

**Did you live or work in Calaveras,  
Monterey, Merced, Sacramento,  
San Joaquin, San Luis Obispo,  
San Mateo, Santa Barbara, or  
Santa Cruz counties between  
December 27, 2022**

**through January 25, 2023 and have  
any expenses and/or loss of income  
related to the recent storms?  
*Getting help with Disaster CalFresh  
food benefits is as easy as 1, 2, 3***

**For More Information**

**1**

**Apply for Disaster CalFresh  
food benefits between February 6-10  
and 14-15, 2023** by calling your local  
county social services office, submitting a  
paper application in-person, or submitting  
an online application. Pre-registration  
online applications will be available  
beginning February 4, 2023 at  
**[www.benefitscal.com](http://www.benefitscal.com)**.  
For more information, call **(877) 847-3663**.

**2**

**Complete the application and  
interview with your county.**  
This will happen by phone or in-  
person, at the same time as you  
apply. For online applications,  
the county will call you.

**3**

**Pick up your EBT card.** If you  
are approved for Disaster  
CalFresh food benefits, your  
county will tell you when and  
where to pick up your EBT  
card. An EBT card is like a debit  
card which you'll use to  
purchase food.

If you need ongoing food help, please visit [www.benefitscal.com](http://www.benefitscal.com) to apply for general CalFresh food benefits.

**Funded by USDA SNAP, an equal opportunity provider and employer.**

