180 Middlefield Road, Redwood City CA 94063

Fair Oaks Community Center 650-780-7500
2600 Middlefield Road, Redwood City CA 94063

One East Palo Alto 650-834-7619
www.1epa.org
2396 University Avenue, East Palo Alto CA 94303

Nuestra Casa 650-330-7472
www.nuestracasa.org
2396 University Avenue, East Palo Alto CA 94303
Provides workshops, promotora leadership development, parent education and leadership academies, food distribution, ESL classes, and advocacy.

Redwood City Together
www.rwctogether.org
1017 Middlefield Rd, Redwood City CA 94063
Offers programs for youth and families in Redwood City and North Fair Oaks.

Mediation/Facilitation Center

Peninsula Conflict Resolution Center (PCRC) 650-513-0330

www.pcrweb.org

1670 S Amphlett Blvd #115, San Mateo CA 94402

Provides conflict mediation, facilitation, and trainings to schools, youth, families, community associations, organizations and more.

ADULT EDUCATION & ESL PROGRAMS

ACCEL (Adult-Education, College, Career, Educational Leadership)

. 650-558-2111

www.newfuturesanmateo.com

789 E. Poplar Avenue, San Mateo CA 94401

An adult education consortium that supports the adult schools and community colleges with programs and referrals.

Upward Scholars. 650-263-1384

www.upwardscholars.org

855 Jefferson Ave, Box 506, Redwood City CA 94064

Provides adult immigrants academic and financial support to move up the economic ladder through education and career development.

Adult Schools

Offer GED and high school diploma, ESL classes, work training, citizenship preparation classes and more.

Jefferson Adult School. 650-550-7890

www.juhsd.net/asd

123 Edgemont Drive Building B, Daly City 94015

La Costa Adult School 650-712-7140

<https://lcas.cabrillo.k12.ca.us>

498 Kelly Ave, Half Moon Bay CA 94019

San Mateo Adult School. 650-558-2100

www.sanmateoadulted.org

789 E Poplar Avenue, San Mateo CA 94401

Sequoia Adult School 650-306-8866

www.seqsas.org

3247 Middlefield Road, Menlo Park CA 94025

South San Francisco Adult Education 650-827-8455

<https://ssfcae.ssfusd.org>

825 Southwood Drive, South San Francisco CA 94080

Community Colleges

Cañada College. 650-306-3100

www.canadacollege.edu

4200 Farm Hill Boulevard, Redwood City CA 94061

College of San Mateo **650-574-6161**
www.collegeofsanmateo.edu
1700 W Hillsdale Boulevard, San Mateo CA 94402

Skyline College **650-738-4100**
www.skylinecollege.edu
3300 College Drive, San Bruno CA 94066

ESL, High School Diploma and Citizenship Support

Community Learning – San Mateo County Libraries . . . **650-323-0362**
www.smcl.org
Locations across San Mateo County including East Palo Alto, Half Moon Bay and North Fair Oaks offer ESL, citizenship, and tutoring.

JobTrain **650-330-6429**
www.jobtrainworks.org
Locations in Menlo Park, East Palo Alto and South San Francisco offer ESL and GED support.

NORTH

Community Learning Center & Project Read **650-877-8540**
www.ssf.net/departments/library/services/literacy-services
520 Tamarack Lane, South San Francisco CA 94080

CENTRAL

Project Read – San Mateo Public Library **650-522-7848**
www.cityofsanmateo.org/927/Adult-Literacy
55 W. Third Avenue, San Mateo CA 94402

COAST

Coastside Hope **650-726-9071**
www.coastsidehope.org
248 Main Street Suite 200 (2nd Floor), Half Moon Bay, CA 94019

Puente **650-879-1691**
www.mypuente.org
620 N Street, Pescadero CA 94060

SOUTH

Immigration Institute of the Bay Area (IIBA) **650-780-7530**
www.iibayarea.org
600 Allerton Street, Suite 101, Redwood City CA 94063

Multicultural Institute **650-339-2794**
www.mionline.org
533 Warrington Avenue, Redwood City CA 94063

Palo Alto Adult School **650-329-3752**
www.paadultschool.org
50 Embarcadero Road, Palo Alto CA 94301

Project READ – Redwood City Public Library 650-780-7077
www.projectreadredwoodcity.org
 1044 Middlefield Road, 2nd Floor, Redwood City CA 94063

Rosalie Rendu Center 650-473-9522
www.rosalie-rendu-center.org
 2345 Pulgas Ave, East Palo Alto CA 94303

EMPLOYMENT & JOB TRAINING

CalJOBS 800-758-0398
www.caljobs.ca.gov
 State of California resource with training programs, employment tools and centers, job workshops or events, EDD resources, and other career related services.

San Mateo County Human Services
 – **CalWORKs Employment Services 650-802-7500**
www.smcgov.org/hsa/calworks-employment-services
 500 County Center Redwood City, CA 94063
 Provides employment and training services to current and former CalWORKS recipients.

San Mateo County Human Services – Vocational Rehabilitation Services (VRS) 650-363-4000
www.smcgov.org/hsa/vocational-rehabilitation-services
 500 County Center Redwood City, CA 94063
 Serves County residents with disabilities and other barriers to employment with vocational counseling, case management, job training and job placement.

Goodwill Industries of San Francisco, San Mateo, and Marin Counties, Inc. 415-575-2100
www.sfgoodwill.org
 Provides no-cost career support, jobs, and training programs.

Hope Services 408-284-2850
www.hopeservices.org
 30 Las Colinas Lane, San Jose CA
 Serves people with developmental disabilities and mental health needs. Offers day services, training and employment, community living, and mental health services to children, adults, and seniors across 6 counties.

Jobs for Youth 650-599-7215
www.jobsforyouth.org
 500 County Center Redwood City, CA 94063
 Helps youth ages 14-21 learn job preparation skills and apply for jobs. Offers scholarships.

NOVAworks Job Center **650-581-0058**
<https://www.novaworks.org>
1777 Borel Pl #500, San Mateo, CA 94402
Provides career advising, workshops and training to job seekers.

San Mateo County Community College
District Workforce Connections **650-574-6550**
www.smccd.edu/workforce
3401 CSM Drive, San Mateo CA 94402
Provides a centralized source of support for job seekers, small business owners and entrepreneurs, and employers seeking to hire new talent or upskill existing talent through training.

Tradeswomen, Inc. **510-891-1243**
www.tradeswomen.org
1255 Treat Blvd., Suite 300, Walnut Creek, CA 94597
Conducts recruitment, retention and leadership development for women in blue-collar skilled craft.

NORTH

Chinese Newcomers Service Center **415-421-2111**
www.chinesenewcomers.org
777 Stockton Street, Ste. 104, San Francisco CA 94108
Provides job referrals, seminars, workshops, and other resources.

Employment Services Resource Center – Daly City **650-301-8422**
www.smcgov.org/hsa/resource-centers
271 92nd Street, Daly City CA 94015
Provides employment assistance free of charge to all members of the public.

Economic Advancement Center **650-829-4652**
<https://www.ssf.net/Departments/Economic-and-Community-Development/Divisions/Economic-Development/Economic-Advancement-Center-EAC>
366 Grand Avenue, South San Francisco CA 94080
Service hub of resources and support for those looking to enhance a career path, or start and grow a business. JobTrain and Renaissance Entrepreneurship Center located on site.

Pomeroy Recreation & Rehabilitation Center **415-665-4100**
www.prrcsf.org
207 Skyline Blvd, San Francisco CA 94132
Provides recreational, vocational, and educational opportunities for people with disabilities.

Upwardly Global **415-834-9901**
www.upwardlyglobal.org
47 Kearny Street, Suite 801, San Francisco CA 94108
Helps work-authorized, skilled immigrants rebuild their professional careers in the U.S.

CENTRAL**California Clubhouse 650-539-3345**

www.californiaclubhouse.org

210 Industrial Road, Suite 102, San Carlos CA 94070

Provides opportunities for individuals with mental illness to develop on-the-job skills.

Caminar – Jobs Plus – San Mateo County 650-578-8691

www.caminar.org/san-mateo

1410 Marshall Street Redwood City, CA 94063

Provide services, clinic, and job opportunities.

Employment Services Resource Center – Belmont. 650-508-6791

www.smcgov.org/hsa/resource-centers

400 Harbor Boulevard, Building B, Belmont CA 94002

Provides employment assistance free of charge to all members of the public.

Samaritan House Worker Resource Center 650-344-1651

www.samaritanhousesanmateo.org

171 N Amphlett Blvd, San Mateo CA 94401

Provides day laborers a safe place to seek work from local employers.

Peninsula Family Service – San Mateo. 650-403-4300

<https://peninsulafamilyservice.org/>

24 Second Avenue, San Mateo CA 94401

Prepares adults age 55+ for employment through mock-interviews, vocational counseling, goal planning, resume workshops, paid internships, on-the-job-training, and employment referrals.

