nield of California, an independent member of the Blue Shield Association — A38517-COMBO-County of San Mateo-(05/17)

It's easy to find a doctor online

Blue Shield believes that finding a doctor shouldn't give you a headache. That's why **blueshieldca.com** features our most up-to-date listings of Personal Physicians, specialists and hospitals.



Are you registered?

Not yet

- 1. How you start depends on the type of plan:
 - For PPO plan: Go to blueshieldca.com/networkppo.
- 2. Select the type of provider you need.
- 3. Enter your city and state or ZIP code, then click Continue.

Yes

Just log in – your current plan's network will be shown to you automatically.

We're here to help

If you need assistance, call Member Services at **(855) 256-9404** from 7 a.m. to 7 p.m., Monday through Friday.