

### Who do we serve?

## **Anyone** in need of food in Santa Clara and San Mateo Counties



high-cost-of-living area





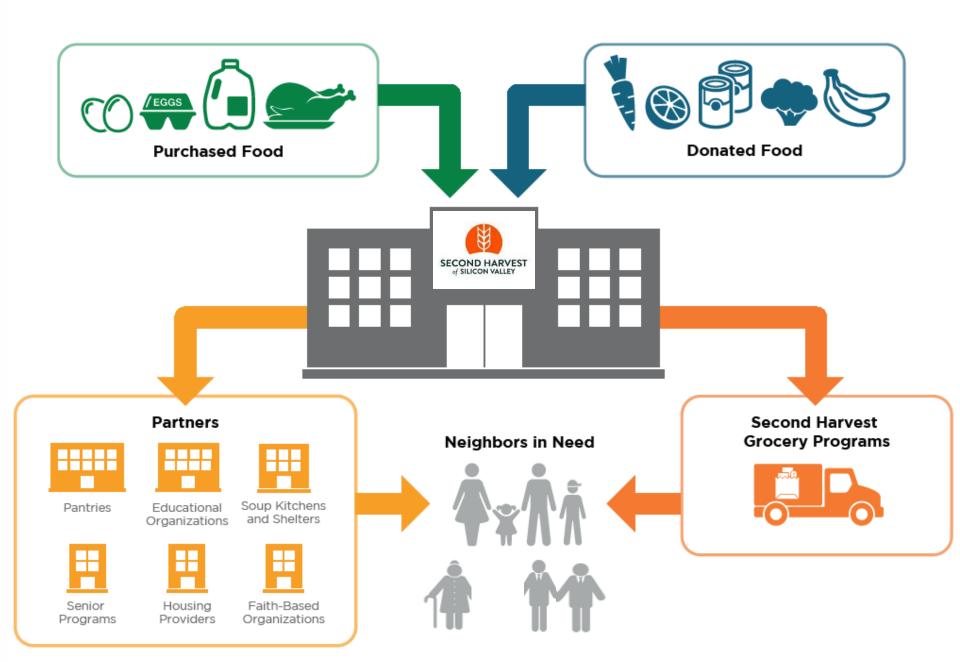
Seniors on a fixed income



College students juggling tuition and housing costs



Unhoused community members



# Eliminate Barriers to Access Food

- Anyone in need is allowed to attend, regardless of age, family composition or zip code
  - We serve clients who live and/or work in San Mateo or Santa Clara Counties
  - We allow "self-certification" regarding need
- Clients can attend as many food distributions as they need they are not limited to just one
- Clients can attend whatever locations are most convenient for them
- We offer a variety of distribution styles to support clients' needs:
  - Drive-Thru and Farmers' Market
  - Home Delivery available for clients who are physically unable to leave their home





## **Nutritious Groceries**

**450+ grocery sites** throughout San Mateo and Santa Clara counties, including more than 130 drive-thru sites

Of the food clients receive, our goal is to provide **50% fresh produce**; 25% is protein and dairy

A typical client receives \$250 worth of free groceries each month



### Grocery Home Delivery

- Available to homebound clients of any age that have a physical or mental disability and do not have someone to pick up for them at a distribution location
- Deliveries include fresh produce, meat, eggs, dairy, beans, rice and more
- Serving 4,000+ households twice a month





## Prepared Meals

- Our partners offer ready-to-eat meals at 30+ locations throughout Santa Clara and San Mateo Counties
- For people who don't have access to cooking facilities or who can't prepare their own meals

### Summer Meals

#### Free Summer Meals For All Kids 18 and Under!

All kids in San Mateo and Santa Clara Counties can get free, healthy meals during the summer of 2022!

No documentation or registration required

Visit <a href="mailto:shfb.org/mealsforkids">shfb.org/mealsforkids</a> to find a summer meal provider





Learn nutritious ways to prepare food bank staples through fun cooking videos and easy-to-follow recipes!

#### The **Nutrition Center** provides:

- Recipes and cooking videos, often highlighting unfamiliar foods
- Nutrition tip handouts and presentations
- Information on food safety and expiration dates

https://www.shfb.org/nutrition-center



#### **Simple Roasted Sweet Potatoes**

40 | Easy | American |

Crispy on the outside and soft and sweet on the inside. Eat them as a side dish or add to your favorite rice bowl, tacos,...





**OPEN** is a network of dedicated partners who are committed to providing streamlined outreach services and easy-to-navigate referrals in Santa Clara County (SCC) and San Mateo County (SMC).

## How to become an OPEN Partner

Join the Second Harvest Outreach Partner Engagement Network (OPEN)

Fill out an Outreach Partner Inquiry Form: <u>Inquiry Form</u>

#### Benefits include:

- Specialized training to help connect your clients to CalFresh or free groceries
- Access to robust and diverse partner network
- Outreach materials and support







#### Food Connection Team

We connect clients to free groceries and help them apply for CalFresh

- 16 bilingual staff
- Most calls are answered 'live'

#### Clients can contact us

- Phone: 1-800-984-3663, Monday Friday, 8am 5pm
- Online request for a call here