SOUTH**Day Workers & Domestic Workers Program – Multicultural Institute**

. **650-339-2794**

www.mionline.org

533 Warrington Avenue, Redwood City CA 94063

Offers day laborers and domestic workers job placement, housing, workforce training and educational opportunities.

Employment Services Resource Center – Redwood City

. **650-599-3826**

www.smcgov.org/hsa/resource-centers

2500 Middlefield Road, Redwood City CA 94063

Provides employment assistance free of charge to all members of the public.

JobTrain – East Palo Alto 650-384-6961

www.jobtrainworks.org

2100 University Avenue, Suite C, East Palo Alto CA 94303

Provides job training to economically disadvantaged, unemployed, or under-employed adults and youth.

JobTrain – Menlo Park 650-330-6429
<https://www.jobtrainworks.org/>
1200 O’Brien Drive, Menlo Park CA 94025
Provides job training to economically disadvantaged, unemployed, or under-employed adults and youth.

Renaissance Entrepreneurship Center – East Palo Alto . . 650-321-2193
www.rencenter.org
1848 Bay Road, East Palo Alto CA 94303
Supports small businesses with a range of services from training and consulting, business incubation, access to capital, networking and special programs.

Streetcode Academy 650-485-1413
www.streetcode.org
PO BOX 51867 East Palo Alto, CA 94303
Teaches technology skills in design, coding, and entrepreneurship for people of color seeking entry to the tech world. Located in East Palo Alto.

WeHOPE Headquarters 650-330-8000
www.wehope.org
1854 Bay Rd, East Palo Alto CA 94303

FINANCIAL EDUCATION & ASSISTANCE

Financial Aid and Scholarships

Accion Opportunity Fund English 888-720-3215
. or Spanish **888-648-7859**
www.aofund.org
111 W. St John Street, Suite 800, San Jose, CA 90040
Offers loans and business coaching to small businesses. Supports ITIN-only borrowers.

Central Coast Energy Services 888-728-3637
www.energyservices.org
Offers low income utility payment assistance.

Energy Savings Assistance Program 877-660-6789
<https://www.pge.com/en/save-energy-and-money/energy-saving-programs/energy-savings-assistance-program.html>
Financial assistance for appliance upgrades and home repair.

Immigrants Rising
www.immigrantsrising.org
18 Bartol Street #1220, San Francisco, CA 94133 (Mailing address)
Offers information and support to empower undocumented youth to achieve education and career goals.

Jobs for Youth Al Tegli Scholarship Program 650-599-7215

www.jobsforyouth.org/scholarships

500 County Center Redwood City, CA 94063

Scholarships to help students in San Mateo County earn an Associate or Bachelor's degree or vocational training certificate; open to all students ages 16-21 regardless of immigration status.

Hispanic Foundation of Silicon Valley 408-216-7612

www.hfsv.org/latinos-in-technology-scholarship

1961 The Alameda San Jose, CA 95126

Offers Latinos in Technology Scholarships.

Mission Asset Fund (MAF) 888-274-4808

www.missionassetfund.org

3269 Mission Street San Francisco, CA 94110

Provides financial education classes, establishes lending circles and offers no-interest loans for citizenship and DACA.

Peninsula College Fund 650-779-5000

www.peninsulacollegefund.org

526 Valley Way Milpitas, CA 95035

Supports low-income, first-generation college students with scholarships, mentoring, training and internships.

Peninsula Family Service – Financial Empowerment 650-403-4300 x4105

www.peninsulafamilyservice.org/our-programs/financial-empowerment

24 Second Avenue, San Mateo CA 94401

Offers affordable loans, lending circles, pre-paid debit cards and financial education.

Renaissance Entrepreneurship Center 650-321-2193

www.rencenter.org

1848 Bay Road, East Palo Alto CA 94303

Supports small businesses with a range of services from training and consulting, business incubation, access to capital, networking and special programs.

Rotary Club of San Mateo – Four Year College Scholarship Program

www.rotaryclubofsanmateo.com/page/four-year-college-scholarships

Offers scholarships to students at Aragon, San Mateo, Serra, Hillsdale High Schools or College of San Mateo who will be attending a four-year university.

San Mateo County Community Colleges Foundation . . . 650-574-6229

<https://foundation.smccd.edu>

3401 CSM Drive, San Mateo CA 94402

Funds student scholarships to College of San Mateo, Skyline College, and Cañada College.

Silicon Valley Community Foundation 650-458-2660
www.siliconvalleycf.org/scholarships
Offers a variety of scholarships to FAFSA eligible students, regardless of immigration status.

Financial Education

Consumer Financial Protection Bureau 855-411-2372
www.consumerfinance.gov/consumer-tools
U.S. government agency that ensures consumers are treated fairly by banks, lenders and other financial institutions.

SAMCEDA 650-413-5600
www.samceda.org
1900 O’Farrell Street, Suite 380, San Mateo CA 94403
An advocacy organization for San Mateo County businesses and economic development.

NORTH

Sparkpoint – Skyline College 650-738-7035
www.skylinecollege.edu/sparkpoint
3300 College Drive, Building 1, Room 1-214, San Bruno CA 94066
Provides financial education workshops, career services, and more.

CENTRAL

Samaritan House – Financial Empowerment Program . . . 650-347-3648
www.samaritanhousesanmateo.org/service/financial-empowerment
4031 Pacific Boulevard, San Mateo CA 94403
Provides financial coaching to build knowledge and ability to manage money and access financial services.

SparkPoint – College of San Mateo 650-378-7275
www.collegeofsanmateo.edu/sparkpoint
1700 W Hillsdale Boulevard, Building 17, Room 154, San Mateo CA 94108
Provides financial education workshops, career services, and more.

SOUTH

Able Works 650-328-1890
https://able.is
101 Jefferson Dr, 1st Floor, Menlo Park CA 94025
Provides youth with 1:1 coaching, financial education and academic advising.

Sparkpoint – Cañada College 650-381-3552
www.canadacollege.edu/sparkpoint
4200 Farm Hill Boulevard, Bldg. 5, Room 5-202, Redwood City CA 94061
Provides financial education workshops, career services, and more.

HEALTH

Clinics

Newcomers Health Program 628-206-8608

<https://www.sf.gov/get-healthcare-new-refugees>

995 Potrero Avenue, 5th Floor, San Francisco CA 94110

Serves asylees, refugees, victims of trafficking, and humanitarian parolees by linking them to healthcare services which includes a full physical exam including labs and vaccines, and mental health assessments, referrals, and other resources.

San Mateo County Health System – Mobile Clinic 650-573-2786

www.smchealth.org/general-information/mobile-clinic

NORTH

North East Medical Services (NEMS) 650-550-3923

www.nems.org

211 Eastmoor Avenue, Daly City CA 94015

Planned Parenthood – South San Francisco 877-855-7526

www.plannedparenthood.org

435 Grand Ave, South San Francisco CA 94080

Offers health services, birth control, STD testing, abortion care, and emergency contraception.

RotaCare Northern Peninsula 650-515-6885

www.rotacarebayarea.org/nopeninsula

380 90th Street, Daly City CA 94015

San Mateo Medical Center – Daly City Health Center . . . 650-301-8600

www.smchealth.org/san-mateo-medical-center

380 90th Street, Daly City CA 94015

San Mateo Medical Center – South San Francisco Clinic

. **650-877-7070**

www.smchealth.org/san-mateo-medical-center

306 Spruce Avenue, South San Francisco CA 94080

CENTRAL

HealthRight360 San Mateo Clinic 650-425-9408

<https://www.healthright360.org/program/san-mateo-clinic/>

117 North San Mateo Drive, Ste 1, San Mateo CA 94401

Primary care and medication-assisted treatment

Planned Parenthood – San Mateo 650-235-7940

www.plannedparenthood.org

29 Baywood Ave, San Mateo CA 94402

Offers health services, birth control, STD testing, abortion care, and emergency contraception.

Samaritan House – San Mateo Free Clinic 650-578-0400
<https://samaritanhousesanmateo.org/service/health-dental/>
19 W 39th Avenue, San Mateo CA 94403

San Mateo Medical Center – Edison Clinic. 650-573-2385
<https://www.smchealth.org/san-mateo-medical-center>
222 West 39th Avenue, 1st Floor, San Mateo CA 94403
Offers outpatient medical care for people with HIV/AIDS in San Mateo County.

UCSF San Mateo Primary and Specialty Care Clinic 415-502-8950
www.ucsfhealth.org/clinics/san-mateo-primary-and-specialty-care
1100 Park Place, Suite 100, San Mateo CA 94403

COAST

RotaCare Coastside 650-773-6513
www.rotacarebayarea.org/coastside
225 S Cabrillo Highway Ste 100-A, Half Moon Bay CA 94019

San Mateo Medical Center – Coastside Clinic 650-573-3941
www.smchealth.org/san-mateo-medical-center
225 S Cabrillo Highway Ste 100-A, Half Moon Bay CA 94019

SOUTH

Arbor Free Clinic 650-724-1332
www.med.stanford.edu/arbor
114 Fifth Avenue, Redwood City CA 94063

Planned Parenthood – Redwood City 650-503-7810
www.plannedparenthood.org
2907 El Camino Real, Redwood City CA 94061
Offers health services, birth control, STD testing, abortion care, and emergency contraception.

Ravenswood Family Health Center 650-330-7400
www.ravenswoodfhn.org
1885 Bay Road, East Palo Alto CA 94303

Samaritan House – Redwood City Free Clinic 650-839-1447
<https://samaritanhousesanmateo.org/service/health-dental/>
114 Fifth Avenue, Redwood City CA 94063

San Mateo Medical Center – Fair Oaks Health Center . . . 650-578-7141
www.smchealth.org/san-mateo-medical-center
2710 Middlefield Road, Redwood City CA 94063

Dental Clinics

HPSM Dental 650-616-0050
www.hpsm.org/member/hpsm-dental
801 Gateway Blvd., Suite 100, South San Francisco, CA 94080

San Mateo Medical Center – Dental Services 650-372-3200
www.smchealth.org/smmc-services-dental
 Locations in Half Moon Bay, Daly City, North Fair Oaks, and San Mateo as well as a mobile clinic.

NORTH

UCSF Dental Center 415-502-5800
www.ucsf dentalcenter.org
 707 Parnassus Avenue, San Francisco CA 94143

University of the Pacific School of Dentistry 415-929-6501
www.dental.pacific.edu/dental
 155 5th Street, San Francisco CA 94013

CENTRAL

Samaritan House – San Mateo Free Clinic 650-578-0400
<https://samaritanhousesanmateo.org/service/health-dental/>
 19 W 39th Avenue, San Mateo 94403

Sonrisas Dental Health 650-727-3480
www.sonrisasdental.org
 430 N El Camino Real, San Mateo CA 94401

COAST

Sonrisas Dental Health 650-726-2144
www.sonrisasdental.org
 210 San Mateo Road #104, Half Moon Bay CA 94019

SOUTH

Ravenswood Family Dentistry 650-330-7400
www.ravenswoodfhn.org/service/dental
 1807 Bay Road, East Palo Alto CA 94303

Samaritan House – Redwood City Free Clinic 650-839-1447
<https://samaritanhousesanmateo.org/service/health-dental/>
 114 Fifth Avenue, Redwood City CA 94063

Health Insurance

Access and Care for Everyone (ACE) 650-616-2133
www.hpsm.org/member/ace
 A locally funded health care program for low-income adults who do not qualify for other health insurance.

Breast and Cervical Cancer Treatment Program (BCCTP)
 **800-824-0088**
www.dhcs.ca.gov/services/medi-cal/Pages/BCCTP.aspx
 Provides cancer treatment benefits to eligible low-income California residents diagnosed with breast and/or cervical cancer.

Covered California800-300-1506

www.coveredca.com

Connects Californians with brand-name health insurance under the Patient Protection and Affordable Care Act.

Family PACT916-650-0414

www.familypact.org

Covers the family planning needs of California residents who are low income and who have no other source of coverage.

Health Plan of San Mateo650-616-0050

www.hpsm.org

801 Gateway Boulevard #100, South San Francisco CA 94080

A local community-based health plan.

HICAP of San Mateo County650-627-9350

www.hicapsanmateocounty.org

1710 S Amphlett Boulevard #100, San Mateo CA 94402

Free Medicare counseling. Assists seniors with Medicare billing, filing of claims and questions about supplemental and prescription drug plans.

Medi-Cal800-223-8383

<https://www.smcgov.org/hsa/apply-medi-cal>

California’s version of Medicaid. A public health care program for California residents with low income and resources.

Medi-Cal Access Program (MCAP)800-433-2611

www.dhcs.ca.gov/services/medi-cal/eligibility/MCAP/Pages/Medi-CalAccessProgram.aspx

Comprehensive coverage for middle-income families who do not have health insurance and whose income is too high for no-cost Medi-Cal.

San Mateo County Health Coverage Unit (HCU)650-616-2002

<https://www.smchealth.org/health-insurance>

Enrollment application assistance with public health coverage programs such as Medi-Cal, Covered California, Access and Care for Everyone (ACE), and more.

Hospitals and Medical Centers

Dignity HealthVaries by location

www.dignityhealth.org

Locations across San Mateo County.

Kaiser Permanente1-800-464-4000

www.kp.org

Locations across San Mateo County.

Sutter Health1-800-478-8837

www.sutterhealth.org

Locations across San Mateo County.

NORTH

AHMC Seton Medical Center **650-992-4000**
<https://setonmedicalcenter.com>
 1900 Sullivan Avenue, Daly City CA 94015

CENTRAL

San Mateo Medical Center **650-573-2222**
www.sanmateomedicalcenter.org
 222 W. 39th Ave, San Mateo CA 94403

COAST

AHMC Seton Medical Center – Coastside **650-563-7100**
 600 Marine Boulevard, Moss Beach CA 94038

SOUTH

Stanford Hospital **650-498-3333**
www.stanfordhealthcare.org
 300 Pasteur Drive, Stanford CA 94305

Mental Health Care & Recovery Services

San Mateo County Behavioral Health and Recovery Services (BHRS)
 **800-686-0101**
www.smchealth.org/bhrsservices
 Provides information, assessment, referrals and treatment for mental health and substance use services.

San Mateo County Office of Consumer and Family Affairs
 **800-388-5189**
www.smchealth.org/ocfa
 Helps clients of Behavioral Health & Recovery Services become more empowered and aware of services and community resources.

Edgewood Center for Children and Families **844-334-3411**
www.edgewood.org
 Prevention and early intervention support, residential and day treatment program for youth and their families. Locations in South San Francisco, San Bruno, San Mateo and Redwood City.

Family Assertive Support Team (FAST) **650-368-3178**
www.smchealth.org/general-information/family-assertive-support-team-fast
 In-home outreach service that offers assessment, consultation, and support services to adults experiencing a severe mental health problem and their designated family members.

Felton Institute **415-474-7310**
www.felton.org/
 1108 S. El Camino Real, San Mateo CA 94402
 Offers services to people experiencing early signs and symptoms of psychotic and mood disorders, as well as offering support to their families.

StarVista **650-591-9623**
www.star-vista.org
818 Mahler Road, Burlingame, CA 94010 (MAIN OFFICE)
Offers counseling, case management, skill development and crisis prevention programs.

NORTH

The Latino Commission **650-244-1444**
www.thelatinocommission.org
1001 Sneath Lane Administration Suite 307, San Bruno CA 94066
Provides substance use disorder treatment and addiction recovery.

CENTRAL

Caminar **650-372-4080**
www.caminar.org
411 Borel Avenue, Suite 101 San Mateo, CA 94402
Provides direct services for adults with mental illnesses that include housing, food, social programs, advocacy and networking.

Heart & Soul **650-232-7426**
www.heartandsoulinc.org
1633 Old Bayshore Hwy, Suite 258, Burlingame CA 94010
Offers counseling, self-help groups, mindfulness classes, and other mental health services for adults.

National Alliance on Mental Illness (NAMI) **650-638-0800**
www.namisanmateo.org
1730 South Amphlett Blvd, Suite 308, San Mateo CA 94402
Provides information on mental health services, educational programs, and treatment programs for youth and their families.

One Life Counseling Center **650-394-5155**
www.onelifecounselingcenter.com
1033 Laurel St, San Carlos CA 94070
Provides free & low cost individual, group and school-based therapy.

Voices of Recovery San Mateo County **(650) 980-1920**
www.vorsmc.org
650 Main Street, Redwood City, CA 94063
Peer-led education, wellness, advocacy and support services for individuals seeking long-term recovery from alcohol and other drugs.

COAST

El Centro de Libertad / The Freedom Center **650-599-9955**
www.elcentrodelibertad.org
500 Allerton St, 2nd Floor, Redwood City CA 94063
Offers culturally competent drug and alcohol services and adult & youth intervention programs.

SOUTH**Adolescent Counseling Services 650-424-0852**

www.acs-teens.org

1779 Woodside Road Suite 200, Redwood City, CA 94061

Provides therapy, substance abuse treatment, support groups, and education for youth.

Children's Health Council 650-702-2487

www.chconline.org

1765 E Bayshore Road, East Palo Alto, CA 94303

Services for learning differences and mental health for children, teens and young adults.

El Centro de Libertad / The Freedom Center 650-599-9955

www.elcentrodelibertad.org

500 Allerton St, 2nd Floor, Redwood City CA 94063

Offers culturally competent drug and alcohol services and adult & youth intervention programs.

