

TransAction Day of Change (TADC): Building Blocks for Breaking the Binary

This document provides resources in numerous ways, on multiple platforms, so you can choose what tools best suit you to help #endTDOR. The gender binary system restricted a lot of Western Society's views but like all walls, they can be broken. Let's break this one – together.

The contents in this section provide various "learning blocks" such as books, movies, and podcasts. They're also categorized by audience level to help the guide be easier to navigate.

LEARNING



More titles

- "I Am Jazz" by Jessica Herthel and Jazz Jennings
- "Jacob's New Dress" by Sarah Hoffman
- "Mommy, Mama, and Me" by Leslea Newman
- "My Princess Boy" by Cheryl Kilodavis
- "Sparkle Boy" by Leslea Newman
- "This Day in June" by Gayle E. Pitman
- "When Aidan Became A Brother" by Kyle Lukoff

There are additional diverse and affirming books to explore for younger readers by visiting: flamingorampant.com, "A micropress with a mission."

Picture Books/Young Readers



Middle School/Young Adult



- "As The Crow Flies" by Melanie Gillman
- "Beyond the Gender Binary" by Alok Vaid-Menon
- "Cemetery Boys" by Aiden Thomas
- "Continuum" by Chella Man
- "Felix Ever After" by Kacen Callendar
- "Gracefully Grayson" by Ami Polonsky
- "I Wish You All The Best" by Mason Deaver
- "If I Was Your Girl" by Meredith Russo
- "Pet" by Awaeke Emezi
- "The Brilliant Death" by A. R. Capetta

Elementary



- "47,000 Beads" by Koja Adeyoha
- "A Boy Named Queen" by Sara Cassidy
- "Call Me Max" by Kyle Lukoff
- "Casey's Ball" by Kit Yan
- "George" by Alex Gino
- "Lily and Dunkin'" by Donna Gephart
- "The Pants Project" by Cat Clarke



Parents/Caregivers Family Members



Adults



- "Transgender History" by Susan Stryker
- "Transgender Warriors" by Leslie Feinberg

Television

- "Pose"
- "Transhood"
- "Work In Progress"

Films

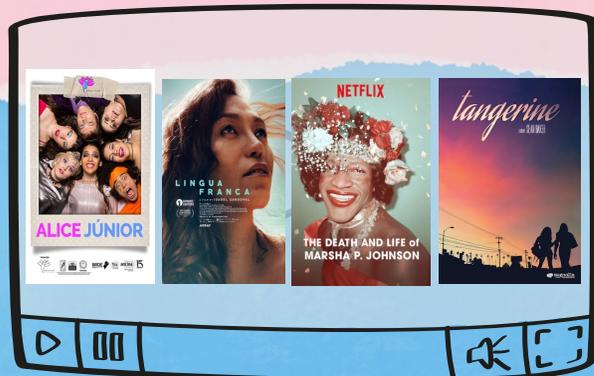
- "Born to Be"
- "Boy Meets Girl"
- "Disclosure"
- "Paris Is Burning"

Podcasts

- Gender
- Gender Reveal
- Gender Stories
- Pride & Joy
- Queer Talk
- Rainbow Parenting
- The T pod
- What the Trans

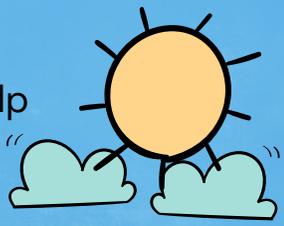
Youtube

- Queer Kid Stuff



LEANING IN

From being visible to donating your time, this section lists ways to show your support and do your part to help #endTDOR.



Boost Visibility

For anyone living with shame or isolation, seeing someone who labels themselves as safe and supportive can be lifechanging. Here are some ideas of how to mark yourself as a Trans ally.

Display your support

with decals, flags, and/or stickers in your spaces. (e.g., a sign in your home window, a poster at your desk, etc.)

Promote organizations, artists, and leaders

by sharing events, workshops, and amplifying the work of Trans and Gender Diverse people. It takes minimal effort but can make a big impact.

Wear your support

through buttons, pins, t-shirts, or other wearables.

Share your pronouns

with others to normalize and acknowledge that pronouns matter. When you role model sharing your pronoun you "out" yourself to others that you're an ally to Trans and Gender Diverse folks. Opportunities for sharing pronouns include introductions, in your email signature, on your business card, on your social media, in your Zoom naming, on your name tags, and more.

These are just a few ideas: be creative and show your Pride in the ways that feel right for you.

Volunteer Locally

Below are local organizations and groups supporting Trans and LGBTQ+ initiatives:



COAST PRIDE
STRONGER TOGETHER
Coastside
www.CoastPride.org
Contact@CoastPride.org
(650) 479-1902

COUNTY OF SAN MATEO LGBTQ COMMISSION
County-wide
www.SMCGov.org/LGBTQ
LGBTQinfo@SMCGov.org
(650) 363-4872

San Mateo County PRIDE INITIATIVE
www.SMCHealth.org/Pride-Initiative
Dana Johnson (they/them/theirs)
Theractivist@gmail.com
Scott Gruendl (he/him)
SGruendl@SMCGov.org

SAN MATEO COUNTY PRIDE CENTER
SanMateoPride.org
County-wide
www.SanMateoPride.org
Info@SanMateoPride.org
(650) 591-0133



Additionally, if you use social media, explore additional local groups that support Trans and LGBTQ+ work and causes. There are often groups on Facebook, NextDoor, and other platforms where community members have created spaces for LGBTQ+ advocacy and connection.

Fund Trans Work



Trans-led and/or trans-focused organizations to support include:



Interrupt Anti-Trans and Sexist Statements



01

Use phrases that feel safe to you. We know it's not always easy to speak up. Having prepared statements in your "back pocket" can help build confidence as you feel more empowered to interrupt these harmful messages. Some like to store these notes on a card for easy access – others may keep them in their phone or elsewhere. Do what works for you.

02

Keep in mind that the above holds true for all spaces, including LGB spaces. People may be surprised to hear that anti-trans comments happen in LGB spaces too, but it is not uncommon.

03

Finally: one way to increase your comfort level with interrupting harmful statements can be practicing! For example, role playing scenarios with a friend or colleague (or even with yourself) can be a great way to feel more comfortable responding when you encounter transphobic or sexist remarks in the future. Keep in mind the root of transphobia can stem from sexism itself. These statements are also harmful, as are all oppressive comments.

If you aren't sure where to start or how to respond, there are many great resources online with examples and ideas for interrupting harmful statements.

Check Your Spaces (Temperature Check)

How inclusive is the workplace, school, and other groups or institutions you're a part of? To explore this, we invite you to consider the following for each of your spaces:



You may not know where to begin to check whether policies are inclusive or not. A good place to start is by examining your existing anti-discrimination policies to look for Trans and LGBTQ inclusivity. What does the current language say? Could they be improved?

Request Training or Consultation

If your spaces could benefit from training, the San Mateo County Pride Center offers a range of educational trainings to increase inclusivity and reduce stigma and discrimination (see the "Training" section below).

To request Trans and LGBTQ-focused trainings from the San Mateo County Pride Center or learn more about current training offerings, please visit the Pride Center's training website page. You can also call 650. 591.0133 or email info@sanmateopride.org for more information.

The Pride Center's trainings can be custom tailored, and the topics include:



