



(click link logos to access Pride Center and Sparta websites)

## HR Resources compiled by Jennifer Brust (HR Expert | CEO + Founder of Sparta Business Solutions) and the San Mateo County Pride Center:

- <u>Toolkit for Change: Assessing LGBTIQ+ Inclusion in Your Workplace</u>- A Comprehensive report and resource on how to foster inclusivity of LGBTQ+ identities within the workplace. The document provides particular emphasis on Latin America, but is applicable across the globe
- Lean In- Resources for women in the workplace, including allyship and inclusion programs, lean in circles, and research about workplace inclusion
- <u>Human Rights Campaign Foundation</u>- <u>Organization</u> for LGBTQ+ capacity building and reports on relevant LGBTQ+ human rights issues
- <u>Out & Equal</u>- Organization dedicated to advancing LGBTQ+ workplace equality and culture
- <u>U.S Equal Employment Opportunity Commission</u>- Federal entity responsible for enforcing laws to prevent discrimination against employees because of their identities
- <u>Leidos: Allyship</u>- Resource on understanding allyship, getting involved in allyship opportunities, and more!
- <u>HuffPost</u>- Resource about microaggressions LGBTQ+ folks face on a day-to-day basis
- <u>HRC: Transgender Inclusion in the Workplace</u>- Video highlighting the voices of transgender community members and their transitioning experiences in workplace settings

## Add. Resources

- <u>San Mateo County Pride Center</u>- San Mateo County's LGBTQ+ Center
- <u>LGBTQIA Health Education</u>- A program of the Fenway Institute, this program serves to provide comprehensive education and capacity-building modules for organizations seeking to enhance gender-inclusive care and resources
- <u>StarVista Community Resources</u>- Learn about StarVista's community partners to engage in inclusive resources

If you are interested in learning more about Sparta Business Solutions or inquiring about receiving an HR training, please click this link to access the Sparta Business Solution Website: <u>https://spartahrbiz.com/</u>