Free at Last 650-462-6999

www.freeatlast.org

1796 Bay Rd, East Palo Alto CA 94303

Community recovery center for substance abuse treatment, intervention and prevention services.

Kara 650-321-5272

www.kara-grief.org

457 Kingsley Avenue, Palo Alto CA 94301

Provides grief support and counseling for children, teens, families, and adults.

Mental Health Association of San Mateo County 650-368-3345

www.mhasmc.org

2686 Spring Street, Redwood City CA 94063

Provides direct support to adults who have mental illness, HIV/AIDS or a co-occurring disorder by providing stable housing and supportive services.

Una Vida Counseling Center 650-701-7439

<https://www.onelifecounselingcenter.com/what-we-do/una-vida/>

525 Veterans Blvd, Redwood City CA 94063

Mental health services targeted for the Latinx community.

Voices of Recovery San Mateo County 650-980-1920

www.vorsmc.org

650 Main Street, Redwood City, CA 94063

Peer-led education, wellness, advocacy and support services for individuals seeking long-term recovery from alcohol and other drugs.

Youth Health Services

California Children’s Services (CCS) **650-616-2500**

<https://www.smchealth.org/ccs>

801 Gateway Blvd, Suite 400, South San Francisco CA 94080

Helps children and young adults up to 21 years old who have certain medical conditions.

Child Health and Disability Prevention Program (CHDP)

. **650-573-2877**

2000 Alameda de las Pulgas, Ste. 210, San Mateo CA 94403

NORTH

San Mateo Medical Center – Daly City Youth Health Center

. **650-877-5700**

www.dcyouth.org

350 90th Street, 3rd Floor, Daly City CA 94015

CENTRAL

San Mateo Medical Center – Pediatric Clinic **650-573-3702**

www.smchealth.org/location/pediatric-clinic

222 W 39th Avenue, 3rd Floor, San Mateo CA 94403

SOUTH

Lucile Packard Children’s Hospital Stanford **650-497-8000**

www.stanfordchildrens.org

725 Welch Road, Palo Alto CA 94304

San Mateo Medical Center – Sequoia Teen Wellness Center

. **650-366-2927**

www.smchealth.org/location/sequoia-teen-wellness-center

200 James Ave, Redwood City CA 94062

Health Support Services

Bay Area Community Health Advisory Council (BACHAC)

. **650-204-1611**

www.bachac.org

749 Brewster Avenue, Redwood City CA 94063

Increases awareness of reducing health concerns that disproportionately affect communities of color.

Bay Area Cancer Connections **650-326-6686**

bayareacancer.org

1511 S. Claremont Street, San Mateo CA 94402

Services for anyone affected by breast or ovarian cancer.

Golden Gate Regional Center 650-524-4500

www.ggrc.org

1900 S. Norfolk Street Suite 100, San Mateo, CA 94403

Provides services and supports to individuals with developmental disabilities.

In-Home Support Services 650-376-0230

www.smchealth.org/home-supportive-services

Provides homecare services to Medi-Cal eligible aged, blind or individuals with disabilities, including children, to assist them to remain safely in their own homes.

Umoja Health 888-763-0007

www.umojahealth.org

750 Aileen Street, Oakland, CA 94609

Addresses health-related needs of underserved communities of color in the Bay Area.

Disability Services**California Connect 800-806-1191**

<https://caconnect.org/>

Provides communication access for Californians with hearing, vision, cognitive, mobility, and speech-related disabilities.

California State Department of Rehabilitation 800-952-5544

. or TTY **916-558-5673**

<https://dor.ca.gov/>

Employment and Independent Living services for Californians with a disability.

Center for Independence of Individuals with Disabilities

. **650-645-1780** or TTY **650-522-9313**

<https://www.cidsanmateo.org/>

2001 Winward Way #103, San Mateo, CA 94404

Health Resources for older adults and individuals with disabilities.

Hearing and Speech Center for Northern California

. **415-921-7658** or TTY **415-921-8990**

www.hearingspeech.org

1234 Divisadero St., San Francisco, CA 94115

Information and services on hearing, hearing loss, hearing conservation, and deafness; loan of hearing aids.

Parca 650-312-0730

www.parca.org

800 Airport Blvd., #320, Burlingame CA 94010

Services for people with developmental disabilities.

Vista Center. 650-858-0202

www.vistacenter.org

2500 El Camino Real, Palo Alto, CA 94306

Services for children and adults with low or no vision.

HOUSING RESOURCES

Abode Services **510-657-7409**

www.abodeservices.org

Assists low-income, unhoused people, including those with special needs, to secure stable and supportive housing.

EPA CAN DO **650-473-9838**

<https://epacando.org>

2369 University Avenue, East Palo Alto CA 94303

Provides educational workshops and counseling in the area of home buying, credit and budgeting for East Palo Alto residents.

Habitat for Humanity Greater San Francisco. **415-625-1000**

www.habitatgsf.org

300 Montgomery Street, Suite 450 San Francisco CA 94104

Helps with affordable homeownership and home repairs.

HEART of San Mateo County **650-204-5640**

www.heartofsmc.org

2905 S. El Camino Real, San Mateo CA 94403

Offers first-time homebuyer loans and ADU assistance.

HIP Housing (Human Investment Project). **650-348-6660**

www.hiphousing.org

800 South Claremont Street, #210, San Mateo CA 94402

Homesharing program that matches individuals with a home or apartment to share with those seeking housing. Also provides case management and supportive services.

MidPen Housing **650-356-2900**

www.midpen-housing.org

303 Vintage Park Drive #250, Foster City CA 94404

Manages and develops low-income subsidized housing.

Project Sentinel **800-339-6043**

www.housing.org

1615 Hudson Street A, Redwood City CA 94061

Offers counseling, investigations and legal referrals to persons who believe they have experienced housing discrimination, as well as homebuyer education.

San Mateo County Department of Housing – Housing and Community Development **650-802-5050**

www.smchousing.org

264 Harbor Boulevard, Belmont CA 94002

Facilitates the development and preservation of affordable housing.

San Mateo County Department of Housing – Housing Authority
 650-802-3300
www.smchousing.org
 264 Harbor Boulevard, Belmont CA 94002
 Provides rental subsidies for low-income residents.

LEGAL SERVICES

Criminal Law Services

Center on Juvenile and Criminal Justice 415-621-5661
www.cjcj.org
 424 Guerrero Street, Ste. A, San Francisco CA 94110
 Offers criminal and juvenile justice services.

Community Legal Services in East Palo Alto (CLSEPA) 650-326-6440
www.clsepa.org
 1861 Bay Road, East Palo Alto CA 94303
 Provides criminal record clearance for reentering adults and juveniles.

San Mateo County Private Defender Program 650-298-4000
www.pdpsmcba.org
 333 Bradford Street #200, Redwood City CA 94063
 Represents all individuals financially eligible for counsel.

Stanford Community Law Clinic 650-725-9200
<https://law.stanford.edu/community-law-clinic/>
 585 Broadway, Redwood City CA 94063
 Represents low-income clients in three areas of civil law: housing matters, social security & disability benefits, and criminal record expungement.

Employment Legal Services

Advancing Justice – Asian Law Caucus 415-896-1701
www.advancingjustice-alc.org
 55 Columbus Ave, San Francisco CA 94111
 Provides legal services for issues related to housing, employment, voting and immigrant rights for the Asian American and Pacific Islander community.

Bay Area Legal Aid 650-358-0745
www.baylegal.org
 1048 El Camino Real, Suite A, Redwood City CA 94063
 Represents individuals and families appealing unlawful terminations and wrongful denials of public benefits and offers consumer protection representation.

Community Legal Services in East Palo Alto (CLSEPA) 650-326-6440

www.clsepa.org
1861 Bay Road, East Palo Alto CA 94303
Educates workers about their protections and helps them resolve disputes regarding wage theft or discrimination.

Equal Right Advocates 800-839-4372

www.equalrights.org
611 Mission St, 4th Floor, San Francisco CA 94105
Provides free legal advice for gender-based discrimination and employment-related issues.

Instituto Laboral de la Raza 415-431-7522

www.ilaboral.org
2947 16th Street, San Francisco CA 94103
Provides legal counseling for low-wage workers in areas of employment, unemployment, wage claims, worker’s compensation, and labor-related problems.

La Raza Centro Legal 415-575-3500

www.lrcl.org
474 Valencia Street #295, San Francisco CA 94103
Provides bilingual services in the areas of immigration law, fair housing, workers’ rights and senior law.

Legal Aid at Work 415-864-8848

www.legalaidatwork.org
180 Montgomery Street, Suite 600, San Francisco CA 94104
Provides information, advocacy, counseling and legal services on employment-related issues to low-income individuals.

Housing Legal Services

Advancing Justice – Asian Law Caucus 415-896-1701

www.advancingjustice-alc.org
55 Columbus Ave, San Francisco CA 94111
Provides legal services for issues related to housing, employment, voting and immigrant rights for the Asian American and Pacific Islander community.

Asian Pacific Islander Legal Outreach (APILO) 415-567-6255

www.apilegaloutreach.org
1121 Mission Street, San Francisco CA 94103
Focused in the areas of violence against women/family law, immigration and immigrant rights, the rights of those with disabilities, affordable housing preservation and tenants’ rights, and other social justice issues.

Bay Area Legal Aid 650-358-0745

www.baylegal.org
1048 El Camino Real, Suite A, Redwood City CA 94063
Helps low-income tenants obtain legal assistance for housing matters.

Community Legal Services in East Palo Alto (CLSEPA) 650-326-6440

www.clsepa.org
 1861 Bay Road, East Palo Alto CA 94303
 Offers legal assistance on issues such as tenants’ rights, immigration services and predatory lending.

Legal Aid Society of San Mateo County 650-558-0915

www.legalaidsmc.org
 330 Twin Dolphin Drive, Suite 123, Redwood City, CA 94065
 Offers help for survivors of domestic violence and tenants, assistance accessing healthcare and special education services, and provides immigration legal services.

La Raza Centro Legal 415-575-3500

www.lrccl.org
 474 Valencia Street #295, San Francisco CA 94103
 Provides bilingual services in the areas of immigration law, fair housing, worker’s rights and senior law.

Stanford Community Law Clinic 650-725-9200

https://law.stanford.edu/community-law-clinic/
 585 Broadway, Redwood City CA 94063
 Represents low-income clients in three areas of civil law: housing matters, social security & disability benefits, and criminal record expungement.

Immigration Services

United States Citizenship and Immigration Services (USCIS) 800-375-5283

www.uscis.gov
 The federal agency that oversees lawful immigration to the United States. Offers citizenship, immigration of family members, working in the U.S., humanitarian programs and more.

International Rescue Committee (IRC). 408-277-0255

www.rescue.org
 Provides help for refugees, asylees, victims of human trafficking, survivors of torture, and other immigrants.

Black Alliance for Just Immigration (BAJI) 347-464-5422

www.baji.org
 Educates and engages African American and black immigrant communities to organize and advocate for racial, social and economic justice.

California Immigrant Policy Center (CIPC). 510-488-3544

www.caimmigrant.org
 Advocates for government policies that uphold the humanity of immigrants and refugees.

Legal Aid Society of San Mateo County 650-558-0915

www.legalaidsmc.org

330 Twin Dolphin Drive, Suite 123, Redwood City, CA 94065

Offers help for survivors of domestic violence and tenants, assistance accessing healthcare and special education services, and provides immigration legal services.

Oasis Legal Services. 510-666-6687

www.oasislegalservices.org

Provides legal immigration services to LGBTQIA+ communities.

Path2Papers www.path2papers.org

Helps DACA recipients pursue work visas and other pathways to legal permanent residency.

Social Justice Collaborative 510-992-3964

www.socialjusticecollaborative.org

Provides low-income immigrants, asylum seekers, unaccompanied children, young dreamers, and displaced families with direct legal services.

Tahirih Justice Center 650-270-2100

www.tahirih.org

Provides free legal and social services to immigrant women and girls fleeing violence.

NORTH

Advancing Justice – Asian Law Caucus 415-896-1701

www.advancingjustice-alc.org

55 Columbus Ave, San Francisco CA 94111

Provides legal services for issues related to housing, employment, voting and immigrant rights for the Asian American and Pacific Islander community.

**African Advocacy Network (AAN) 415-234-3380 (new client)
415-503-1032**

www.aansf.org

3106 Folsom Street, San Francisco CA 94110

Social and immigration legal service provider for African and Afro-Caribbean immigrants.

Asian Pacific Islander Legal Outreach (APILO) 415-567-6255

www.apilegaloutreach.org

1121 Mission Street, San Francisco CA 94103

Focused in the areas of violence against women/family law, immigration and immigrant rights, the rights of those with disabilities, affordable housing preservation and tenants' rights, and other social justice issues.

CARECEN SF 415-642-4400

www.carecensf.org
 3101 Mission Street, Suite 101, San Francisco CA 94110
 Provides low-cost and free immigration legal services to low-income Latino immigrants.

Immigration Center for Women and Children (ICWC) 415-728-0420

www.icwclaw.org
 381 Bush Street, Suite 800, San Francisco CA 94104
 Provides immigration legal services (U and T Visas, VAWA, and SIJS) to immigrants who are victims of crimes.

La Raza Centro Legal 415-575-3500

www.lrlcl.org
 474 Valencia Street #295, San Francisco CA 94103
 Provides bilingual services in the areas of immigration law, fair housing, worker’s rights and senior law.

Pangea Legal Services 415-254-0475

www.pangealegal.org
 391 Sutter St, Suite 500, San Francisco, CA 94108
 Provides legal services to clients who are in removal proceedings and are at risk of deportation or revocation of legal status.

CENTRAL

Catholic Charities 415-972-1200

www.catholiccharitiessf.org
 990 Eddy St., San Francisco, CA 94109
 Provides comprehensive immigration legal services both before U.S. Citizenship & Immigration Services (USCIS) and the immigration court.

COAST

ALAS – Ayudando Latinos a Soñar 650-560-8947

www.alashmb.org
 636 Purissima Street, Half Moon Bay CA 94019
 Offers free immigration legal consultations.

Coastside Hope 650-726-9071 x229

www.coastsidehope.org
 284 Main Street Suite 200 (2nd Floor) Half Moon Bay, CA 94019
 Assists in filing for various immigration benefits.

SOUTH

Bay Area Legal Aid 650-358-0745

www.baylegal.org
 1048 El Camino Real, Suite A, Redwood City CA 94063
 Provides comprehensive legal services to immigrant survivors of domestic violence and sexual assault.

Council on American-Islamic Relations (CAIR) 408-986-9874
<https://ca.cair.com/sfba>
3350 Scott Blvd., Bldg. 48, Santa Clara, CA 95054
Provides outreach and education for American Muslims about their rights, youth empowerment, advocacy and legal services.

Community Legal Services in East Palo Alto (CLSEPA) 650-326-6440
www.clsepa.org
1861 Bay Road, East Palo Alto CA 94303
Offers legal assistance on issues such as tenants' rights, immigration services and predatory lending.

Immigration Institute of the Bay Area (IIBA) 650-780-7530
www.iibayarea.org
600 Allerton Street, Suite 101, Redwood City CA 94063
Provides legal immigration services, education and civic engagement opportunities.

Stanford Immigrants' Rights Clinic 650-723-2465
<https://law.stanford.edu/immigrants-rights-clinic/>
559 Nathan Abbott Way, Stanford CA 94305
Protects the rights of noncitizens through advocacy, direct legal services, and partnerships with community organizations.

Legal Service Referral Networks

The State Bar of California 415-538-2000
www.calbar.ca.gov
180 Howard St., San Francisco, CA 94105
Offers help filing a complaint against unethical legal practices.

Lawyer's Committee for Civil Rights of the San Francisco Bay Area 415-543-9444
www.lccrsf.org
131 Steuart Street, Suite 400, San Francisco CA 94105
Offers virtual legal clinics to provide information for any type of legal question. Also provides legal advice and referrals for entrepreneurs, immigration asylum legal services, police violence legal support and childcare legal support.

San Mateo County Bar Association – Lawyer Referral Service 650-369-4149
<https://www.smcba.org/?pg=find-a-lawyer>
333 Bradford Street, Suite 150, Redwood City CA 94063
Provides referrals to local attorneys.

San Mateo County Law Library 650-363-4913
www.smclawlibrary.org
710 Hamilton Street, Redwood City CA 94063
Contains legal help resources and offers legal clinics and events.

Bay Area Consulates

For a complete list of embassies and consulates, please visit:
travel.state.gov/content/travel/en/consularnotification/ConsularNotificationandAccess.html

- Brazil** **415-981-8170**
www.gov.br/mre/pt-br/consulado-sao-francisco
 300 Montgomery St, Suite 300, San Francisco CA 94104
- Canada** **844-880-6519**
www.international.gc.ca/country-pays/us-eu/san_francisco.aspx?lang=eng
 580 California St, 14th Floor, San Francisco CA 94104
- China** **415-919-6008**
<http://sanfrancisco.china-consulate.gov.cn>
 1450 Laguna Street, San Francisco CA 94115
- Colombia** **415-495-7195**
<https://sanfrancisco.consulado.gov.co>
 456 Montgomery Street, Suite 400, San Francisco CA 94104
- El Salvador** **888-301-1130**
www.elsalvadorsf.org
 500 Golden Gate Avenue, San Francisco CA 94110
- Guatemala** **415-563-8319**
www.consulguatesfo.com
 659 A Merchant Street, San Francisco CA 94109
- Honduras** **470-751-9077**
<https://consuladodehonduras.us/san-francisco/>
 1700 California St, Suite 460 San Francisco CA 94109
- India** **415-668-0662**
www.cgisf.gov.in
 540 Arguello Boulevard, San Francisco CA 94118
- Japan** **415-780-6000**
www.sf.us.emb-japan.go.jp
 275 Battery Street, Suite 2100, San Francisco CA 94111
- Mexico** **415-354 1700**
<https://consulmex.sre.gob.mx/sanfrancisco>
 532 Folsom Street, San Francisco CA 94105
- Peru** **415-362-5185**
www.consulado.pe/es/SanFrancisco
 870 Market Street, Suite 1075, San Francisco CA 94102
- Phillipines** **415-433-6666**
www.pcg-sanfrancisco.org
 447 Sutter Street 6th Floor, San Francisco CA 94108

- Singapore** **415-543-4775**
www.mfa.gov.sg/sanfrancisco
 595 Market Street Suite 2450, San Francisco, CA 94105
- South Korea** **415-921-2251**
<https://overseas.mofa.go.kr/us-sanfrancisco-ko/index.do>
 3500 Clay Street, San Francisco CA 94118
- Tonga** **650-685-1001**
www.tongaconsul.com
 1350 Old Bayshore Hwy, Suite 610, Burlingame CA 94010
- Ukraine** **415-398-0240**
<https://san-francisco.mfa.gov.ua>
 530 Bush Street, Suite 402, San Francisco CA 94108
- Uruguay** **415-872-7566**
<https://embassyofuruguay.us/index.php/consulate-of-uruguay-in-san-francisco/>
 111 Pine St, Suite 1650, San Francisco CA 94111
- Vietnam** **415-922-1707**
www.vietnamconsulate-sf.org
 1700 California Street, Suite 580, San Francisco CA 94109

Other Legal Services

- Justice at Last** **650-918-0719**
www.justiceatlast.org/
 Mobile legal services for victims of human trafficking.

LGBTQ+ SERVICES

- LGBT National Help Center & Hotline** **888-843-4564**
www.lgbthotline.org
 Resources and hotline for the Lesbian, Gay, Bisexual, Transgender, Queer or Questioning, Intersex, Asexual, +Plus community.
- LGBT National Youth Talkline** **800-246-7743**
- LGBT National Senior Hotline** **888-234-7243**
- LGBT National Coming Out Support Hotline** **888-688-5428**
- San Mateo County Pride Center** **650-591-0133**
www.sanmateopride.org
 1021 S El Camino Real, San Mateo CA 94402
 Offers case management, crisis intervention, mental health services, peer groups and events for the LGBTQ+ community.

- Community United Against Violence (CUAV)** **415-777-5500**
www.cuav.org
 427 S Van Ness Ave, San Francisco, CA 94103
 Supports the healing of Lesbian, Gay, Bisexual, Transgender, and Queer people that have experienced violence and abuse.
- CoastPride Center** **650-479-1902**
<https://coastpride.org/>
 711 Main St, Half Moon Bay, CA 94019
 Support groups, counseling, clothing closet, HIV/STD testing, and other services for the LGBTQ+ community.
- Outlet** **650-424-0852**
<https://www.acs-teens.org/>
 1779 Woodside Rd # 200, Redwood City, CA 94061
 Provides safe and accepting spaces for LGBTQIA+ youth through peer support groups, education, and advocacy.
- Sage LGBTQ+ Elder Hotline.** **1-877-360-5428**
www.sageusa.org
 Connects LGBTQ+ older people with responders. Available 24/7, in English and Spanish, with translation in 180 languages.
- Trans Lifeline** **877-565-8860**
translifeline.org
 Peer support phone service run by trans people for trans and questioning peers.
- The Trevor Project** **1-866-488-7386 or text 678-678**
www.thetrevorproject.org
 Provides information and support to LGBTQ young people 24/7.

LIBRARIES

NORTH

- Daly City – Bayshore.** **650-991-8074**
www.dalycity.org/211/Library
 460 Martin Street, Daly City CA 94014
- Daly City – John Daly** **650-991-8073**
www.dalycity.org/211/Library
 134 Hillside Boulevard, Daly City CA 94014
- Daly City – Serramonte Main Library** **650-991-8023**
www.dalycity.org/211/Library
 40 Wembley Drive, Daly City CA 94015
- Daly City – Westlake** **650-991-8071**
www.dalycity.org/211/Library
 275 Southgate Avenue, Daly City CA 94015

South San Francisco **650-829-3860**
www.ssf.net/departments/library
901 Civic Campus Wy, South San Francisco, CA 94080

South San Francisco – Grand Avenue **650-877-8530**
www.ssf.net/departments/library
306 Walnut Avenue, South San Francisco CA 94080

CENTRAL

Belmont **Call 1-833-937-7625** or text **650-851-0147**
www.smcl.org
1110 Alameda de las Pulgas, Belmont CA 94002

Bookmobile **Call 1-833-937-7625** or text **650-851-0147**
www.smcl.org/mobile-services/bookmobile

Brisbane **Call 1-833-937-7625** or text **650-851-0147**
www.smcl.org
163 Visitacion Avenue, Brisbane CA 94005

Burlingame **650-558-7400**
www.burlingame.org/library
480 Primrose Road, Burlingame CA 94010

Foster City **Call 1-833-937-7625** or text **650-851-0147**
www.smcl.org
1000 E Hillsdale Boulevard, Foster City CA 94404

Millbrae **Call 1-833-937-7625** or text **650-851-0147**
www.smcl.org
1 Library Avenue, Millbrae CA 94030

Redwood Shores **650-780-5740**
www.redwoodcity.org/departments/library
399 Marine Parkway, Redwood City CA 94065

San Bruno **650-616-7078**
www.sanbruno.ca.gov/342/Library
701 Angus Ave W, San Bruno CA 94066

San Carlos **Call 1-833-937-7625** or text **650-851-0147**
www.smcl.org
610 Elm Street, San Carlos CA 94070

San Mateo **650-522-7800**
www.cityofsanmateo.org/516
55 West 3rd Avenue, San Mateo CA 94402

San Mateo – Hillsdale **650-522-7882**
www.cityofsanmateo.org/516
205 W. Hillsdale Blvd. San Mateo CA 94403

San Mateo – Marina **650-522-7892**
www.cityofsanmateo.org/516
 1530 Susan Court, San Mateo CA 94403

COAST

Half Moon Bay **Call 1-833-937-7625** or text **650-851-0147**
www.smcl.org
 620 Correas Street, Half Moon Bay CA 94019

Pacifica Sanchez **Call 1-833-937-7625** or text **650-851-0147**
www.smcl.org
 1111 Terra Nova Boulevard Pacifica, CA 94044

Pacifica Sharp Park **Call 1-833-937-7625** or text **650-851-0147**
www.smcl.org
 104 Hilton Way, Pacifica CA 94044

SOUTH

Atherton **Call 1-833-937-7625** or text **650-851-0147**
www.smcl.org
 2 Dinkelspiel Station Lane, Atherton CA 94027

East Palo Alto **Call 1-833-937-7625** or text **650-851-0147**
www.smcl.org
 2415 University Avenue, East Palo Alto CA 94303

Menlo Park **650-330-2520**
www.menlopark.gov/Government/Departments/Library-and-Community-Services/Library
 800 Alma Street, Menlo Park CA 94025

Menlo Park – Belle Haven **650-330-2540**
www.menlopark.gov/Government/Departments/Library-and-Community-Services/Library
 100 Terminal Ave, Menlo Park, CA 94025

North Fair Oaks **Call 1-833-937-7625** or text **650-851-0147**
www.smcl.org
 2510 Middlefield Road, Redwood City CA 94063

Portola Valley **Call 1-833-937-7625** or text **650-851-0147**
www.smcl.org
 765 Portola Road, Portola Valley CA 94028

Redwood City **650-780-7018**
www.redwoodcity.org/departments/library
 1044 Middlefield Road, Redwood City CA 94063

Redwood City – Schaberg **650-780-7010**
www.redwoodcity.org/departments/library
 2140 Euclid Avenue, Redwood City CA 94061

Woodside Call 1-833-937-7625 or text 650-851-0147
www.smcl.org
3140 Woodside Road, Woodside CA 94062

PARKS & RECREATION DEPARTMENTS

Offer youth activities, adult & senior programs, recreational classes, athletics, and parks/facilities reservations.

San Mateo County Parks 650-363-4020
www.smcgov.org/parks
455 County Center, 4th Floor, Redwood City CA 94063

NORTH

Brisbane Parks and Recreation 415-508-2140
www.brisbaneca.org/parksrec
50 Park Place, Brisbane CA 94005

Colma Recreation Services 650-985-5678
www.colma.ca.gov/departments/parks-recreation
1520 Hillsdale Boulevard, Colma CA 94014

Daly City Recreation Services 650-991-8001
www.dalycity.org/327
111 Lake Merced Boulevard, Daly City CA 94015

South San Francisco Parks and Recreation 650-829-3800
www.ssf.net/departments/parks-recreation
33 Arroyo Drive, South San Francisco CA 94080

CENTRAL

Belmont Parks and Recreation 650-595-7441
www.belmont.gov/departments/parks-and-recreation
30 Twin Pines Lane, Belmont CA 94002

Burlingame Parks and Recreation 650-558-7300
www.burlingame.org/1076/Parks-Recreation
850 Burlingame Avenue, Burlingame CA 94010

Foster City Parks and Recreation 650-286-3380
www.fostercity.org/parksrec
650 Shell Boulevard, Foster City CA 94404

Hillsborough Recreation 650-342-5439
www.hillsboroughrecreation.com
2600 Ralston Avenue, Hillsborough CA 94010

Millbrae Recreation Department 650-259-2360
www.ci.millbrae.ca.us/158/Recreation-Department
477 Lincoln Circle, Millbrae CA 94030

San Bruno Recreation Division 650-616-7180

www.sanbruno.ca.gov/431
251 City Park Way San Bruno, CA 94066

San Carlos Parks and Recreation 650-802-4382

www.cityofsancarlos.org/parksandrec
600 Elm Street San Carlos, CA 94070

San Mateo City Parks and Recreation 650-522-7400

www.cityofsanmateo.org/324
330 W 20th Avenue, San Mateo CA 94403

COAST

Half Moon Bay Recreation Services 650-726-8297

www.half-moon-bay.ca.us/223
535 Kelly Avenue, Half Moon Bay CA 94019

Pacifica Parks, Beaches and Recreation Department . . . 650-738-7376

www.cityofpacifica.org/departments/parks-beaches-recreation
540 Crespi Drive, Pacifica CA 94044

SOUTH

East Palo Alto Parks and Recreation 650-660-2527

www.cityofepa.org/parksrec
2415 University Avenue, East Palo Alto CA 94303

Menlo Park Recreation. 650-330-2200

www.menlopark.gov/recreation
701 Laurel Street, Menlo Park CA 94025

Redwood City Parks, Recreation and Community Services

. **650-780-7311**
www.redwoodcity.org/parks
1120 Roosevelt Avenue, Redwood City CA 94061

Portola Valley Parks and Recreation 650-851-1700

www.portolavalley.net/departments/parks-recreation
765 Portola Road, Portola Valley CA 94028

Woodside Recreation 650-851-6790

www.woodsideca.gov/299/Recreation
2955 Woodside Road, Woodside CA 94062

PUBLIC BENEFITS & ASSISTANCE

CalFresh. 800-223-8383

www.smcgov.org/hsa/calfresh
A nutrition program that can help low-income individuals and families purchase healthy foods.

CalWorks 800-223-8383

www.smcgov.org/hsa/calworks

Provides temporary cash assistance to low-income families with children, along with services to help parents find and keep a job.

Cash Assistance Program for Immigrants (CAPI) 800-648-0954

www.smcgov.org/hsa/cash-assistance-program-immigrants

Provides cash assistance to aged, blind or disabled legal permanent residents and other qualified non-citizens who do not qualify for Supplemental Security Income (SSI) benefits solely due to their immigration status.

Medi-Cal 800-223-8383

www.smcgov.org/hsa/health-coverage

California’s version of Medicaid. A public health care program for California residents with low income and resources.

General Assistance. 800-223-8383

www.smcgov.org/hsa/general-assistance

Provides temporary financial support to eligible county residents who are not supported by their own means, other public funds, or assistance programs.

Human Services Agency 800-223-8383

www.smcgov.org/hsa

Helps individuals and families apply to public benefit programs.

Central Region – Belmont Office 650-802-6470

400 Harbor Boulevard, Bldg. B, Belmont CA 94002

Southern Region – East Palo Alto Office 650-363-4175

2415 University Avenue, East Palo Alto CA 94303

Southern Region – Redwood City Office 650-599-3811

2500 Middlefield Road, Redwood City CA 94063

Northern Region – Daly City Office 650-301-8440

271 92nd Street, Daly City CA 94015

Social Security Administration 800-772-1213

. or TTY: 800-325-0778

www.ssa.gov

Refugee Cash Assistance (RCA) 800-223-8383

www.cdss.ca.gov/refugees

A cash assistance program for refugees who are not otherwise eligible for any other cash aid. Contact your local Human Services Agency.

Trafficking & Crime Victim Assistance Program (TCVAP) 800-223-8383

www.cdss.ca.gov/tcvap

A cash assistance program for non-citizen victims of crime who are obtaining legal humanitarian status or assisting in the prosecution of a crime. Contact your local Human Services Agency.

Women, Infants and Children Program (WIC) 650-573-2168

www.smchealth.org/wic

Offers supplemental food, nutrition and breastfeeding education to low-income women and their children age 0-5.

LIBRE 650-517-8936

www.thelibreproject.org

330 Twin Dolphin Drive, Suite 123, Redwood City CA 94065

Educates immigrant community about the different safety net services available, links immigrants to specific agencies that can assist with the enrollment process, and provides legal advice.

EveryoneOn 877-779-1169

www.everyoneon.org/find-offers-smc

A tool to help find the best low-cost internet service and computer offers to those who qualify.

Protecting Immigrant Families (PIF)

www.pifcoalition.org

Offers tools and resources to learn about the public charge rule.

SENIOR SERVICES

San Mateo County Aging and Adult Services 844-868-0938

www.smchealth.org/services-aging-and-adult

2000 Alameda de las Pulgas, Suite 200, San Mateo CA 94403

Services for older and dependent adults, including abuse prevention, public guardian and authority, in-home care, nutritious meals and more.

HART (Healthy Aging Response Team) 650-991-5558

<https://www.dcpartnership.org/hart/>

101 Lake Merced Blvd, Daly City CA 94015

Connects seniors 50 and over and disabled persons to services in the community.

Legal Aid Society of San Mateo County**– Senior Advocates Program 650-558-0915**

www.legalaidsmc.org/senior-advocates-program

330 Twin Dolphin Drive, Suite 123, Redwood City CA 94065

Offers legal advice, advocacy and representation for residents age 60 and over.

One Life Counseling Services – Music & Memory 650-394-5155

www.onelifecounselingcenter.com/what-we-do/community-based-programs/music-and-memory

1033 Laurel St, San Carlos CA 94070

Peninsula Family Service – Older Adult Services 650-780-7542
www.peninsulafamilyservice.org/our-programs/older-adult-services/
2600 Middlefield Rd, Redwood City, CA 94063
Provides a resource hotline, transportation, mental health, peer counseling
and technology training.

San Mateo Medical Center – Senior Care Center 650-573-2426
www.smchealth.org/location/senior-care-center
222 W 39th Ave, First Floor, San Mateo CA 94403

Self-Help for the Elderly 650-342-0822
www.selfhelpelderly.org
50 East Fifth Avenue, San Mateo CA 94401
Offers a wide variety of services including health and home care, senior hous-
ing, activity centers, employment services, social services, nutrition services
and more. Provides Chinese-language support.

Senior Coastsiders 650-726-9056
www.seniorcoastsiders.org
925 Main Street, Half Moon Bay CA 94019
Services include care management, classes & activities, nutrition programs,
transportation and more.

Senior Centers

NORTH

Doelger Senior Center 650-991-8012
<https://www.dalycity.org/329/Active-AdultsSeniors>
101 Lake Merced Blvd, Daly City CA 94015

Roberta Cerri Teglia Center (formerly Magnolia Senior Center)
. 650-829-3820
[https://www.ssf.net/Departments/Parks-Recreation/Divisions/
Recreation-Division/Senior-Services](https://www.ssf.net/Departments/Parks-Recreation/Divisions/Recreation-Division/Senior-Services)
601 Grand Ave, South San Francisco CA 94080

CENTRAL

Twin Pines Senior and Community Center 650-595-7444
<https://www.belmont.gov/departments/parks-and-recreation/adults-seniors>
20 Twin Pines Ln, Belmont CA, 94002

San Bruno Senior Center 650-616-7150
<https://www.sanbruno.ca.gov/331/Senior-Services>
1555 Crystal Springs Rd, San Bruno CA 94066

San Carlos Adult Community Center 650-802-4384
[https://www.cityofsancarlos.org/city_hall/departments_and_divisions/parks_
and_recreation/active_adults/index.php](https://www.cityofsancarlos.org/city_hall/departments_and_divisions/parks_and_recreation/active_adults/index.php)
601 Chestnut St, San Carlos CA 94070

Senior Wing at Foster City Recreation Center 650-286-2585
<https://www.fostercity.org/parksrec/page/senior-wing>
 650 Shell Blvd, Foster City CA 94404

COAST

Pacifica Senior Services 650-738-7384
<https://www.cityofpacifica.org/departments/parks-beaches-recreation/senior-services>
 540 Crespi Dr, Pacifica CA 94044

Senior Coastsiders 650-726-9056
www.seniorcoastsiders.org
 925 Main Street, Half Moon Bay CA 94019
 Services include care management, classes & activities, nutrition programs, transportation and more.

SOUTH

East Palo Alto Senior Center 650-329-5900
<https://www.cityofepa.org/communityprograms/page/services-seniors>
 560 Bell St, East Palo Alto CA 94303

Veterans Memorial Senior Center 650-780-7270
<https://www.redwoodcity.org/departments/parks-recreation-and-community-services/seniors>
 1455 Madison Ave, Redwood City CA 94061

Fair Oaks Adult Activity Center 650-780-7542
<https://peninsulafamilyservice.org/fair-oaks-adult-activity-center/>
 2600 Middlefield Rd, Redwood City, CA 94063

TAXPAYER RESOURCES & OFFICIAL RECORDS

San Mateo County Assessor 650-363-4500
www.smcare.org
 555 County Center, 1st Floor, Redwood City CA 94063
 Places a value on property in the county for tax purposes.

San Mateo County Clerk 650-363-4500
www.smcare.org
 555 County Center, 1st Floor, Redwood City CA 94063
 Issues copies of birth, death and marriage records. Official filing location for various legal documents.

San Mateo County Recorder 650-363-4500
www.smcare.org
 555 County Center, 1st Floor, Redwood City CA 94063
 Files and maintains all land transactions such as deeds and maps.

San Mateo County Tax Collector **866-220-0308**
www.sanmateocountytaxcollector.org
555 County Center, 1st Floor, Redwood City CA 94063

Tax-Aid **415-229-9240**
www.tax-aid.org
235 Montgomery Street, Suite 1155 San Francisco, CA 94104
Free tax help for households earning less than \$60,000 per year.

United Way Bay Area **211**
www.uwba.org/freetaxhelp
Free tax help for households who qualify, including assistance for clients with ITINs and CAA services.

Vital Records **650-573-2395**
www.smchealth.org/birth-death-certificates
1600 W. Hillsdale Blvd. Suite 203, San Mateo, CA 94402
Maintains recent birth and death records for the county and issues copies of birth and death records.

TRANSPORTATION

511 SF Bay **511**
www.511.org
General information line about traffic and transit in the Bay Area.

Bay Area Rapid Transit (BART) **510-464-6000**
www.bart.gov
A train service that connects the Peninsula, San Francisco and the East Bay.

CalTrain **800-660-4287**
www.caltrain.com
1250 San Carlos Ave. San Carlos, CA 94070
A train service that connects San Francisco, the Peninsula and the South Bay.

Clipper **877-878-8883**
www.clippercard.com
Reloadable transit card for bus, rail, ferry and train.

Commute.org **650-588-8170**
www.commute.org
400 Oyster Point Blvd, Suite 409, South San Francisco CA 94080
Offers free shuttles and resources for ridesharing and other sustainable commute alternatives.

FasTrak **877-229-8655**
www.bayareafastrak.org
375 Beale St, San Francisco CA 94105
Pay Bay Area tolls and get electronic toll tags.

Get Around! Senior Rides Program 650-522-7490
www.cityofsanmateo.org/3795/Get-Around-Senior-Rides-Program
 2645 Alameda de las Pulgas, San Mateo CA 94403
 Offers transportation for seniors (60+) in San Mateo.

Got Wheels by Peninsula Family Service 650-403-4300 x4329
<https://peninsulafamilyservice.org/got-wheels/>
 Residents of Daly City, Colma, Brisbane, South San Francisco, San Bruno, Millbrae, Burlingame, Hillsborough, Half Moon Bay, Montara, Moss Beach and El Granada (age 70+) can schedule on-demand rides 24/7 for a low cost.

Peninsula Rides 800-660-4287
www.peninsularides.com
 Provides information about transportation options to people with mobility challenges.

Redi-Wheels and RediCoast 650-366-4856
www.samtrans.com/accessibility/paratransit
 Offers paratransit services to ADA-certified passengers who are unable to use fixed-route transit for some or all of the trip. Redi-Wheels serves the bay side of the county, while RediCoast serves the coastside.

SamTrans 800-660-4287
www.samtrans.com
 Bus service in San Mateo County

VETERAN SERVICES

County of San Mateo Veteran Services Office (CVSO) . . 650-802-6598
www.smcgov.org/hsa/veterans-services-office
 550 Quarry Road, San Carlos CA 94002
 Helps veterans access state and federal benefits and represents veterans in the claims process. Provides information and referrals to a wide range of services including housing, employment, and training.

Nation's Finest 650-566-0240
www.nationsfinest.org/locations/menlo-park
 795 Willow Road, Building 334, Menlo Park CA 94025
 Supports America's military veterans and their families with a comprehensive approach to housing, health, and employment.

Palo Alto VA Medical Center – Menlo Park 650-614-9997
www.va.gov/health-care
 795 Willow Road, Menlo Park CA 94025
 Healthcare services for veterans.

Peninsula Vet Center 650-614-9825
www.va.gov/peninsula-vet-center
795 Willow Road, Building 324 Wing B, Menlo Park CA 94025
Offers confidential help including counseling for needs such as depression, post-traumatic stress disorder (PTSD), and the psychological effects of military sexual trauma.

VOTING RESOURCES

League of Women Voters of North & Central San Mateo County 650-229-8384
<https://my.lwv.org/california/north-central-san-mateo-county>
444 Peninsula Avenue, Suite 1, San Mateo CA 94401
Encourages informed and active participation in government, and works to increase understanding of major public policy issues.

League of Women Voters of South San Mateo County . . 650-209-0747
<https://my.lwv.org/california/south-san-mateo-county>
50 Woodside Plaza, Suite 735, Redwood City CA 94061
Encourages informed and active participation in government, and works to increase understanding of major public policy issues.

California Easy Voter Guide 916-442-7215
www.easyvoterguide.org
Easy to understand voter guide on California ballot measures published in multiple languages.

San Mateo County Elections 650-312-5222
www.smcvote.org
40 Tower Road, San Mateo CA 94402
County office that provides voter registration, elections information, and other assistance for San Mateo County voters.

INDEX

Symbols

24-Hour Emergency Numbers 2

A

Adult Education 17–19
 Community Colleges 17–18
 English Language Classes (ESL) 18

C

CalWorks 48
 Cash Assistance 48
 Child Care 7–9
 Child Protective Services 2
 Children, Teens, Youth & Families 7–13
 Clinics (Health) 25–26
 Community Colleges 17–18
 Commuting 52
 Consulates 41–42
 Core Service Agencies 1

D

Dental Clinics 26–27
 Disaster Relief and Preparedness 3
 Domestic Violence 7

E

Elections
 Voting Resources 54
 Emergency/Crisis Intervention 2, 2–4
 Homeless Help Centers 6
 Rape Trauma Services 4
 Victim Assistance 3
 Emergency Services 4–7
 Employment & Job Training 19–22
 Employment Legal Services 35
 English Language Classes (ESL) 17, 18
 ESL Programs 17–19

F

Financial Education & Assistance
 22–24
 Food Distribution Sites and Food
 Resources 4–6

H

Health 25–33
 Hospitals and Medical Centers 28
 Insurance 27
 Mental Health Care & Recovery
 Services 29
 Youth Health Services 32
 Homeless Help Centers 6
 Homelessness 4
 Hospitals and Medical Centers 28
 Housing Resources 34

I

Incarcerated 3

L

Legal Services 35–40
 Criminal Law 35
 Housing 36
 Immigration Services 37
 Referral Networks 40
 LGBTQ+ Services 42–43
 Libraries 43–46

M

Mental Health Care & Recovery
 Services 29

P

- Parks & Recreation Departments
46–47
- Public Benefits & Assistance 47–49
 - CalWorks 48
 - Victim Assistance 48
 - Women, Infants and Children
Program (WIC) 49

R

- Rape Trauma 2, 4
- Relationship Abuse 2, 3, 7

S

- Scholarships 22. *See also* Financial
Education & Assistance
- Senior Services 49–51
- Shelters 6–7
- Suicide and Crisis Lifeline 2

T

- Taxpayer Resources 51–52
- Transportation 52–53

V

- Veteran Services 53
- Victim Assistance 3, 48
- Voting Resources 54

W

- Women, Infants and Children Program
(WIC) 49

Y

- YMCA 1, 13, 14
- Youth Health Services 32

COUNTY OF SAN MATEO
OFFICE OF COMMUNITY AFFAIRS
IMMIGRANT SERVICES

www.SMCCommAffairs.org
ImmigrantServices@smcgov.org
650-363-1800
@smc_commaffairs

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